



# G & W FOODS

**309 W. MARY  
YATES CENTER, KS 66783  
OPEN 7 DAYS A WEEK  
MON-FRI 8AM TO 7PM  
SAT 9AM TO 7PM  
SUN 10AM TO 7PM  
620-625-2201**

Prices Effective: Feb. 11 - Feb. 24, 2026 • While Supplies Last



|                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p>Black Canyon Angus<br/><b>Whole in Bag Ribeye</b><br/><b>13<sup>99</sup></b><br/>lb.</p>  <p>Black Canyon Angus®<br/><b>Boneless Ribeye Steak</b></p> <p><b>\$15<sup>99</sup></b><br/>lb.</p> |  <p><br/>1 Lb.<br/><b>Red Ripe Strawberries</b></p> <p><b>\$3<sup>49</sup></b></p> |  <p><br/>Prairie Fresh All Natural<br/>Family Pack<br/><b>Bone-In Sirloin Pork Chops or Country Style Ribs</b></p> <p><b>\$1<sup>59</sup></b><br/>lb.</p> |
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|                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p><br/>Black Canyon Angus®<br/><b>Whole In Bag Tri Tip Roast</b></p> <p><b>\$7<sup>99</sup></b><br/>lb.</p> |  <p><br/>3 Lb.<br/><b>Michigan Gala or Fuji Apples</b></p> <p><b>\$3<sup>49</sup></b></p>     |
|  <p><br/>Mountaire Fresh<br/><b>Whole Fryer</b></p> <p><b>\$1<sup>49</sup></b><br/>lb.</p>                    |  <p><br/>5 Lb.<br/><b>Farmer's Promise Yellow Potatoes</b></p> <p><b>\$2<sup>49</sup></b></p> |



**MADE FRESH HERE!**

**INTRODUCING**  
**Aunt Minnie's**  
**Pork Tenderloin Sandwich**

**\$5<sup>99</sup>**



|                                                                                                                                                                                       |                                                                                                                                                                                                                                                 |                                                                                                                                                                                                             |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  <p>6 Pk./16.9 Oz. Bottles<br/>Select Varieties<br/><b>Pepsi Products</b></p> <p><b>3/\$10</b></p>  |  <p>18-20 Oz.<br/>Select Varieties<br/><b>Tony's Frozen Pizzas</b></p> <p><b>2/\$6</b></p>                                                                   |  <p>4 Qt.<br/>Select Varieties<br/><b>Best Choice Ice Cream Pail</b></p> <p><b>\$4<sup>99</sup></b></p>                |
|  <p>14-15 Oz.<br/>Select Varieties<br/><b>Green Giant Canned Vegetables</b></p> <p><b>4/\$5</b></p> |  <p>Select Varieties<br/><b>Flora Bath Tissue</b><br/>12 Double Roll or 8 Mega Roll<br/>or <b>Paper Towels</b><br/>6 Roll</p> <p><b>\$4<sup>99</sup></b></p> |  <p>100.5-105 Oz.<br/>Select Varieties<br/><b>Arm &amp; Hammer Liquid Detergent</b></p> <p><b>\$5<sup>99</sup></b></p> |

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS**  
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

\$1.99

Head of  
Lettuce



Super Select  
Cucumbers

79¢  
ea.



Large Roma  
Tomatoes

\$1.19  
lb.

\$4.99

13 Oz.  
Marzetti  
Salad Dressing



2/\$3

5 Oz.  
Fresh Gourmet  
Croutons



Red  
Bell Peppers

99¢  
ea.



Hass  
Avocados

79¢  
ea.



5 Oz.  
Dole  
Baby Spinach

\$2.79



Imported  
Dark Red  
Sweet Cherries  
\$4.99  
lb.



4 Lb.  
Sunkist Seedless  
Navel Oranges  
\$4.99

Fresh Fruit Favorites



15 Lb.  
Always Save  
Russet Potatoes

\$3.99



Fancy Zucchini or  
Yellow Squash

\$1.69  
lb.



Jumbo  
Red Sweet Onions

\$1.49  
lb.



Green  
Asparagus

\$3.99  
lb.

low prices on everyday organic favorites



1 Lb.  
Organic Bolthouse  
Baby Peeled Carrots

\$1.99



3 Ct.  
Josie's Organics  
Romaine Hearts

\$3.99

100% GUARANTEED ORGANIC

Don't forget to check in store  
for more organic produce specials!

