



3⁴⁹

15.5 Oz.
Selected Varieties

Tostitos
Salsa



5⁹⁹

128 Oz.
Selected Varieties

Blue Ribbon Classics
Frozen Dairy Dessert



3⁹⁹

14 Oz. or 3 Ct.
Selected Varieties

Haagen-Dazs
Ice Cream or Bars



BUY 5 \$SAVE\$5

Save \$5 instantly when you purchase Any 5 participating products!

2.49
-1.00

1.49

8-14 Oz. or 4-10 Ct., , Selected Varieties
General Mills Cereal, Nature Valley,
Fiber One Bars or Betty Crocker Fruit Snacks

3.99
-1.00

2.99

50 Ct., Selected Varieties
Totino's Pizza Rolls

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS

THIS WEEK'S Deals!



2⁹⁹
 48 Oz.
 Selected Varieties
BEST CHOICE
ICE CREAM



3⁹⁹
 12 Ct.
 Selected Varieties
BEST CHOICE
ICE CREAM BARS
OR SANDWICHES

■ ■

Size Details
 Selected Varieties
FRONT FLEX
MORE DETAILS

■ ■

Size Details
 Selected Varieties
FRONT FLEX
MORE DETAILS

■ ■

Size Details
 Selected Varieties
ITEM NAME
MORE DETAILS

Size Details
Selected Varieties

Product Description

Size Details
Selected Varieties

Product Description

Size Details
Selected Varieties

Product Description

Size Details
Selected Varieties

Product Description

BUY 5 SAVE \$5

Save \$5 instantly when you purchase
Any 5 participating products!



8-16.3 Oz., Selected Varieties
**Pillsbury Grands!, Crescents
or Cinnamon Rolls**

2.99 EA.
-1.00

1.99 EA.



18-19 Oz.
Selected Varieties
**Progresso or
Old El Paso Soup**

2.49 EA.
-1.00

1.49 EA.



16 Ct.
Selected Varieties
**Yoplait
GoGurt**

4.99 EA.
-1.00

3.99 EA.



8 Ct.
Selected Varieties
**Yoplait
Yogurt**

4.99 EA.
-1.00

3.99 EA.



9.3-19.1 Oz., Selected Varieties
**Betty Crocker
Brownie, Cookie or
Muffin Mix or Old El
Paso Corn Bread Mix**

2.99 EA.
-1.00

1.99 EA.



7-8.6 Oz.
Selected Varieties
**General Mills
Chex Mix, Bugles
or Gardetto's**

2.49 EA.
-1.00

1.49 EA.



5.5-6 Oz.
Selected Varieties
**Annie's Macaroni
and Cheese**

1.99 EA.
-1.00

99¢ EA.



6-11 Oz.
Selected Varieties
**Annie's Deluxe
Macaroni
and Cheese**

3.49 EA.
-1.00

2.49 EA.



4-16 Oz.
Selected Varieties
**Old El Paso Refried
Beans, Green Chiles
or Enchilada Sauce**

1.99 EA.
-1.00

99¢ EA.



6.25-19 oz. or 8-12 Ct.
Selected Varieties
**Old El Paso Kits,
Shells or Sauce**

3.49 EA.
-1.00

2.49 EA.



4.7-8.8 Oz. or 8-12 Ct.
Selected Varieties
**Old El Paso Tortillas,
Shells or Rice**

2.49 EA.
-1.00

1.49 EA.

ALL ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION. WITH PURCHASE OF 5 PARTICIPATING PRODUCTS



3.49
10 Ct.
Selected Varieties
**Capri Sun
Juice Pouches**



3.49
6 Pk. or 128 Oz.
Selected Varieties
**Sunny D
Punch**



3.99
3-16 Oz.
**McCormick Black
Pepper or Lawry's
Seasoned Salt**

2/\$3

15.25-18.4 Oz.
Selected Varieties
**Pillsbury Cake
or Brownie Mix**



1.79

12-16 Oz.
Selected Varieties
**Pillsbury
Frosting**



5.49

16 Oz.
Selected Varieties
**Philadelphia
Cream Cheese**



2.29
8.5-13.4 Oz.
Selected Varieties
**Keebler
Cookies**



3/\$9
13.8-15.8 Oz.
Selected Varieties
**Jack's
Pizza**

3 DAY Only
SALE

Thursday, Jan 29 thru
Saturday, Jan 31

10 for
\$10!



