



froogel's
COST + FOODS
www.froogels.com



\$ave More every day!

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GULFPORT
Hardy Court Shopping Center
248-0478

GULFPORT
12233 Bédouard Road
265-9747

BAY ST. LOUIS
U.S. Highway 90 at Dunbar Ave.
270-0024

LONG BEACH
1909 Pineville Road
206-6654

PRICES VALID
SEPTEMBER 11 - 17, 2025

OPEN 8 AM - 9 PM
7 DAYS A WEEK!





Cost Plus 10% At Checkout!
All Items Are While Supplies Last!

We price every item at our cost or below, then we add just 10% at the checkout. We determine the cost of each item by the expense it takes us to get the product from our warehouse to the shelf.

 Certified Angus Beef Boneless Rump Roast \$5.25 lb.	 PRAIRIE FRESH Country Style Pork Ribs or Pork Steaks \$1.89 lb.	 Certified Angus Beef Boneless Top Sirloin Steaks \$9.98 lb.	 Ground Round Ground Fresh Daily \$5.49 lb.
+ 10% AT CHECKOUT			

 Cook's Smoked Ham Shank Portion \$1.79 lb.	 Carolina PRIDE Sliced Bacon 12 oz. Package \$3.79 each	 Carolina PRIDE Mild Links 24 oz. Package \$3.59 each	 LUNCHABLES OSCAR MAYER Fun Pack 8 to 10.7 oz. Package \$2.25 each
+ 10% AT CHECKOUT			

 SEA BEST Tilapia Fillets \$8.99 each	 Carolina PRIDE Ham or Turkey 8 to 10 oz. Package \$2.49 each	 Sausage or Chicken Biscuits or Croissants 10.4 to 19.2 oz. Package \$4.99 each	 Fresh Store Made Italian Sausage \$2.98 lb.
+ 10% AT CHECKOUT			

 Coca-Cola Products 59 oz. Bottles \$1.80 each	 Blue Bell Ice Cream Full Half Gallon \$5.75 each	 Cheetos Ruffles 5.5 to 10.25 oz. Bag \$3.75 each	 Blue Ribbon Ice Cream Novelties 8 to 20 Count Package \$4.99 each
+ 10% AT CHECKOUT			

 Garden Fresh Broccoli Crowns \$1.69 lb.	 Best Choice Gold Potatoes 5 lb. Bag \$1.75 each	 Sweet, Seedless White or Red Grapes \$1.69 lb.	 Fresh, Sweet Blackberries, Blueberries or Raspberries 6 oz. Package 2 for \$5 only
+ 10% AT CHECKOUT			

 Always Save Crackers 9 to 16 oz. Package \$1.17 each	 QUAKER Instant Oatmeal 6 to 10 Count Box \$2.69 each	 Takis POP! Crisps 6 oz. Bag \$2.83 each	 Hormel Compleats 7.5 to 10 oz. Container \$1.79 each
+ 10% AT CHECKOUT			

 Always Save Paper Towels 6 Roll Package \$3.99 each	 Best Choice Charcoal Briquettes 16 lb. Bag \$7.29 each	 Always Save Sour Cream 16 oz. Tub \$1.56 each	 Stouffer's Entrees 6.6 to 20 oz. Container 2 for \$6 only
+ 10% AT CHECKOUT			