



# G&W FOODS

**FREDONIA, KANSAS**  
**OPEN 7 DAYS**  
**7AM TO 9PM**

VISION CARD/WIC • FAX AVAILABLE  
CUSTOMER DELIVERY • SENIOR CITIZENS DISCOUNT  
POSTAGE STAMPS AVAILABLE  
**620-378-3612**

Prices Effective: Mar. 25 - Apr. 7, 2026 • While Supplies Last



28-32 Oz.  
Selected Varieties  
**Bob Evans**  
Family Size Sides  
**4.49**

**\$16.99** lb.

Black Canyon Angus®  
**Boneless  
Ribeye Steak**



**\$1.99**

1 Lb.  
Florida  
**Strawberries**



**\$1.99** lb.

Family Pack  
Prairie Fresh All Natural  
**Pork Steak or  
Western Style Ribs**



**\$1.99** lb.

**Cook's  
Shank Portion Ham**



**\$3.49** lb.

**Green  
Asparagus**



**\$2.69** lb.

Family Pack  
Mountaire Fresh  
**Boneless  
Chicken Breast**



**\$2.19** lb.

Seedless  
**Red Grapes**



**\$4.99**

3 Lb.  
Homestyle or Mustard  
**Reser's  
Potato Salad**



**\$3.99**

6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Coca-Cola  
Products**



**2/\$5**

7-8 Oz.  
Select Varieties  
**Frito-Lay  
Lay's Potato Chips**



**\$11.99**

22.6-25.9 Oz.  
Select Varieties  
**Folgers  
Coffee**



**\$2.99**

7-13 Oz.  
Select Varieties  
**Nabisco  
Triscuit, Ritz or  
Wheat Thins**



**\$2.99**

46-48 Oz.  
Select Varieties  
**Blue Ribbon  
Classics  
Ice Cream**



**2/\$5**

7-8 Oz.  
Select Varieties  
**Kraft  
Cheese Shreds  
or Chunks**

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS**  
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

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FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

\$3<sup>49</sup>

8-13 Oz.  
Select Varieties  
**Dole Premium  
Salad Kits**





99¢  
ea.

**English  
Cucumbers**



1<sup>79</sup>  
lb.

**Tomatoes  
On The Vine**

4<sup>99</sup>  
ea.

13 Oz., Select Varieties  
**Marzetti  
Salad Dressing**



2/<sup>\$3</sup>

5 Oz., Select Varieties  
**Fresh Gourmet  
Croutons**





Washington Premium  
Fuji, Pink Lady,  
Granny Smith or  
Red Delicious Apples

\$1<sup>39</sup>  
lb.



6 Oz.  
Fresh  
Blackberries

\$1<sup>99</sup>  
ea.



Jumbo  
Cantaloupe

\$3<sup>99</sup>  
ea.



Imported  
Yellow  
Peaches

\$2<sup>49</sup>  
lb.



Cotton Candy  
Grapes

\$3<sup>99</sup>  
lb.



Green Cabbage

79¢  
lb.



5 Lb.  
Farmer's Promise  
Red or Gold Potatoes

\$2<sup>99</sup>



Texas Jumbo  
1015 Onions

\$1<sup>29</sup>  
lb.



Arkansas  
Sweet Potatoes

99¢  
lb.



10 Oz.  
Select Varieties  
**Organic Girl Salads**

\$5<sup>99</sup>



2 Lb.  
**Organic  
Seedless Mandarins**

\$4<sup>99</sup>

100% GUARANTEED ORGANIC

Don't forget to check in store  
for more organic produce specials!

GW Base

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FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

GROUND FRESH DAILY!



Family Pack  
60% Beef & 40% Pork  
**Boston Burger**

16 Oz.  
Farmland  
Sliced Bacon  
**\$5.99**

**\$4.49**  
lb.



Black Canyon Angus®  
Family Pack  
**Sirloin Tip Steak**

**\$7.99**  
lb.

HOP INTO SAVINGS WITH THESE HAM-TASTIC DEALS



Best Choice  
Spiral Sliced Ham

**\$2.79**  
lb.



Frick's  
Shank Portion Ham

**\$2.59**  
lb.



Kretschmar  
Boneless  
Kretschmar  
Whole Ham

**\$4.39**  
lb.



Kentucky Legend  
Boneless  
Half Ham

Look Below  
For \$2 OFF  
Coupon

**\$5.49**  
lb.



2 Lb.  
Sea Best  
Argentine  
Red Shrimp

**\$17.99**



Black Canyon Angus®  
Sirloin Tip Roast

**\$6.99**  
lb.



Black Canyon Angus®  
Breakfast Steaks

**\$7.99**  
lb.



90% Lean  
Ground Beef

GROUND FRESH DAILY!  
**\$7.49**  
lb.



