



# G&W FOODS

**309 W. MARY  
YATES CENTER, KS 66783  
OPEN 7 DAYS A WEEK  
MON-FRI 7AM TO 8PM  
SUN 8AM TO 7PM  
620-625-2201**

Prices Effective: Jan. 14 - Jan. 27, 2026 • While Supplies Last



32 Oz.  
**Reser's  
Mashed Potatoes  
or Mac & Cheese**  
**4.49**  
ea.

**GROUND  
FRESH  
DAILY!**

Family Pack  
**Boston Style  
Grind**

**\$3.99**  
lb.



4 Lb.  
**Sunkist Seedless  
Navel Oranges**

**4.99**



**BLACK CANYON**  
ANGUS BEEF

Black Canyon Angus®  
**Top Sirloin Steak**

**\$8.99**  
lb.



**PRAIRIE  
FRESH  
NATURAL**

Prairie Fresh All Natural  
**Assorted  
Pork Loin Chops**

**\$1.99**  
lb.



**Greenridge**  
FRUIT

3 Lb.  
Michigan  
**Fuji or  
Gala Apples**

**\$3.49**



**Mountaire**  
Fresh Young Chickens

Family Pack  
Mountaire Fresh  
**Split  
Chicken Breast**

**\$1.69**  
lb.



Imported  
**Dark Red  
Sweet Cherries**

**\$4.99**  
lb.



**MADE  
FRESH  
HERE!**

8 Piece  
**Aunt Minnie's  
Fried Chicken**

**\$8.99**



**PEPSI**  
ZERO SUGAR

12 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi  
Products**

**\$5.99**



**Fritos**  
The ORIGINAL  
TOSTITOS

**Cheetos**  
Crunchy

8-9 Oz.  
Select Varieties  
**Frito-Lay  
Fritos or  
Cheetos**

**\$3.99**



**TURKEY HILL**  
Black Cherry

**TURKEY HILL**  
Triple Vanilla

1.44 Qt.  
Select Varieties  
**Turkey Hill  
Ice Cream**

**\$2.99**



**BUSH'S**  
BEST  
Chili Beans  
PINTO BEANS  
MILD CHILI SAUCE

**BUSH'S**  
BEST  
Chili Beans  
KIDNEY BEANS  
MILD CHILI SAUCE

15-16 Oz.  
Select Varieties  
**Bush's Canned  
Chili, Kidney  
or Pinto Beans**

**5/\$5**



**Borden**  
MILD CHEDDAR  
FINELY SHREDDED

**Borden**  
EXTRA SHARP CHEDDAR  
MELTS

6-12 Oz.  
Select Varieties  
**Borden  
Cheese Shreds,  
Singles or Slices**

**4/\$10**



**Campbell's**  
CHUNKY  
CLASSIC CHICK  
NOODLE  
WITH WHITE MEAT CHICKEN

**Campbell's**  
CHUNKY  
STEAK AND  
POTATO

18 Oz.  
Select Varieties  
**Campbell's  
Chunky Soup**

**2/\$4**

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS**  
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.



FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

\$3<sup>59</sup>

1 Lb.  
Florida  
Strawberries

Fresh  
From  
Florida!





Pint  
Fresh  
Blueberries

\$3<sup>99</sup>



6 Oz.  
Fresh  
Blackberries

\$2<sup>49</sup>

\$1<sup>59</sup>  
ea.

Mangoes



\$3<sup>99</sup>

Jumbo  
Cantaloupe





Green  
Cabbage

79¢  
lb.



Sno White  
Cauliflower

\$3<sup>29</sup>



2 Lb.  
Bolthouse Farms  
Carrots

\$2<sup>19</sup>

9-13 Oz.  
Dole American  
or Italian Blend  
Salad Mix

\$2<sup>49</sup>



10 Oz.  
Sweet Grape  
Tomatoes

\$1<sup>99</sup>



Value Sized Packages



15 Lb.  
All Purpose  
Russet Potatoes

\$3<sup>99</sup>



5 Lb.  
Yellow  
Cooking Onions

\$3<sup>49</sup>



MICHIGAN  
APPLES

5 Lb.  
Gala Apples

\$5<sup>99</sup>



8 Lb.  
Sunkist Seedless  
Navel Oranges

\$8<sup>99</sup>

low prices on everyday organic favorites



16 Oz.  
Organic  
Baby Peeled Carrots

\$2<sup>19</sup>



2 Lb.  
Organic  
Fuji Apples

\$4<sup>29</sup>

100% GUARANTEED ORGANIC

Don't forget to check in store  
for more organic produce specials!

