



# G & W FOODS

**WILLOW SPRINGS, MISSOURI**  
**OPEN 7 DAYS A WEEK**  
**7AM TO 9PM**

CUSTOMER DELIVERY • POSTAGE STAMPS AVAILABLE  
HUNTING & FISHING LICENSE • SENIOR CITIZEN DISCOUNT

**417-469-2802**

Prices Effective: September 3 - September 16, 2025 • While Supplies Last



12-24 Oz.  
Selected Varieties  
**Bob Evans  
Side Dishes**  
**399**  
ea.



12 Oz.  
Black Canyon Angus  
**Boneless  
Ribeye Steak**

**\$14<sup>99</sup>**  
ea.



3 Lb. Bag  
Missouri, New Crop  
**Jonathan  
Apples**

**\$2<sup>59</sup>**



Prairie Fresh  
All Natural Pork  
Family Pack  
**Boneless Chops  
or Butterfly Chops**

**\$2<sup>49</sup>**  
lb.



GROUND  
**FRESH  
DAILY!**

**60% Beef 40% Pork  
Boston Style Grind**

**\$3<sup>99</sup>**  
lb.



5 Lb. Bag  
**Farmer's Promise  
Red or Gold Potatoes**

**\$2<sup>49</sup>**



Mountaire  
Family Pack  
**Fresh Chicken  
Thighs or Drumsticks**

**\$1<sup>69</sup>**  
lb.



California  
**Green  
Seedless Grapes**

**\$2<sup>19</sup>**  
lb.



1 Lb.  
**Aunt Minnie's  
Hand Breaded  
Chicken Tenders**

**\$7<sup>99</sup>**



24 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi  
Products**

**\$10<sup>99</sup>**



48 Oz.  
Select Varieties  
**Blue Bunny  
Premium  
Ice Cream**

**\$2<sup>99</sup>**



9-12 Oz.  
Select Varieties  
**Frito-Lay  
Tostito's  
Tortilla Chips**

**\$3<sup>99</sup>**



16-24 Oz.  
Select Varieties  
**Ragú  
Pasta Sauce**

**\$1<sup>79</sup>**



7-8 Oz.  
Select Varieties  
**Best Choice  
Cheese Shreds  
or Chunks**

**2/\$4**



14.6-29.3 Oz.  
Select Varieties  
**DiGiorno  
Frozen Pizza**

**\$4<sup>99</sup>**

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS**  
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES.  
WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.



FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

\$1.99  
ea.

Iceberg  
Lettuce



Super Select  
Cucumbers

69¢  
ea.



13 Oz.  
Select Varieties  
Marzetti's  
Salad  
Dressings

\$4.99

2/\$3

Red, Yellow  
or Orange  
Bell Peppers



\$2.49

10 Oz.  
Sangria Medley  
Grape Tomatoes



Fall Favorites One Stop Shopping For All Of Your Fall Decorations



Washington  
Gala Apples  
\$1.49  
lb.



Washington  
Bartlett  
Pears  
\$1.59  
lb.



2 Lb. Bag  
Sunrays  
Mandarins  
\$3.99



12 Oz.  
Select Varieties  
Joyba  
Smoothies  
\$2.49



2.5 Oz.  
Select Varieties  
Seneca  
Apple Chips  
\$2.19



Green  
Cabbage  
79¢  
lb.



3 Pk., Olathe  
Bi Color  
Sweet Corn  
\$2.49



Zucchini  
or Fancy  
Yellow Squash  
\$1.79  
lb.



Vidalia  
Jumbo  
Sweet Onions  
\$1.29  
lb.



6 Oz.  
Organic  
Blueberries

\$3.49  
ea.



7.8 Oz.  
Josie's Organic  
Caesar Salad Kit

\$4.49  
ea.

100% GUARANTEED ORGANIC

Don't forget to check in store  
for more organic produce specials!



# FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



Family Pack  
**80/20% Lean Ground Beef**

**\$5.29** lb.



**PRAIRIE FRESH**

Prairie Fresh  
**Marinated Loins**

**\$6.99** lb.



16 Oz.  
Hickory or Applewood Smoked  
**Kentucky Legend Sliced Bacon**

**4.99** ea.

## SIZZLING DEALS FOR YOUR HOLIDAY GRILLING!



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Picanha or Coulotte Steak**

**\$9.99** lb.



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Whole Tri Tips**  
in Bag Only

**\$9.99** lb.



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Top Sirloin Steak**  
Any Size Package

**\$9.99** lb.



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Cowboy Cut Bacon Wrapped Top Sirloin Steaks**

**\$9.99** lb.



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Family Pack Ribeyes Steaks**

**\$19.99** lb.



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Thin Sliced Beef for Fajitas**