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

16 Oz.  
Hickory or Applewood  
**Kentucky Legend Bacon**  
**\$4.99**

**\$5.99**  
lb.

**\$6.99**  
lb.

Family Pack  
Black Canyon Angus®  
Sirloin Tip Steak

CAJUN FAVORITES TO CELEBRATE MARDI GRAS

13.5 Oz.  
Select Varieties  
**Johnsonville Andouille, Smoked or Polish Sausage**

**\$3.79**

27.2 Oz.  
Select Varieties  
**Prairie Fresh All Natural Marinated Pork Loin**

**\$5.99**

35.13 Oz.  
**Tastee Choice Seafood and Shrimp Boil**

**\$13.99**

**\$3.99**  
lb.

Prairie Fresh All Natural  
Baby Back Pork Ribs

1.5 Lb.  
**Sea Best Snow Crab Clusters**

**\$19.99**

**\$5.99**  
lb.

Black Canyon Angus®  
Sirloin Tip Roast

**\$7.99**  
lb.

Black Canyon Angus®  
Breakfast Steaks

**\$7.99**  
lb.

Black Canyon Angus®  
Sirloin For Stir Fry

**\$2.49**  
lb.

Family Pack  
Prairie Fresh All Natural  
Center Rib Chops

**\$2.69**  
lb.

Prairie Fresh All Natural  
Thick Cut Iowa Chops

**\$2.29**  
lb.

Prairie Fresh All Natural  
Bone-In or Boneless  
Center Loin Roast

Seafood

40-60 Ct., 16 Oz.  
**Paul Piazza Peeled & Deveined Raw Shrimp**

**\$7.99**

19-24.6 Oz.  
**Mrs. Paul's Breaded Fish Sticks or Fillets**

**\$5.49**

20 Oz.  
**Tastee Choice Shrimp Scampi**

**\$4.99**

9 Oz.  
**Sea Pak Jumbo Butterfly Shrimp**

**\$5.99**

**\$6.99**  
lb.

Black Canyon Angus®  
90% Lean Ground Beef Patties

**\$6.99**  
lb.

Our Signature  
Stuffed Mushrooms

**\$4.49**  
lb.

Bacon Wrapped  
Stuffed Pork Chops

**\$9.99**  
lb.

Bacon Wrapped  
Sweet Pepper Poppers

**\$2.79**  
lb.

Mountaire Family Pack  
Boneless Chicken Breast

**\$2.79**  
lb.

Mountaire Family Pack  
Boneless Chicken Thighs

**\$1.79**  
lb.

Springer Mountain  
Chicken Thighs or Drumsticks

**\$7.99**

10 Lb. Bag  
Sager Creek Farms  
Chicken Leg Quarters

**\$1.50 OFF ANY ONE**  
SPRINGER MOUNTAIN FARMS CHICKEN PRODUCT

www.SpringerMTN.com  
Social - SMFchicken

18-20.7 Oz.  
Beef, Chicken, Egg & Bacon  
**El Monterey Taquitos**

**\$7.99**

30.4-32 Oz.  
Selected Varieties  
**El Monterey Burritos or Chimichangas**

**\$5.99**

22.5-24 Oz.  
Selected Varieties  
**Fast Fixin' Breaded Chicken Nuggets, Strips or Patties**

**\$4.99**

42.7 Oz.  
**State Fair Classic Corn Dogs**

**\$8.99**

12-16 Oz.  
Select Varieties  
**Williams Premium Sausage Rolls, Links or Patties**