GW Base

GW Base\_PG2\_011426\_4C



FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

16 Oz. Selected Varieties  
**Farmland Sliced Bacon**  
**\$5<sup>99</sup>**

**GROUND FRESH DAILY!**

Family Pack  
**80% Lean Ground Beef**

**\$5<sup>49</sup>** lb.

**BLACK CANYON**  
ANGUS BEEF

Family Pack  
**Black Canyon Angus® Eye of Round Steak**

**\$7<sup>99</sup>** lb.

SLOW COOKER FAVORITES

**BLACK CANYON**  
ANGUS BEEF

**Black Canyon Angus® Top Round Roast**

**\$6<sup>99</sup>** lb.

**PRAIRIE FRESH**  
NATURAL

Prairie Fresh All Natural Bone-In or Boneless Center Loin Roast

**\$2<sup>59</sup>** lb.

**BLACK CANYON**  
ANGUS BEEF

**Black Canyon Angus® Eye of Round Roast**

**\$6<sup>99</sup>** lb.

**Mountaire**  
Fresh Family Pack

**Mountaire Whole Fryer**

**\$1<sup>59</sup>** lb.

Fresh, Never Frozen  
**Atlantic Salmon Fillet**

**\$12<sup>99</sup>** lb.

**BLACK CANYON**  
ANGUS BEEF

**Black Canyon Angus® Whole Picanha or Steak**

**\$9<sup>99</sup>** lb.

**BLACK CANYON**  
ANGUS BEEF

**Black Canyon Angus® Family Pack Top Round Steak or London Broil**

**\$7<sup>99</sup>** lb.

**BLACK CANYON**  
ANGUS BEEF

**Black Canyon Angus® Extra Lean Stew Meat**

**\$7<sup>59</sup>** lb.

**PRAIRIE FRESH**  
NATURAL

Prairie Fresh All Natural Iowa Chops

**\$2<sup>59</sup>** lb.

**PRAIRIE FRESH**  
NATURAL

Family Pack  
Prairie Fresh All Natural Butterfly or Boneless Chops

**\$2<sup>79</sup>** lb.

**PRAIRIE FRESH**  
NATURAL

Prairie Fresh All Natural Pork Tenderloin

**\$2<sup>99</sup>** lb.

**PRAIRIE FRESH**  
NATURAL

Prairie Fresh All Natural Pork Spare Ribs

**\$3<sup>29</sup>** lb.

Seafood

**SEA BEST**  
Raw Shrimp

31-40 Ct., 16 Oz.  
**Sea Best EZ Peel Raw Shrimp**

**\$7<sup>99</sup>**

**SEA BEST**  
Tilapia Fillets

1 Lb.  
**Sea Best Tilapia Fillets**

**\$5<sup>49</sup>**

**Best Choice**  
SHRIMP

12 Oz.  
Cooked, Peeled  
**Best Choice Salad Shrimp**

**\$5<sup>99</sup>**

**SEA BEST**  
Hush Puppies

16 Oz.  
**Sea Best Buttermilk or Jalapeño Hush Puppies**

**\$3<sup>99</sup>**

Signature meat items

**BLACK CANYON**  
ANGUS BEEF

**Black Canyon Angus® Bacon Wrapped Sirloin Steaks**

**\$9<sup>99</sup>** lb.

**PRAIRIE FRESH**  
NATURAL

Prairie Fresh All Natural Bacon Wrapped Pork Ribeye

**\$3<sup>49</sup>** lb.

**GROUND FRESH DAILY!**

**90% Lean Ground Beef**

**\$6<sup>99</sup>** lb.

Our Signature  
**Market Made Breakfast or Italian Sausage**

**\$2<sup>99</sup>** lb.

**Mountaire**  
Fresh Family Pack

**Mountaire Family Pack Chicken Tenders or Boneless Thighs**

**\$2<sup>99</sup>** lb.

**Mountaire**  
Fresh Family Pack

**Mountaire Family Pack Party Chicken Wings**

**\$2<sup>99</sup>** lb.

**SPRINGER**  
Mountain Farms

**Springer Mountain Family Pack Chicken Thighs or Drumsticks**

**\$1<sup>89</sup>** lb.

16 Oz.  
