

BIG

Just As Well Get The
Best & The Freshest

3 DAY

SALE

FRIDAY, SATURDAY & SUNDAY

PRICES GOOD FROM DECEMBER 12TH THRU 14TH, 2025



3 DAYS ONLY!

GROUND
FRESH
DAILY!

Family Pack
Ground Chuck

\$4.99
Lb.



3 DAYS ONLY!



Prairie Fresh
All Natural
Family Pack
**Boneless
Pork Chops**

\$2.49
Lb.



3 DAYS ONLY!

16 Oz.
Kentucky Legend
**Applewood
or Hickory
Smoked Bacon**

\$3.99
Ea.

GW_GATEFRONT_120325_4C

Just As Well Get The Best & The Freshest

BIG 3 DAY SALE

FRIDAY, SATURDAY & SUNDAY

PRICES GOOD FROM DECEMBER 12TH THRU 14TH, 2025



3 Lb. Bag
**Halo
Mandarins**

\$3.49



**Niagara
Drinking Water**
Select Varieties
24 Pk. Bottles

\$2.77



**Best Choice
Soda**
12 Pk./12 Oz. Cans

\$3.47



G & W FOODS

101 S. FIRST STREET
IOLA, KS 66749
OPEN 7 DAYS A WEEK
7AM TO 10 PM
620-228-5570

Prices Effective: December 3 - December 16, 2025 • While Supplies Last



12-24 Oz.
Selected Varieties
**Bob Evans
Side Dishes**
3⁴⁹
ca.

\$11⁹⁹
lb.

Black Canyon Angus®
**T-Bone
Steaks**



4⁹⁹

4 Lb.
Seedless
**Sunkist
Navel Oranges**



\$1⁹⁹
lb.

Prairie Fresh
All Natural
**Pork Steak or
Western Style Ribs**



\$6⁹⁹
lb.

Black Canyon Angus®
**Sirloin
Tip Roast**



\$3⁴⁹

3 Lb.
Michigan
Gala Apples



\$2⁹⁹
lb.

Family Pack
Mountaire Fresh
Chicken Tenders



\$3⁹⁹

15 Lb.
**Always Save
Russet Potatoes**



\$6⁹⁹

8 Pieces
**Aunt Minnie's
Dark Meat Chicken**



2 Liter
Select Varieties
**Coca-Cola
Products**

\$1⁷⁹



17-23 Oz.
Select Varieties
**Red Baron
Frozen Pizza**

\$3⁹⁹



10-12 Oz.
Select Varieties
**Frito-Lay
Tostitos**

\$3⁹⁹



48 Oz.
Select Varieties
**Blue Ribbon
Classics
Ice Cream**

\$2⁹⁹



23-24 Oz.
Select Varieties
**Prego
Pasta Sauce**

2/\$4



100.5-105 Oz.
Select Varieties
**Arm & Hammer
Liquid Detergent,
32-42 Ct. Power Paks
or 45 Oz. Scent Beads**

\$6⁹⁹

DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

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FARM TO TABLE FRESHNESS

Triple Inspected
Daily for Quality!

\$1.79

lb.

Washington Premium
Honeycrisp Apples







Washington Premium
Granny Smith Apples

\$1.49

lb.



Washington Premium
Red Delicious Apples

\$5.99

18 Oz.
Taylor Farms Vegetable Tray



\$3.99

15 Oz.
Yo Quiero Guacamole



Deli Made
Aunt Minnie's Tortilla Chips

2.49

lb.





24 Oz.
Select Varieties
Tasteful Selections Bite Size Potatoes

\$3.49



Peru Jumbo Sweet Onions

\$1.39

lb.



Fancy Zucchini Squash

\$1.29

lb.





9 Oz.
Dole Classic Romaine

\$1.99

ea.

13 Oz.
Select Varieties
Marzetti Salad Dressing

\$4.99

ea.







Extra Large Green Bell Peppers

99¢

ea.



Super Select Cucumbers

69¢

ea.



Hot House Beefsteak Tomatoes

\$1.39

lb.



Hass Avocados

3/\$2



2 Lb.
Organic Granny Smith Apples

\$3.79



1 Lb.
Organic Baby Peeled Carrots

\$1.29

100% GUARANTEED ORGANIC

Don't forget to check in store
for more organic produce specials!