3.26-3.42 Oz.
Selected Varieties
**Nissin
Ramen Bowls**



1-2 Oz.
Selected Varieties
**Post
Cereal Cups**



0.85-1 Oz.
Selected Varieties
**Old El Paso Taco
Seasoning**



4.8 Oz. or 1 Ct., Selected Varieties
**Mt. Olive Single Serve
Munchies or Whole Pickles**



1.4 Oz., Selected Varieties
**Delectables
Cat Treats**

SAVE ON Home & Health



18-31 Ct. or 36.7-141 Oz., Selected Varieties
**GAIN OR DREFT
LAUNDRY DETERGENT**

9.99



240 Ct. or 10.7-12.2 Oz.
Selected Varieties
**GAIN OR DOWNY FABRIC
SOFTENER OR BOUNCE
DRYER SHEETS**

9.99



28 Oz., Selected Varieties
**AJAX
DISH SOAP**



2.69



2-6 Rolls
Selected Varieties
**Charmin Bath
Tissue or Bounty
Paper Towels**

7.99



14 Lb.
Selected Varieties
**Gravy Train
Dog Food**

12.99



13.2 Oz.
Selected Varieties
**Gravy Train
Wet Dog Food**



3/\$4



19-29 Lb.
Selected Varieties
**Arm & Hammer
Cat Litter**

12.99



FRESH FINDS *Great Prices*



4⁹⁹
6-12 Rolls
Selected Varieties
Scott Comfort Plus Bath Tissue or Paper Towels



6⁹⁹
45-105 Oz. or 32-42 Ct.
Selected Varieties
Arm and Hammer Laundry Detergent



18⁹⁹
52-100 Ct.
Selected Varieties
Luvs Diapers



6⁹⁹
112-216 Ct.
Selected Varieties
Pampers Wipes



9⁹⁹
11-14 Ct., Selected Varieties
Pampers Ninjamas Diapers



9⁹⁹
15-22 Ct.
Selected Varieties
Pampers Easy Ups Diapers

Hot DEAL



2⁴⁹
52-72 Ct.
Selected Varieties
Pampers Wipes



16 Oz.
Selected Varieties
Mr. Clean Clean Freak Household Cleaner

4⁹⁹



41 Oz.
Selected Varieties
Mr. Clean Household Cleaner

5⁹⁹



18 Oz.
Selected Varieties
Candle-Lite Candles

5⁹⁹



24-44 Ct.
Selected Varieties
Always Feminine Care

7²⁹



26-38 Ct.
Selected Varieties
Tampax Feminine Care

8⁹⁹



3.5-4.3 Oz.
Selected Varieties
Crest Pro-Health Toothpaste

3⁹⁹



48 Ct. or 24 Oz.
Selected Varieties
NyQuil or DayQuil Cold and Flu

21⁹⁹



4 Ct.
Gillette Fusion 5 Razors

19⁹⁹



16-24 Oz.
Slected Varieties
Vlasic Pickles

2⁴⁹



10 Oz.
Selected Varieties
Vlasic Relish

1⁷⁹



32 Oz.
Selected Varieties
Vlasic Sauerkraut

2⁹⁹

GLOBAL *Favorites*



10-11.5 Oz.
Selected Varieties
Kikkoman Soy, Sweet & Sour or Teriyaki Sauce

2³⁹



10-12.1 Oz.
Selected Varieties
Kikkoman Low Sodium Soy, Teriyaki Baste or Stir Fry Sauce