Prairie Fresh All Natural  
Whole Trimmed  
Pork Butt Roast

**\$1.99**  
lb.



Prairie Fresh All Natural  
Baby Back  
Pork Ribs

**\$3.99**  
lb.



19 Oz.  
Assorted Varieties  
Johnsonville  
Fresh Bratwurst

**\$5.99**  
lb.



Cargill  
Leg of Lamb

**\$8.99**  
lb.



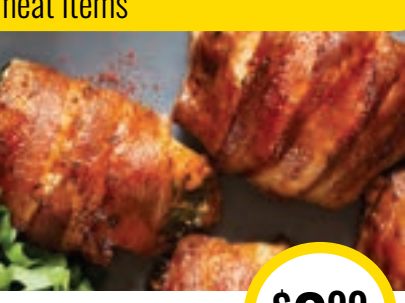
GROUND FRESH DAILY!  
Jalapeño & Cheddar  
Beef Patties

**\$5.99**  
lb.



Our Signature  
Bacon Wrapped  
Asparagus

**\$7.99**  
lb.



Great On The Grill  
Bacon Wrapped  
Chicken Breast Grillers

**\$3.99**  
lb.



Our Signature  
Crab Stuffed  
Mushrooms

**\$7.99**  
lb.



Family Pack  
Springer Mountain Farms  
Chicken Thighs  
or Drumsticks

**\$1.79**  
lb.



Springer Mountain Farms  
Boneless  
Chicken Breast

**\$4.29**  
lb.



Family Pack  
Mountaire Fresh  
Whole  
Chicken Legs

**\$1.19**  
lb.



10 Oz.  
Tyson  
Stuffed Chicken  
Entrées, Cordon Bleu  
or Broccoli & Cheese

**\$2.49**  
lb.



MANUFACTURER COUPON EXPIRATION: 04/30/2026  
**\$2.00 OFF**  
KENTUCKY LEGEND HALF HAM

**\$3.99**



12-16 Oz.  
Select Varieties  
Bob Evans Sausage  
Rolls, Links or Patties

**\$3.49**



23-29 Oz.  
Select Varieties  
Tyson Breaded  
Chicken Nuggets,  
Dino or Patties

**\$6.99**



16 Ct.  
State Fair  
Classic Corn Dogs

**\$9.99**



30 Oz.  
Regular or Blueberry  
Jimmy Dean  
Pancakes & Sausage  
On A Stick

**\$9.99**



12-16 Oz.  
Select Varieties  
Williams Premium  
Sausage Rolls,  
Links or Patties

**\$3.69**



40 Oz.  
Select Varieties  
Williams  
Sliced Slab Bacon

**\$12.99**



12 Oz.  
Select Varieties  
Nathan's  
All Beef Franks

**\$4.99**



14 Oz.  
Select Varieties  
Johnsonville  
Smoked  
Sausage Links

**\$4.99**



8.9-10.7 Oz.  
Select Varieties  
Oscar Mayer  
Fun Pack  
Lunchables

**\$3.49**



16 Oz.  
Select Varieties  
Oscar Mayer  
Stack Pack  
Bologna or Salami

**\$2.99**

Seafood



Sea Best  
Salmon Fillets

**\$6.99**  
lb.



Mrs. Paul's  
Fish Sticks or Fillets

**\$5.99**  
lb.



Sea Best  
Cod Fillet

**\$8.99**  
lb.



26-30 Ct., 16 Oz.  
Peeled  
Sea Best  
Cooked Shrimp

**\$9.99**

Signature meat items

**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**  
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**

1 Lb.  
**Kretschmar Honey or Original Ham Off The Bone**

**\$6<sup>99</sup>**



**Kretschmar**

1 Lb.  
**Kretschmar Honey or Original Turkey Off The Bone**

**\$8<sup>99</sup>**



**Kretschmar**

1 Lb.  
**Kretschmar Pepperoni or Hard Salami**

**\$7<sup>99</sup>**



**Kretschmar**

1 Lb.  
**Kretschmar Colby or Colby Jack Cheese**

**\$6<sup>99</sup>**



**ZARDA**  
KICKIN' PIT BAR-B-Q

3 Lb.  
**Zarda Classic or Grandma's Baked Beans**

**\$10<sup>99</sup>**

**VISIT OUR DELI FOR GREAT LUNCH OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE & 2 SIDES PLUS A FREE COOKIE!**



8 Piece  
**Aunt Minnie's Fried Chicken**

**\$8<sup>99</sup>**



MADE FRESH HERE!

