



3⁹⁹

14 Oz. or 3 Ct.

Selected Varieties

Haagen-Dazs

Ice Cream or Bars



2⁹⁹

48 Oz.

Selected Varieties

Best Choice

Ice Cream



3⁹⁹

12 Ct., Selected Varieties

Best Choice Ice

Cream Bars or

Sandwiches



BUY 5 \$SAVE\$5

Save \$5 instantly when you purchase Any 5 participating products!

2.49
-1.00

1.49 EA.

8-14 Oz. or 4-10 Ct., Selected Varieties
General Mills Cereal, Nature Valley,
Fiber One Bars or Betty Crocker Fruit Snacks

3.99
-1.00

2.99 EA.

50 Ct., Selected Varieties
Totino's Pizza Rolls

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

59 Oz. Selected Varieties
Minute Maid
 Orange Juice

5.5-14.25 Oz. Selected Varieties
Frito-Lay Ruffles
 or Tostitos

10-15.75 Oz. Selected Varieties
Frito-Lay
 Dips

15.5 Oz. Selected Varieties
Tostito's
 Salsa

128 Oz. Selected Varieties
Blue Ribbon
 Classics Frozen
 Dairy Dessert

3⁹⁹

2/\$7

3⁹⁹

3⁴⁹

5⁹⁹

THIS WEEK'S *Deals!*

Size Details
Selected Varieties
FRONT FLEX
MORE DETAILS

Size Details
Selected Varieties
FRONT FLEX
MORE DETAILS

Size Details
Selected Varieties
FRONT FLEX
MORE DETAILS

Size Details
Selected Varieties
FRONT FLEX
MORE DETAILS

Size Details
Selected Varieties
ITEM NAME
MORE DETAILS

Size Details

Selected Varieties

Product Description

Size Details

Selected Varieties

Product Description

Size Details

Selected Varieties

Product Description

Size Details

Selected Varieties

Product Description

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



8-16.3 Oz., Selected Varieties
**Pillsbury Grands!, Crescents
or Cinnamon Rolls**

2.99
-1.00

1.99 EA.



18-19 Oz.
Selected Varieties
**Progresso or
Old El Paso Soup**

2.49
-1.00

1.49 EA.



16 Ct.
Selected Varieties
**Yoplait
GoGurt**

4.99
-1.00

3.99 EA.



8 Ct.
Selected Varieties
**Yoplait
Yogurt**

4.99
-1.00

3.99 EA.



9.3-19.1 Oz., Selected Varieties
**Betty Crocker
Brownie, Cookie or
Muffin Mix or Old El
Paso Corn Bread Mix**

2.99
-1.00

1.99 EA.



7-8.6 Oz.
Selected Varieties
**General Mills
Chex Mix, Bugles
or Gardetto's**

2.49
-1.00

1.49 EA.



2.01-6 Oz.
Selected Varieties
**Annie's Macaroni
and Cheese**

1.99
-1.00

99¢ EA.



6-11 Oz.
Selected Varieties
**Annie's Deluxe
Macaroni
and Cheese**

3.49
-1.00

2.49 EA.



4-16 Oz.
Selected Varieties
**Old El Paso Refried
Beans, Green Chiles
or Enchilada Sauce**

1.99
-1.00

99¢ EA.



6.25-19 oz. or 8-10 Ct.
Selected Varieties
**Old El Paso Kits,
Shells or Sauce**

3.49
-1.00

2.49 EA.



4.7-8.8 Oz. or 8-12 Ct.
Selected Varieties
**Old El Paso Tortillas,
Shells or Rice**

2.49
-1.00

1.49 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



6 Pk. or 128 Oz.
Selected Varieties
**Sunny D
Punch**

3.49



3-16 Oz.
**McCormick Black
Pepper or Lawry's
Seasoned Salt**

3.99

10 for
\$10!



