



G&W FOODS

FREDONIA, KANSAS
OPEN 7 DAYS
7AM TO 9PM

VISION CARD/WIC • FAX AVAILABLE
CUSTOMER DELIVERY • SENIOR CITIZENS DISCOUNT
POSTAGE STAMPS AVAILABLE
620-378-3612

Prices Effective: Jan. 14 - Jan. 27, 2026 • While Supplies Last



32 Oz.
**Reser's
Mashed Potatoes
or Mac & Cheese**
4.49
ea.

**GROUND
FRESH
DAILY!**

Family Pack
**Boston Style
Grind**

\$3.99
lb.



4 Lb.
**Sunkist Seedless
Navel Oranges**

4.99



BLACK CANYON
ANGUS BEEF

Black Canyon Angus®
Top Sirloin Steak

\$8.99
lb.



**PRAIRIE
FRESH
NATURAL**

Prairie Fresh All Natural
**Assorted
Pork Loin Chops**

\$1.99
lb.



Greenridge
FRUIT

3 Lb.
Michigan
**Fuji or
Gala Apples**

\$3.49



Mountaire
Fresh Young Chickens

Family Pack
Mountaire Fresh
**Split
Chicken Breast**

\$1.69
lb.



Imported
**Dark Red
Sweet Cherries**

\$4.99
lb.



**MADE
FRESH
HERE!**

8 Piece
**Aunt Minnie's
Fried Chicken**

\$8.99



12 Pk./12 Oz. Cans
Select Varieties
**Pepsi
Products**

\$5.99



8-9 Oz.
Select Varieties
**Frito-Lay
Fritos or
Cheetos**

\$3.99



1.44 Qt.
Select Varieties
**Turkey Hill
Ice Cream**

\$2.99



15-16 Oz.
Select Varieties
**Bush's Canned
Chili, Kidney
or Pinto Beans**

5/\$5



6-12 Oz.
Select Varieties
**Borden
Cheese Shreds,
Singles or Slices**

4/\$10



18 Oz.
Select Varieties
**Campbell's
Chunky Soup**

2/\$4

DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES.
WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

FARM TO TABLE FRESHNESS

Triple Inspected
Daily for Quality!

\$3⁵⁹

1 Lb.
Florida
Strawberries

Fresh
From
Florida!





Pint
Fresh
Blueberries

\$3⁹⁹



6 Oz.
Fresh
Blackberries

\$2⁴⁹

\$1⁵⁹
ea.

Mangoes



\$3⁹⁹

Jumbo
Cantaloupe





Green
Cabbage

79¢
lb.



Sno White
Cauliflower

\$3²⁹



2 Lb.
Bolthouse Farms
Carrots

\$2¹⁹

9-13 Oz.
Dole American
or Italian Blend
Salad Mix

\$2⁴⁹



10 Oz.
Sweet Grape
Tomatoes

\$1⁹⁹



Value Sized Packages



15 Lb.
All Purpose
Russet Potatoes

\$3⁹⁹



5 Lb.
Yellow
Cooking Onions

\$3⁴⁹



MICHIGAN
APPLES

5 Lb.
Gala Apples

\$5⁹⁹



8 Lb.
Sunkist Seedless
Navel Oranges

\$8⁹⁹

low prices on everyday organic favorites



16 Oz.
Organic
Baby Peeled Carrots

\$2¹⁹



2 Lb.
Organic
Fuji Apples

\$4²⁹

100% GUARANTEED ORGANIC

Don't forget to check in store
for more organic produce specials!

GW Base

GW Base_PG2_011426_4C

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



GROUND FRESH DAILY!

16 Oz. Selected Varieties
Farmland Sliced Bacon
\$5.99

Family Pack
80% Lean Ground Beef

\$5.49 lb.



BLACK CANYON ANGUS BEEF

Family Pack
Black Canyon Angus®
Eye of Round Steak

\$7.99 lb.

SLOW COOKER FAVORITES



BLACK CANYON ANGUS BEEF

Black Canyon Angus®
Top Round Roast

\$6.99 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh All Natural
Bone-In or Boneless
Center Loin Roast

\$2.59 lb.



BLACK CANYON ANGUS BEEF

Black Canyon Angus®
Eye of Round Roast

\$6.99 lb.



MOUNTAIRE FRESH FAMILY PACK CHICKEN

Mountaire
Whole Fryer

\$1.59 lb.



Fresh, Never Frozen
Atlantic Salmon Fillet

\$12.99 lb.



BLACK CANYON ANGUS BEEF

Black Canyon Angus®
Whole Picanha or Steak

\$9.99 lb.



