



3⁹⁹
10-15.75 Oz.
Selected Varieties
Frito-Lay
Dips

3⁴⁹
15.5 Oz.
Selected Varieties
Tostitos
Salsa

5⁹⁹
128 Oz., Selected Varieties
Blue Ribbon
Classics Frozen
Dairy Dessert

BUY 5 \$SAVE\$5

Save \$5 instantly when you purchase Any 5 participating products!

2.49
-1.00

1.49

5.34-12 Oz. or 4-10 Ct., Selected Varieties
General Mills Cereal, Nature Valley,
Fiber One Bars or Betty Crocker Fruit Snacks

3.99
-1.00

2.99

50 Ct., Selected Varieties
Totino's Pizza Rolls

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

Size Details	
Selected Varieties	
Product Description	
Size Details	
Selected Varieties	
Product Description	
Size Details	
Selected Varieties	
Product Description	
Size Details	
Selected Varieties	
Product Description	

59 Oz.
Selected Varieties
Minute Maid
Orange Juice

3⁹⁹

7.25-14.25 Oz.
Selected Varieties
Frito-Lay Ruffles
or Tostitos

2/\$7

7-7.6 Oz.
Selected Varieties
Martha White
Muffin Mix

4/\$5

16 Oz., 2 Pack
Selected Varieties
Philadelphia
Cream Cheese

5⁴⁹

5.3 Oz.
Selected Varieties
Chobani
Greek Yogurt

5/\$5

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



8-16.3 Oz., Selected Varieties
**Pillsbury Grands!, Crescents
or Cinnamon Rolls**

2.99
-1.00

1.99 EA.



18-19 Oz.
Selected Varieties
**Progresso or
Old El Paso Soup**

2.49
-1.00

1.49 EA.



16 Ct.
Strawberry & Cotton Candy
**Yoplait
GoGurt**

4.99
-1.00

3.99 EA.



8 Ct.
Selected Varieties
**Yoplait
Yogurt**

4.99
-1.00

3.99 EA.



9.3-19.1 Oz., Selected Varieties
**Betty Crocker
Brownie, Cookie or
Muffin Mix or Old El
Paso Corn Bread Mix**

2.99
-1.00

1.99 EA.



7-8.6 Oz.
Selected Varieties
**General Mills
Chex Mix, Bugles
or Gardetto's**

2.49
-1.00

1.49 EA.



5.5-6 Oz.
Selected Varieties
**Annie's Macaroni
and Cheese**

1.99
-1.00

99¢ EA.



6-11 Oz.
Selected Varieties
**Annie's Deluxe
Macaroni
and Cheese**

3.49
-1.00

2.49 EA.



4-16 Oz.
Selected Varieties
**Old El Paso Refried
Beans, Green Chiles
or Enchilada Sauce**

1.99
-1.00

99¢ EA.



6.25-19 Oz. or 8-10 Ct.
Selected Varieties
**Old El Paso Kits,
Shells or Sauce**

3.49
-1.00

2.49 EA.



8.8 Oz. or 8-12 Ct.
Selected Varieties
**Old El Paso Tortillas,
Shells or Rice**

2.49
-1.00

1.49 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



6 Pk. or 128 Oz.
Selected Varieties
**Sunny D
Punch**



3.49



3-16 Oz.
**McCormick
Black Pepper
or Lawry's
Seasoned Salt**



3.99



2.25 Oz.
Selected Varieties
**Nissin
Ramen Cups**

10/\$5



2 Lb.
**Mahatma
Brown Rice**

1.99



18 Oz.
Selected Varieties
**Top Ramen
Noodles**

1.79

10 for
\$10!



