

Don't miss out!
ON THESE
HOLIDAY
FAVORITES!



Best Choice

Best Choice
**Spiral
Sliced Ham**

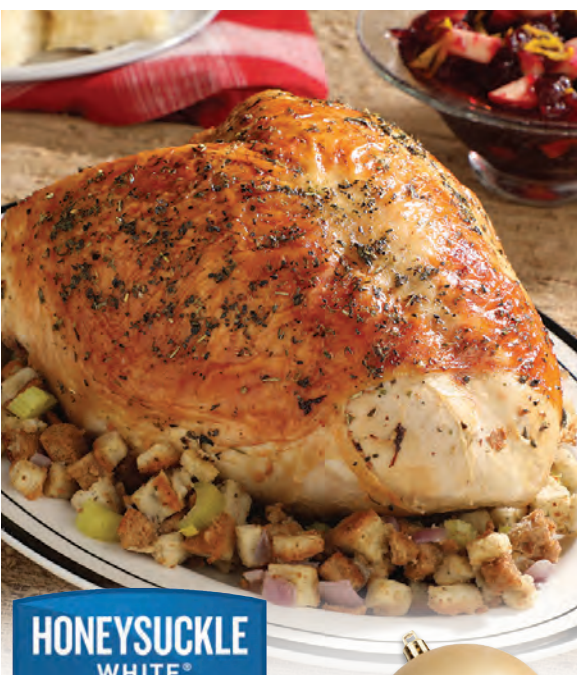
\$2⁸⁹
Lb.



**PRAIRIE
FRESH**

Prairie Fresh
All Natural
Bone-In or Boneless
Crown Roast

\$3⁹⁹
Lb.



**HONEYSUCKLE
WHITE**

Honeysuckle White
**Frozen
Turkey Breast**

\$1⁸⁹
Lb.



36 Oz.
**Taylor Farms
Vegetable Tray**

\$8⁹⁹

Don't miss out!
ON THESE
HOLIDAY
FAVORITES!



20 Oz.
White or Wheat
**Best Choice
Sandwich Bread**

2/\$3



16 Oz.
Select Varieties
**Best Choice
Butter Quarters**

2/\$5



8 Oz.
Select Varieties
**Cool Whip
Dessert Topping**

\$1.79



Gallon
Select Varieties
**Red Diamond
Tea**

\$3.49



9-13 Oz.
Select Varieties
**Town House or
Club Crackers**

2/\$5



G&W FOODS

101 S. FIRST STREET
IOLA, KS 66749
OPEN 7 DAYS A WEEK
7AM TO 10 PM
620-228-5570

Prices Effective: December 17 - December 30, 2025 • While Supplies Last



3-4 Oz.
Ready to Bake,
Grill or Broil
Lobster Tail
12.99
ea.



U.S.D.A Choice
**Standing Prime
Rib Roast**

\$14.99
lb.



Arkansas
**Sweet
Potatoes**

79¢
lb.



**Cook's Butt
Portion Ham**
2.19
lb.

\$1.99
lb.

**Cook's Shank
Portion Ham**



Black Canyon Angus®
**Top Sirloin
Steak**

\$9.99
lb.



10 Oz.
**Taylor Farms
Broccoli or Cauliflower Florets**

2/\$5



Mountaire Fresh
**Fresh
Whole Fryers**

\$1.59
lb.



9-13 Oz.
Select Varieties
**Dole
Chopped Salads**

\$3.49



8 Pieces
**Aunt Minnie's
Fried Chicken**

\$9.99



12 Pk./12 Oz. Cans
Select Varieties
**Pepsi
Products**

\$5.99



7-8 Oz.
Select Varieties
**Frito-Lay
Lay's
Potato Chips**

**BUY 1
GET 1 FREE**



7-8.5 Oz.
Select Varieties
**Nabisco
Snack Crackers**

\$3.99



7-8 Oz.
Select Varieties
**Kraft Cheese
Shreds or Chunk**

2/\$4



18-25.9 Oz.
Select Varieties
**Folgers
Coffee**

\$9.99



46-48 Oz.
Select Varieties
**Blue Bunny
Premium
Ice Cream**

\$3.49

DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

Check Out Our Holiday Gift Baskets, Including Fresh Fruits, Gourmet Meats, Specialty Cheese and More, Always A Great Holiday Gift Idea Have A Special Request, Just Let Us Know. Fresh Christmas Trees (While Supplies Last). Party Ready Veggies Trays!