**Aunt Minnie's Fish Fillet**

**2/\$5**



**Mrs. Gerry's**  
The Home's Secret

1 Lb.  
**Mrs. Gerry's Mac & Cheese**

**\$2<sup>99</sup>**



**Mrs. Gerry's**  
The Home's Secret

1 Lb.  
**Mrs. Gerry's Mashed Potatoes**

**\$2<sup>49</sup>**

**\$10<sup>99</sup>**



8 Inch  
**Rich's Single Layer Carrot Cake**

**\$3<sup>99</sup>**



12 Ct.  
**Original or Savory Butter King's Hawaiian Rolls**



**KING'S HAWAIIAN**  
PREPARED SANDWICHES

**\$9<sup>99</sup>**



7 Inch  
28 Oz.  
**Rich's Double Layer Coconut Cake**

**\$6<sup>49</sup>**



26 Oz.  
**Selected Varieties Café Valley Bundt Cake**

**\$5<sup>49</sup>**



18 Oz.  
**Father's Table Carrot Cake Roll**

**\$2<sup>99</sup>**



6 Ct.  
**Select Varieties Clyde's Glazed Donuts**

**\$2<sup>99</sup>**



6 Ct.  
**Chocolate or Vanilla Clyde's Cake Donuts**

**\$5<sup>99</sup>**



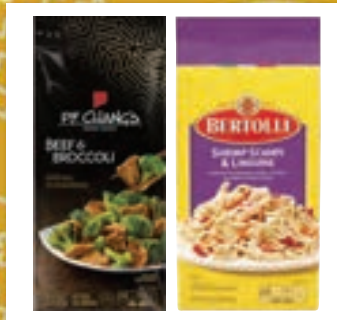
12.3 Oz.  
**Miller Pretzilla Pretzel Bites Tub with Cheese**

**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**



18-20 Oz.  
**Select Varieties Tony's Frozen Pizza**

**\$3<sup>49</sup>**



22 Oz.  
**Select Varieties P.F. Chang's or Bertolli Entrees**

**\$6<sup>99</sup>**



10 Oz.  
**Select Varieties Birds Eye Frozen Vegetables**

**2/\$3**



8-10 Ct. or 10-17 Oz.  
**Select Varieties Sister Schubert's Frozen Rolls**

**\$3<sup>99</sup>**



24-32 Oz.  
**Select Varieties Mr. Dell's Hash Browns**

**\$2<sup>99</sup>**



8 Oz.  
**Select Varieties Cool Whip Whipped Topping**

**2/\$4**



35-37 Oz.  
**Select Varieties Mrs. Smith's Fruit Pies**

**\$4<sup>99</sup>**



25-38 Oz.  
**Select Varieties Marie Callender's Frozen Pies**

**\$6<sup>49</sup>**



48 Oz.  
**Select Varieties Hiland Premium Ice Cream**

**\$4<sup>99</sup>**

# GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products  
Along With Extra Savings All "Pink Tag" Items

4/\$5

14.5-15 Oz.  
Select Varieties

**Libby's  
Canned  
Vegetables**



2/\$4

14.5-15.25 Oz.  
Select Varieties

**Del Monte  
Canned Fruit**



9.4-14 Oz.

Select Varieties

**Kraft Mac & Cheese  
or Velveeta  
Shells & Cheese**

2/\$5



30 Oz.  
Select Varieties  
**Kraft  
Mayonnaise**

**\$3.99**



30 Oz.  
Select Varieties  
**Kraft  
Miracle Whip**

**\$4.99**



16 Oz.  
Select Varieties  
**Hidden Valley  
Ranch Dressing**

**\$4.49**



15 Oz.  
Select Varieties  
**Van Camp's  
Pork & Beans**

**5/\$5.50**



20 Oz.  
Select Varieties  
**Hunt's  
Ketchup**

**2/\$3**



40 Oz.  
Select Varieties  
**Wesson  
Cooking Oil**

**\$3.99**



20 Oz.  
Select Varieties  
**Libby's  
Canned Pineapple**

**2/\$4**



6 Oz.  
Select Varieties  
**Stove Top  
Stuffing Mix**

**2/\$5**



32 Oz.  
Selected Varieties  
**Best Choice  
Broth**

**\$1.69**



18-45 Ct.  
Selected Varieties  
**Hefty Foam  
Plates or Bowls**

**2/\$5**



14-132 Oz., 45-76 Ct.  
Select Varieties  
**Tide Pods or  
Liquid Detergent**

**\$19.99**



47-78 Ct.  
Select Varieties  
**Cascade  
Action Pacs**

**\$19.99**



Select Varieties  
**Charmin Bath  
Tissues 12 Mega Roll  
or Bounty Paper  
Towels 6 Triple Roll**