BLACK CANYON ANGUS BEEF

Black Canyon Angus®
Family Pack
Top Round Steak or London Broil

\$7.99 lb.



BLACK CANYON ANGUS BEEF

Black Canyon Angus®
Extra Lean Stew Meat

\$7.59 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh
All Natural Pork
Iowa Chops

\$2.59 lb.



PRAIRIE FRESH NATURAL

Family Pack
Prairie Fresh All Natural
Butterfly or
Boneless Chops

\$2.79 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh All Natural
Pork
Tenderloin

\$2.99 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh
All Natural Pork
Spare Ribs

\$3.29 lb.

Seafood



SEA BEST

31-40 Ct., 16 Oz.
Sea Best EZ Peel
Raw Shrimp

\$7.99



SEA BEST

1 Lb.
Sea Best
Tilapia Fillets

\$5.49



BEST CHOICE

12 Oz.
Cooked, Peeled
Best Choice
Salad Shrimp

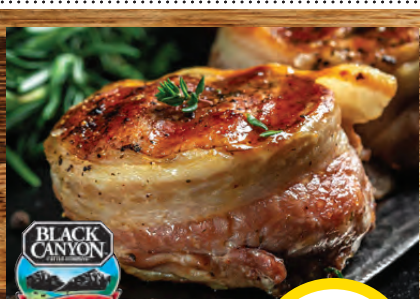
\$5.99



SEA BEST

16 Oz.
Sea Best
Buttermilk
or Jalapeño
Hush Puppies

\$3.99



BLACK CANYON ANGUS BEEF

Black Canyon Angus®
Bacon Wrapped
Sirloin Steaks

\$9.99 lb.



PRAIRIE FRESH NATURAL

Prairie Fresh All Natural
Bacon Wrapped
Pork Ribeye

\$3.49 lb.



GROUND FRESH DAILY!

90% Lean
Ground Beef

\$6.99 lb.



Our Signature
Market Made
Breakfast or Italian Sausage

\$2.99 lb.



MOUNTAIRE FRESH FAMILY PACK CHICKEN

Mountaire
Family Pack
Chicken Tenders
or Boneless Thighs

\$2.99 lb.



MOUNTAIRE FRESH FAMILY PACK CHICKEN

Mountaire
Family Pack
Party
Chicken Wings

\$2.99 lb.



SPRINGER MOUNTAIN FARM CHICKEN

Springer Mountain
Family Pack
Chicken Thighs
or Drumsticks

\$1.89 lb.



16 Oz.
Butterball
85% Lean
Ground Turkey

\$4.59 ea.



SPRINGER MOUNTAIN FARM CHICKEN

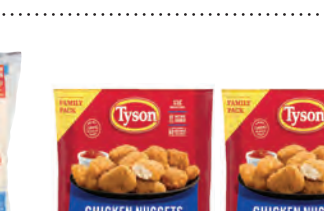
Manufacturer's Coupon Expires 02/28/2026
\$1.50 OFF ANY ONE
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