\$2⁹⁹ ea.

4 Ct.
Selected Varieties

Giorgio Stuffed Mushrooms



\$3⁹⁹

14 Oz.
NatureSweet

Seedless Mini Sweet Peppers



\$2¹⁹ ea.

12 Oz.
Bolthouse

Party Carrot Sticks



\$4⁵⁹

12 Oz.

Marzetti Vegetable Dip



\$4⁹⁹

64 Oz.

Michigan Pumpkin Spice or Salted Caramel

Fresh Apple Cider



\$2⁵⁹

12 Oz.

Taylor Farms "Cut & Washed" Green Beans



\$1⁴⁹

Bunch

Fresh Green Collard or Kale



\$3⁴⁹

5 Lb.

Farmers Promise Red or Gold Potatoes



79¢ lb.

Green Cabbage



\$1⁵⁹ lb.

Tomatoes On the Vine



\$4⁴⁹ ea.

15 Oz.

Original, Chunky or Spicy

Yo Quiero Guacamole



\$3⁴⁹ ea.

15 Oz.

Mild or Medium

Yo Quiero Salsa



\$3⁹⁹ ea.

12 Oz.

Yellow, White or Nacho

Yo Quiero Cheese Dip



\$1⁷⁹ lb.

Washington Premium Honeycrisp Apples



\$1²⁹ ea.

California Jumbo Seedless Navel Oranges



\$1³⁹ lb.

Washington Premium Red Delicious or Fuji Apples



\$1⁷⁹ lb.

Washington Bartlett Pears



\$4⁹⁹

3 Pk.

Organic Romaine Hearts



\$3⁹⁹

2 Lb.

Organic Gala Apples

100% GUARANTEED ORGANIC Don't forget to check in store for more organic produce specials!

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



GROUND FRESH DAILY!

Family Pack
80% Lean
Ground Beef

16 Oz., Original or Applewood Smoked
Kentucky Legend Bacon

\$4.99 lb.



Black Canyon Angus® Center Cut Chuck Roast

\$7.99 lb.

HAVE A HAM-TASTIC HOLIDAY & NEW YEAR!



Kretschmar

Boneless
Kretschmar
Whole Ham

\$4.49 lb.



FRICK'S
QUALITY MEATS SINCE 1890

Frick's Shank
Portion Ham

\$2.59 lb.



\$5 OFF COUPON BELOW

Whole or Half
Kentucky Legend
Boneless Ham

\$4.99 lb.



Kentucky Legend
1/4 Sliced Ham

\$5.99 lb.



Best Choice COCKTAIL SHRIMP
20' ALL NATURAL

32 Oz.
Best Choice
Shrimp Ring

\$19.99 ea.



USDA Inspected
Whole Beef
Tenderloins

\$13.99 lb.



Black Canyon Angus®
Family Pack
Chuck Steaks

\$8.99 lb.



GROUND FRESH DAILY!

Black Canyon Angus®
For Fajita or Stir Fry
Thin Sliced Sirloin

\$8.99 lb.



PRAIRIE FRESH NATURAL

27.2 Oz.
Prairie Fresh
All Natural Pork
Marinated
Pork Loins

\$6.99 ea.



PRAIRIE FRESH NATURAL

Prairie Fresh
All Natural Pork
Pork Tenderloins

\$3.49 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh
All Natural Pork
Family Pack
Boneless Pork
Chops or Butterflies

\$2.99 lb.