**\$7.99** lb.



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Family Pack 80/20% Lean Ground Beef Patties**

**\$5.49** lb.



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural Pork  
**Pork Steak or Western Style Ribs**

**\$2.29** lb.



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural Pork  
**Family Pack Pork Cutlets**

**\$2.59** lb.



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural Pork  
**Pork Butt Roast**

**\$2.19** lb.



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural Pork  
**Spare Ribs**

**\$2.99** lb.

# Seafood



2 Lb.  
**Sea Best Argentine Red Shrimp**

**\$18.99**



16 Oz.  
**Sea Best Cod Fillets**

**\$7.99**



51-60 Ct., 10 Oz.  
**Sea Best Cooked & Peeled Shrimp**

**\$4.99**



16 Oz.  
Select Varieties  
**Sea Best Hush Puppies**

**\$2.99**



1 Lb.  
**Sea Best Tilapia**

**\$4.99**

## Signature meat items



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Beef or Tri Tip Kabobs**

**\$9.99** lb.



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural Pork  
**Pork Florentines or Pinwheels**

**\$4.49** lb.



**Our Signature Bacon Wrapped Asparagus**

**\$6.99** lb.



**Our Signature Jalapeno Cheddar Burgers**

**\$5.99** lb.



**SPRINGER Mountain Farms**

Springer Mountain Farms  
**Split Chicken Breast**

**\$2.79** lb.



**SPRINGER Mountain Farms**

Springer Mountain Farms  
**Ground Chicken**

**\$2.99** lb.



**Mountaire Fresh Young Chickens**

Mountaire  
**Fresh Boneless Chicken Breast or Boneless Thighs**

**\$3.59** lb.



**Manufacturer's Coupon Expires 09/30/2025**

**\$1.50 OFF ANY ONE**  
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

[www.SpringerMTN.com](http://www.SpringerMTN.com)  
Social - SMFchicken



**STATE FAIR**

13.3-16 Oz.  
**State Fair Original or Beef Corn Dogs**

**\$4.99**



**Tyson**

23-32 Oz.  
Select Varieties  
**Tyson Breaded Chicken Nuggets Strips or Patties**

**\$5.99**



**SMASHED BURGERS**

1.5 Lb.  
**Holten's Smash Burger Sliders**

**\$9.99**



**Johnsonville Grillers**

16 Oz.  
**Johnsonville Original or Bacon Cheddar Grillers**

**\$6.99**



**SAGER CREEK FARMS**

10 Lb.  
**Sager Creek Farms Bagged Chicken Leg Quarters**

**\$7.99**

## smoked meats



**LUNCHABLES**

9-10.7 Oz.  
Select Varieties  
**Oscar Mayer Fun Pack Lunchables**

**\$2.99**



**Eckrich**

13-14 Oz.  
Select Varieties  
**Eckrich Smoked Sausage, Ropes or Links**

**\$3.49**



**Oscar Mayer Deli Fresh**

16 Oz.  
Select Varieties  
**Oscar Mayer Deli Sliced Lunch Meats**

**\$4.99**



**Williams**

40 Oz., Family Pack  
**Williams Premium Hickory Smoked Bacon**

**\$12.99**



**Williams**

12-16 Oz.  
Select Varieties  
**Williams Premium Sausage Rolls, Links or Patties**