www.SpringerMTN.com
Social - SMFchicken



2.5 Lb.
Boneless, Skinless
Best Choice
Chicken Breast

\$7.99



4 Lb.
Select Varieties
Tyson
Chicken Nuggets

\$13.99



60.4-64 Oz.
Select Varieties
El Monterey
Value Pack Burritos

\$10.99



22 Oz.
Select Varieties
Williams
Sausage Biscuits

\$5.99



12-16 Oz.
Select Varieties
Williams Premium
Sausage Rolls,
Links or Patties

\$3.79



12-16 Oz.
Select Varieties
Curly's
Pulled Chicken
or Pulled Pork

\$5.99



2.27-4.3 Oz.
Select Varieties
Oscar Mayer
Basic Lunchables

2/\$4



40 Oz.
Select Varieties
Williams Premium
Sliced Slab Bacon

\$11.99



16 Oz.
Select Varieties
Farmland Diced,
Sliced or Cubed Ham

\$4.99



12 Oz.
Select Varieties
Bar-S
Meat Franks

2/\$3

ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



Kretschmar

1 Lb.
**Kretschmar Virginia
Honey or Smoked Ham**

\$5⁹⁹

Kretschmar

1 Lb.
**Kretschmar Mesquite or
Hickory Smoked Turkey Breast**

\$8⁹⁹

Kretschmar

1 Lb.
**Kretschmar
Garlic & Herb Chicken**

\$9⁹⁹

Kretschmar

1 Lb.
**Kretschmar
Cheddar Cheese**

\$6⁹⁹

RESER'S
FINE FOODS

1 Lb.
Select Varieties
**Reser's
Salads**

2/\$6

**VISIT OUR DELI
FOR GREAT LUNCH
OR DINNER MEALS.**

**THAT INCLUDES AN ENTRÉE &
2 SIDES PLUS A FREE COOKIE!**

ZARDA
HICKORY PIT BAR-B-Q

1 Lb.
**Zarda Grandma's or
Classic Baked Beans**

\$3⁹⁹

Tyson

1 Lb.
**Tyson Boneless
Chicken Wings**

\$4⁹⁹

**MADE FRESH
HERE!**

**Aunt Minnie's
Chicken Sandwich**

\$3⁹⁹

Mrs. Gerry's
The Best in Salads

**Mrs. Gerry's
Macaroni & Cheese**

\$2⁹⁹

\$10⁹⁹

26.5 Oz.
**Rich's
Single Layer
Red Velvet Cake**

\$5⁹⁹

15 Ct. or 6 Ct.
**Cafe Valley
Petite or Large
Croissants**

\$5⁴⁹

12 Ct.
Select Varieties
**Best Choice
Variety Cookies**

\$6⁴⁹

16 Oz.
New York or Strawberry
**Father's Table
Cheesecake**

\$3⁹⁹

13.5 Oz.
Select Varieties
**Shirley's
No Bake Cookies**

\$2⁹⁹

12 Oz.
Select Varieties
**Clyde's Variety
Donut Holes**

\$4⁹⁹

14 Oz.
Select Varieties
**37th Street
Variety Danishes**

\$1⁹⁹

12 Oz.
Select Varieties
**Toufayan
Pita Bread**

shop great selections of frozen entrées, fruits & veggies, pizzas & desserts

RED BARON
BRICK OVEN

17-23 Oz.
Select Varieties
**Red Baron
Frozen Pizza**

\$4⁴⁹

Healthy Choice
ON TIME

9-10 Oz.
Select Varieties
**Healthy Choice
Frozen Entrees**

2/\$5

BERTOLI
CHICKEN ALFREDO & PINE

18-24 Oz.
Select Varieties
**P.F. Chang's or
Bertoli Frozen Entrees**

\$6⁴⁹

LOUISA
TORTELLINI

18-22 Oz.
Select Varieties
**Louisa Tortellini
or Ravioli**

\$4⁴⁹

Furlani
Texas Toast

10 Oz. or 6 Ct.
Select Varieties
**Furlani Garlic
Bread or Toast**

2/\$4

PICTSWEET FARMS

10-16 Oz.
Select Varieties
**PictSweet
Frozen Vegetables**

2/\$4

Stouffers
LASAGNA WITH MEAT & SAUCE

57-96 Oz.
Select Varieties
**Stouffers Family Size
Lasagna or Enchiladas**

\$15⁹⁹

Prairie Farms
NEAPOLITAN Ice Cream Sandwiches

12 Ct.
Select Varieties
**Prairie Farms
Ice Cream Sandwiches**

\$5⁴⁹

Hiland
LIGHT ICE CREAM

48 Oz.
Select Varieties
**Hiland
Light Ice Cream**

\$3⁴⁹

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products
Along With Extra Savings All “Pink Tag” Items

4/\$5

16 Oz.
Select Varieties
American
Beauty Pasta



2/\$4

23-24 Oz.
Select Varieties
Prego
Pasta Sauce





16 Oz.
Select Varieties
Hidden Valley
Ranch Dressing

\$4.49


10-15 Oz.
Select Varieties
Red Gold
Canned Tomatoes

\$1.19


1-1.12 Oz.
Select Varieties
Williams
Chili Seasoning

\$1.29


4-7 Oz.
Select Varieties
Rice-A-Roni or
Pasta-Roni Sides

2/\$3


2-4 Oz.
Selected Varieties
Starkist
Tuna Pouch

4/\$5


12-15 Oz.
Select Varieties
Kraft
Squeeze Mayo

\$2.99


4 Ct.
Select Varieties
Snack Pack
Pudding Cups

2/\$3


16.3 Oz.
Select Varieties
Peter Pan
Peanut Butter

\$2.99


15-18 Oz.
Select Varieties
Smucker's Jams,
Jellies, Preserves
or Marmalades

\$3.49


12-16 Oz.
Select Varieties
Cheerios, Reese's Puffs, Cocoa
Puffs, Cinnamon Toast Crunch,
Golden Grahams or Cookie Crisps

\$3.99


5 Ct.
Select Varieties
Nature Valley
Granola Bars or
Cereal Bars

\$3.99


75-80 Ct.
Select Varieties
Lysol
Disinfecting
Wipes

\$4.99


32.5 Oz.
Select Varieties
Palmolive
Dish Soap

\$4.29


31-32 Oz.
Select Varieties
Tide Simply
Liquid Detergent

\$3.99


2.5-3.15 Lb.
Select Varieties
9 Lives
Dry Cat Food

\$5.49


1-1.2 Oz.
Select Varieties
Kinder's
Seasoning Mix

\$1.39


20 Ct.
Select Varieties
Celestial
Seasonings
Herbal Tea

\$4.29

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!