PRAIRIE FRESH NATURAL

12 Oz.
Prairie Fresh
All Natural Pork
Applewood or
Hickory Bacon

\$3.99

Seafood



SEA BEST

20 Oz.
Sea Best
Salmon Fillets

\$7.99



SEA BEST

2 Lb.
Sea Best
Argentine
Red Shrimp

\$19.99



SEA BEST
Scallops

20/30 Ct., 16 Oz.
Sea Best
Sea Scallops

\$15.99



SEA BEST
Cocktail Shrimp

10 Oz.
Select Varieties
Sea Best
Shrimp Ring

\$6.99



Prairie Fresh
All Natural Pork
Stuffed
Pork Chops

\$3.49 lb.



PRAIRIE FRESH NATURAL

Our Signature
Stuffed
Mushrooms

\$7.99 lb.



Signature meat items

New Years Tradition
Smoked
Jowl

\$3.99 lb.



Our Signature
Market Made
Breakfast or Italian
Ground Sausage

\$2.99 lb.



Mountaire
Fresh Young Chickens

Mountaire
Family & Party Pack
Fresh
Chicken Wings

\$2.99 lb.



Mountaire
Fresh Young Chickens

Mountaire
Family Pack
Fresh Boneless
Chicken Breast

\$2.99 lb.



Mountaire
Fresh Young Chickens

Mountaire
Family Pack
Fresh Whole
Chicken Legs

\$1.19 lb.



Premium
Baking
Hen

\$1.69 lb.



USDA
Grade A
Ducklings

\$3.99 lb.



MANUFACTURER COUPON | EXPIRATION 3/31/2026

\$5.00 OFF

Kentucky Legend
Any
KENTUCKY LEGEND
WHOLE HAM

Redeemable only at
Participating Retailers

LIMIT ONE COUPON PER PURCHASE. Minimum purchase requirement: \$5.00. Any other use constitutes fraud. Void if sold, copied, transferred, altered, prohibited or restricted. Good only in the USA and APO/FPD post office addresses. No other coupons may be used with this coupon. Consumer pays any sales tax. Specialty Foods Group will reimburse you for the face value of this coupon plus \$4 handling if coupons is submitted in compliance with this offer and Specialty Foods Group Redemption Policy. Cash value 1/20th. Send Coupon to: SFG, Corporate Image Dept #75410, Mt. Rio Valley Mall, Union Pacific, Box 571 E., Omaha, NE 68104.

0035400-008064



Tyson

40 Oz.
Twin Pack
Tyson
Cornish Hen

\$9.99



WILLIAMS
COUNTRY SAUSAGE

28 Oz.
Family Size
William Premium
Sausage Patties

\$7.99



WILLIAMS
COUNTRY SAUSAGE

12-16 Oz.
Selected Varieties
Williams Premium
Sausage Rolls

\$3.69



ARMOUR
ITALIAN MEATBALLS

14 Oz.
Regular or Italian
Armour
Meatballs

\$3.49



WILLIAMS
COUNTRY BACON

40 Oz.
Select Varieties
Williams Premium
Sliced Slab Bacon

\$12.99



WRIGHT

40 Oz.
Hickory Smoked
Wrights
Sliced Bacon

\$12.99



Burgers
Sliced Smoked Jowl

\$6.99 lb.



Heat and Serve
Burgers
Black Eyed Peas

\$5.49 lb.



HILLSHIRE FARM

12-14 Oz.
Regular, Beef or Cheddar
Hillshire Farms
Lit'l Smokies

\$3.99



COOK'S
HAM STEAK

Select Varieties
Cook's Bone In
Ham Steaks

\$4.49 lb.

ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



Kretschmar



1 Lb.
**Kretschmar
Honey or Original
Ham Off The Bone**

\$6⁹⁹

Kretschmar



1 Lb.
**Kretschmar
Honey or Original
Turkey Off The Bone**

\$8⁹⁹

Kretschmar



1 Lb.
**Kretschmar
Cheddar Cheese**

\$6⁹⁹

2/\$6



1 Lb.
Select Varieties
**Reser's
Salads**

ZARDA
HICKORY PIT BAR-B-Q



1 Lb.
**Zarda Classic
or Grandma's
Baked Beans**

\$4⁴⁹

**VISIT OUR DELI
FOR GREAT LUNCH
OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE &
2 SIDES PLUS A FREE COOKIE!**

Tyson



1 Lb.
**Tyson Boneless
Chicken Wings**

\$4⁹⁹

**MADE FRESH
HERE!**



1 Lb.
**Aunt Minnie's
Hand Breaded
Chicken Tenders**

\$6⁹⁹

Tyson



5 Lb. Bag
**Mrs. Gerry's
Mac & Cheese**

\$14⁹⁵

Tyson



5 Lb. Bag
**Mrs. Gerry's
Mashed Potatoes**

\$11⁹⁹

\$5⁴⁹



22 Oz.
**Jessie's Lord
Pumpkin Pie**

\$8⁹⁹



20 Oz.
**Heartland
Pecan Pie**

\$4⁴⁹



12 Ct.
Original or Savory Butter
**King's Hawaiian
Rolls**

\$4⁴⁹



12 Oz.
**Rosen's
Caraway Cocktail
Rye Bread**

\$6⁹⁹



26 Oz.
**Cafe Valley
Chocolate
Fudge Glazed Cake**

\$5⁹⁹



12 Ct.
Select Varieties
**Clyde's Glazed
Yeast Ring Donuts**

\$5⁹⁹



6 Ct., Cherry,
Apple or French Toast
**Clyde's
Fritters**

\$4⁹⁹



16 Oz.
Select Varieties
**Olson's Sliced
Creme Cakes**

shop great selections of frozen entrées, fruits & veggies, pizzas & desserts



22-32 Oz.
Select Varieties
**Ore-Ida Frozen
Potatoes or
Hash Browns**

\$3⁹⁹



6-14 Oz.
Select Varieties
**Birds Eye Frozen
Vegetable Blends**

2/\$4



8-10 Ct.
Select Varieties
**Sister Schubert
Rolls**

\$3⁹⁹



17-22 Oz.
Select Varieties
**Red Baron
Frozen Pizza**

\$4⁹⁹



14-22 Oz.
Select Varieties
**Farm Rich
Appetizers**

\$5⁹⁹



35-37 Oz.
Select Varieties
**Mrs. Smith's
Fruit Pies**

\$5⁹⁹



6-9 Ct.
Select Varieties
**Blue Bunny Mini Cones,
Sandwiches and Bars**

\$3⁴⁹



12 Ct.
Select Varieties
**Prairie Farms
Fudge Bars, Just Dipped
Bars, Orange Dream Bars**

\$4⁹⁹



48 Oz.
Select Varieties
**Hiland
Light Ice Cream**

\$3⁴⁹

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products
Along With Extra Savings All "Pink Tag" Items

2/\$4

6 Oz.
Select Varieties
**Stove Top
Stuffing Mix**



4/\$5

5.5-7.25 Oz.
Select Varieties
**Kraft
Mac & Cheese**



14.5-15 Oz.
Select Varieties
**Green Giant
Canned
Vegetables**

5/\$5



30 Oz.
Select Varieties
**Kraft
Mayonnaise**

\$3.99



30 Oz.
Select Varieties
**Kraft
Miracle Whip**

\$4.99



16 Oz.
Select Varieties
**Hidden Valley
Dressing**

\$4.49



32 Oz.
Selected Varieties
**Swanson
Broth**

2/\$5



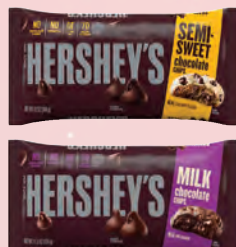
4 Oz.
Select Varieties
**Idahoan
Mashed Potatoes**

3/\$5



5 Lb.
**Pillsbury
All Purpose or
Unbleached Flour**

\$3.29



8-12 Oz.
Select Varieties
**Hershey
Chocolate Chips**

\$3.49



10-12 Oz.
Select Varieties
**Jet-Puffed
Marshmallows**

2/\$3



12 Oz.
Select Varieties
**Carnation
Evaporated Milk**

\$1.99



13.25-16 Oz.
Select Varieties
**Betty Crocker
Cake or Brownie
Mix or Frosting**

\$1.79



100.5-105 Oz.
Select Varieties
**Arm & Hammer
Liquid Detergent**

\$6.99



50-75 Ft.
Select Varieties
**Reynolds
Aluminum Foil**

\$4.99



10-20 Ct.
Select Varieties
**Hefty Storage
or Freezer Bags**

\$2.99



25-54 Ct.
Select Varieties
**Hefty Foam
Plates or Bowls**

\$2.49



Each
**Jiffy
Foil Roaster**

\$1.29



15 Oz.
**Coco Lopez
Cream of
Coconut**

\$4.99

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!

