



Eat Fresh. Buy Smart.
froogel's
 COST + FOODS
www.froogels.com

YOUR GROCERY LIST FOR LESS!

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GULFPORT
 Hardy Court Shopping Center
 248-0478

GULFPORT
 12233 Bedeaux Road
 265-9747

BAY ST. LOUIS
 U.S. Highway 90 at Dunbar Ave.
 270-0024

LONG BEACH
 1999 Pineville Road
 206-6654

OPEN 8 AM - 9 PM
 7 DAYS A WEEK!



Cost Plus 10% At Checkout!
All Items Are While Supplies Last!

PRICES VALID SEPTEMBER 18 - 24, 2025

We price every item at our cost or below, then we add just 10% at the checkout. We determine the cost of each item by the expense it takes us to get the product from our warehouse to the shelf.

Certified Angus Beef
Boneless Shoulder Roast
\$5.49
 lb.

Ground Chuck
 Ground Fresh Daily
\$4.98
 lb.

Boneless Pork Sirloin Chops
 Family Pack **\$2.19** lb.
Baby Back Pork Ribs **\$2.99** lb.

Tyson Fresh Individually Frozen **Chicken Wings**
\$5.99 each
 40 oz. Bag

+ 10% AT CHECKOUT

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Certified Angus Beef
T-Bone Steaks
\$11.98
 lb.

Carolina PRIDE Selected Varieties (Excludes Beef)
Smoked Sausage
\$2.89 each
 14 oz. Package

Hickory **KENTUCKY LEGEND**
Sliced Bacon
 1 lb. Package **\$3.50** each

Oscar Mayer Selected Varieties (Excludes Beef)
Meat Wieners
\$2.50 each
 14 to 16 oz. Package

+ 10% AT CHECKOUT

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LUNCHABLES **Oscar Mayer** Selected Varieties
Basic LUNCHABLES
\$1.75 each
 2.27 to 4.4 oz. Package

Cacique **Ranchero Queso Fresco**
\$2.75 each
 10 oz. Package
Cacique Beef or Pork **Chorizo** **99¢** each
 9 oz. Package

GUIDRY'S CATFISH
Nuggets
\$9.98 each
 4 lb. Box

SMASHED BURGERS **CHOP HOUSE**
Smashed Burgers
\$9.98 each
 32 oz. Box

+ 10% AT CHECKOUT

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Acorn, Butternut or Spaghetti Squash
75¢ lb.

Sweet Red Ripe Strawberries
\$2.69 each
 1 lb. Package

Best Choice
Russet Potatoes
\$3.59 each
 10 lb. Bag

MICHIGAN APPLES **Golden Delicious Apples**
\$2.25 each
 3 lb. Bag

+ 10% AT CHECKOUT

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+ 10% AT CHECKOUT

2 Liter Bottles **Coca-Cola** **Products**
 Excludes Mello Yellow, Minute Maid and Fanta
PEAK Selected Varieties
\$1.80 each
 59 oz. Bottle

Blue Bell Selected Varieties
Ice Cream
\$2.35 each
 Gold Rim Pint Container

Community Coffee Selected Varieties
Coffee
\$5.99 each
 12 oz. Bag

Selected Varieties **Cheetos**
2 for \$7
 6.5 to 8.5 oz. Bag

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Always Save Selected Varieties
Soup
70¢ each
 10.5 to 10.75 oz. Can
Always Save Selected Varieties
Crackers **\$1.17** each
 9 to 16 oz. Package

Ben's Original Selected Varieties
Ready Rice
\$2.29 each
 6 to 8.8 oz. Pouch

ORCHARD 100% Juice
Apple Juice
\$2.69 each
 64 oz. Bottle

fiara **Bath Tissue or Paper Towels**
2 for \$6
 12 Roll Pack
 6 Roll Pack

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Selected Varieties **TOMBSTONE**
Pizza
2 for \$7
 19.3 to 21.1 oz. Package

Always Save **Foam Plates**
\$1.63 each
 44 Count Package
Always Save **Red Plastic Party Cups** **\$1.49** each
 16 Count Package

Daisy Selected Varieties
Sour Cream or Cottage Cheese
2 for \$3
 6 to 8 oz. Container

Blue Bunny Selected Varieties
Ice Cream Novelties
\$2.69 each
 12 Count Package

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+ 10% AT CHECKOUT