**\$3.79**

22 Oz.  
Select Varieties  
**Carl Buddig Mega Pack Lunch Meat**

**\$5.99**

24 Oz.  
Select Varieties  
**Wright Sliced Slab Bacon**

**\$8.99**

10-16 Oz.  
Select Varieties  
**Land-O-Frost Premium Lunch Meat**

**\$5.99**

13-14 Oz.  
Select Varieties  
**Eckrich Smoked Sausage Ropes or Links**

**\$3.49**

40 Oz.  
Hickory Smoked or Applewood  
**Williams or J.C. Potter Sliced Slab Bacon**

**\$11.99**

**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**  
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



1 Lb.  
**Kretschmar Virginia Honey  
or Smoked Ham**

**\$5<sup>99</sup>**

1 Lb.  
**Kretschmar Mesquite or  
Hickory Smoked Turkey Breast**

**\$8<sup>99</sup>**

1 Lb.  
**Kretschmar  
Colby or Colby Jack Cheese**

**\$6<sup>99</sup>**

2/**\$6**

1 Lb.  
Coleslaw, Potato Salad,  
Mustard Potato Salad  
or Macaroni Salad  
**Reser's  
Variety Salads**

**\$4<sup>49</sup>**

1 Lb.  
**Zarda Classic  
or Grandma's  
Baked Beans**

**VISIT OUR DELI  
FOR GREAT LUNCH  
OR DINNER MEALS.**

**THAT INCLUDES AN ENTRÉE &  
2 SIDES PLUS A FREE COOKIE!**

8 Piece  
**Aunt Minnie's  
Fried Chicken**

**\$8<sup>99</sup>**

1 Lb.  
**Aunt Minnie's  
Hand Breaded  
Chicken Tenders**

**\$6<sup>99</sup>**

**Aunt Minnie's  
Fish Fillet**

**\$6<sup>99</sup>**

2/**\$5**

**Tyson Chicken or  
Buffalo Chicken &  
Cheese Crisпитos**

2/**\$3**

**\$8<sup>99</sup>**

18.5 Oz.  
**Rich's Single  
Layer Cookies &  
Cream Cake**

**\$4<sup>99</sup>**

12 Ct.  
**King's Hawaiian  
Original Rolls**

**2/**\$3****

**\$5<sup>49</sup>**

12 Ct.  
Select Varieties  
**Best Choice  
Cookies**

**\$4<sup>99</sup>**

13 Oz.  
Select Varieties  
**M Jay's  
Assorted Brownies**

**\$5<sup>49</sup>**

16 Oz.  
Select Varieties  
**Olson's Sliced  
Crème Cake**

**\$5<sup>99</sup>**

6 Ct., Cherry, Apple  
or French Toast  
**Clyde's  
Fritters**

**\$5<sup>49</sup>**

12 Ct.  
Select Varieties  
**Clyde's  
Variety Donuts**

**\$4<sup>49</sup>**

20 Oz.  
Sourdough or Roasted  
Garlic & Black Pepper  
**Portofino Bread**

**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**

10-14 Oz.  
Select Varieties  
**Marie Callender's  
Frozen Dinners**

2/**\$7**

21 Oz.  
Select Varieties  
**Birds Eye  
Voila! Meals**

**\$4<sup>49</sup>**

5-12 Oz.  
Select Varieties  
**Morning Star Farms  
Frozen Meals**

**\$4<sup>49</sup>**

13-16 Oz.  
Select Varieties  
**Hungry Man  
Frozen Dinners**

**\$3<sup>99</sup>**

10 Oz.  
Select Varieties  
**Birds Eye  
Frozen Vegetable**

2/**\$3**

16-28 Oz.  
Select Varieties  
**Sonic, Arby's, Checkers,  
Idaho, Red Robin or  
Nathan's Frozen Potatoes  
or Onion Rings**

**\$3<sup>99</sup>**

6 Ct.  
Select Varieties  
**Prairie Farms  
Ice Cream Cones**

**\$4<sup>29</sup>**

Half Gallon  
Select Varieties  
**Hiland Sherbet**

**\$4<sup>29</sup>**

48 Oz.  
Select Varieties  
**Hiland  
Light Ice Cream**

**\$3<sup>49</sup>**

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products  
Along With Extra Savings All “Pink Tag” Items

2/\$3

7-16 Oz.  
Select Varieties  
Barilla Pasta



2/\$5

16 Oz.  
Select Varieties  
Ott's Salad Dressing





24 Oz.  
Select Varieties  
Hunt's Pasta Sauce

2/\$3



20 Oz.  
Select Varieties  
Hunt's Ketchup

2/\$3

10-15 Oz.  
Select Varieties  
Red Gold Canned Tomatoes

\$1.19

4-5 Oz.  
Select Varieties  
Knorr Pasta or Rice Sides

3/\$5

5 Oz.  
Select Varieties  
Starkist Canned Tuna

99¢

7.5-16 Oz.  
Select Varieties  
Zesta or Krispy Saltine Crackers

\$2.99



5 Ct.  
Select Varieties  
Nature Valley Granola Bars

\$3.99

6-8 Ct.  
Select Varieties  
Quaker Instant Oatmeal

\$3.49

9-11 Oz.  
Select Varieties  
General Mills Cheerios

\$3.49

24-28 Oz.  
Selected Varieties  
Jif Peanut Butter

\$4.49

18 Oz.  
Selected Varieties  
Smucker's Jams or Preserves

\$4.49



3 Lb.  
Select Varieties  
Meow Mix Cat Food

\$5.99

40 Lb.  
Select Varieties  
Ben's Best Dog Food

\$20.99

16-38 Oz.  
Select Varieties  
Dawn Dish Soap

\$5.99

20-25 Ct.  
Select Varieties  
Party Cups

\$1.99

21 Oz.  
Bob's Red Mill Brownie Mix

\$6.79

16 Oz.  
Bob's Red Mill Pie Crust Mix

\$4.99

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!