2⁹⁹



10 Oz.
Kikkoman Sesame Oil

5⁹⁹



2 Lb.
Selected Varieties
Mahatma Rice

1⁹⁹



2/\$4
15.2 Oz.
Selected Varieties
Rosarita Refried Beans Pouches

3⁴⁹
5 Oz.
Selected Varieties
Cholula Hot Sauce



10.5-11.1 Oz.
Selected Varieties
Pace Signature Sauce

3⁴⁹

FRESH PICKS *Family Favorites*



18 Oz.
Selected Varieties
**Top Ramen
Noodles**

1⁷⁹



10 Oz.
Selected Varieties
**Castleberry's
Hot Dog Chili**

99¢



10 Oz.
Selected Varieties
**Heinz Flavor
Tour Sauces**

3⁹⁹



15 Oz.
**Wendy's Chili
With Beans**

4⁴⁹



15 Oz.
**Wendy's Chili
No Beans**

4⁹⁹



16 Oz.
**Diamond
Shelled Walnuts**

6⁹⁹



15 Oz.
**Famous Dave's
Corn Bread Mix**

2⁹⁹



13.5-14 Oz.
Selected Varieties
**Heinz Flavor
Ketchup**

2⁹⁹



19.8-22.2 Oz.
Selected Varieties
**Home Bake
Entrées**

9⁹⁹



15-22.2 Oz.
Selected Varieties
**Home Bake
Sides**

4⁹⁹

BEST CHOICE *Exceptional Prices*



21 Oz., Selected Varieties
**BEST CHOICE
FROZEN SKILLET MEALS**

3.99



5 Oz.
**BEST CHOICE
CHUNK LIGHT TUNA IN WATER**

79¢



8 Rolls
Selected Varieties
**Best Choice
Bath Tissue**

3⁸⁹



12 Rolls
**Best Choice
Paper Towels**

10⁴⁹



3 Pack
**Best Choice
Facial Tissue**

4⁹⁹

DON'T MISS OUT ON THESE *Great Savings!*

6⁹⁹

12 Ct. or 30-34.9 Oz.
Selected Varieties
**Orville Redenbacher's
Popcorn**

2/\$3

15 Oz.
Selected Varieties
**Healthy Choice
Soup**

4⁹⁹

12-21 Oz.
Selected Varieties
**Keebler Family
Size Crackers**

4⁴⁹

11-14.4 Oz.
Selected Varieties
**Nabisco Wafers
or Graham Crackers**

3⁵⁹

16 Oz.
Selected Varieties
**Olive Garden
Salad Dressing**

13³⁹

30.04-35.9 Oz.
Selected Varieties
**Hershey's Party
Bag Candy**

4/\$5

7-7.6 Oz.
Selected Varieties
**Martha White
Muffin Mix**

8⁹⁹

12.91-13.79 Oz.
Selected Varieties
**Pringles Snack
Stacks or Grab
N Go**

10/\$5

2.25 Oz.
Selected Varieties
**Nissin
Ramen Cups**

1⁹⁹

8 Ct.
Selected Varieties
**Nestlé
Hot Cocoa**

2²⁹

12 Oz.
Selected Varieties
**Arby's
Sauce**

2/\$3

2.4 Oz.
Selected Varieties
**Ben's Original
Rice Cups**

2⁹⁹

6.75-7.3 Oz., Selected Varieties
**Stacy's
Pita Chips**

2/\$5

4.5 Oz.
**Swanson
Canned
Chicken**

2/\$5

6-8.8 Oz.
Selected Varieties
**Ben's Original
Ready Rice**

6⁹⁹

10-13 Oz.
Selected Varieties
**Harmony Trail
Mix**

4/\$5

1 Oz.
Original
**Williams
Chili Seasoning**

89¢

1.25 Oz., Original
**Williams Taco
Seasoning**

99¢

1 Oz., Original
**Hormel Chili
Seasoning**

12⁹⁹

22-27.9 Oz.
Selected Varieties
**Maxwell House
Coffee**

2/\$3

2.05-11 Oz.
Selected Varieties
**Kraft or Velveeta
Macaroni &
Cheese**

2⁹⁹

9.4-14 Oz.
Selected Varieties
**Kraft or Velveeta
Macaroni &
Cheese**

2⁹⁹

15-24 Oz.
Selected Varieties
**Classico Pasta
or Pesto Sauce**

2⁷⁹

38-39 Oz.
Selected Varieties
**Hanover
Green Beans**

1⁷⁹

15 Oz.
Selected Varieties
