



Eat Fresh. Buy Smart.
froogel's
COST + FOODS
www.froogels.com

Find Us On Facebook



OPEN 8 AM - 9 PM 7 DAYS A WEEK!

GULFPORT
Hardy Court Shopping Center
248-0478

GULFPORT
12233 Gedeaux Road
265-9747

BAY ST. LOUIS
U.S. Highway 90 at Dunbar Ave.
270-0024

LONG BEACH
19999 Pineville Road
206-6654

**GET MORE FOR
YOUR MONEY**
every day!

PRICES VALID JANUARY 15 - 21, 2026

Cost Plus 10% At Checkout! All Items Are While Supplies Last!
We price every item at our cost or below, then we add just 10% at the checkout. We determine the cost of each item by the expense it takes us to get the product from our warehouse to the shelf.



Ground Fresh Daily
Ground Chuck
\$4.25
lb.



PRAIRIE FRESH
Boneless Sirloin Pork Chops
\$1.98
lb.



Boneless Chuck Roast
\$6.25
lb.
Certified Angus Beef
\$10.98
lb.
Certified Angus Beef T-Bone Steaks



Previously Frozen
Boneless Skinless Chicken Breasts
\$1.98
lb.
Tyson
\$5.99
each
IQF Wings

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT



Smithfield
Regular or Thick
Sliced Bacon
\$3.75
each
12 oz. Package



SEA BEST
Tilapia Fillets
\$7.99
each
32 oz. Bag
SEA BEST
26 to 30 Count 16 oz. Package
\$8.98
each
Cooked Shrimp



Smoked Sausage
\$4.25
each
Selected Varieties
14 oz. Package



Selected Varieties
LUNCHABLES BASICS
\$1.75
each
2.25 to 4.4 oz. Package

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT



Breakfast Sausage Patties, Rolls or Links
\$3.50
each
12 to 16 oz. Package



Tyson
Selected Varieties
Tenders or Strips Breaded Chicken
\$7.99
each
20 to 26 oz. Package



Oscar Mayer
Deli Shaved Lunch Meats
\$5.98
each
15 to 16 oz. Package



Smashed Burgers
\$8.99
each
32 oz. Box

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

Sweet Red Ripe
Strawberries
\$2.65
each
1 lb. Package



Slicing Tomatoes
\$1.35
lb.



MICHIGAN
Fuji or Red Apples
\$2.99
each
3 lb. Bag



Mild Medium
Yellow Onions
\$1.50
each
3 lb. Bag

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT



Selected Varieties
Coca-Cola Products or DASANI
\$3.80
each
6 Pack .5 Liter Bottles



Blue Bell
Selected Varieties
Ice Cream
\$2.38
each
Pint Container



Ruffles
Selected Varieties
\$3.65
each
5.5 to 10.25 oz. Bag
Cheetos
Selected Varieties
\$3.50
each
6.5 to 8.5 oz. Bag



Community
Selected Varieties
Coffee
\$6.43
each
11 to 12 oz. Bag
10 Count Box

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT



Campbell's
Condensed Soup
Soup
\$1.35
each
10.5 to 11.25 oz. Can



StarKist
Tuna Pouches
99¢
each
2.6 to 4.5 oz. Pouch



ARMOUR
With Beans
Chili
\$1.50
each
14 oz. Can



Betty Crocker
Selected Varieties
Brownie Mixes
\$1.35
each
16.3 oz. Box

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT



Selected Varieties
Fruit Juice
\$2.69
each
64 oz. Bottles
8 Count Boxes



Best Choice
Facial Tissue
\$4.49
each
3 Box Package
160 Count Package



Florida's Natural
Selected Varieties
Orange Juice
\$3.99
each
52 oz. Carton



SMUCKER'S
Uncrustables
Selected Varieties
Sandwiches
\$2.65
each
4 Count Package

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT

+ 10% AT CHECKOUT