3.26-3.42 Oz.
Selected Varieties
**Nissin
Ramen Bowls**



1-2 Oz.
Selected Varieties
**Post
Cereal Cups**



0.85-1 Oz.
Selected Varieties
**Old El Paso Taco
Seasoning**



4.8 Oz. or 1 Ct., Selected Varieties
**Mt. Olive Single Serve
Munchies or Whole Pickles**



1.4 Oz., Selected Varieties
**Delectables
Cat Treats**



2.29
8.5-13.4 Oz.
Selected Varieties
**Keebler
Cookies**



1.99
20 Oz.
Original
**Heinz
Ketchup**



3/\$9
13.8-15.8 Oz.
Selected Varieties
**Jack's
Pizza**

3 DAY Only
SALE
Thursday, Jan 29 -
Saturday, Jan 31

SAVE ON Home & Health



18-31 Ct. or 36.7-141 Oz., Selected Varieties
**GAIN OR DREFT
LAUNDRY DETERGENT**

9.99



240 Ct. or 10.7-12.2 Oz.
Selected Varieties
**GAIN OR DOWNY FABRIC
SOFTENER OR BOUNCE
DRYER SHEETS**

9.99



28 Oz., Selected Varieties
**AJAX
DISH SOAP**



2.69



2-6 Rolls
Selected Varieties
**Charmin Bath
Tissue or Bounty
Paper Towels**

7.99



13.2 Oz.
Selected Varieties
**Gravy Train
Wet Dog Food**

3/\$4



19-29 Lb.
Selected Varieties
**Arm & Hammer
Cat Litter**

12.99

FRESH FINDS *Great Prices*



4⁹⁹
6-12 Rolls
Scott Comfort Plus Bath Tissue or Paper Towels



6⁹⁹
45-105 Oz. or 32-42 Ct.
Selected Varieties
Arm and Hammer Laundry Detergent



18⁹⁹
64-100 Ct.
Selected Varieties
Luvs Diapers



6⁹⁹
112-216 Ct.
Selected Varieties
Pampers Wipes



9⁹⁹
11-14 Ct., Selected Varieties
Pampers Ninjamas Diapers



9⁹⁹
15-22 Ct., Selected Varieties
Pampers Easy Ups Diapers



2⁴⁹
56-72 Ct.
Selected Varieties
Pampers Wipes



4⁹⁹
16 Oz., Selected Varieties
Mr. Clean Clean Freak Household Cleaner



5⁹⁹
41 Oz.
Selected Varieties
Mr. Clean Household Cleaner



5⁹⁹
18 Oz., Selected Varieties
Candle-Lite Candles



7²⁹
24-44 Ct.
Selected Varieties
Always Feminine Care



8⁹⁹
26-36 Ct., Selected Varieties
Tampax Feminine Care



3⁹⁹
3.5-4.3 Oz.
Selected Varieties
Crest Pro-Health Toothpaste



21⁹⁹
48 Ct. or 24 Oz.
Selected Varieties
NyQuil or DayQuil Cold and Flu



19⁹⁹
4 Ct.
Gillette Fusion 5 Razors

GLOBAL *Favorites*



10-11.5 Oz.
Selected Varieties
Kikkoman Soy, Sweet & Sour or Teriyaki Sauce

2³⁹



10-12.1 Oz.
Selected Varieties
Kikkoman Low Sodium Soy, Teriyaki Baste or Stir Fry Sauce