**Libby's
Country Gravy**

79¢

1.61 Oz.
**Pioneer Brown
Gravy Mix**

1⁹⁹

5 Oz.
Selected Varieties
**Best Choice
Pork Skins**

1⁹⁹

7.5-8 Oz.
Selected Varieties
**Best Choice
Potato Chips**

2/\$5

32 Oz.
**Best Choice
Vegetable or
Canola Oil**

2⁹⁹

8 Oz.
Selected Varieties
**Best Choice
Parmesan
Cheese**

2⁹⁹

28-32 Oz.
Selected Varieties
**Best Choice
Pancake or
Waffle Mix**

2⁹⁹

24 Oz.
Selected Varieties
**Best Choice
Pancake or
Waffle Syrup**

DAIRY & Frozen

6⁹⁹

40-48 Oz.
**Arby's or
Checkers
Famous Fries**

6⁹⁹

64 Oz.
Selected Varieties
**Coffee-mate
Creamer**

2/\$5

5-8 Oz.
Selected Varieties
**Sargento
Shreds**

2⁹⁹

6.67-8 Oz., Selected Varieties
**Sargento
Sliced Cheese**

3/\$5

7.4-11.88 Oz.
Selected Varieties
**Banquet Classic
Dinners**

Chill DEAL

2/\$5

7 Oz.
Selected Varieties
**Bagel Bites
Pizza Bagels**

5⁹⁹

24 Ct., Selected Varieties
**Eggo
Waffles**

3/\$5

10-14.4 Oz.
Selected Varieties
**Birds Eye
Frozen
Vegetables**

3⁵⁹

12 Oz., Selected Varieties
**Kraft
String Cheese**

2/\$7

8.8-11.72 Oz.
Selected Varieties
**Red Baron Single
Serve Pizzas or
Breakfast Scrambles**

4⁴⁹

18 Oz.
Selected Varieties
**White Castle
Burger Bites**

7⁹⁹

32 Oz.
Selected Varieties
**Best Choice
Shredded Cheese**

8 Oz.
Selected Varieties
**Best Choice
Cream Cheese**

1⁹⁹

15 Oz.
Selected Varieties
**Velveeta
Queso**

3⁴⁹

2.25-3 Oz.
Selected Varieties
**Just Crack An
Egg Scrambles
or Oscar Mayer
Scrambles**

2/\$4

15 Oz.
Selected Varieties
**Galbani
Ricotta Cheese**

1⁹⁹

10-17 Oz.
Selected Varieties
**Birds Eye
Vegetable Blends**

2/\$6

PREMIUM QUALITY Meat Selections



Springer Mountain Farms
FRESH WHOLE CHICKEN

In-Ad
Coupon

1⁷⁹ *lb.*



Family Pack, USDA Select
Black Canyon Angus Beef
BONELESS BEEF CUBE STEAKS



6⁹⁹ *lb.*



Fresh
COARSE GROUND CHILI MEAT

4²⁹ *lb.*



Family Pack
Fresh Ground Beef Patties

4⁴⁹ *lb.*



Prairie Fresh
Sliced Pork Tenderloin

3⁴⁹ *lb.*



Family Pack, USDA Select
Black Canyon Angus Beef
Boneless Top Round Steaks



6⁷⁹ *lb.*

2/\$7 12 Oz., Selected Varieties
Ballard's Protein Salads

4⁷⁹ 14 Oz., Selected Varieties
Lil Butcher Shoppe Smoked Sausage

4⁹⁹ 15-16 Oz., Selected Varieties
Curly's Pulled BBQ

6⁹⁹ 20-29 Oz., Nuggets, Patties or Popcorn Chicken
Tyson Frozen Fully Cooked Chicken

4/\$5 1.3-1.9 Oz., Selected Varieties
Oscar Mayer Value Lunchables

2/\$7 10-16 Oz., Selected Varieties
Ballard's Fresh Pork Sausage

3⁶⁹ 10-16 Oz., Selected Varieties
Wampler's Pork Sausage Rolls, Patties, Links, Taco Meat or Sausage Balls

12⁹⁹ 40 Oz.
Wright Brand Sliced Bacon

2⁹⁹ 8.3-14 Oz., Selected Varieties
Eckrich Fully Cooked Smoked Rope, Sausage, Links or Li'l Smokies

10/\$10 16 Oz., Selected Varieties
Fischer's Hot Dogs, Franks or Sliced Bologna

10 for \$10!

