



# G&W FOODS

**309 W. MARY  
YATES CENTER, KS 66783  
OPEN 7 DAYS A WEEK  
MON-FRI 8AM TO 7PM  
SAT 9AM TO 7PM  
SUN 10AM TO 7PM  
620-625-2201**

Prices Effective: Mar. 11 - Mar. 24, 2026 • While Supplies Last



19-20 Oz.  
Selected Varieties  
**Hormel  
Sides  
3<sup>99</sup>**

**12 Oz.  
Black Canyon Angus®  
Kansas City  
Strip Steak**

**\$11<sup>ea.</sup>**



**5 Lb.  
Farmer's Promise  
Red Potatoes**

**\$2<sup>49</sup>**



**Prairie Fresh All Natural  
Assorted  
Pork Chops**

**\$1<sup>89</sup>  
lb.**



**32 Oz.  
Claussen  
Sauerkraut  
4<sup>49</sup>  
ea.**

**\$4<sup>99</sup>  
lb.**

**Murphy's  
Corned Beef Points**



**59¢  
lb.**

**Texas  
Green Cabbage**



**Family Pack  
Mountaire Fresh  
Split  
Chicken Breast**

**\$1<sup>49</sup>  
lb.**



**1 Lb.  
Florida  
Strawberries**

**\$2<sup>99</sup>**



**Aunt Minnie's  
Pork Tenderloin  
Sandwich**

**\$4<sup>99</sup>**



12 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi  
Products**

**\$6<sup>99</sup>**



17-23 Oz.  
Select Varieties  
**Red Baron  
Frozen Pizza**

**\$3<sup>99</sup>**



Select Varieties  
**Blue Bunny  
Premium  
Ice Cream 46-48 Oz.  
or Mini Cones  
& Sandwiches  
6-9 Ct.**

**\$3<sup>99</sup>**



16-24 Oz.  
Select Varieties  
**Ragú  
Pasta Sauce**

**2/\$4**



10-14 Oz.  
Select Varieties  
**Post Pebbles,  
Waffle Crisp,  
Golden Crisp,  
Honeycomb or  
Oreo Puffs Cereal**

**2/\$5**



5.5-7.25 Oz.  
Select Varieties  
**Kraft  
Mac & Cheese**

**4/\$5**

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS  
Plus Great Savings On Digital Coupons**

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!



8 Lb.  
**Farmer's Promise  
Russet Potatoes**



3 Lb.  
**Yellow  
Cooking Onions**



2 Lb.  
**Bolthouse  
Carrots**

Mix & Match

4/\$10  
or \$2.50 ea.



3<sup>49</sup>  
Young & Tender  
**Baby Broccolini**



99¢  
lb.  
Arkansas  
**Sweet Potatoes**



9 Oz.  
**Dole  
Classic Romaine**



99¢  
ea.  
**English  
Cucumbers**



3 Pk.  
**Rainbow  
Bell Peppers**

\$1<sup>99</sup>

\$3<sup>99</sup>



8 Oz.  
Select Varieties  
**Yo Quiero  
Guacamole**



5 Oz.  
Select Varieties  
**Jackson's  
Sweet Potato Chips**

\$2<sup>99</sup>

\$3<sup>99</sup>



Seedless  
Red Grapes



6 Oz.  
Fresh  
Blackberries



3 Lb.  
Sunkist  
Cara Cara Oranges



Washington Premium  
Fuji, Pink Lady,  
Granny Smith or  
Red Delicious Apples

Fresh Fruit Favorites

\$2<sup>49</sup> lb.

\$2<sup>39</sup>

\$4<sup>39</sup>

\$1<sup>39</sup> lb.



3 Ct.  
**Organic Romaine Hearts**



2 Lb.  
**Organic Mandarins**

low prices on everyday organic favorites

\$5<sup>49</sup>

\$4<sup>99</sup>

100% GUARANTEED ORGANIC

Don't forget to check in store  
for more organic produce specials!

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

GROUND FRESH DAILY!

Family Pack  
80% Lean Ground Beef

Oscar Mayer Bacon

\$5.99 lb.

\$5.49 lb.

Black Canyon Angus® Arm Roast

\$6.49 lb.

SHAMROCKIN' DEALS ON QUALITY MEATS

Murphy's Corned Beef Flats or Rounds

\$6.99 lb.