2⁹⁹



10 Oz.
Kikkoman Sesame Oil

5⁹⁹



2 Lb.
Selected Varieties
Mahatma Rice

1⁹⁹



5 Oz.
Selected Varieties
Cholula Hot Sauce

3⁴⁹



10.5-11.1 Oz.
Selected Varieties
Pace Signature Sauce

3⁴⁹

FRESH PICKS *Family Favorites*



38 Oz.
**Hanover
Cut Green Beans**

2⁷⁹



15 Oz.
Selected Varieties
**Libby's
Country Gravy**

1⁷⁹



15.25-18.4 Oz.
Selected Varieties
**Pillsbury Cake
or Brownie Mix**

2/\$3



12-16 Oz.
Selected Varieties
**Pillsbury
Frosting**

1⁷⁹



10 Oz.
Selected Varieties
**Castleberry's
Hot Dog Chili**

99¢



8 Ct.
Selected Varieties
**Nestlé
Hot Cocoa**

1⁹⁹

DON'T MISS *Deals!*



15 Oz.
**Wendy's Chili
With Beans**

4⁴⁹



10 Oz.
Selected Varieties
**Heinz Flavor
Tour Sauces**

3.99



99¢

10 Oz.
**Hormel Chili
Seasoning**



15 Oz.
**Wendy's Chili
No Beans**

4⁹⁹



2.99

13.5-14 Oz.
Selected Varieties
**Heinz Flavor
Ketchup**



6.99

16 Oz.
**Diamond
Shelled
Walnuts**



4.49

11-14.4 Oz.
Selected Varieties
**Nabisco Wafers
or Graham Crackers**

BEST CHOICE *Exceptional Prices*



21 Oz.
Selected Varieties
**Best Choice
Frozen Skillet Meals**

3⁹⁹



5 Oz.
**Best Choice Chunk
Light Tuna in Water**

79¢



32 Oz.
Selected Varieties
**Best Choice
Shredded Cheese**

7⁹⁹



8 Oz., Selected Varieties
**Best Choice
Cream Cheese**

1⁹⁹



8 Rolls, Selected Varieties
**Best Choice
Bath Tissue**

3⁸⁹



12 Rolls
**Best Choice
Paper Towels**

10⁴⁹



3 Pack
**Best Choice
Facial Tissue**

4⁹⁹

DON'T MISS OUT ON THESE *Great Savings!*

6⁹⁹

12 Ct. or 30 Oz.
Selected Varieties
**Orville Redenbacher's
Popcorn**



4⁹⁹

12-21 Oz.
Selected Varieties
**Keebler Family
Size Crackers**

12⁹⁹

23.1-27.5 Oz.
Selected Varieties
**Maxwell House
Coffee**



3⁵⁹

16 Oz.
Selected Varieties
**Olive Garden
Salad Dressing**



13⁹⁹

30.04-48.29 Oz.
Selected Varieties
**Hershey's Party
Bag Candy**



2/\$3

2.05-11 Oz.
Selected Varieties
**Kraft or Velveeta
Macaroni &
Cheese**



8⁹⁹

12.91-13.79 Oz.
Selected Varieties
**Pringles Snack
Stacks or Grab
N Go**



9.4-14 Oz.
Selected Varieties
**Kraft or Velveeta
Macaroni & Cheese**

2⁹⁹



8.1-24 Oz.
Selected Varieties
**Classico Pasta
or Pesto Sauce**

2⁹⁹



6.75-7.3 Oz.
Selected Varieties
**Stacy's
Pita Chips**

2⁹⁹



2²⁹

12 Oz.
Selected Varieties
**Arby's
Sauces**



2/\$3

15 Oz.
Selected Varieties
**Healthy Choice
Soup**



2⁴⁹

16-24 Oz.
Selected Varieties
**Viasic
Pickles or Relish**



1⁷⁹

10 Oz.
Selected Varieties
**Viasic
Relish**



2⁹⁹

32 Oz.
**Viasic
Sauerkraut**



6⁹⁹

13 Oz.
Selected Varieties
**Harmony
Trail Mix**



2/\$5

4.5 Oz.
**Swanson
Canned
Chicken**



4/\$5

1 Oz.
