



# G & W FOODS

**309 W. MARY  
YATES CENTER, KS 66783  
OPEN 7 DAYS A WEEK  
MON-FRI 8AM TO 7PM  
SAT 9AM TO 7PM  
SUN 10AM TO 7PM  
620-625-2201**

Prices Effective: Mar. 25 - Apr. 7, 2026 • While Supplies Last




28-32 Oz.  
Selected Varieties  
**Bob Evans  
Family Size Sides**  
**4.49**

**Black Canyon Angus®  
Boneless  
Ribeye Steak**

**\$16.99** lb.



**Fresh  
from  
Florida.**

1 Lb.  
Florida  
**Strawberries**

**\$1.99**



**PRAIRIE  
FRESH  
NATURAL**

Family Pack  
Prairie Fresh All Natural  
**Pork Steak or  
Western Style Ribs**

**\$1.99** lb.



**Cook's  
Butt Portion  
Ham**  
**2.19** lb.

**Cook's  
Shank Portion Ham**

**\$1.99** lb.



**Green  
Asparagus**

**\$3.49** lb.



**Mountaire**  
Family Pack  
Mountaire Fresh  
**Boneless  
Chicken Breast**

**\$2.69** lb.



**Seedless  
Red Grapes**

**\$2.19** lb.



**RESER'S**  
3 Lb.  
Homestyle or Mustard  
**Reser's  
Potato Salad**

**\$4.99**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Coca-Cola  
Products**

**\$3.99**



7-8 Oz.  
Select Varieties  
**Frito-Lay  
Lay's Potato Chips**

**2/\$5**



22.6-25.9 Oz.  
Select Varieties  
**Folgers  
Coffee**

**\$11.99**



7-13 Oz.  
Select Varieties  
**Nabisco  
Triscuit, Ritz or  
Wheat Thins**

**\$2.99**



46-48 Oz.  
Select Varieties  
**Blue Ribbon  
Classics  
Ice Cream**

**\$2.99**



7-8 Oz.  
Select Varieties  
**Kraft  
Cheese Shreds  
or Chunks**

**2/\$5**

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS  
Plus Great Savings On Digital Coupons**

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

# FARM TO TABLE FRESHNESS

*Triple Inspected  
Daily for Quality!*

**\$3.49**

8-13 Oz.  
Select Varieties  
**Dole Premium  
Salad Kits**



**English  
Cucumbers**

**99¢**  
ea.



**Tomatoes  
On The Vine**

**1.79**  
lb.

**4.99**  
ea.

13 Oz., Select Varieties  
**Marzetti  
Salad Dressing**



**2/\$3**

5 Oz., Select Varieties  
**Fresh Gourmet  
CROUTONS**




Washington Premium  
**Fuji, Pink Lady,  
Granny Smith or  
Red Delicious Apples**