32 Oz. Flanagan's Sauerkraut

14 Oz. Hillshire Farm Smoked Sausage or Polish Kielbasa

\$2.99

Cook's Ham Steaks

\$3.99 lb.

Frick's Whole Traditional Bone-In Ham

\$3.19 lb.

2 Lb. Sea Best Argentine Red Shrimp

\$17.99

Black Canyon Angus® Whole Tri Tip

\$8.99 lb.

Family Pack Black Canyon Angus® Patio or Charcoal Steaks

\$6.99 lb.

Black Canyon Angus® Lean Stew Meat

\$6.79 lb.

Prairie Fresh All Natural Bone-In Sirloin Roast

\$14.99 lb.

11.5-17 Oz. Select Varieties Smithfield Smoked Pork Chops

Family Pack Prairie Fresh All Natural Butterfly Chops or Boneless Chops

\$2.59 lb.

Prairie Fresh All Natural Lite Pork Spare Ribs

\$2.99 lb.

Seafood

2 Lb. Sea Best Swai Fillets

\$8.99

2 Lb. Sea Best Talapia Fillets

\$10.99

19-24.6 Oz. Select Varieties Mrs. Paul's Breaded Fish Sticks or Fillet

\$5.79

8.2-14 Oz. Select Varieties Sea Pak Popcorn, Butterfly Shrimp or Assorted Seafood

\$6.99

Prairie Fresh All Natural Spinach & Cheese Stuffed Pork Florentines

\$3.99 lb.

Signature meat items

Mountaire Fresh Bacon Wrapped Boneless Chicken Thighs

\$3.79 lb.

Our Signature Bacon Wrapped Asparagus

\$7.99 lb.

Prairie Fresh Bacon Wrapped Pork Ribeyes

\$3.49 lb.

Mountaire Family Pack Boneless Chicken Thighs or Tenders

\$2.59 lb.

Mountaire Family Pack Chicken Party Wings

\$2.99 lb.

10 Lb. Sauger Creek Farms Chicken Leg Quarters

\$7.99

Butterball 93% Lean Fresh Ground Turkey

\$4.99

12 Oz. Oscar Mayer Turkey Bacon

\$3.99

23-29 Oz. Select Varieties Tyson Breaded Chicken Nuggets, Strips or Patties

\$7.99

18-20.7 Oz. Select Varieties El Monterey Taquitos

\$7.99

frozen meat favorites

32 Oz. Select Varieties Tina's Burritos or Chimichangas

\$4.49

40 Oz. Hickory or Applewood Smoked Williams or JC Potter Sliced Slab Bacon

\$12.99

12-16 Oz. Select Varieties Williams Premium Sausage Rolls, Links or Patties

\$3.79

16 Oz. Select Varieties Oscar Mayer Chopped Ham, Ham & Cheese or Turkey

\$3.49

2 Oz. Select Varieties Carl Buddig Lunchmeats

89¢

Boneless Kentucky Legend 1/4 Slice Ham

\$5.99

12 Oz. Select Varieties Smithfield or Jimmy Dean Sliced Bacon

\$3.99

32 Oz. Select Varieties Nathan's Colossal Beef Franks

\$13.99

**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**  
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**



1 Lb.  
**Kretschmar  
Corned Beef**

**\$12<sup>99</sup>**

**Kretschmar**



1 Lb.  
**Kretschmar  
Baby Swiss**

**\$8<sup>99</sup>**

**Kretschmar**



1 Lb.  
**Kretschmar Virginia Honey  
or Smoked Ham**

**\$5<sup>99</sup>**

**Kretschmar**



1 Lb.  
**Kretschmar  
Pepperoni or  
Hard Salami**

**\$7<sup>99</sup>**

**RESER'S**  
FINE FOODS



3 Lb.  
**Reser's Deviled  
Egg or Redskin  
Potato Salad**

**\$8<sup>99</sup>**

**VISIT OUR DELI  
FOR GREAT LUNCH  
OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE &  
2 SIDES PLUS A FREE COOKIE!**