**Butterball 85% Lean Ground Turkey**

**\$4<sup>59</sup>** ea.

**Manufacturer's Coupon Expires 02/28/2026**

**SPRINGER**  
Mountain Farms

**\$1.50 OFF ANY ONE**  
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

**www.SpringerMTN.com**  
Social - SMFchicken

frozen meat favorites

**2.5 Lb. Boneless, Skinless Best Choice Chicken Breast**

**\$7<sup>99</sup>**

**4 Lb. Select Varieties Tyson Chicken Nuggets**

**\$13<sup>99</sup>**

**60.4-64 Oz. Select Varieties El Monterey Value Pack Burritos**

**\$10<sup>99</sup>**

**22 Oz. Select Varieties Williams Sausage Biscuits**

**\$5<sup>99</sup>**

**12-16 Oz. Select Varieties Williams Premium Sausage Rolls, Links or Patties**

**\$3<sup>79</sup>**

smoked meats

**CURLY'S**  
PULLED CHICKEN

12-16 Oz.  
Select Varieties  
**Curly's Pulled Chicken or Pulled Pork**

**\$5<sup>99</sup>**

**LUNCHABLES**  
HAM & AMERICAN

2.27-4.3 Oz.  
Select Varieties  
**Oscar Mayer Basic Lunchables**

**2/\$4**

**WILLIAMS**  
SLICED BACON

40 Oz.  
Select Varieties  
**Williams Premium Sliced Slab Bacon**

**\$11<sup>99</sup>**

**FARMLAND**  
SLICED HAM

16 Oz.  
Select Varieties  
**Farmland Diced, Sliced or Cubed Ham**

**\$4<sup>99</sup>**

**BAR-S**  
CLASSIC FRANKS

12 Oz.  
Select Varieties  
**Bar-S Meat Franks**

**2/\$3**



**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**  
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**

1 Lb.  
**Kretschmar Virginia  
Honey or Smoked Ham**

**\$5<sup>99</sup>**

**Kretschmar**

1 Lb.  
**Kretschmar Mesquite or  
Hickory Smoked Turkey Breast**

**\$8<sup>99</sup>**

**Kretschmar**

1 Lb.  
**Kretschmar  
Garlic & Herb Chicken**

**\$9<sup>99</sup>**

**Kretschmar**

1 Lb.  
**Kretschmar  
Cheddar Cheese**

**\$6<sup>99</sup>**

**RESER'S**  
FINE FOODS

1 Lb.  
Select Varieties  
**Reser's  
Salads**

**2/\$6**

**VISIT OUR DELI  
FOR GREAT LUNCH  
OR DINNER MEALS.**

**THAT INCLUDES AN ENTRÉE &  
2 SIDES PLUS A FREE COOKIE!**

**ZARDA**  
HICKORY PIT BAR-B-Q

1 Lb.  
**Zarda Grandma's or  
Classic Baked Beans**

**\$3<sup>99</sup>**

**Tyson**

1 Lb.  
**Tyson Boneless  
Chicken Wings**

**\$4<sup>99</sup>**

**MADE FRESH  
HERE!**

**Aunt Minnie's  
Chicken Sandwich**

**\$3<sup>99</sup>**

**Mrs. Gerry's**  
The Best in Salads

**Mrs. Gerry's  
Macaroni & Cheese**

**\$2<sup>99</sup>**

**\$10<sup>99</sup>**

26.5 Oz.  
**Rich's  
Single Layer  
Red Velvet Cake**

**\$5<sup>99</sup>**

15 Ct. or 6 Ct.  
**Cafe Valley  
Petite or Large  
Croissants**



**\$5<sup>49</sup>**

12 Ct.  
Select Varieties  
**Best Choice  
Variety Cookies**

**\$6<sup>49</sup>**

16 Oz.  
New York or Strawberry  
**Father's Table  
Cheesecake**

**\$3<sup>99</sup>**

13.5 Oz.  
Select Varieties  
**Shirley's  
No Bake Cookies**

**\$2<sup>99</sup>**

12 Oz.  
Select Varieties  
**Clyde's Variety  
Donut Holes**

**\$4<sup>99</sup>**

14 Oz.  
Select Varieties  