52 Oz.  
Select Varieties  
Florida's Natural Orange Juice

\$3.99

7-8 Oz.  
Select Varieties  
Best Choice Cheese Shreds or Chunks

\$2.29

Select Varieties  
Pillsbury 16.3 Oz. Grands! Biscuits, 12 Oz. Cinnamon Rolls or 8 Oz. Crescent Rolls

2/\$5



Gallon  
Select Varieties  
Red Diamond Tea

\$3.99

24 Oz.  
Select Varieties  
Hiland Cottage Cheese

\$3.29

8 Oz.  
Hiland Cream Cheese

\$1.69

6 Oz.  
Select Varieties  
Hiland Yogurt

2/\$1

16 Oz.  
Select Varieties  
Hiland Cheese Block

\$3.99

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



8 Oz.  
Select Varieties  
**Ruffles**  
Potato Chips  
**2/\$7**



8-9 Oz.  
Select Varieties  
**Frito-Lay**  
Cheetos  
or Fritos  
**\$3.99**



20 Oz.  
**Sara Lee**  
Classic  
White  
Bread



**\$2.49**

12 Oz.  
Select Varieties  
**Thomas'**  
English  
Muffins



**\$2.99**

20-24 Oz.  
**Bunny**  
Honey Wheat  
or Thin White  
Sandwich Bread



**\$2.69**

specialty foods



16 Oz.  
**Bob's Red Mill**  
Chocolate  
Cake Mix  
**\$5.49**



22 Oz.  
**Bob's Red Mill**  
Chocolate Chip  
Cookie Mix  
**\$7.49**



20 Oz.  
**Bob's Red Mill**  
Cornbread Mix  
**\$4.79**



24 Oz.  
**Bob's Red Mill**  
Biscuit & Baking Mix  
**\$6.49**



16 Oz.  
**Bob's Red Mill**  
Bread Mix  
**\$6.99**

Shop Best Choice For Your Best Value



6 Ct.  
Select Varieties  
**Best Choice**  
Popcorn  
**\$3.49**



5.5-7.3 Oz.  
Select Varieties  
**Best Choice**  
Mac & Cheese  
**99¢**



28-32 Oz.  
Select Varieties  
**Best Choice Waffle**  
& Pancake Mix  
**\$2.79**



12 Oz.  
Select Varieties  
**Best Choice**  
Texas Style Biscuits  
**3/\$5**



8 Oz.  
Select Varieties  
**Best Choice**  
Flavored  
Cream Cheese  
**2/\$4**

Great Party Favorites From Our Deli



7.2 Oz.  
Select Varieties  
**Snack Factory**  
Pretzel Crisps  
**\$3.99**



10 Oz.  
Select Varieties  
**Sabra**  
Hummus  
**\$3.49**



8 Oz.  
Select Varieties  
**Sabra Classic**  
Guacamole  
**\$3.49**



8 Oz.  
Select Varieties  
**Red Apple**  
Smoked Cheddar  
or Gouda Cheese  
**\$6.49**



6 Oz.  
Original or Dill  
**Emmi Roth**  
Havarti Cheese  
**\$3.99**



5.2 Oz.  
**Boursin**  
Garlic & Herb  
Cheese  
**\$4.49**

Best Prices for Drinks



8 Pk./12 Oz. Bottles  
Select Varieties  
**Coca-Cola**  
Products  
**\$3.99**



24 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi**  
Products  
**\$12.49**



28 Oz. Bottle  
Select Varieties  
**Powerade**  
Sports Drink



8 Pk./12 Oz. Cans  
Select Varieties  
**Bubly**  
Sparkling Water  
**3/\$5**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Gold Peak**  
Tea  
**\$3.99**



12 Oz. Cans  
Select Varieties  
**RC Cola** or  
**7-Up** Products  
12 Pack

**\$6.99**

.5 Liter Bottles  
Select Varieties  
**RC Cola** or  
**7-Up** Products  
6 Pack

**\$4.99**