GW Base

GW Base_PG2_120325_4C

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



16 Oz., Original or Applewood Smoked
Kentucky Legend Bacon
4.99

GROUND FRESH DAILY!

Family Pack
80% Lean Ground Beef

\$5.49 lb.



Black Canyon Angus® Family Pack Sirloin Tip Steaks

\$7.99 lb.

HOT BREAKFAST DEALS TO HELP WITH THE COLD WEATHER



12 Oz. Prairie Fresh
Hickory or Applewood Smoked Bacon

\$3.99 ea.



16 Oz. Williams Premium
Hickory Smoked Bacon

\$4.99 ea.



16 Oz. Selected Varieties
Prairie Fresh
Sausage Rolls

\$2.99 ea.



28 Oz. Williams Premium
Sausage Patties

\$7.99 ea.



Fresh, Never Frozen
Atlantic Salmon

\$10.99 lb.



Black Canyon Angus®
Individually Wrapped for Your Convenience
Tri Tip Roast

\$7.59 lb.



Black Canyon Angus®
For Stir Fry or Fajitas
Thin Sirloin

\$7.99 lb.



GROUND FRESH DAILY!

90% Lean Beef Patties

\$7.69 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh
All Natural Pork
Pork Tenderloin

\$3.49 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh All Natural Pork
Family Pack
Thick or Regular
Boneless Pork Chops

\$2.99 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh
All Natural Pork
Lite Pork Spare Ribs

\$2.99 lb.

Seafood



16-18 Oz.
Sea Pak Coconut Shrimp or Butterfly Shrimp

\$10.99



16 Oz.
Sea Best Cod Fillets

\$8.99



26/30 Ct., 16 Oz.
Sea Best Cooked Shrimp

\$9.99



19-24.6 Oz.
Select Varieties
Mrs. Paul's Breaded Fish Sticks or Fillets

\$6.99



Our Signature
Pork Loin & Vegetable Roast Kit

\$3.99 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh All Natural Pork
Market Made
Breakfast or Italian Sausage

\$2.99 lb.



Our Signature
Stuffed Pork Chops or Chicken Breast

\$3.99 lb.



Our Signature
Bacon Wrapped Asparagus

\$7.99 lb.



Mountaire
Fresh Young Chicken

Mountaire
Family & Party Pack
Fresh Chicken Wings

\$2.99 lb.



Mountaire
Fresh Young Chicken

Mountaire
Family Pack
Fresh Boneless Chicken Breast or Thighs

\$2.59 lb.



SPRINGER
Mountaire Preferred

Springer Mountain
Chicken Thighs or Drumsticks

\$1.79 lb.



10 Lb.
Sager Creek Bagged Chicken Leg Quarters

\$7.99 ea.



16 Oz.
Butterball 93% Lean Ground Turkey

\$4.99 ea.



24 Oz.
Homestyle, Italian or Cheese Italian
Johnsonville Meatballs

\$7.99



23-32 Oz.
Classic or All Beef
Tyson Breaded
Chicken Nuggets, Tenders or Patties

\$7.99



frozen meat favorites

12.8-18.8 Oz.
Select Varieties
Jimmy Dean Breakfast Sandwiches

\$6.99



12-16 Oz.
Select Varieties
Bob Evans Sausage Rolls, Links or Patties

\$3.29



32 Oz.
Select Varieties
El Monterey Burritos or Chimichangas

\$5.99

smoked meats



6 Oz.
Select Varieties
Hormel Pepperoni

\$3.59



Select Varieties
Kentucky Legend 1/4 Sliced Hams

\$5.99 lb.



