



froogel's
 COST + FOODS
 www.froogels.com

Scary Savings
 Eat Fresh. Buy Smart.



VISA MasterCard DISCOVER AMERICAN EXPRESS
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GULFPORT Hardy Court Shopping Center 248-0478
GULFPORT 12233 Dedeaux Road 265-9747
BAY ST. LOUIS U.S. Highway 90 at Dunbar Ave. 270-0024
LONG BEACH 19899 Pineville Road 206-6654

OPEN 8 AM - 9 PM
7 DAYS A WEEK!

PRICES VALID OCTOBER 30 THRU NOVEMBER 5, 2025

Cost Plus 10% At Checkout! All Items Are While Supplies Last!

We price every item at our cost or below, then we add just 10% at the checkout. We determine the cost of each item by the expense it takes us to get the product from our warehouse to the shelf.



Ground Beef
 Ground Fresh Daily
\$3.79
 lb.



Pork Chops
 Assorted Family Pack
\$1.59
 lb.
 Center Cut Pork Chops Family Pack **\$2.19** lb.



Boneless Rump Roast
 Certified Angus Beef
\$4.75
 lb.



Chicken Leg Quarters
 10 lb. Bag
\$6.90
 each



Top Sirloin Steaks
 Certified Angus Boneless Beef
\$7.98
 lb.



Sliced Bacon
 Bryan Thick Cut Bacon
 12 oz. Package
\$3.50
 each



Smoked Sausage
 Hillshire Farm Selected Varieties
\$2.75
 each
 13 to 14 oz. Package



Bologna or Franks
 Field Selected Varieties
\$1.25
 each
 16 oz. Package



Homestyle Meatballs
 Selected Varieties
\$2.75
 each
 14 oz. Package



Burritos
 El Monterey Selected Varieties
\$4.50
 each
 30.4 to 32 oz. Package



Breaded Fish Sticks or Fillets
 Mrs. Paul's Selected Varieties
\$4.50
 each
 18 to 24.6 oz. Package



Entrees
 Asian Kitchen Selected Varieties
\$2.50
 each
 22 oz. Package



Russet Potatoes
 Best Choice, USA #1
\$2.99
 each
 10 lb. Bag



Gala or Red Delicious Apples
85¢
 lb.



Yellow Onions
 Mild
\$1.75
 each
 3 lb. Bag



Bananas
 Golden Ripe
57¢
 lb.



Coca-Cola Products
 Selected Varieties
 12 Pack 12 oz. Cans
2 for \$10
 6 Pack .5 Liter Bottles **\$5.21** each



Coffee
 Community Coffee Selected Varieties
\$5.99
 each
 12 Count Box



Chips
 Doritos Selected Varieties
\$3.25
 each
 6 to 10.5 oz. Bag



Ice Cream
 Blue Bell Selected Varieties
\$5.75
 each
 Full Half Gallon



Sloppy Joe Sauce
 Manwich
\$1.15
 each
 15 to 16 oz. Can
 Best Choice **\$1.41** each
 8 Count Package



Pasta Sauce
 Ragu Selected Varieties
\$1.79
 each
 16 to 24 oz. Jar
 Best Choice **\$1.88** each
 16 oz. Package



Skillets
 Velveeta Selected Varieties
\$2.69
 each
 11.5 to 12.86 oz. Box



Pancake or Muffin Mix
 Best Choice
\$2.25
 each
 16.9 to 32 oz. Box



Cereals
 General Mills Selected Varieties
\$3.10
 each
 11.2 to 16.8 oz. Box



Foam Plates
 Always Save
\$1.64
 each
 40 to 44 Count Package



Coffee Products
 Coffee-mate Selected Varieties Refrigerated
\$3.59
 each
 14 to 50 oz. Bottle



Pizza
 Tombstone Selected Varieties
2 for \$7
 only
 19.3 to 21.1 oz. Package