**\$19.99**



12-16 Lb.  
Select Varieties  
**Kingsford  
Charcoal**

**\$13.99**



20 Oz.  
**Bob's Red Mill  
Cornbread Mix**

**\$4.59**



16 Oz.  
**Bob's Red Mill  
Wonderful  
Bread Mix**

**\$6.99**

**SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES**  
*Including products from our hometown Hiland Dairy!*



**\$2.99**

Select Varieties  
**Pillsbury 16.3 Oz. Grands!  
Biscuits, 12-13 Oz. Cinnamon  
Rolls or 8 Oz. Crescent Rolls**



**\$2.99**

16 Oz.  
Select Varieties  
**Best Choice  
Butter Quarters**



**\$3.99**

10.7-12 Oz.  
Select Varieties  
**Kraft  
Cheese Singles**



14-16 Oz.  
Select Varieties  
**Daisy  
Sour Cream**

**2/\$5**

24 Oz.  
Select Varieties  
**Hiland  
Cottage Cheese**

**\$3.29**



8 Oz.  
Select Varieties  
**Hiland  
Cream Cheese**

**\$1.29**



16 Oz.  
Select Varieties  
**Hiland Dips or  
Sour Cream**

**2/\$4**



Half Gallon  
**Hiland  
Orange Juice**

**\$3.69**

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



8 Oz.  
Select Varieties  
**Frito-Lay  
Ruffles**  
**2/\$7**



15 Oz.  
Select Varieties  
**Frito-Lay  
Jar Dips**  
**2/\$8**

9.1-11.5 Oz.  
Select Varieties  
**On The Border  
Tortilla Chips**  
**\$3.49**



2 Lb.  
Select Varieties  
**Kraft  
Velveeta**  
**\$7.99**

Gallon  
Select Varieties  
**Red Diamond  
Tea**  
**\$3.49**



15-20 Oz.  
Select Varieties  
**Sara Lee  
Artesano  
Bread or Buns**



**\$2.99**

12 Ct.  
**Ozark Hearth  
Sweet  
Hawaiian Rolls**



**\$2.49**

20 Oz.  
**Ozark Hearth  
Texas Toast**



**\$2.29**

specialty foods



16 Oz.  
**Bob's Red Mill  
Pie Crust Mix**  
**\$4.99**



16 Oz.  
**Bob's Red Mill  
Tapioca Flour**  
**\$4.29**



16 Oz.  
**Bob's Red Mill  
Chocolate Cake Mix**  
**\$5.49**



14 Oz.  
**Bob's Red Mill  
Baking Powder**  
**\$4.29**



22 Oz.  
**Bob's Red Mill  
Chocolate Chip  
Cookie Mix**  
**\$6.99**

Shop Best Choice For Your Best Value



15 Oz.  
Select Varieties  
**Best Choice  
Refrigerated Pie Crust**  
**\$2.99**



8 Oz.  
Select Varieties  
**Best Choice  
Cream Cheese**  
**\$1.79**



32 Oz.  
**Best Choice  
Half & Half**  
**\$2.79**



32 Oz.  
**Best Choice Heavy  
Whipping Cream**  
**\$4.79**



5 Lb.  
All Purpose or Unbleached  
**Best Choice  
Flour**  
**\$2.49**

Great Party Favorites From Our Deli



14 Oz.  
Select Varieties  
**Hormel  
Snack Trays**  
**\$7.99**



6 Oz.  
Select Varieties  
**Kaukauna  
Cheese Balls**  
**\$2.99**



8 Oz.  
Select Varieties  
**Red Apple  
Smoked Cheddar  
or Gouda Cheese**  
**\$6.49**



12 Oz.  
Select Varieties  
**Kretschmar  
Specialty or  
Premium Cheese  
Platters**  
**\$7.99**



14 Oz.  
**Kretschmar Beef  
or Beef & Garlic  
Summer Sausage**  
**\$8.99**



5 Oz.  
**Kretschmar  
Pepperoni or  
Hard Salami  
Pillow Packs**  
**\$4.49**

Best Prices for Drinks



24 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi  
Products**  
**\$12.49**



16 Oz.  
Select Varieties  
**BodyArmor  
Sports Drinks**  
**3/\$5**



2 Liter  
Select Varieties  
**Pepsi  
Products**  
**\$2.19**



8 Pk./12 Oz. Bottles  
Select Varieties  
**BodyArmor  
Sports Drinks**  
**\$6.29**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Pure Leaf  
Tea**  
**\$6.99**



12 Oz. Cans  
Select Varieties  
**RC Cola or  
7-Up Products**  
**12 Pack**

**\$6.99**

.5 Liter Bottles  
Select Varieties  
**RC Cola or  
7-Up Products**  
**6 Pack**

**\$4.99**