12 Oz.
Select Varieties
Oscar Mayer Turkey Bacon

\$4.49



13-14 Oz.
Select Varieties
Eckrich Summer Sausage, Ropes or Links

\$3.49



16 Oz.
Select Varieties
Williams Premium Sausage Rolls

\$3.99

ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



Kretschmar



1 Lb.
**Kretschmar
Virginia Honey
or Smoked Ham**

\$5⁹⁹

Kretschmar



1 Lb.
**Kretschmar
Mesquite or Hickory
Smoked Turkey Breast**

\$8⁹⁹

Kretschmar



1 Lb.
**Kretschmar Colby
or Colby Jack Cheese**

\$6⁹⁹

RESER'S



2/**\$6**
1 Lb.
Select Varieties
**Reser's
Salads**

ZARDA
HICKORY PIT BAR-B-Q



1 Lb.
**Zarda Classic
or Grandma's
Baked Beans**

\$4⁴⁹

**VISIT OUR DELI
FOR GREAT LUNCH
OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE &
2 SIDES PLUS A FREE COOKIE!**

Tyson



**Tyson Whole
Smoked Chicken**

\$8⁹⁹

**MADE FRESH
HERE!**



**Aunt Minnie's
Chicken Sandwich**

\$3⁹⁹

Tyson



5 Lb. Bag
**Tyson Chicken or
Buffalo Chicken &
Cheese Crispos**

2/**\$3**

Tyson



1 Lb.
**Tyson BBQ
Boneless Wings**

\$4⁹⁹

\$5⁴⁹

22 Oz.
**Jessie's Lord
Pumpkin Pie**



\$8⁹⁹

20 Oz.
**Heartland
Pecan Pie**



\$4⁴⁹

12 Ct.
Original or Savory Butter
**King's Hawaiian
Rolls**



\$4⁴⁹

12 Oz.
**Rosen's
Caraway Cocktail
Rye Bread**



\$4⁴⁹

20 Oz.
Select Varieties
**Portofino Sourdough or Roasted
Garlic & Black Pepper Bread**



\$6⁹⁹

12 Ct.
Selected Varieties
**Clyde's
Variety Donuts**



\$5⁹⁹

6 Ct., Cherry,
Apple or French Toast
**Clyde's
Fritters**



\$5⁴⁹

10 Ct./14.4 Oz.
**37th Street
Cinnamon Rolls
with Cream Cheese**



shop great selections of frozen entrées, fruits & veggies, pizzas & desserts

Michelin's



4.5-8.5 Oz.
Select Varieties
**Michelin's
Frozen Entrees**

2/**\$3**

Marie Callender's



10-15 Oz.
Select Varieties
**Marie Callender's
Frozen Dinners**

\$3⁹⁹

HOTPOCKETS



4 Ct.
Select Varieties
**Nestle
Hot Pockets**

\$4⁹⁹

Mr. Dell's



24-32 Oz.
Select Varieties
**Mr. Dell's
Frozen Hash Browns**

\$3⁹⁹

Furlani



6 Ct. or 10 Oz.
Select Varieties
**Furlani
Garlic Bread**

\$2²⁹

Pillsbury



12 Ct.
Select Varieties
**Pillsbury
Frozen Biscuits**

\$3²⁹

Marie Callender's



25-42 Oz.
Select Varieties
**Marie Callender's
Frozen Pie**

\$6⁹⁹

Hiland



48 Oz.
Select Varieties
**Hiland
Premium Ice Cream**

\$4⁹⁹

Prairie Farms



6 Ct.
Select Varieties
**Prairie Farms Old
Fashion Ice Cream Cones**

\$5⁹⁹

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products
Along With Extra Savings All “Pink Tag” Items

3/\$5

4 Ct.
Select Varieties
Hunt's
Snack Pack Pudding

\$3.49

5-10 Ct. or 8-16 Oz.
Select Varieties
Hostess
Snack Cakes

10.3-14.5 Oz. or 5-10 Ct.
Select Varieties
Quaker Cap'N
Crunch, Life Cereal,
Chewy Granola Bars
or Instant Oatmeal

\$2.99

12-16 Oz.
Select Varieties
American
Beauty Pasta

2/\$3

15 Oz.
Select Varieties
Wishbone
Salad Dressing

\$2.99

10-16 Oz.
Select Varieties
Old El Paso
Refried Beans or
Enchilada Sauce

\$2.19

8-13 Oz.
Selected Varieties
Old El Paso
Dinner Kits

\$3.99

14-15 Oz.
Select Varieties
Hunt's
Canned Tomatoes

2/\$3

10 Ct. K-Cups or 11-12 Oz.
Folgers or
Dunkin' Ground
or Whole Bean
Coffee

\$7.99

12-18 Oz.
Select Varieties
Pillsbury Cake
or Brownie Mix
or Frosting

\$1.79

7 Oz.
Select Varieties
Martha White
Muffin Mix

\$1.49

40 Oz.
Select Varieties
Crisco Vegetable
or Canola Oil

\$3.99

10-12 Oz.
Select Varieties
Nestle
Baking Chips

\$4.99

12 Rolls or 6 Rolls
Select Varieties
Flora Essentials
Bath Tissue or
Paper Towels

\$4.99

32.5 Oz.
Select Varieties
Palmolive
Dish Soap

\$4.49

3.5 Lb.
Select Varieties
Kibbles'N Bits
Dog Food

\$6.99

6 Oz.
Select Varieties
Purina
Beggin' Strips

\$3.99

12 Oz.
Clearly Organic
Honey Bear

\$5.49

5.52-6.88 Oz.
Select Varieties
Nonni's
Biscotti

\$5.19

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!

