



G&W FOODS

SENECA, MISSOURI
OPEN 7 DAYS A WEEK
7AM TO 9PM

CUSTOMER DELIVERY • FOOD STAMPS/WIC • DOUBLE COUPONS
POSTAGE STAMPS • SENIOR CITIZEN DISCOUNT ON TUESDAYS

417-776-2303

Prices Effective: August 20 - September 2, 2025 • While Supplies Last



GROUND FRESH DAILY!

12 Oz. Select Varieties
Bar-S® Hot Dogs
99¢

\$5²⁹ lb.

Family Pack
80/20% Lean Ground Beef

Olathe
Bi Color Sweet Corn

5/\$3

Prairie Fresh
All Natural Pork
Family Pack
Pork Steak or Western Style Ribs

\$1⁹⁹ lb.

BLACK CANYON
ANGUS BEEF

Family Pack
Black Canyon Angus®
Bone-In K.C. Strip Steaks

\$12⁹⁹ lb.

California
Red Seedless Grapes

\$2²⁹ lb.

Great on the Smoker or on the Grill!

Mountaire
Fresh Young Chickens

Mountaire
Family Pack
Whole Chicken Fryers

\$1³⁹ lb.

New Crop! Missouri
3 Lb. Bag
Gala Apples

\$2⁹⁹

3 Lb.
Select Varieties
Reser's Salads

\$5⁹⁹

12 Pk./12 Oz. Cans
Select Varieties
Coca Cola Products

\$6⁴⁹

6-10.75 Oz. Select Varieties
Frito-Lay Lay's Potato Chips or Doritos

BUY 1 GET 1 FREE

16 Oz. Select Varieties
Oscar Mayer Hot Dogs

2/\$3

7-8 Oz. Select Varieties
Kraft Cheese Shreds, Chunks or Slices

2/\$5

48 Oz. Select Varieties
Blue Ribbon Classics Frozen Dairy Dessert

2/\$5

10-16 Oz. Select Varieties
Post Cereals

\$2⁴⁹

DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

FARM TO TABLE FRESHNESS

Triple Inspected
Daily for Quality!

\$2⁹⁹

24 Oz.
Select Varieties
**Tasteful Selections
Bite Sized Potatoes**



**Jumbo Sweet
Vidalia Onions**

\$1¹⁹
lb.



Michigan
**Fancy
Zucchini
Squash**

\$1²⁹
lb.

\$1²⁹
lb.

14 Oz.
**Dole Classic
Coleslaw**



\$3⁹⁹

13 Oz.
**Marzetti
Slaw Dressing**



**SC Big Smiles
Yellow Peaches**

\$1⁷⁹
lb.



Pint
**Fresh
Blueberries**

\$2⁹⁹



**New Crop!, Washington
Bartlett Pears**

\$1⁷⁹
lb.

AVAILABLE
FOR A
LIMITED TIME!



\$1⁹⁹
lb.

**Hatch
Peppers**



99¢
ea.

**Hass
Avocados**



5 Oz.
Select Varieties
**Fresh Gourmet
Croutons**

\$1⁶⁹



**Hot House
Beefsteak
Tomatoes**

\$1⁴⁹
lb.



12 Oz. Bag
**Peeled
Baby Carrots**

\$1¹⁹



5 Oz.
Select Varieties
**Jackson's
Sweet Potato Chips**

\$3⁴⁹

low prices on everyday organic favorites



Stalk
**Josie's
Organic Celery**

\$1⁹⁹
ea.



3 Pk.
**Josie's Organic
Romaine Hearts**

\$4⁹⁹
lb.

100% GUARANTEED ORGANIC

Don't forget to check in store
for more organic produce specials!

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



Black Canyon Angus®
Family Pack
**Patio or
Charcoal Steaks**

20 Oz. Select Varieties
**Hormel
Side Dishes**
3⁹⁹

\$6⁹⁹ lb.



Black Canyon Angus®
Family Pack
Sirloin Tip Steaks

\$7⁹⁹ lb.

SIZZLING DEALS FOR YOUR HOLIDAY GRILLING!



Johnsonville
Fresh Bratwurst
Select Varieties
19 Oz.

\$5⁹⁹



Eckrich
Smoked Sausage
Select Varieties
13-14 Oz.

2/\$5



Oscar Mayer All
Beef Hot Dogs
Regular Or Bun Length
15 Oz.

