



G&W FOODS

Family Super

GIRARD, KANSAS
OPEN 7 DAYS A WEEK
MON-SAT 7AM TO 9PM
SUN 8AM TO 8PM

VISION CARD/WIC • CUSTOMER DELIVERY
POSTAGE STAMPS AVAILABLE

620-724-4411

Prices Effective: Mar. 11 - Mar. 24, 2026 • While Supplies Last



19-20 Oz.
Selected Varieties
Hormel Sides
3⁹⁹



12 Oz.
Black Canyon Angus®
Kansas City Strip Steak

\$11 ea.



5 Lb.
Farmer's Promise
Red Potatoes

\$2⁴⁹



Prairie Fresh All Natural
Assorted Pork Chops

\$1⁸⁹ lb.



32 Oz.
Claussen Sauerkraut
4⁴⁹ ea.

\$4⁹⁹ lb.

Murphy's Corned Beef Points



59¢ lb.

Texas Green Cabbage



Family Pack
Mountaire Fresh
Split Chicken Breast

\$1⁴⁹ lb.



1 Lb.
Florida
Strawberries

\$2⁹⁹



Aunt Minnie's Pork Tenderloin Sandwich

\$4⁹⁹



12 Pk./12 Oz. Cans
Select Varieties
Pepsi Products

\$6⁹⁹



17-23 Oz.
Select Varieties
Red Baron Frozen Pizza

\$3⁹⁹



Select Varieties
Blue Bunny Premium Ice Cream 46-48 Oz.
or **Mini Cones & Sandwiches** 6-9 Ct.

\$3⁹⁹



16-24 Oz.
Select Varieties
Ragú Pasta Sauce

2/\$4



10-14 Oz.
Select Varieties
Post Pebbles, Waffle Crisp, Golden Crisp, Honeycomb or Oreo Puffs Cereal

2/\$5



5.5-7.25 Oz.
Select Varieties
Kraft Mac & Cheese

4/\$5

DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

FARM TO TABLE FRESHNESS

Triple Inspected
Daily for Quality!



8 Lb.
**Farmer's Promise
Russet Potatoes**



3 Lb.
**Yellow
Cooking Onions**



2 Lb.
**Bolthouse
Carrots**

Mix & Match

4/\$10
or \$2.50 ea.



3⁴⁹
Young & Tender
Baby Broccolini



99¢
lb.
Arkansas
Sweet Potatoes



9 Oz.
**Dole
Classic Romaine**



99¢
ea.
**English
Cucumbers**



3 Pk.
**Rainbow
Bell Peppers**

\$1⁹⁹

\$3⁹⁹



8 Oz.
Select Varieties
**Yo Quiero
Guacamole**



5 Oz.
Select Varieties
**Jackson's
Sweet Potato Chips**

\$2⁹⁹

\$3⁹⁹



Seedless
Red Grapes



6 Oz.
Fresh
Blackberries



3 Lb.
Sunkist
Cara Cara Oranges



Washington Premium
Fuji, Pink Lady,
Granny Smith or
Red Delicious Apples

\$2⁴⁹

\$2³⁹

\$4³⁹

\$1³⁹



3 Ct.
Organic Romaine Hearts



2 Lb.
Organic Mandarins

low prices on everyday organic favorites

\$5⁴⁹

\$4⁹⁹

100% GUARANTEED ORGANIC

Don't forget to check in store
for more organic produce specials!

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

GROUND FRESH DAILY!

Family Pack
80% Lean
Ground Beef

Oscar Mayer Bacon

\$5.99 lb.

\$5.49 lb.

Black Canyon Angus®
Arm Roast

\$6.49 lb.

SHAMROCKIN' DEALS ON QUALITY MEATS

Murphy's
Corned Beef
Flats or Rounds

\$6.99 lb.

32 Oz.
Flanagan's
Sauerkraut

14 Oz.
Hillshire Farm
Smoked Sausage
or Polish Kielbasa

\$2.99

Cook's
Ham Steaks

\$3.99 lb.

Frick's
Whole Traditional
Bone-In Ham

\$3.19 lb.

2 Lb.
Sea Best
Argentine
Red Shrimp

\$17.99

Black Canyon Angus®
Whole Tri Tip

\$8.99 lb.

Family Pack
Black Canyon Angus®
Patio or
Charcoal Steaks

\$6.99 lb.