**37th Street  
Variety Danishes**

**\$1<sup>99</sup>**

12 Oz.  
Select Varieties  
**Toufayan  
Pita Bread**

**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**

**RED BARON**  
BRICK OVEN

17-23 Oz.  
Select Varieties  
**Red Baron  
Frozen Pizza**

**\$4<sup>49</sup>**

**Healthy Choice**  
ON THE BORDER

9-10 Oz.  
Select Varieties  
**Healthy Choice  
Frozen Entrees**

**2/\$5**

**BERTOLLI**  
CHICKEN ALFREDO & PINE

18-24 Oz.  
Select Varieties  
**P.F. Chang's or  
Bertoli Frozen Entrees**

**\$6<sup>49</sup>**

**LOUISA**  
TORTELLINI

18-22 Oz.  
Select Varieties  
**Louisa Tortellini  
or Ravioli**

**\$4<sup>49</sup>**

**Furlani**  
Texas Toast

10 Oz. or 6 Ct.  
Select Varieties  
**Furlani Garlic  
Bread or Toast**

**2/\$4**

**PICKSWEET FARMS**

10-16 Oz.  
Select Varieties  
**Picksweet  
Frozen Vegetables**

**2/\$4**

**Stouffers**  
LASAGNA WITH MEAT & SAUCE

57-96 Oz.  
Select Varieties  
**Stouffers Family Size  
Lasagna or Enchiladas**

**\$15<sup>99</sup>**

**Prairie Farms**  
NEAPOLITAN Ice Cream Sandwiches

12 Ct.  
Select Varieties  
**Prairie Farms  
Ice Cream Sandwiches**

**\$5<sup>49</sup>**

**Hiland**  
LIGHT ICE CREAM

48 Oz.  
Select Varieties  
**Hiland  
Light Ice Cream**

**\$3<sup>49</sup>**



GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products  
Along With Extra Savings All “Pink Tag” Items

4/\$5

16 Oz.  
Select Varieties  
American  
Beauty Pasta



2/\$4

23-24 Oz.  
Select Varieties  
Prego  
Pasta Sauce





16 Oz.  
Select Varieties  
Hidden Valley  
Ranch Dressing

\$4.49

  
10-15 Oz.  
Select Varieties  
Red Gold  
Canned Tomatoes

\$1.19

  
1-1.12 Oz.  
Select Varieties  
Williams  
Chili Seasoning

\$1.29

  
4-7 Oz.  
Select Varieties  
Rice-A-Roni or  
Pasta-Roni Sides

2/\$3

  
2-4 Oz.  
Selected Varieties  
Starkist  
Tuna Pouch

4/\$5

  
12-15 Oz.  
Select Varieties  
Kraft  
Squeeze Mayo

\$2.99

  
4 Ct.  
Select Varieties  
Snack Pack  
Pudding Cups

2/\$3

  
16.3 Oz.  
Select Varieties  
Peter Pan  
Peanut Butter

\$2.99

  
15-18 Oz.  
Select Varieties  
Smucker's Jams,  
Jellies, Preserves  
or Marmalades

\$3.49

  
12-16 Oz.  
Select Varieties  
Cheerios, Reese's Puffs, Cocoa  
Puffs, Cinnamon Toast Crunch,  
Golden Grahams or Cookie Crisps

\$3.99

  
5 Ct.  
Select Varieties  
Nature Valley  
Granola Bars or  
Cereal Bars

\$3.99

  
75-80 Ct.  
Select Varieties  
Lysol  
Disinfecting  
Wipes

\$4.99

  
32.5 Oz.  
Select Varieties  
Palmolive  
Dish Soap

\$4.29

  
31-32 Oz.  
Select Varieties  
Tide Simply  
Liquid Detergent

\$3.99

  
2.5-3.15 Lb.  
Select Varieties  
9 Lives  
Dry Cat Food

\$5.49

  
1-1.2 Oz.  
Select Varieties  
Kinder's  
Seasoning Mix

\$1.39

  
20 Ct.  
Select Varieties  
Celestial  
Seasonings  
Herbal Tea

\$4.29

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!