5.3 Oz.
Select Varieties
Chobani
Yogurt

4/\$5


7-8 Oz.
Select Varieties
Best Choice
Cheese Shreds
or Chunks

\$2.29


32 Oz.
Select Varieties
International Delight
Coffee Creamer

\$3.49


Gallon
Red Diamond
Tea

\$3.99


Select Varieties
Hiland 24 Oz.
Cottage Cheese
or 16 Oz.
Cheese Chunks

\$3.99


16 Oz.
Select Varieties
Hiland Dips or
Sour Cream

2/\$5


8 Oz.
Hiland
Cream Cheese

2/\$4


32 Oz.
Select Varieties
Hiland
Yogurt

\$3.29

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



10-12 Oz.
Select Varieties
**Frito-Lay
Tostitos**
\$3⁹⁹



7.5-16 Oz.
Select Varieties
**Zesta
Saltines**
\$2⁹⁹



5-13 Oz.
Select Varieties
**Nabisco
Chips Ahoy!
or Belvita**
\$3⁹⁹



20 Oz.
**Bimbo
Soft White
Bread**



2/\$4

8 Ct.
**Ball Park
Hamburger
or Hot Dog
Buns**



\$3⁴⁹

12 Oz.
Select Varieties
**Lewis
Half Loaf
Breads**



2/\$5

specialty foods



9.2-12 Oz.
Select Varieties
**Shore Lunch
Soup Mix**
\$5²⁹



10.5 Oz.
Select Varieties
**Clearly Organic
Canned Soup**
\$2²⁹



25 Oz.
Select Varieties
**Mezzetta
Pasta Sauce**
\$6⁴⁹



16 Oz.
Select Varieties
**DaVinci
Pasta**
\$1⁷⁹



1.2-1.6 Oz.
Select Varieties
**Knorr
Sauce Mix**
\$1³⁹

Shop Best Choice For Your Best Value



10 Ct.
Select Varieties
**Best Choice Frozen
Waffles or Pancakes**
2/\$4



64 Oz.
Select Varieties
**Best Choice
Apple Juice**
\$2²⁹



5.5-7.25 Oz.
Select Varieties
**Best Choice
Mac & Cheese**
99¢



5 Oz.
Select Varieties
**Best Choice
Canned Tuna**
99¢



4 Ct.
Select Varieties
**Best Choice
Fruit Cups**
\$2⁷⁹

Great Party Favorites From Our Deli



24.8-32 Oz.
Select Varieties
**Stacy's
Pita Chips**
\$3⁹⁹



4.2 Oz.
**Babybel Original
or Lite Minis**
\$3⁹⁹



5.4 Oz.
Original, Swiss
or Garlic & Herb
**The Laughing Cow
Cheese Wedges**
\$3⁹⁹



8 Oz.
Smoked, Scorpion Pepper,
Mango Habanero or
Hickory Smoked Bourbon
**Red Apple
Gouda Cheese**
\$4⁹⁹



8 Oz.
**Red Apple
Smoked Cheddar**
\$4⁹⁹



14 Oz.
**Kretschmar Beef
or Beef & Garlic
Summer Sausage**
\$8⁹⁹

Best Prices for Drinks



6 Pk./16.9 Oz. Bottles
Select Varieties
**Coca-Cola
Products**
\$4²⁹



6 Pk./16.9 Oz. Bottles
Select Varieties
**Pepsi
Products**
\$5⁹⁹



12 Pk./12 Oz. Cans
Select Varieties
**Coca-Cola
Products**
\$8⁴⁹



28 Oz.
Select Varieties
**Gatorade
Sports Drink**
\$2¹⁹



16 Oz.
Select Varieties
**Body Armor
Sports Drinks**
\$1⁷⁹

Select Varieties
**RC Cola or
7•Up Products**
2 Liters
3/\$5



.5 Liter Bottles
Select Varieties
**RC Cola or
7•Up Products**
6 Pack
\$4⁹⁹

