



fröogel's
COST + FOODS
www.froogels.com

The Froogel's Bizzy Worker Bees PRESENT

LABOR DAY

SUPER SALE











Find Us On facebook 

PRICES VALID AUGUST 28 - SEPTEMBER 3, 2025

GULFPORT
Hardy Court Shopping Center
248-0478

GULFPORT
12233 Dedeaux Road
265-9747

BAY ST. LOUIS
U.S. Highway 90 at Dunbar Ave.
270-0024

LONG BEACH
19099 Pineville Road
206-6654

OPEN 8 AM - 9 PM
7 DAYS A WEEK!

Cost Plus 10% At Checkout!
All Items Are While Supplies Last!
We price every item at our cost or below, then we add just 10% at the checkout. We determine the cost of each item by the expense it takes us to get the product from our warehouse to the shelf.



Ground Fresh Daily
Ground Beef
\$4.49
lb.



10 lb. Bag
Fryer Leg Quarters
\$5.80
each

\$1.49
lb.

Farm Fresh Whole Fryers



2 Slab Pack
Medium Size
Pork Spare Ribs
\$1.88
lb.



Baby Back Pork Ribs
\$2.88
lb.



Certified Angus Beef
Boneless Rump Roast
\$4.99
lb.



MANDA
Sliced Bacon
12 oz. Package
\$2.50
each



Selected Varieties
Smoked Sausage
16 oz. Package
\$4.99
each

19 oz. Package Selected Brats or Sausage **\$3.98** each



Selected Varieties
Bologna or Franks
16 oz. Package
99¢
each



Selected Varieties
LUNCHABLES
2.2 to 4.4 oz. Package
\$1.75
each



Hormel
Selected Varieties
Side Dishes
19 to 20 oz. Package
\$3.25
each



GUIDRY'S CATFISH
Catfish Fillets or Strips
4 lb. Box
\$21.99
each



HOLTEN MEATS
Beef Patties
6 lb. Box
\$19.99
each



All Purpose
Russet Potatoes
\$3.99
each

10 lb. Bag



Sweet Red Ripe
Strawberries
1 lb. Package
\$2.99
each



Dole
Spring Mix or Baby Spinach
10 oz. Container
\$3.99
each



Juicy Sweet
Blueberries
Pint Container
\$2.75
each



Selected Varieties
Coca-Cola Products
12 Pack 12 oz. Cans
2 for \$9



Selected Varieties
Coca-Cola Products
8 Pack 12 oz. Bottles
\$4.55
each



Selected Varieties
Blue Bell Ice Cream
Full Half Gallon
\$5.35
each



Selected Varieties
Lays Chips
X Large Size 5 to 8 oz. Bag
4 for \$9



Selected Varieties
Community Coffee
12 oz. Bag
\$6.33
each

12 Count Box



Takis CRISPS
5.5 oz. Container
\$1.88
each



Best Choice
Hamburger or Hot Dog Buns
6 to 8 Count Package
\$1.41
each



Masterpiece
Selected Varieties
Barbecue Sauce
18 oz. Bottle
99¢
each



Always Save
Foam Plates
44 Count Package
\$1.63
each



Best Choice
Charcoal Briquettes
16 lb. Bag
\$7.29
each



Best Choice
Orange Juice
46 oz. Bottle
2 for \$7



Selected Varieties
Bama Pop Frozen Pops
12 Pack Carton
\$2.25
each