**MADE FRESH HERE!**



8 Piece  
**Aunt Minnie's  
Fried Chicken**

**\$8<sup>99</sup>**

**MADE FRESH HERE!**



1 Lb.  
**Aunt Minnie's  
Hand Breaded  
Chicken Tenders**

**\$6<sup>99</sup>**

**MADE FRESH HERE!**



**Aunt Minnie's  
Fish Fillet**

**2/\$5**

**Mrs. Gerry's**  
*The Best in Salads*



1 Lb.  
**Mrs. Gerry's  
Mac & Cheese**

**\$2<sup>99</sup>**

**\$7<sup>99</sup>**



18.5 Oz.  
**Rich's  
Cookies'n Creme  
Cake**

**\$4<sup>49</sup>**



12 Ct.  
**Original or Savory Butter  
King's  
Hawaiian Rolls**



**\$3<sup>99</sup>**



13.5 Oz.  
**Select Varieties  
Best Choice  
Frosted Sugar Cookies**

**\$3<sup>99</sup>**



16 Oz., Lemon or  
Triple Chocolate  
**Café Valley  
Bundt Cake**

**\$3<sup>49</sup>**



11 Oz.  
**Olson's  
Angel Food  
Loaf**

**\$4<sup>99</sup>**



12 Ct.  
**Select Varieties  
Clyde's  
Glazed Donuts**

**\$4<sup>99</sup>**



4 Ct.  
**Apple or Cherry  
Café Valley  
Turnovers**

**\$4<sup>99</sup>**



10 Ct.  
**37th Street  
Cinnamon Rolls**

**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**



14-22 Oz.  
**Select Varieties  
Farm Rich  
Frozen Appetizers**

**\$5<sup>49</sup>**



11-15 Oz.  
**Select Varieties  
Marie Callender's  
Frozen Dinners**

**\$3<sup>49</sup>**



16-28 Oz.  
**Select Varieties  
Sonic, Checker's,  
Red Robin, Arby's,  
or Idaho Frozen  
Potatoes or  
Nathan's Onion Rings**

**\$4<sup>49</sup>**



8-12 Oz.  
**Select Varieties  
Stouffer's  
Frozen Entrees**

**\$3<sup>49</sup>**



10-12 Oz.  
**Select Varieties  
PictSweet  
Frozen Vegetables**

**\$2<sup>29</sup>**



10 Oz. or 6 Ct.  
**Select Varieties  
Furlani Garlic Bread  
or Garlic Toast**

**2/\$4**



4 Ct.  
**Select Varieties  
Smucker's  
Uncrustables**

**\$3<sup>99</sup>**



6 Ct.  
**Select Varieties  
Prairie Farms  
Old Fashion Cones**

**\$5<sup>99</sup>**



48 Oz.  
**Select Varieties  
Hiland  
Light Ice Cream**

**\$3<sup>49</sup>**

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products  
Along With Extra Savings All “Pink Tag” Items

\$2.99

28 Oz.  
Select Varieties  
Sweet Baby Ray's  
BBQ Sauce



\$2.99

21-28 Oz.  
Select Varieties  
Bush's Best  
Baked Beans





Select Varieties  
Kingsford Charcoal  
Briquets 16 Lb. or  
Match Light 12 Lb.

\$11.99



12 Oz.  
Select Varieties  
Frank's  
Red Hot Sauce

\$3.99

24 Oz.  
Select Varieties  
Hidden Valley  
Ranch Dressing

\$5.49

Select Varieties  
Kraft  
Squeeze Mayo 12 Oz.  
or Jar Mayo 15 Oz.

\$2.99

5 Oz.  
Select Varieties  
Starkist  
Canned Tuna

5/\$5.50

7.5-16 Oz.  
Select Varieties  
Zesta or Krispy  
Saltine Crackers

\$2.99



7-16 Oz.  
Select Varieties  
Barilla Pasta

2/\$3

Select Varieties  
Old El Paso  
Enchilada Sauce 10 Oz.  
or Refried Beans 16 Oz.

\$1.79

8.8-12.6 Oz.  
Select Varieties  
Old El Paso  
Dinner Kits

\$3.49

1 Oz.  
Select Varieties  
Old El Paso  
Seasoning Packets

99¢

15.5 Oz.  
Selected Varieties  
Red Gold  
Salsa

2/\$5



Select Varieties  
Viva Triple Roll  
2 Roll or Scott  
Double Roll  
Paper Towels 6 Roll

\$6.99

Select Varieties  
Scott Double  
Roll 12 Roll or  
Cottonelle Bath  
Tissue 6 Mega Roll

\$6.99

100.5-105 Oz.  
Select Varieties  
Arm & Hammer  
Liquid Detergent

\$6.99

14 Lb.  
Select Varieties  
Gravy Train  
Dry Dog Food

\$12.99

3.35 Oz.  
Select Varieties  
Dan-O's  
Seasoning

\$6.99

15 Oz.  
La Preferida  
Spanish Rice

\$1.79

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!