Black Canyon Angus®
Lean Stew Meat

\$6.79 lb.

Prairie Fresh All Natural
Bone-In
Sirloin Roast

\$14.99 lb.

11.5-17 Oz.
Select Varieties
Smithfield
Smoked
Pork Chops

Family Pack
Prairie Fresh All Natural
Butterfly Chops or
Boneless Chops

\$2.59 lb.

Prairie Fresh All Natural
Lite Pork
Spare Ribs

\$2.99 lb.

Seafood

2 Lb.
Sea Best
Swai Fillets

\$8.99

2 Lb.
Sea Best
Taliapia Fillets

\$10.99

19-24.6 Oz.
Select Varieties
Mrs. Paul's
Breaded
Fish Sticks or Fillet

\$5.79

8.2-14 Oz.
Select Varieties
Sea Pak Popcorn,
Butterfly Shrimp or
Assorted Seafood

\$6.99

Prairie Fresh All Natural
Spinach & Cheese
Stuffed Pork Florentines

\$3.99 lb.

Signature meat items

Mountaire Fresh
Bacon Wrapped
Boneless Chicken Thighs

\$3.79 lb.

Our Signature
Bacon Wrapped
Asparagus

\$7.99 lb.

Prairie Fresh
Bacon Wrapped
Pork Ribeyes

\$3.49 lb.

Mountaire Family Pack
Boneless Chicken
Thighs or Tenders

\$2.59 lb.

Mountaire Family Pack
Chicken
Party Wings

\$2.99 lb.