46 Oz.
Select Varieties
Tropicana
Orange Juice

\$3.99

10.2 Oz.
Select Varieties
Pillsbury Grands! Biscuits,
7.3 Oz. Cinnamon Rolls
or 4 Oz. Crescents

3/\$5

5.3 Oz.
Select Varieties
Chobani
Yogurt

4/\$5

16 Oz.
Select Varieties
Hiland Butter
Quarters, 24 Oz.
Sour Cream
or Quart Egg Nog

\$3.49

64 Oz.
Select Varieties
Hiland
Iced Coffee

\$4.99

64 Oz.
Select Varieties
Hiland
Orange Juice

\$4.39

Half Gallon
Select Varieties
Hiland
Chocolate Milk

\$3.79

8 Oz.
Select Varieties
Hiland
Cheese Shreds

\$2.19

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



xxxxx Oz.
Select Varieties
**Frito-Lay
Ruffles
Potato Chips**
\$3.99



xxxxx Oz.
Select Varieties
**Frito-Lay
Queso, Ranch
or Avocado Dip**
\$3.99



20 Oz.
**Bimbo
Soft
White Bread**



\$1.99

8 Ct.
**Ball Park
Hamburger or
Hot Dog Buns**



\$3.49

12 Oz.
**Lewis Bread
Half Loaf
Bread**



2/\$5

specialty foods



1.2-1.6 Oz.
Select Varieties
**Knorr Pasta
Sauce Mix**
\$1.59



12.7 Oz.
Select Varieties
**Torani
Coffee Syrup**
\$4.99



3.09-6.3 Oz.
Select Varieties
**Near East
Rice Mix**

\$2.79



16 Oz.
Select Varieties
**Red Cactus
Salsa**

\$4.19



16.9 Oz.
**Davinci
Olive Oil**

\$9.99

Shop Best Choice For Your Best Value



10-12 Oz.
Select Varieties
**Best Choice
Baking Chips**

\$3.79



14-15 Oz.
Select Varieties
**Best Choice
Canned Vegetables**

99¢



8 Oz.
Select Varieties
**Best Choice
Frozen
Whipped Topping**

2/\$3



9-16 Oz.
Select Varieties
**Best Choice
Saltine Crackers**

2/\$3



32 Oz.
Select Varieties
**Best Choice
Frozen Cobbles**

\$6.99

Great Party Favorites From Our Deli



6 Oz.
Select Varieties
**Kaukauna
Variety
Cheeseballs**

\$2.99



12 Oz.
Select Varieties
**Kretschmar
Specialty &
Premium Cheese**

\$7.99



5 Oz.
Select Varieties
**Belgioioso
Parmesan or
Asiago Cheese**

\$2.99



8 Oz. Smoked, Scorpion
Pepper, Mango Habanero,
Hickory Smoked Bourbon
**Red Apple
Gouda Cheese**

\$4.99



8 Oz. Select Varieties
**Red Apple
Smoked Cheddar**

\$4.99



14 Oz.
**Kretschmar Beef
or Beef & Garlic
Summer Sausage**

\$8.99

Best Prices for Drinks



24 Pk./12 Oz. Cans
Select Varieties
**Pepsi
Products**

\$10.99



8 Pk./12 Oz. Bottles
Select Varieties
**Coca-Cola
Products**

\$5.49



2 Liter
Select Varieties
**Pepsi
Products**

\$2.19

59 Oz.
Select Varieties
**Gold Peak
Tea**
\$2.79



8 Pk./20 Oz. Bottles
Select Varieties
**Gatorade
Sports Drinks**

\$7.49

12 Oz. Cans
Select Varieties
**RC Cola or
7-Up Products**
12 Pack
\$5.99



Select Varieties
**RC Cola or
7-Up Products**
2 Liters
3/\$5