3.26-3.42 Oz.
Selected Varieties
**Nissin
Ramen Bowls**



1-2 Oz.
Selected Varieties
**Post
Cereal Cups**



0.85-1 Oz.
Selected Varieties
**Old El Paso Taco
Seasoning**



4.8 Oz. or 1 Ct., Selected Varieties
**Mt. Olive Single Serve
Munchies or Whole Pickles**



1.4 Oz., Selected Varieties
**Delectables
Cat Treats**



2.29

8.5-13.4 Oz.
Selected Varieties
**Keebler
Cookies**



1.99

20 Oz.
Original
**Heinz
Ketchup**



3/\$9

13.8-15.8 Oz.
Selected Varieties
**Jack's
Pizza**

3 DAY Only
SALE

Thursday, Jan 29 -
Saturday, Jan 31

SAVE ON Home & Health



18-31 Ct. or 36.7-141 Oz., Selected Varieties
**GAIN OR DREFT
LAUNDRY DETERGENT**

9.99



240 Ct. or 10.7-12.2 Oz.
Selected Varieties
**GAIN OR DOWNY FABRIC
SOFTENER OR BOUNCE
DRYER SHEETS**

9.99



28 Oz., Selected Varieties
**AJAX
DISH SOAP**

2.69



2-6 Rolls
Selected Varieties
**Charmin Bath
Tissue or Bounty
Paper Towels**

7.99



14 Lb.
Selected Varieties
**Gravy Train
Dog Food**

12.99



13.2 Oz.
Selected Varieties
**Gravy Train
Wet Dog Food**

3/\$4



19-29 Lb.
Selected Varieties
**Arm & Hammer
Cat Litter**

12.99

FRESH FINDS *Great Prices*



12⁹⁹
22-27.9 Oz.
Selected Varieties
**Maxwell House
Coffee**



2/\$3
2.05-11 Oz.
Selected Varieties
**Kraft or Velveeta
Macaroni &
Cheese**



2⁹⁹
9.4-14 Oz.
Selected Varieties
**Kraft or Velveeta
Macaroni &
Cheese**

Hot DEAL



2⁹⁹
15-24 Oz.
Selected Varieties
**Classico Pasta
or Pesto Sauce**



18⁹⁹
52-100 Ct.
Selected Varieties
**Luvs
Diapers**

6-12 Rolls
**Scott Comfort Plus
Bath Tissue or
Paper Towels**



4⁹⁹

45-105 Oz. or 32-42 Ct.
Selected Varieties
**Arm and Hammer
Laundry Detergent**



6⁹⁹

112-116 Ct.
Selected Varieties
**Pampers
Wipes**



6⁹⁹

11-14 Ct.
Selected Varieties
**Pampers
Ninjamas Diapers**



9⁹⁹



15-22 Ct.
Selected Varieties
**Pampers Easy Ups
Diapers**

9⁹⁹



52-72 Ct.
Selected Varieties
**Pampers
Wipes**

2⁴⁹



16 Oz.
Selected Varieties
**Mr. Clean Clean Freak
Household Cleaner**

4⁹⁹



41 Oz.
Selected Varieties
**Mr. Clean
Household Cleaner**

5⁹⁹



18 Oz.
Selected Varieties
**Candle-Lite
Candles**

5⁹⁹



24-44 Ct.
Slected Varieties
**Always
Feminine Care**

7²⁹



26-38 Ct.
Selected Varieties
**Tampax
Feminine Care**

8⁹⁹



3.5-4.3 Oz.
Selected Varieties
**Crest Pro-Health
Toothpaste**

3⁹⁹



21.99
48 Ct. or 24 Oz., Selected Varieties
**NyQuil or DayQuil
Cold and Flu**



19.99
4 Ct., Selected Varieties
**Gillette
Fusion 5 Razors**



2.49
16-24 Oz., Selected Varieties
**Vlasic
Pickles**



1.79
10 Oz., Selected Varieties
**Vlasic
Relish**



2.99
32 Oz., Selected Varieties
**Vlasic
Sauerkraut**

GLOBAL *Favorites*



10-11.5 Oz.
Selected Varieties
**Kikkoman Soy, Sweet & Sour
or Teriyaki Sauce**

2³⁹



10-12.1 Oz.
Selected Varieties
**Kikkoman Low Sodium Soy,
Teriyaki Baste or Stir Fry Sauce**