Original
**Williams
Chili Seasoning**



89¢

1.25 Oz.
**Williams
Taco Seasoning**



79¢

1.61 Oz.
**Pioneer Brown
Gravy Mix**



2/\$3

2.2-2.4 Oz.
Selected Varieties
**Ben's Original
Rice Cups**



2/\$3

6-8.8 Oz.
Selected Varieties
**Ben's Original
Ready Rice**



2/\$4

15.2 Oz.
Selected Varieties
**Rosarita Refried
Beans Pouches**



3⁴⁹

10 Ct.
Selected Varieties
**Capri-Sun
Juice Pouches**



3⁴⁹

15 Oz.
Selected Varieties
**Velveeta
Queso**

DAIRY & Frozen



6⁹⁹

40-48 Oz.
**Arby's or
Checkers
Famous Fries**



6⁹⁹

64 Oz.
Selected Varieties
**Coffee-mate
Creamer**



2/\$5

5-8 Oz.
Selected Varieties
**Sargento
Shreds**



2.99

6.67-8 Oz.
Selected Varieties
**Sargento
Sliced Cheese**



3/\$5

10-14.4 Oz.
Selected Varieties
**Birds Eye
Frozen
Vegetables**



5.99

24 Ct.
Selected Varieties
**Eggo
Waffles**



3.59

12 Oz.
**Kraft
Mozzarella
String Cheese**



3/\$5

7.4-11.88 Oz.
Selected Varieties
**Banquet
Classic
Dinners**



9.99

19.8-22 Oz.
Selected Varieties
**Homebake
Entrées**



4.99

15-22.2 Oz.
Selected Varieties
**Homebake
Sides**



3.49

45 Oz.
**Imperial
Margarine
Spread**



2/\$7

8.8-11.72 Oz.
Selected Varieties
**Red Baron Single
Serve Pizzas
or Breakfast
Scrambles**

Chill **DEAL**

2/\$5

7 Oz.
Selected Varieties
**Bagel Bites
Pizza Bagels**



2/\$6

10-17 Oz.
Selected Varieties
**Birds Eye
Vegetable
Blends**



4⁴⁹

18 Oz.
Selected Varieties
**White Castle
Burger Bites**



2/\$4

2.25-3 Oz.
Selected Varieties
**Just Crack An Egg
Scrambles or Oscar
Mayer Scrambles**

BEST CHOICE *Exceptional Prices*



1.99

5 Oz., Selected Varieties
**Best Choice
Pork Skins**



1.99

7.5-8 Oz., Selected Varieties
**Best Choice
Potato Chips**



2/\$5

32 Oz.
**Best Choice Vegetable
or Canola Oil**



2.99

8 Oz., Selected Varieties
**Best Choice
Parmesan Cheese**



2.99

28-32 Oz., Selected Varieties
**Best Choice
Pancake or Waffle Mix**



2.99

24 Oz., Selected Varieties
**Best Choice Pancake or
Waffle Syrup**

PREMIUM QUALITY Meat Selections



Springer Mountain Farms
FRESH WHOLE CHICKEN

In-Ad
Coupon

1⁷⁹ *lb.*



Family Pack, USDA Select
Black Canyon Angus Beef
BONELESS BEEF CUBE STEAKS



6⁹⁹ *lb.*



Fresh
COARSE GROUND CHILI MEAT

4²⁹ *lb.*



Family Pack
Fresh Ground Beef Patties

4⁴⁹ *lb.*



Prairie Fresh
Sliced Pork Tenderloin

3⁴⁹ *lb.*



Family Pack, USDA Select
Black Canyon Angus Beef
Boneless Top Round Steaks



6⁷⁹ *lb.*

10⁹⁹ 32 Oz.
Holten's Smashed Burgers

3⁹⁹ 7-8 Oz., Selected Varieties
Smithfield Prime Fresh Lunch Meat

6⁹⁹ 23-29 Oz., Nuggets, Patties or Popcorn Chicken
Tyson Frozen Fully Cooked Chicken