\$5⁹⁹



Family Pack
80/20% Lean
Ground Beef
Patties

\$5⁷⁹

*Great on
the Grill!*



Black Canyon Angus®
Rump or Bottom
Round Roast

\$5⁹⁹ lb.



Black Canyon Angus®
90/10% Lean
Ground Beef
or Patties

\$6⁹⁹ lb.



Black Canyon Angus®
Lean Stew Meat

\$6⁹⁹ lb.



Prairie Fresh
All Natural Pork
Family Pack
Butterfly or
Boneless Chops

\$2⁵⁹ lb.



Prairie Fresh
All Natural Pork
2 Pack
Pork Butts

\$1⁸⁹ lb.

*Limit 2
Please!*



Prairie Fresh
All Natural Pork
Baby Back Ribs

\$3⁴⁹ lb.

*Great on the
Grill or in the
Smoker!*

Seafood



26-30 Ct., 16 Oz.
Sea Best
Cooked &
Peeled Shrimp

\$8⁹⁹ lb.



51-60 Ct., 10 Oz.
Sea Best
Cooked Shrimp

\$5⁹⁹



16 Oz.
Sea Best
Tilapia Fillets

\$4⁹⁹



19-24.6 Oz.
Select Varieties
Mrs. Paul's
Breaded Fillets
or Fish Sticks

\$6⁹⁹



16 Oz.
Sea Best
Salmon Fillets

\$7⁹⁹



Black Canyon Angus®
Steak Fingers

\$7⁹⁹ lb.

*Grill
or Fry!*



Our Signature
Bacon Wrapped
Jalapeño Poppers

\$9⁹⁹ lb.



Prairie Fresh All Natural Pork
Bacon Wrapped
Pork Ribeyes

\$3⁹⁹ lb.



Any Size Package
Our Signature
Seasoned Split Broilers

\$1⁹⁹ lb.



Springer Mountain Farms
Boneless Chicken
Breast or Tenders

\$4⁹⁹ lb.



Mountaire Fresh Chicken
Family Pack
Boneless Breast
Tenders or
Boneless Thighs

\$3⁷⁹ lb.



Mountaire Fresh Chicken
Family Pack
Chicken
Drumsticks

\$1²⁹ lb.



10 Lb. Bag
Sager Creek Farms
Chicken
Leg Quarters

\$8⁹⁹ ea.



Manufacturer's Coupon Expires 08/31/2025

\$1.50 OFF ANY ONE
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

www.SpringerMTN.com
Social - SMFchicken



22.5-24 Oz.
Select Varieties
Fast Fixin'
Breaded Chicken
Nuggets, Strips
or Patties

\$4⁹⁹



12-16 Oz.
Select Varieties
Williams Premium
Sausage Links,
Rolls or Patties

\$3⁶⁹



30.4-32 Oz.
Select Varieties
El Monterey
Burritos or
Chimichangas

\$5⁹⁹



32 Oz.
Holtz's
Chop House
Smashed Burgers

\$12⁹⁹



16 Oz.
Select Varieties
Jimmy Dean
Sausage Rolls

\$3⁹⁹



16 Oz.
Select Varieties
Oscar Mayer
Sliced Bacon

\$5⁹⁹



12-14 Oz., Select Varieties
Johnsonville
Smoked Sausages,
Rope or Links

\$3⁹⁹



7-8 Oz.
Select Varieties
Smithfield
Prime Deli Sliced
Lunch Meats

\$3⁷⁹



13.9-16.1 Oz.
Select Varieties
Oscar Mayer
Uploaded Lunchables

\$3⁹⁹



40 Oz.
Williams Premium
Bacon Family Size
Sliced Slab Bacon

\$12⁹⁹

ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



Kretschmar



1 Lb.
**Kretschmar
Black Forest or
Sweet Cherrywood Ham**

\$6⁹⁹

Kretschmar



1 Lb.
**Kretschmar
Yellow or White
American Cheese**

\$6⁹⁹

MADE FRESH HERE!



1 Lb.
**Aunt Minnie's
Hand Breaded
Chicken Tenders**

\$7⁹⁹

MADE FRESH HERE!