2⁹⁹



10 Oz.
**Kikkoman
Sesame Oil**

5⁹⁹



2 Lb.
Selected Varieties
**Mahatma
Rice**

1⁹⁹

2/\$4

15.2 Oz.
Selected Varieties
**Rosarita Refried
Beans Pouches**



3⁴⁹
5 Oz.
Selected Varieties
**Cholula
Hot Sauce**



10.5-11.1 Oz.
Selected Varieties
**Pace
Signature Sauce**

3⁴⁹

FRESH PICKS *Family Favorites*



15 Oz.
Selected Varieties
Healthy Choice
Soup

2/\$3



38-39 Oz.
Selected Varieties
Hanover
Green Beans

2⁷⁹



15 Oz.
Selected Varieties
Libby's
Country Gravy

1⁷⁹

DON'T MISS *Deals!*



15 Oz.
Wendy's Chili
With Beans

4⁴⁹



15 Oz.
Wendy's Chili
No Beans

4⁹⁹



2/\$5

4.5 Oz.
Swanson
Canned Chicken



1.99

8 Ct.
Selected Varieties
Nestlé
Hot Cocoa



10/\$5

2.25 Oz.
Selected Varieties
Nissin
Cup Noodles



2/\$3

2.2-2.4 Oz.
Selected Varieties
Ben's Original
Rice Cups



1.79

18 Oz.
Selected Varieties
Top Ramen
Noodles



2/\$5

6-8.8 Oz.
Selected Varieties
Ben's Original
Ready Rice



99¢

10 Oz.
Selected Varieties
Castleberry's
Hot Dog Chili



3.99

10 Oz.
Selected Varieties
Heinz Flavor
Tour Sauces



1 Oz., Original
Williams
Chili Seasoning

4/\$5



89¢

1.25 Oz., Original
Williams
Taco Seasoning



99¢

1 Oz.
Hormel
Chili Seasoning



6⁹⁹

16 Oz.
Diamond
Shelled Walnuts



2⁹⁹

15 Oz.
Famous Dave's
Corn Bread Mix



79¢

1.61 Oz.
Pioneer
Brown Gravy Mix



2⁹⁹

13.5-14 Oz.
Selected Varieties
Heinz Flavor
Ketchup

BEST CHOICE *Exceptional Prices*



5 Oz., Selected Varieties
BEST CHOICE
PORK SKINS

1.99



7.5-8 Oz.
Selected Varieties
Best Choice
Potato Chips

1.99



32 Oz.
Best Choice
Vegetable or
Canola Oil

2/\$5



8 Oz.
Selected Varieties
Best Choice
Parmesan Cheese

2.99



28-32 Oz.
Selected Varieties
Best Choice
Pancake or
Waffle Mix

2.99



2⁹⁹

24 Oz., Selected Varieties
Best Choice
Pancake or
Waffle Syrup



3⁹⁹

21 Oz., Selected Varieties
Best Choice
Frozen Skillet
Meals



79¢

5 Oz.
Best Choice
Chunk Light
Tuna in Water



3⁸⁹

8 Rolls
Selected Varieties
Best Choice
Bath Tissue



10⁴⁹

12 Rolls
Best Choice
Paper Towels



4⁹⁹

3 Pack
Best Choice
Facial
Tissue



7⁹⁹

32 Oz.
Selected Varieties
Best Choice
Shredded Cheese



1⁹⁹

8 Oz.
Selected Varieties
Best Choice
Cream Cheese

DON'T MISS OUT ON THESE *Great Savings!*

6⁹⁹

12 Ct. or 30-34.9 Oz.
Selected Varieties
**Orville Redenbacher's
Popcorn**

4⁹⁹

12-21 Oz.
Selected Varieties
**Keebler Family
Size Crackers**

4⁴⁹

11-14.4 Oz.
Selected Varieties
**Nabisco Wafers
or Graham Crackers**

3⁵⁹

16 Oz.
Selected Varieties
**Olive Garden
Salad Dressing**

13³⁹

30.04-35.9 Oz.
Selected Varieties
**Hershey's Party
Bag Candy**