10/\$10 2.4-2.9 Oz., Selected Varieties
Armour LunchMakers

10/\$10 3.8-4 Oz., Selected Varieties
El Monterey Single Serve Burritos

2⁹⁹ 14 Oz., Selected Varieties
Armour Meatballs

9⁹⁹ 45 Oz.
Swaggerty's Frozen Pork Sausage Patties

8⁹⁹ 26-29 Oz., Selected Varieties
Tennessee Pride Frozen Breakfast Sandwiches

6⁴⁹ 15-16 Oz., Selected Varieties
Oscar Mayer Deli Shaved Family Size Lunch Meat

7⁹⁹ 28 Oz., Selected Varieties
Oscar Mayer Sub Kits

3⁹⁹ 12-14 Oz., Selected Varieties
Hillshire Farm Li'l Smokies

5⁰⁰ 6 Oz., Selected Varieties
Mowi Fresh Single Serve Salmon Fillets

4⁹⁹ 10 Oz., 50-60 Ct.
Sea Best Frozen Fully Cooked Shrimp

5⁹⁹ 16 Oz., Frozen
Sea Best Flounder Fillets

3⁹⁹ 19.2-20 Oz., Selected Varieties
Delimex Taquitos

2/\$7 20-24 Oz., Selected Varieties
Reser's Side Dishes

2/\$7 16 Oz., Sliced Cracker Bologna or
Elm Hill Smoked Hot Dogs

3 DAY Only SALE
Thursday, Jan 29 - Saturday, Jan 31

49¢ *lb.* Sold in 10 Lb. Bag
Fresh Fryer Leg Quarters

3⁹⁹ 16 Oz. Selected Varieties
Kentucky Legend Sliced Bacon

3⁹⁹ Kentucky Legend, Selected Varieties
Sliced Quartered Boneless Smoked Ham

PRODUCE FRESH from the Farm!

1⁹⁹ *lb.*
Imported
Fresh Peaches

3⁹⁹ *lb.*
Imported
Fresh Cherries

1⁹⁹ *lb.*
Imported
FRESH NECTARINES

1⁹⁹ 10 Oz.
Dole Classic Caesar Salad Kit

49¢ *lb.*
Medium
Yellow Onions

1²⁹ *lb.*
Beefsteak Tomatoes

1⁵⁹ *lb.*
Washington
Gala Apples

1⁹⁹ 8 Oz.
Giorgio Whole White Mushrooms

3⁹⁹ 10 Lb. Bag
Best Choice Russet Potatoes

3/\$2 *for*
Fresh Cucumbers

Deli & Bakery

Not Available at All Locations.

	6.75-7.3 Oz., Selected Varieties Stacy's Pita Chips	2⁹⁹
	Tyson Rotisserie Chicken	8⁹⁹ <i>ea.</i>
	Sliced to Order, Selected Varieties Kretschmar Smoked Ham	6⁴⁹ <i>lb.</i>
	Sliced to Order Kretschmar Baby Swiss Cheese	7⁹⁹ <i>lb.</i>
	Sliced to Order, Selected Varieties Kretschmar Salami or Pepperoni	6⁹⁹ <i>lb.</i>
	Sliced to Order Kentuckian Gold Roast Beef	12⁹⁹ <i>lb.</i>
	12-14 Oz., Selected Varieties Reser's Side Dishes	3⁴⁹

	6 Ct., Selected Varieties Toufayan Bagels	2⁸⁹
	4 Ct., Selected Varieties Café Valley Muffins	4⁹⁹
	33 Oz., Double Layer Rich's Red Velvet Cake	12⁹⁹
	12 Ct. Clyde's Variety Pack Donuts	4⁹⁹
	13.5 Oz., Selected Varieties Shirley's No Bake Cookies	2⁹⁹
	12.7 Oz., Original Stonefire Naan Rounds	3⁴⁹
	Selected Varieties Tyson Chicken Tenders	10/\$10
	4-4.25 Oz., Selected Varieties Cloverhill Bakery Pastries	10/\$10

Size Details
Selected Varieties
Back Flex Item

Size Details
Selected Varieties
Back Flex Item

Size Details
Selected Varieties
Back Flex Item

3 DAY Only SALE
Thursday, Jan 29 - Saturday, Jan 31

	10-11 Oz., Selected Varieties Stonemill Kitchens Dips	3⁹⁹
	14.4 Oz., 10 Ct. With Cream Cheese Icing 37th Street Bakery Mini Cinnamon Rolls	3⁹⁹

Manufacturer's Coupon Expires 02/28/2026

SPRINGER \$1.50 OFF ANY ONE SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

www.SpringerMTN.com
Social - SMFchicken