Select Varieties  
Pillsbury 16.3 Oz. Grands!  
Biscuits, 12 Oz. Cinnamon Rolls  
or 8 Oz. Crescent Rolls

\$2.99

52 Oz.  
Select Varieties  
Florida's Natural  
Orange Juice

\$3.49

32 Oz.  
Select Varieties  
International Delight  
Coffee Creamer

\$3.99



Gallon  
Select Varieties  
Red Diamond  
Tea

\$3.99

24 Oz.  
Select Varieties  
Hiland  
Cottage Cheese

\$3.29

16 Oz.  
Select Varieties  
Hiland Dips or  
Sour Cream

2/\$4

16 Oz.  
Select Varieties  
Hiland  
Cheese Block

\$3.99

Half Gallon  
Select Varieties  
Hiland Almond  
Milk, Soy Milk  
or Oat Milk

\$3.29

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



7-8 Oz.  
Select Varieties  
**Frito-Lay  
Lay's  
Potato Chips**  
**\$3.99**



7.5-9.25 Oz.  
Select Varieties  
**Frito-Lay  
Cheetos  
or Fritos**  
**\$3.99**



18 Ct.  
Select Varieties  
**Frito-Lay  
Variety Pack**  
**\$9.99**



20 Oz.  
**Sara Lee  
Butter  
Bread**



**\$2.79**

7-9 Oz.  
Select Varieties  
**Little Bites  
Muffins or Cakes**



**\$2.99**

16 Oz.  
**Bunny  
Soft Twist  
Bread**



**\$2.29**

specialty foods



16 Oz.  
**La Preferida  
Refried Beans**  
**\$1.59**



16 Oz.  
**La Preferida  
Black Beans**  
**\$1.79**



15 Oz.  
Select Varieties  
**El Rio Nacho  
Cheese Sauce**  
**\$3.49**



11.5 Oz.  
**La Preferida  
Jalapeño Slices**  
**\$2.79**



12 Oz.  
Select Varieties  
**Cholula  
Salsa**  
**\$3.49**

Shop Best Choice For Your Best Value



10-24 Ct.  
Select Varieties  
**Best Choice  
Storage or  
Freezer Bags**

**3/\$5**



20 Oz.  
Select Varieties  
**Best Choice  
Canned Pineapple**  
**\$1.79**



32 Oz.  
Select Varieties  
**Best Choice  
Yogurt**  
**2/\$5**



16 Oz.  
Select Varieties  
**Best Choice  
Butter Quarters**  
**2/\$6**



28 Oz.  
Select Varieties  
**Best Choice  
Canned Tomatoes**  
**2/\$4**

Great Party Favorites From Our Deli



7.2 Oz.  
Select Varieties  
**Snack Factory  
Pretzel Crisps**  
**\$3.99**



10 Oz.  
Select Varieties  
**Sabra  
Hummus**  
**\$3.99**



8 Oz.  
Select Varieties  
**Red Apple  
Gouda Cheese**  
**\$4.99**



8 Oz.  
Select Varieties  
**Red Apple  
Smoked Cheddar**  
**\$4.99**



14 Oz.  
**Kretschmar Beef  
or Beef & Garlic  
Summer Sausage**  
**\$8.99**



5 Oz.  
**Kretschmar  
Pepperoni or  
Hard Salami  
Pillow Packs**  
**\$4.49**

Best Prices for Drinks



12 Pk./12 Oz. Cans  
Select Varieties  
**Coca-Cola  
Products**  
**\$7.49**



2 Liter  
Select Varieties  
**Pepsi  
Products**  
**\$2.29**



8 Pk./12 Oz. Bottles  
Select Varieties  
**Coca-Cola  
Products**  
**\$3.99**



6 Pk./12 Oz. Bottles  
Select Varieties  
**Gatorade  
Thirst Quencher**  
**2/\$6**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Gold Peak  
Tea**  
**\$5.49**

Select Varieties  
**RC Cola or  
7•Up  
Products**  
2 Liters  
**\$1.99**



.5 Liter Bottles  
Select Varieties  
**RC Cola or  
7•Up Products**  
6 Pack  
**\$4.99**