4⁹⁹ 2-2.5 Lb., Selected Varieties
Bar-S Smoked Sausage Links

9⁹⁹ 45 Oz. Family Pack
Swaggerty's Farm Pork Sausage Patties

8⁹⁹ 21-24 Oz., Selected Varieties
Tyson Chicken Snack Sandwiches



10/\$10

3.8-4 Oz., Selected Varieties
El Monterey Single Serve Burritos



10/\$10

2.4-2.9 Oz. Selected Varieties
Armour LunchMakers



2⁹⁹

12-14 Oz. Selected Varieties
Eckrich Smoked Sausage



2/\$6

15 Oz. Selected Varieties
Ball Park Meat Franks

8⁹⁹ 24 Oz. Stack Pack, Selected Varieties
Wright Brand Sliced Bacon

2/\$7 12-14 Oz., Selected Varieties
Hillshire Farm Rope, Smoked Sausage or Links

3⁹⁹ 15 Oz., Selected Varieties
Ball Park Beef Franks

6⁴⁹ 15-16 Oz., Selected Varieties
Oscar Mayer Deli Shaved Family Size Lunch Meat

7⁹⁹ 28 Oz., Selected Varieties
Oscar Mayer Sub Kits

11⁹⁹ 40 Oz., Mild
Tennessee Pride Pork Sausage Patties

2⁹⁹ 14 Oz., Selected Varieties
Armour Meatballs

2⁹⁹ 16 Oz., Selected Varieties
Carolina Pride Roll Sausage

4/\$5 1.3-1.9 Oz., Selected Varieties
Oscar Mayer Value Lunchables

5⁹⁹ 10.4-19.2 Oz., Selected Varieties
Swaggerty's Farm Sausage & Biscuits

3⁹⁹ 19.2-20 Oz., Selected Varieties
Delimex Taquitos

4⁹⁹ 24 Oz. Family Pack
Carolina Pride Cocktail Smokies

3 DAY Only SALE
Thursday, Jan 29 - Saturday, Jan 31

Sold in 10 Lb. Bag
Fresh Fryer Leg Quarters **4⁹⁹** *lb.*

16 Oz. Selected Varieties
Kentucky Legend Sliced Bacon **3⁹⁹**

Kentucky Legend, Selected Varieties
Sliced Quartered Boneless Smoked Ham **3⁹⁹** *lb.*

PRODUCE FRESH from the Farm!

2⁹⁹
2 Lb. Bag
Sunkist Tart Lemons

1³⁹ *lb.*
Fancy
Zucchini or Yellow Squash

Extra Large
SWEET DARK RED IMPORTED CHERRIES **4⁹⁹** *lb.*

1⁸⁸
10 Oz.
Sweet Snackable Grape Tomatoes

4⁹⁹
7.4-7.5 Oz.
Caesar or Southwest
Little Leaf Farms Salad

69¢ ea.
Hass Green Avocados

2/\$3
2 Lb. Bag
Red, Yellow or White
Always Save Onions

1⁹⁹
9-11 Oz., Classic Romain or Greener Selection
Dole Salad Mix

4⁶⁹
13 Oz. Pepper & Onion or 11 Oz. Sliced Zucchini & Squash
Pero Farms Vegetables

4⁶⁹
12 Oz. Selected Varieties
Marzetti Dressing



Size Details
Selected Varieties
Back Flex Item



Size Details
Selected Varieties
Back Flex Item



Size Details
Selected Varieties
Back Flex Item

Deli & Bakery

	6.75-7.3 Oz., Selected Varieties Stacy's Pita Chips	2⁹⁹
	Tyson Rotisserie Chicken	8⁹⁹ <i>ea.</i>
	Sliced to Order, Selected Varieties Kretschmar Smoked Ham	6⁴⁹ <i>lb.</i>
	Sliced to Order Kretschmar Baby Swiss Cheese	7⁹⁹ <i>lb.</i>
	Sliced to Order, Selected Varieties Kretschmar Salami or Pepperoni	6⁹⁹ <i>lb.</i>
	Sliced to Order Kentuckian Gold Roast Beef	12⁹⁹ <i>lb.</i>
	12-14 Oz., Selected Varieties Reser's Side Dishes	3⁴⁹

	6 Ct., Selected Varieties Toufayan Bagels	2⁹⁹
	16 Oz., New York Style The Father's Table Cheesecake	5⁹⁹
	33 Oz., Double Layer Rich's Red Velvet Cake	12⁹⁹
	12 Ct. Clyde's Variety Pack Donuts	4⁹⁹
	13.5 Oz., Selected Varieties Shirley's No Bake Cookies	2⁹⁹
	14 Oz., Sugar Free Ann Marie's Lemon Sliced Loaf Cake	5⁹⁹
	Selected Varieties Tyson Chicken Tenders	10/\$10
	4-4.25 Oz., Selected Varieties Cloverhill Bakery Pastries	10/\$10

	10-11 Oz., Selected Varieties Stonemill Kitchens Dips	3⁹⁹
	14.4 Oz., 10 Ct. With Cream Cheese Icing 37th Street Bakery Mini Cinnamon Rolls	3⁹⁹

Manufacturer's Coupon Expires 02/28/2026

SPRINGER \$1.50 OFF ANY ONE SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

www.SpringerMTN.com
Social - SMFchicken