**\$3.59**



**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**  
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**



1 Lb.  
**Kretschmar  
Virginia Honey  
or Smoked Ham**

**\$6<sup>99</sup>**

**Kretschmar**



1 Lb.  
**Kretschmar  
Cajun or Sundried  
Tomato Turkey**

**\$9<sup>99</sup>**

**Kretschmar**



1 Lb.  
**Kretschmar Colby  
or Colby Jack Cheese**

**\$6<sup>99</sup>**

**RESER'S**



2/\$6  
1 Lb.  
Select Varieties  
**Reser's  
Variety Salads**

**RESER'S**



1 Lb.  
**Reser's  
Deviled Egg  
Potato Salad**

**\$4<sup>49</sup>**

**VISIT OUR DELI  
FOR GREAT LUNCH OR  
DINNER MEALS**



**That Includes An Entrée And  
2 Sides, Plus A Free Cookie.**

**MADE FRESH HERE!**



8 Piece  
**Aunt Minnie's  
Dark Meat Chicken**

**\$7<sup>99</sup>**

**Tyson**



1 Lb.  
**Tyson  
Boneless Wings**

**\$4<sup>99</sup>**

**Tyson**



**Tyson Chicken &  
Cheese or Buffalo  
Chicken Crisпитos**

**2/\$3**

**Mrs. Gerry's**  
*The Best in Salads*



1 Lb.  
**Mrs. Gerry's  
Macaroni & Cheese**

**\$2<sup>99</sup>**

**\$6<sup>49</sup>**

26 Oz.  
Select Varieties  
**Café Valley  
Glazed Cakes**



**\$4<sup>99</sup>**

12 Ct.  
Original or Savory  
**King's Hawaiian  
Rolls**



**\$3<sup>49</sup>**

3.5-5 Oz.  
**Rich's Funfetti  
or Reese's  
Cake Parfaits**



**\$3<sup>99</sup>**

12 Ct., Select Varieties  
**Café Valley  
Girl Scout  
Cupcakes**



**\$4<sup>49</sup>**

13.5 Oz., Select Varieties  
**Best Choice  
Frosted Sugar  
Cookies**



**\$4<sup>99</sup>**

16 Oz.  
Select Varieties  
**Olson's Sliced  
Crème Cakes**



**\$4<sup>99</sup>**

4 Ct.  
Apple or Cherry  
**Café Valley  
Turnovers**



**\$2<sup>99</sup>**

20 Oz.  
Select Varieties  
**Toufayan  
Bagels**



**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**



19-24 Oz.  
Select Varieties  
**Totino's  
Pizza Rolls**

**\$3<sup>99</sup>**



8-20 Ct., Select Varieties  
**Blue Ribbon  
Classics  
Ice Cream Novelties**

**\$5<sup>99</sup>**



7-12 Oz.  
Select Varieties  
**Pillsbury Toaster  
Strudel or Scrambles**

**\$3<sup>49</sup>**



12 Oz.  
Select Varieties  
**Flav•R•Pac  
Frozen Vegetables**

**2/\$3**



16-28 Oz., Select Varieties  
**Red Robin, Arby's,  
Checkers, Nathan's,  
Idahoan, Sonic  
Frozen Potatoes  
or Onion Rings**

**\$4<sup>49</sup>**



9.8-10.7 Oz.  
Select Varieties  
**Totino's  
Frozen Pizzas**

**2/\$4**



24-28 Oz.  
Select Varieties  
**Banquet  
Family Size Dinners**

**\$3<sup>99</sup>**



48 Oz.  
Select Varieties  
**Hiland Old Recipe  
Premium Ice Cream,  
No Sugar Added  
Ice Cream or Yogurt**

**\$4<sup>99</sup>**



6 Ct., Select Varieties  
**Prairie Farms  
Old Fashioned  
Ice Cream Cones**

**\$5<sup>99</sup>**



# GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products  
Along With Extra Savings All "Pink Tag" Items

\$2<sup>99</sup>

6-10 Ct.  
Select Varieties  
**Quaker  
Instant Oatmeal**



2/\$5

8-24 Oz.  
Select Varieties  
**American  
Beauty Pasta**



Select Varieties  
**Tide Pods or  
Liquid Detergent**

\$12<sup>99</sup>



7.5-15 Oz.  
Select Varieties  
**Chef Boyardee  
Can or  
Microwave Pasta**

4/\$5



4-5 Oz.  
Select Varieties  
**Knorr Rice or  
Pasta Sides**

2/\$3



14.5-15.25 Oz.  
Select Varieties  
**Libby's Canned  
Vegetables**

\$1<sup>29</sup>



4 Pk.  
Select Varieties  
**Dole  
Fruit Bowls**

2/\$6



16 Oz.  
Select Varieties  
**Olive Garden  
Salad Dressings**

\$3<sup>99</sup>



8.9-12.6 Oz.  
Select Varieties  
**Kellogg's Cereals**

\$3<sup>49</sup>



6-10 Ct. or 8 Oz.  
Select Varieties  
**Hostess  
Snack Cakes**

\$2<sup>99</sup>



12-16 Oz., Select Varieties  
**Betty Crocker  
Cake Mixes,  
Brownie Mixes  
or Frostings**

\$1<sup>79</sup>



10 Ct. or 3-12 Oz.  
Select Varieties  
**Starbucks  
K-Cups,  
Ground or Whole  
Bean Coffee**

\$8<sup>99</sup>



16.3 Oz.  
Select Varieties  
**Peter Pan  
Peanut Butter**

\$2<sup>99</sup>



16-24.3 Oz.  
Select Varieties  
**Dawn Spray or  
EZ Squeeze  
Dish Soap**

\$4<sup>99</sup>



6 Mega Rolls  
Select Varieties  
**Cottonelle  
Bath Tissue**

\$7<sup>49</sup>



16 Lb.  
Select Varieties  
**Friskies  
Dry Cat Food**

\$16<sup>99</sup>



14-16 Lb.  
Select Varieties  
**Beneful  
Dry Dog Food**

\$19<sup>99</sup>



12 Oz., Select Varieties  
**G Hughes  
Sugar Free  
Dressing**

\$3<sup>99</sup>



18 Oz., Select Varieties  
**G Hughes  
Sugar Free  
BBQ Sauce**

\$4<sup>79</sup>

## SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!



2/\$5

14-16 Oz.  
Select Varieties  
**Daisy Dips  
or Squeeze  
Sour Cream**



5/\$5<sup>50</sup>

5.3 Oz.  
Select Varieties  
**Chobani  
Yogurt**



\$3<sup>49</sup>

11-16.5 Oz., Selected Varieties  
**Pillsbury  
Cookie Dough,  
Big Crescent Rolls  
or Pizza Crust**