4/\$5

7-7.6 Oz.
Selected Varieties
**Martha White
Muffin Mix**

8⁹⁹

12.91-13.79 Oz.
Selected Varieties
**Pringles Snack
Stacks or Grab
N Go**

2.29

12 Oz.
Selected Varieties
Arby's Sauces

2/\$3

for
15.25-18.4 Oz., Selected Varieties
**Pillsbury Cake or
Brownie Mix**

2⁹⁹

6.75-7.3 Oz., Selected Varieties
**Stacy's
Pita Chips**

1.79

12-16 Oz.
Selected Varieties
Pillsbury Frosting

6.99

10-13 Oz., Selected Varieties
Harmony Trail Mix

DAIRY & *Frozen*

6⁹⁹

40-48 Oz.
**Arby's or
Checker's
Famous Fries**

6⁹⁹

64 Oz.
Selected Varieties
**Coffee-mate
Creamer**

5/\$5

5.3 Oz.
Selected Varieties
**Chobani
Greek Yogurt**

2/\$5

5-8 Oz., Selected Varieties
**Sargento
Shreds**

3/\$5

7.4-11.88 Oz.
Selected Varieties
**Banquet Classic
Dinners**

Chill DEAL

2/\$5

7 Oz.
Selected Varieties
**Bagel Bites
Pizza Bagels**

2⁹⁹

6.67-8 Oz., Selected Varieties
**Sargento
Sliced Cheese**

5⁴⁹

16 Oz.
Selected Varieties
**Philadelphia
Cream Cheese**

5⁹⁹

24 Ct., Selected Varieties
**Eggo
Waffles**

3/\$5

10-14.4 Oz.
Selected Varieties
**Birds Eye
Frozen
Vegetables**

3.59

12 Oz., Selected Varieties
**Kraft
String Cheese**



19.8-22.2 Oz.
Selected Varieties
**Homebake
Entrées**

9⁹⁹



15-22.2 Oz.
Selected Varieties
**Homebake
Sides**

4⁹⁹



45 Oz.
**Imperial
Margarine Spread**

3⁴⁹



8.8-11.72 Oz., Selected Varieties
**Red Baron Single
Serve Pizzas or
Breakfast Scrambles**

2/\$7



18 Oz.
Selected Varieties
**White Castle
Burger Bites**

4⁴⁹



10 Ct.
Selected Varieties
**Capri Sun
Juice Pouches**

3⁴⁹



2.25-3 Oz.
Selected Varieties
**Just Crack An
Egg Scrambles
or Oscar Mayer
Scrambles**

2/\$4



15 Oz.
Selected Varieties
**Velveeta
Queso**

3⁴⁹



15 Oz.
Selected Varieties
**Galbani
Ricotta Cheese**

1⁹⁹



10-17 Oz.
Selected Varieties
**Birds Eye
Vegetable Blends**

2/\$6

PREMIUM QUALITY Meat Selections



Springer Mountain Farms
**FRESH
WHOLE CHICKEN**

In-Ad
Coupon

1⁷⁹ *lb.*



Family Pack, USDA Select
Black Canyon Angus Beef
**BONELESS BEEF
CUBE STEAKS**



6⁹⁹ *lb.*



Fresh
**COARSE GROUND
CHILI MEAT**

4²⁹ *lb.*



Family Pack
**Fresh Ground
Beef Patties**

4⁴⁹ *lb.*



Prairie Fresh
**Sliced Pork
Tenderloin**

3⁴⁹ *lb.*



Family Pack, USDA Select
Black Canyon Angus Beef
**Boneless Top
Round Steaks**



6⁷⁹ *lb.*

2/\$7 12 Oz., Selected Varieties
Ballard's Protein Salads

4⁷⁹ 14 Oz., Selected Varieties
Lil Butcher Shoppe Smoked Sausage

4⁹⁹ 15-16 Oz., Selected Varieties
Curly's Pulled BBQ

6⁹⁹ 20-29 Oz., Nuggets, Patties or Popcorn Chicken
Tyson Frozen Fully Cooked Chicken