2/\$5

16.3 Oz.
Select Varieties
Pillsbury Grands! Biscuits
8 Oz. **Crescent Rolls** or
12-13 Oz. **Cinnamon Rolls**

2/\$5

16 Oz.
Select Varieties
**Daisy Sour Cream
or Cottage Cheese**

\$3.49

28-32 Oz.
Select Varieties
**Coffeemate
Coffee Creamer**



46-52 Oz.
Select Varieties
**Simply
Orange Juice**
GW Base

\$3.99



Half Gallon
**Hiland
Buttermilk**

\$2.99



8 Oz.
**Hiland
Cream Cheese**

2/\$4



16 Oz.
Select Varieties
**Hiland
Cheese Chunk**

\$3.99



Pint
**Hiland
Whipping Cream,
Half & Half
or 24 Oz. Cottage
Cheese**

\$3.99

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



9.25-10.75 Oz.
Select Varieties
**Frito-Lay
Doritos**
2/\$7



9.1-11.5 Oz.
Select Varieties
**On The
Border
Tortilla
Chips**
\$3.99



32 Oz.
Select Varieties
**Velveeta
Loaf**
\$7.49



20 Oz. or 12 Ct.
**Artesano
Bread
Loaf or Rolls**



\$2.99

12 Ct.
Regular or Hawaiian
**Lewis
Slider Buns**



\$2.79

12 Ct.
**Ozark Hearth
Hawaiian
Rolls**



\$2.49

specialty foods



1.4 Oz.
Select Varieties
**Knorr Vegetable
Recipe Mix**
\$1.79



8.25-10 Oz.
Select Varieties
Mezzetta Olives

\$6.79



6.5 Oz.
**Reese
Horseradish**

\$3.49



9 Oz.
**Reese
Ham Glaze**

\$3.29



12 Oz.
Select Varieties
**Briannas
Salad Dressing**

\$3.79

Shop Best Choice For Your Best Value



32 Oz.
Select Varieties
**Best Choice
Broth**

2/\$3



48 Oz.
Select Varieties
**Best Choice
Cooking Oil**

\$3.49



20 Oz.
Select Varieties
**Best Choice
Almond Bark**

\$4.49



2 Lb.
Select Varieties
**Best Choice
Brown or
Powdered Sugar**

\$2.49



15 Oz.
**Best Choice
Refrigerated
Pie Crust**

\$2.79

Great Party Favorites From Our Deli



8 Oz.
Select Varieties
**Red Apple
Gouda Cheese**

\$4.99



8 Oz.
Select Varieties
**Red Apple
Smoked Cheddar**

\$4.99



12 Oz.
Select Varieties
**Kretschmar
Specialty &
Premium Cheese
Platter**

\$7.99



14 Oz.
**Kretschmar Beef
or Beef & Garlic
Summer Sausage**

\$8.99



1.75 Lb.
Select Varieties
**Hormel
Variety Party
& Snack Trays**

\$14.99



12 Oz.
**Columbus
Salami Trio
Sampler**

\$9.99

Best Prices for Drinks



2 Liter
Select Varieties
**Coca-Cola
Products**

\$1.79



6 Pk./16.9 Oz. Bottles
Select Varieties
**Pepsi
Products**

\$5.49



8 Pk./12 Oz. Bottles
Select Varieties
**Coca-Cola
Products**

\$6.29



8 Pk./12 Oz. Cans
Select Varieties
**Bubly
Sparkling Water**

\$3.99

12 Oz. Cans
Select Varieties
**RC Cola or
7-Up Products
12 Pack**
\$5.99



Select Varieties
**RC Cola or
7-Up Products
2 Liters**
3/\$5