8 Oz.  
Select Varieties  
**Hiland or  
Prairie Farms  
Sour Cream  
or Dips**

3/\$5



16 Oz.  
Selected Varieties  
**Hiland or  
Prairie Farms  
Cottage Cheese**

\$2<sup>99</sup>



64 Oz.  
Select Varieties  
**Hiland  
Iced Coffee or  
Orange Juice**

\$4<sup>99</sup>



8 Oz.  
Salted or Unsalted  
**Hiland or  
Prairie Farms  
Butter Quarters**

2/\$5



64 Oz.  
Original or Raspberry  
**Hiland  
Lemonade**

\$1<sup>99</sup>



SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



6.5-8.5 Oz.  
Select Varieties  
**Frito-Lay  
Cheetos**

**\$4.49**



15.5 Oz.  
Select Varieties  
**Frito-Lay  
Tostitos Salsa**

**\$3.99**



7.75-8 Oz., Select Varieties  
**Best Choice  
Potato Chips**

**2/\$5**

20 Oz.  
**Bimbo Soft  
White Bread**



**2/\$4**

20 Oz.  
**Lewis Honey  
Wheat Bread**



**\$2.79**

8 Ct.  
**Ozark Hearth  
Jumbo  
Hamburger  
Buns**



**2/\$4**

**specialty foods**



18 Oz.  
Select Varieties  
**Stubb's  
BBQ Sauce**

**\$4.99**



18 Oz.  
Select Varieties  
**Country Bob's  
Marinade**

**\$4.79**



12 Oz.  
**Ragin' Cajun  
Sweet & Spicy  
Pickles**

**\$6.99**



5-6.25 Oz.  
Select Varieties  
**Kinder's  
Seasoning**

**\$5.69**



2.6-3.5 Oz.  
Select Varieties  
**Dan-O's  
Seasoning**

**\$6.99**

**Shop Best Choice For Your Best Value**



15.5-16 Oz., Select Varieties  
**Best Choice  
Salsa or  
Picante Sauce**

**\$2.29**



64 Oz., Select Varieties  
**Best Choice  
Apple Juice or  
Apple Juice Blends**

**2/\$5**



8 Oz., Select Varieties  
**Best Choice  
Cream Cheese  
Spreads**

**2/\$4**



12.3-16.5 Oz., Select Varieties  
**Best Choice  
Frozen Waffles  
or Pancakes**

**2/\$4**



28-32 Oz., Select Varieties  
**Best Choice  
Frozen Hash Browns**

**\$2.99**

**Great Party Favorites From Our Deli**



8 Oz.  
**Red Apple  
Smoked Gruyere,  
Cheddar or  
Gouda**

**\$6.99**



5 Oz. Pillow Pack  
**Kretschmar  
Hard Salami  
or Pepperoni**

**\$4.49**



16 Oz.  
**Pancho White,  
Original or  
Chipotle Queso**

**\$5.99**



10 Oz.  
Select Varieties  
**Sabra Hummus**

**\$3.99**



7 Oz.  
Select Varieties  
**Sabra Guacamole**

**\$3.49**



1 Lb.  
**Aunt Minnie's  
Tortilla Chips**

**\$2.49**

**Best Prices for Drinks**



12 Pk./12 Oz. Cans  
Select Varieties  
**Coca Cola  
Products**

**\$7.49**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Pepsi  
Products**

**\$4.99**



8 Pk./12 Oz. Bottles  
Select Varieties  
**Coca Cola  
Products**

**\$5.49**



8 Pk./12 Oz. Cans  
Select Varieties  
**Bubly  
Sparkling Water**

**\$3.99**



28 Oz.  
Select Varieties  
**Powerade  
Sports Drinks**

**4/\$5**



.5 Liter Bottles  
Select Varieties  
**RC Cola, A&W,  
Canada Dry  
or Sunkist  
6 Pack**

**\$4.99**



Select Varieties  
**RC Cola, A&W,  
Canada Dry  
or Sunkist  
2 Liter**

**2/\$5**



12 Oz. Cans  
Select Varieties  
**RC Cola, A&W,  
Canada Dry  
or Sunkist  
12 Pack**

**\$6.99**