4/\$5 1.3-1.9 Oz., Selected Varieties
Oscar Mayer Value Lunchables

2/\$7 10-16 Oz., Selected Varieties
Ballard's Fresh Pork Sausage

3⁶⁹

10-16 Oz., Selected Varieties
**Wampler's Pork
Sausage Rolls, Patties,
Links, Taco Meat or
Sausage Balls**

12⁹⁹

40 Oz.
**Wright Brand
Sliced Bacon**

2⁹⁹

8.3-14 Oz., Selected Varieties
**Eckrich Fully Cooked
Smoked Rope, Sausage,
Links or Li'l Smokies**

10/\$10

16 Oz., Selected Varieties
**Fischer's Hot Dogs,
Franks or Sliced
Bologna**

**3 DAY^{Only}
SALE**
Thursday, Jan 29 - Saturday, Jan 31

Sold in 10 Lb. Bag
**Fresh Fryer
Leg Quarters**

4^{9¢} *lb.*

16 Oz. Selected Varieties
**Kentucky Legend
Sliced Bacon**

3⁹⁹

Kentucky Legend, Selected Varieties
**Sliced Quartered
Boneless Smoked Ham**

3⁹⁹ *lb.*

PRODUCE FRESH from the Farm!

1⁹⁹ *lb.*
Imported
**Fresh
Peaches**

3⁹⁹ *lb.*
Imported
**Fresh
Cherries**

Imported
**FRESH
NECTARINES**

1⁹⁹ *lb.*

1⁹⁹
10 Oz.
**Dole Classic
Caesar Salad Kit**



4^{9¢} *lb.*
Medium
**Yellow
Onions**



1⁹⁹
8 Oz.
**Giorgio Whole
White Mushrooms**



1²⁹ *lb.*
**Beefsteak
Tomatoes**



1⁵⁹ *lb.*
Washington
**Gala
Apples**



3⁹⁹
10 Lb. Bag
**Best Choice
Russet
Potatoes**



3/\$2
for
**Fresh
Cucumbers**



Deli & Bakery

6.75-7.3 Oz., Selected Varieties
Stacy's Pita Chips

2⁹⁹

Tyson
Rotisserie Chicken

8⁹⁹ *ea.*

Sliced to Order, Selected Varieties
Kretschmar Smoked Ham

6⁴⁹ *lb.*

Sliced to Order
Kretschmar Baby Swiss Cheese

7⁹⁹ *lb.*

Sliced to Order, Selected Varieties
Kretschmar Salami or Pepperoni

6⁹⁹ *lb.*

Sliced to Order
Kentuckian Gold Roast Beef

12⁹⁹ *lb.*

12-14 Oz., Selected Varieties
Reser's Side Dishes

3⁴⁹

6 Ct., Selected Varieties
Toufayan Bagels

2⁸⁹

4 Ct., Selected Varieties
Café Valley Muffins

4⁹⁹

33 Oz., Double Layer
Rich's Red Velvet Cake

12⁹⁹

12 Ct.
Clyde's Variety Pack Donuts

4⁹⁹

13.5 Oz., Selected Varieties
Shirley's No Bake Cookies

2⁹⁹

12.7 Oz., Original
Stonefire Naan Rounds

3⁴⁹

Selected Varieties
Tyson Chicken Tenders

10/\$10

4-4.25 Oz., Selected Varieties
Cloverhill Bakery Pastries

10/\$10



Size Details
Selected Varieties
Back Flex Item



Size Details
Selected Varieties
Back Flex Item



Size Details
Selected Varieties
Back Flex Item

**3 DAY^{Only}
SALE**
Thursday, Jan 29 - Saturday, Jan 31

10-11 Oz., Selected Varieties
Stonemill Kitchens Dips

3⁹⁹

14.4 Oz., 10 Ct.
With Cream Cheese Icing
**37th Street Bakery
Mini Cinnamon Rolls**

3⁹⁹

Manufacturer's Coupon Expires 02/28/2026

SPRINGER **\$1.50 OFF ANY ONE**
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

www.SpringerMTN.com
Social - SMFchicken