10 Lb.
Sauger Creek Farms
Chicken
Leg Quarters

\$7.99

Butterball
93% Lean Fresh
Ground Turkey

\$4.99

12 Oz.
Oscar Mayer
Turkey Bacon

\$3.99

23-29 Oz.
Select Varieties
Tyson Breaded
Chicken Nuggets,
Strips or Patties

\$7.99

18-20.7 Oz.
Select Varieties
El Monterey
Taquitos

\$7.99

Signature meat items

32 Oz.
Select Varieties
Tina's Burritos
or Chimichangas

\$4.49

40 Oz., Hickory
or Applewood Smoked
Williams or
JC Potter
Sliced Slab Bacon

\$12.99

12-16 Oz.
Select Varieties
Williams Premium
Sausage Rolls,
Links or Patties

\$3.79

16 Oz.
Select Varieties
Oscar Mayer
Chopped Ham,
Ham & Cheese
or Turkey

\$3.49

2 Oz.
Select Varieties
Carl Buddig
Lunchmeats

89¢

Boneless
Kentucky Legend
1/4 Slice Ham

\$5.99

12 Oz.
Select Varieties
Smithfield
or Jimmy Dean
Sliced Bacon

\$3.99

32 Oz.
Select Varieties
Nathan's
Colossal
Beef Franks

\$13.99

ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



Kretschmar

1 Lb.
**Kretschmar
Corned Beef**

\$12⁹⁹

Kretschmar

1 Lb.
**Kretschmar
Baby Swiss**

\$8⁹⁹

Kretschmar

1 Lb.
**Kretschmar Virginia Honey
or Smoked Ham**

\$5⁹⁹

Kretschmar

1 Lb.
**Kretschmar
Pepperoni or
Hard Salami**

\$7⁹⁹

RESER'S
FINE FOODS

3 Lb.
**Reser's Deviled
Egg or Redskin
Potato Salad**

\$8⁹⁹

**VISIT OUR DELI
FOR GREAT LUNCH
OR DINNER MEALS.**

**THAT INCLUDES AN ENTRÉE &
2 SIDES PLUS A FREE COOKIE!**

**MADE FRESH
HERE!**

8 Piece
**Aunt Minnie's
Fried Chicken**

\$8⁹⁹

**MADE FRESH
HERE!**

1 Lb.
**Aunt Minnie's
Hand Breaded
Chicken Tenders**

\$6⁹⁹

**MADE FRESH
HERE!**

**Aunt Minnie's
Fish Fillet**

2/\$5

Mrs. Gerry's
The Best in Salads

1 Lb.
**Mrs. Gerry's
Mac & Cheese**

\$2⁹⁹

\$7⁹⁹

18.5 Oz.
**Rich's
Cookies'n Creme
Cake**

\$4⁴⁹

12 Ct.
**Original or Savory Butter
King's
Hawaiian Rolls**

KING'S HAWAIIAN
ORIGINAL HAWAIIAN SWEET ROLLS

\$3⁹⁹

13.5 Oz.
Select Varieties
**Best Choice
Frosted Sugar Cookies**

\$3⁹⁹

16 Oz., Lemon or
Triple Chocolate
**Café Valley
Bundt Cake**

\$3⁴⁹

11 Oz.
**Olson's
Angel Food
Loaf**

\$4⁹⁹

12 Ct.
Select Varieties
**Clyde's
Glazed Donuts**

\$4⁹⁹

4 Ct.
Apple or Cherry
**Café Valley
Turnovers**

\$4⁹⁹

10 Ct.
**37th Street
Cinnamon Rolls**

shop great selections of frozen entrées, fruits & veggies, pizzas & desserts

FarmRich

14-22 Oz.
Select Varieties
**Farm Rich
Frozen Appetizers**

\$5⁴⁹

Marie Callender's

11-15 Oz.
Select Varieties
**Marie Callender's
Frozen Dinners**

\$3⁴⁹

SONIC FRIES

16-28 Oz.
Select Varieties
**Sonic, Checker's,
Red Robin, Arby's,
or Idaho Frozen
Potatoes or
Nathan's Onion Rings**

\$4⁴⁹

Stouffer's

8-12 Oz.
Select Varieties
**Stouffer's
Frozen Entrees**

\$3⁴⁹

PICKSWEET FARMS

10-12 Oz.
Select Varieties
**PickSweet
Frozen Vegetables**

\$2²⁹

Furlani

10 Oz. or 6 Ct.
Select Varieties
**Furlani Garlic Bread
or Garlic Toast**

2/\$4

SMUCKER'S
Uncrustables

4 Ct.
Select Varieties
**Smucker's
Uncrustables**

\$3⁹⁹

Prairie Farms

6 Ct.
Select Varieties
**Prairie Farms
Old Fashion Cones**

\$5⁹⁹

Hiland

48 Oz.
Select Varieties
**Hiland
Light Ice Cream**

\$3⁴⁹

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products
Along With Extra Savings All “Pink Tag” Items

\$2⁹⁹

28 Oz.
Select Varieties
**Sweet Baby Ray's
BBQ Sauce**



\$2⁹⁹

21-28 Oz.
Select Varieties
**Bush's Best
Baked Beans**





11⁹⁹

Select Varieties
**Kingsford Charcoal
Briquets** 16 Lb. or
Match Light 12 Lb.



3⁹⁹

12 Oz.
Select Varieties
**Frank's
Red Hot Sauce**



5⁴⁹

24 Oz.
Select Varieties
**Hidden Valley
Ranch Dressing**



2⁹⁹

Select Varieties
**Kraft
Squeeze Mayo** 12 Oz.
or **Jar Mayo** 15 Oz.



5/\$5⁵⁰

5 Oz.
Select Varieties
**Starkist
Canned Tuna**



2⁹⁹

7.5-16 Oz.
Select Varieties
**Zesta or Krispy
Saltine Crackers**



2/\$3⁹⁹

7-16 Oz.
Select Varieties
Barilla Pasta



1⁷⁹

Select Varieties
**Old El Paso
Enchilada Sauce** 10 Oz.
or **Refried Beans** 16 Oz.



3⁴⁹

8.8-12.6 Oz.
Select Varieties
**Old El Paso
Dinner Kits**



99¢

1 Oz.
Select Varieties
**Old El Paso
Seasoning Packets**



2/\$5⁹⁹

15.5 Oz.
Selected Varieties
**Red Gold
Salsa**



6⁹⁹

Select Varieties
Viva Triple Roll
2 Roll or **Scott
Double Roll**
Paper Towels 6 Roll



6⁹⁹

Select Varieties
**Scott Double
Roll** 12 Roll or
**Cottonelle Bath
Tissue** 6 Mega Roll



6⁹⁹

100.5-105 Oz.
Select Varieties
**Arm & Hammer
Liquid Detergent**



12⁹⁹

14 Lb.
Select Varieties
**Gravy Train
Dry Dog Food**



6⁹⁹

3.35 Oz.
Select Varieties
**Dan-O's
Seasoning**



1⁷⁹

15 Oz.
**La Preferida
Spanish Rice**

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!