8 Piece
**Aunt Minnie's
Fried Chicken**

\$10⁹⁹



1 Lb.
**Fair Market
Fully Cooked
Seasoned
Shredded Chicken**

\$5⁹⁹

**VISIT OUR DELI
FOR GREAT LUNCH OR
DINNER MEALS**



**That Includes An Entrée And
2 Sides, Plus A Free Cookie.**

Kretschmar



**Kretschmar
Fully Cooked Ribs**

\$12⁹⁹

ZARDA
HICKORY PIT BAR-B-Q



3 Lb.
**Original or Grandma's
Zarda
Baked Beans**

\$10⁹⁹

MADE FRESH HERE!



1 Lb.
**Aunt Minnie's
7 Layer Bean Dip**

\$4⁹⁹

MADE FRESH HERE!



1 Lb.
**Aunt Minnie's
Tortilla Chips**

\$2⁴⁹

\$5⁹⁹

HEARTLAND
PIES
BY TIPPIN'S



24 Oz.
**Heartland
Apple Pie**

\$4⁹⁹

12 Ct.
**Original or Savory
King's Hawaiian
Rolls**



\$8⁹⁹



27.5 Oz.
**JWA Boston
Creme Cake**

\$5⁴⁹

13 Oz.
**Select Varieties
MJay Brownies**



\$4⁴⁹

8 Oz.
**Olson's
Sliced Angel
Food Cake**



\$5⁹⁹



12 Ct./24 Oz.
**Clyde's
Glazed Yeast
Ring Donuts**

\$5⁴⁹

14 Oz.
**Select Varieties
37th Street
Danishes**



\$5⁹⁹

12.3 Oz.
**Original or With Cheese
Miller Pretzilla
Pretzel Bites Tub**



shop great selections of frozen entrées, fruits & veggies, pizzas & desserts



7.5-10.9 Oz.
**Select Varieties
Totino's Pizza
or Pizza Rolls**

2/\$4



22-32 Oz.
**Select Varieties
Ore-Ida
Frozen Potatoes**

\$3⁹⁹



12 Ct.
**Blue Bunny
Bomb Pops**

2/\$5



16-22 Oz.
**Select Varieties
Louisa Ravioli
or Tortellini**

\$4⁴⁹



8.8-12.6 Oz.
**Select Varieties
Stouffer's
Entrées**

\$3⁴⁹



14.3-22 Oz.
**Select Varieties
Farm Rich Appetizers**

\$5⁹⁹



24-32 Oz.
**Select Varieties
Edwards Pies**

\$7⁴⁹



48 Oz.
**Select Varieties
Hiland
Light Ice Cream**

\$3⁴⁹



12 Ct.
**Select Varieties
Prairie Farms
Fudge Bars,
Just Dipped Bars or
Orange Dream Bars**

\$4⁹⁹

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products
Along With Extra Savings All “Pink Tag” Items

4/\$5

18 Oz.
Select Varieties
KC Masterpiece
BBQ Sauce



2/\$5

21-28 Oz.
Select Varieties
Bush’s Best
Baked Beans





24 Oz.
Hidden Valley
Ranch
Salad Dressings

\$4.49



16.3 Oz.
Select Varieties
Peter Pan
Peanut Butter

\$2.49



10 Oz.
Select Varieties
Ro-tel
Tomatoes

2/\$3



16 Oz.
Select Varieties
Pace Picante
or Salsa

2/\$5



4.3-7.2 Oz.
Select Varieties
Rice-A-Roni or
Pasta Roni Sides

2/\$3



24-32 Oz.
Select Varieties
Mt. Olive
Pickles

\$3.29



15 Oz.
Select Varieties
Wish-Bone
Salad Dressings

\$2.99



24 Oz.
Select Varieties
Hunt’s
Pasta Sauce

2/\$3



9.5-10.75 Oz.
Select Varieties
Hostess
Bag Donuts

2/\$5



10 Ct.
Select Varieties
Donut Shop, McCafé,
Green Mountain
K-Cups

\$8.49



8-15.4 Lb.
Royal Oak
Charcoal
Briquets or
Lump Charcoal

\$6.99



12 Lb.
Kingsford
Match Light
Charcoal

\$12.99



25-48 Ct.
Select Varieties
Hefty
Storage or
Freezer Bags

\$4.49



6 Ct. Triple Rolls
or 12 Mega Rolls
Fiora Paper
Towels or
Bath Tissue

\$8.49



8 Pk., Select Varieties
Honest Kids
Organic
Fruit Juice

\$5.49



4 Ct., Select Varieties
Go Go
Squeeze
Apple Sauce

\$3.29

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!