  
5.3 Oz.  
Select Varieties  
Chobani  
Yogurt

4/\$5

  
7-8 Oz.  
Select Varieties  
Best Choice  
Cheese Shreds  
or Chunks

\$2.29

  
32 Oz.  
Select Varieties  
International Delight  
Coffee Creamer

\$3.49

  
Gallon  
Red Diamond  
Tea

\$3.99

  
Select Varieties  
Hiland 24 Oz.  
Cottage Cheese  
or 16 Oz.  
Cheese Chunks

\$3.99

  
16 Oz.  
Select Varieties  
Hiland Dips or  
Sour Cream

2/\$5

  
8 Oz.  
Hiland  
Cream Cheese

2/\$4

  
32 Oz.  
Select Varieties  
Hiland  
Yogurt

\$3.29



SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



10-12 Oz.  
Select Varieties  
**Frito-Lay  
Tostitos**  
**\$3<sup>99</sup>**



7.5-16 Oz.  
Select Varieties  
**Zesta  
Saltines**  
**\$2<sup>99</sup>**



5-13 Oz.  
Select Varieties  
**Nabisco  
Chips Ahoy!  
or Belvita**  
**\$3<sup>99</sup>**



20 Oz.  
**Bimbo  
Soft White  
Bread**



**2/\$4**

8 Ct.  
**Ball Park  
Hamburger  
or Hot Dog  
Buns**



**\$3<sup>49</sup>**

12 Oz.  
Select Varieties  
**Lewis  
Half Loaf  
Breads**



**2/\$5**

**specialty foods**



9.2-12 Oz.  
Select Varieties  
**Shore Lunch  
Soup Mix**  
**\$5<sup>29</sup>**



10.5 Oz.  
Select Varieties  
**Clearly Organic  
Canned Soup**  
**\$2<sup>29</sup>**



25 Oz.  
Select Varieties  
**Mezzetta  
Pasta Sauce**  
**\$6<sup>49</sup>**



16 Oz.  
Select Varieties  
**DaVinci  
Pasta**  
**\$1<sup>79</sup>**



1.2-1.6 Oz.  
Select Varieties  
**Knorr  
Sauce Mix**  
**\$1<sup>39</sup>**

**Shop Best Choice For Your Best Value**



10 Ct.  
Select Varieties  
**Best Choice Frozen  
Waffles or Pancakes**  
**2/\$4**



64 Oz.  
Select Varieties  
**Best Choice  
Apple Juice**  
**\$2<sup>29</sup>**



5.5-7.25 Oz.  
Select Varieties  
**Best Choice  
Mac & Cheese**  
**99¢**



5 Oz.  
Select Varieties  
**Best Choice  
Canned Tuna**  
**99¢**



4 Ct.  
Select Varieties  
**Best Choice  
Fruit Cups**  
**\$2<sup>79</sup>**

**Great Party Favorites From Our Deli**



24.8-32 Oz.  
Select Varieties  
**Stacy's  
Pita Chips**  
**\$3<sup>99</sup>**



4.2 Oz.  
**Babybel Original  
or Lite Minis**  
**\$3<sup>99</sup>**



5.4 Oz.  
Original, Swiss  
or Garlic & Herb  
**The Laughing Cow  
Cheese Wedges**  
**\$3<sup>99</sup>**



8 Oz.  
Smoked, Scorpion Pepper,  
Mango Habanero or  
Hickory Smoked Bourbon  
**Red Apple  
Gouda Cheese**  
**\$4<sup>99</sup>**



8 Oz.  
**Red Apple  
Smoked Cheddar**  
**\$4<sup>99</sup>**



14 Oz.  
**Kretschmar Beef  
or Beef & Garlic  
Summer Sausage**  
**\$8<sup>99</sup>**

**Best Prices for Drinks**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Coca-Cola  
Products**  
**\$4<sup>29</sup>**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Pepsi  
Products**  
**\$5<sup>99</sup>**



12 Pk./12 Oz. Cans  
Select Varieties  
**Coca-Cola  
Products**  
**\$8<sup>49</sup>**



28 Oz.  
Select Varieties  
**Gatorade  
Sports Drink**  
**\$2<sup>19</sup>**



16 Oz.  
Select Varieties  
**Body Armor  
Sports Drinks**  
**\$1<sup>79</sup>**

Select Varieties  
**RC Cola or  
7•Up Products**  
**2 Liters**  
**3/\$5**



.5 Liter Bottles  
Select Varieties  
**RC Cola or  
7•Up Products**  
**6 Pack**  
**\$4<sup>99</sup>**