2⁹⁹

Select Varieties
Pillsbury 16.3 Oz. **Grands!**
Biscuits, 12 Oz. **Cinnamon Rolls**
or 8 Oz. **Crescent Rolls**



3⁴⁹

52 Oz.
Select Varieties
**Florida's Natural
Orange Juice**



3⁹⁹

32 Oz.
Select Varieties
**International Delight
Coffee Creamer**



3⁹⁹

Gallon
Select Varieties
**Red Diamond
Tea**



3²⁹

24 Oz.
Select Varieties
**Hiland
Cottage Cheese**



2/\$4⁹⁹

16 Oz.
Select Varieties
**Hiland Dips or
Sour Cream**



3⁹⁹

16 Oz.
Select Varieties
**Hiland
Cheese Block**



3²⁹

Half Gallon
Select Varieties
**Hiland Almond
Milk, Soy Milk
or Oat Milk**

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



7-8 Oz.
Select Varieties
**Frito-Lay
Lay's
Potato Chips**
\$3⁹⁹



15 Oz.
Select Varieties
**Tostito's
Salsa**
\$3⁹⁹

7.5-9.25 Oz.
Select Varieties
**Frito-Lay
Cheetos
or Fritos**
\$3⁹⁹



18 Ct.
Select Varieties
**Frito-Lay
Variety Pack**
\$9⁹⁹



20 Oz.
**Sara Lee
Butter
Bread**



\$2⁷⁹

7-9 Oz.
Select Varieties
**Little Bites
Muffins or Cakes**



\$2⁹⁹

16 Oz.
**Bunny
Soft Twist
Bread**



\$2²⁹

specialty foods



16 Oz.
**La Preferida
Refried Beans**
\$1⁵⁹



16 Oz.
**La Preferida
Black Beans**
\$1⁷⁹



15 Oz.
Select Varieties
**El Rio Nacho
Cheese Sauce**
\$3⁴⁹



11.5 Oz.
**La Preferida
Jalapeño Slices**
\$2⁷⁹



12 Oz.
Select Varieties
**Cholula
Salsa**
\$3⁴⁹

Shop Best Choice For Your Best Value



10-24 Ct.
Select Varieties
**Best Choice
Storage or
Freezer Bags**
3/\$5



20 Oz.
Select Varieties
**Best Choice
Canned Pineapple**
\$1⁷⁹



32 Oz.
Select Varieties
**Best Choice
Yogurt**
2/\$5



16 Oz.
Select Varieties
**Best Choice
Butter Quarters**
2/\$6



28 Oz.
Select Varieties
**Best Choice
Canned Tomatoes**
2/\$4

Great Party Favorites From Our Deli



7.2 Oz.
Select Varieties
**Snack Factory
Pretzel Crisps**
\$3⁹⁹



10 Oz.
Select Varieties
**Sabra
Hummus**
\$3⁹⁹



8 Oz.
Select Varieties
**Red Apple
Gouda Cheese**
\$4⁹⁹



8 Oz.
Select Varieties
**Red Apple
Smoked Cheddar**
\$4⁹⁹



14 Oz.
**Kretschmar Beef
or Beef & Garlic
Summer Sausage**
\$8⁹⁹



5 Oz.
**Kretschmar
Pepperoni or
Hard Salami
Pillow Packs**
\$4⁴⁹

Best Prices for Drinks



12 Pk./12 Oz. Cans
Select Varieties
**Coca-Cola
Products**
\$7⁴⁹



2 Liter
Select Varieties
**Pepsi
Products**
\$2²⁹



8 Pk./12 Oz. Bottles
Select Varieties
**Coca-Cola
Products**
\$3⁹⁹



6 Pk./12 Oz. Bottles
Select Varieties
**Gatorade
Thirst Quencher**
2/\$6



6 Pk./16.9 Oz. Bottles
Select Varieties
**Gold Peak
Tea**
\$5⁴⁹

.5 Liter Bottles
Select Varieties
**RC Cola or
7•Up Products**
6 Pack
3/\$12



Select Varieties
**RC Cola or
7•Up Products**
2 Liter
\$2²⁹



12 Oz. Cans
Select Varieties
**Dr Pepper
Products**
12 Pack
\$6⁹⁹



Select Varieties
**Dr Pepper
Products**
2 Liter
\$2²⁹