8-12 Oz.
Select Varieties
Kraft
Cheese Singles

2/\$6



16 Oz.
Select Varieties
Daisy
Sour Cream

2/\$5



8 Oz., Selected Varieties
Pillsbury Grands!
Biscuits, Crescents,
or Cinnamon Rolls

\$2.99



Gallon
Select Varieties
Red Diamond
Tea

\$3.99



16-24 Oz.
Selected Varieties
Hiland
Cottage Cheese,
Cheese or
Butter Quarters

\$3.99



16 Oz.
Select Varieties
Hiland
Sour Cream
or Dips

2/\$5



Quart
Hiland
Half & Half

\$4.29



32 Oz.
Select Varieties
Hiland
Coffee
Creamers

\$2.99

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



6.5-13.7 Oz.

Select Varieties

**Nabisco Ritz,
Triscuit, Wheat Thins
or Chips Ahoy**

\$3⁹⁹



9.1-11.5 Oz.

Select Varieties

**On The Border
Tortilla Chips**

2/\$7



15 Oz., Select Varieties

**Frito-Lay Jar Queso,
Ranch, French Onion,
Spinach or Jalapeno Dips**

\$4⁴⁹

20 Oz.
**Sara Lee
Classic
White Bread**



2/\$5

8 Ct.
**Ball Park
Hamburger or
Hot Dog Buns**



\$2⁷⁹

20 Oz.
**Ozark Hearth
Texas Toast**



2/\$4

8 Ct.
**Best Choice
Hamburger or
Hot Dog buns**



2/\$3

specialty foods



7.5 Oz.

Select Varieties

**Annie's
Baked Crackers**

\$5⁴⁹



6 Oz.

Select Varieties

**Blue Diamond
Almonds**

\$4⁴⁹



1.2 Oz.

**Jack Link's
Beef & Cheese Sticks**

\$1⁵⁹



2.2 Oz.

Select Varieties
**Snappdragon
Noodle Soup**

\$2²⁹



3-3.53 Oz.

Select Varieties
Hi-Chew Fruity Candy

\$1⁶⁹

Shop Best Choice For Your Best Value



20-24 Oz.

**Best Choice
Ketchup or Mustard**

\$1⁴⁹



12 Pk./12 Oz. Cans
Select Varieties
**Best Choice
Soda**

\$3⁹⁹



24-30 Oz.
Select Varieties
**Best Choice
Coffee**

\$9⁹⁹



30 Oz.
Select Varieties
**Best Choice
Mayonnaise**

\$3⁹⁹



64 Oz. Select Varieties
**Best Choice
Cranberry Juice
Cocktails**

\$2⁹⁹

Great Party Favorites From Our Deli



5 Oz. Pillow Pack
**Kretschmar
Hard Salami
or Pepperoni**

\$3⁴⁹



14 Oz.
**Kretschmar Beef
or Beef & Garlic
Summer Sausage**

\$8⁹⁹



6 Oz. Select Varieties
**Kaukauna
Cheeseballs**

\$3⁹⁹



8 Oz.
**BelGioioso
Mozzarella Pearls**

\$2⁹⁹



8 Oz.
**BelGioioso
Mozzarella Balls**

\$2⁹⁹



8 Oz.
**BelGioioso
Mozzarella
Sliced Log**

\$2⁹⁹

Best Prices for Drinks



24 Pk./12 Oz. Cans
Select Varieties
**Pepsi
Products**

\$10⁹⁹



8 Pk./12 Oz. Bottles
Select Varieties
**Coca Cola
Products**

\$4⁴⁹



6 Pk./16.9 Oz. Bottles
Select Varieties
**Pepsi
Products**

\$4⁹⁹



28 Oz.
Select Varieties
**Powerade
Sports Drinks**

5/\$5⁵⁰



8 Pk./12 Oz. Cans
Select Varieties
**Bubly
Sparkling Water**

\$3⁹⁹

12 Oz. Cans
Select Varieties
**RC Cola or
7•Up Products
12 Pack**

\$4⁹⁹



.5 Liter Bottles
Select Varieties
**RC Cola or
7•Up Products
6 Pack**

\$4⁹⁹