**\$1.39**  
lb.



6 Oz.  
**Fresh  
Blackberries**

**\$1.99**  
ea.



**Jumbo  
Cantaloupe**

**\$3.99**  
ea.

Imported  
**Yellow  
Peaches**

**\$2.49**  
lb.



**Cotton Candy  
Grapes**

**\$3.99**  
lb.



## Fresh Fruit Favorites

**Green Cabbage**

**79¢**  
lb.



5 Lb.  
**Farmer's Promise  
Red or Gold Potatoes**

**\$2.99**



**Texas Jumbo  
1015 Onions**

**\$1.29**  
lb.



**Arkansas  
GROWN**

Arkansas  
**Sweet Potatoes**

**99¢**  
lb.



## low prices on everyday organic favorites

10 Oz.  
Select Varieties  
**Organic Girl Salads**

**\$5.99**



2 Lb.  
**Organic  
Seedless Mandarins**

**\$4.99**



**100% GUARANTEED ORGANIC** *Don't forget to check in store for more organic produce specials!*

# FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

**GROUND FRESH DAILY!**



Family Pack  
60% Beef & 40% Pork  
**Boston Burger**

**\$4.49** lb.

16 Oz.  
**Farmland Sliced Bacon**  
**\$5.99**



**Black Canyon Angus®**  
Family Pack  
**Sirloin Tip Steak**

**\$7.99** lb.

## HOP INTO SAVINGS WITH THESE HAM-TASTIC DEALS



**Best Choice Spiral Sliced Ham**

**\$2.79** lb.



**FRICK'S**  
**Frick's Shank Portion Ham**

**\$2.59** lb.



**Kretschmar**  
Boneless  
**Kretschmar Whole Ham**

**\$4.39** lb.



**Look Below For \$2 OFF Coupon**

**Kentucky Legend Boneless Half Ham**

**\$5.49** lb.



**2 Lb. Sea Best Argentine Red Shrimp**

**\$17.99**



**Black Canyon Angus® Sirloin Tip Roast**

**\$6.99** lb.



**Black Canyon Angus® Breakfast Steaks**

**\$7.99** lb.



**GROUND FRESH DAILY!**

**90% Lean Ground Beef**

**\$7.49** lb.

# Seafood



**Sea Best Salmon Fillets**

**\$6.99** lb.



**Mrs. Paul's Fish Sticks or Fillets**

**\$5.99** lb.



**Sea Best Cod Fillet**

**\$8.99** lb.



**26-30 Ct., 16 Oz. Peeled Sea Best Cooked Shrimp**

**\$9.99**



**Prairie Fresh All Natural Whole Trimmed Pork Butt Roast**

**\$1.99** lb.



**Prairie Fresh All Natural Baby Back Pork Ribs**

**\$3.99** lb.



**19 Oz. Assorted Varieties Johnsonville Fresh Bratwurst**

**\$5.99**



**Cargill Leg of Lamb**

**\$8.99** lb.



**GROUND FRESH DAILY!**

**Jalapeño & Cheddar Beef Patties**

**\$5.99** lb.

**Signature meat items**



**Our Signature Bacon Wrapped Asparagus**

**\$7.99** lb.



**Great On The Grill Bacon Wrapped Chicken Breast Grillers**

**\$3.99** lb.



**Our Signature Crab Stuffed Mushrooms**

**\$7.99** lb.



**Family Pack Springer Mountain Farms Chicken Thighs or Drumsticks**

**\$1.79** lb.



**Springer Mountain Farms Boneless Chicken Breast**

**\$4.29** lb.



**Family Pack Mountaire Fresh Chicken Legs**

**\$1.19** lb.



**10 Oz. Tyson Stuffed Chicken Entrées, Gordon Bleu or Broccoli & Cheese**

**\$2.49** lb.



**\$2.00 OFF**

**Kentucky Legend Half Ham**



**12-16 Oz. Select Varieties Bob Evans Sausage Rolls, Links or Patties**

**\$3.49**



**23-29 Oz. Select Varieties Tyson Breaded Chicken Nuggets, Dino or Patties**

**\$6.99**



**16 Ct. State Fair Classic Corn Dogs**

**\$9.99**



**30 Oz. Regular or Blueberry Jimmy Dean Pancakes & Sausage On A Stick**

**\$9.99**



**12-16 Oz. Select Varieties Williams Premium Sausage Rolls, Links or Patties**

**\$3.69**



**40 Oz. Select Varieties Williams Sliced Slab Bacon**

**\$12.99**



**12 Oz. Select Varieties Nathan's All Beef Franks**

**\$4.99**



**14 Oz. Select Varieties Johnsonville Smoked Sausage Links**

**\$4.99**



**8.9-10.7 Oz. Select Varieties Oscar Mayer Fun Pack Lunchables**

**\$3.49**



**16 Oz. Select Varieties Oscar Mayer Stack Pack Bologna or Salami**

**\$2.99**

**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**

HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**

1 Lb.  
**Kretschmar Honey or Original Ham Off The Bone**

**\$6<sup>99</sup>**

**Kretschmar**

1 Lb.  
**Kretschmar Honey or Original Turkey Off The Bone**

**\$8<sup>99</sup>**

**Kretschmar**

1 Lb.  
**Kretschmar Pepperoni or Hard Salami**

**\$7<sup>99</sup>**

**Kretschmar**

1 Lb.  
**Kretschmar Colby or Colby Jack Cheese**

**\$6<sup>99</sup>**

**VISIT OUR DELI FOR GREAT LUNCH OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE & 2 SIDES PLUS A FREE COOKIE!**

**ZARDA**  
KICKIN' PIT BAR-B-Q

3 Lb.  
**ZARDA Classic or Grandma's Baked Beans**

**\$10<sup>99</sup>**

**MADE FRESH HERE!**

8 Piece  
**Aunt Minnie's Fried Chicken**

**\$8<sup>99</sup>**

**MADE FRESH HERE!**

**Aunt Minnie's Fish Fillet**

**2/\$5**

**Mrs. Gerry's**  
The Home Season

1 Lb.  
**Mrs. Gerry's Mac & Cheese**

**\$2<sup>99</sup>**

**Mrs. Gerry's**  
The Home Season

1 Lb.  
**Mrs. Gerry's Mashed Potatoes**

**\$2<sup>49</sup>**

**\$10<sup>99</sup>**

8 Inch  
**Rich's Single Layer Carrot Cake**

**\$3<sup>99</sup>**

12 Ct.  
**Original or Savory Butter King's Hawaiian Rolls**

**\$9<sup>99</sup>**

7 Inch  
28 Oz.  
**Rich's Double Layer Coconut Cake**

**\$6<sup>49</sup>**

26 Oz.  
**Selected Varieties Café Valley Bundt Cake**

**\$5<sup>49</sup>**

18 Oz.  
**Father's Table Carrot Cake Roll**

**\$2<sup>99</sup>**

6 Ct.  
**Select Varieties Clyde's Glazed Donuts**

**\$2<sup>99</sup>**

6 Ct.  
**Chocolate or Vanilla Clyde's Cake Donuts**

**\$5<sup>99</sup>**

12.3 Oz.  
**Miller Pretzilla Pretzel Bites Tub with Cheese**

**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**

18-20 Oz.  
**Select Varieties Tony's Frozen Pizza**

**\$3<sup>49</sup>**

22 Oz.  
**Select Varieties P.F. Chang's or Bertolli Entrees**

**\$6<sup>99</sup>**

10 Oz.  
**Select Varieties Birds Eye Frozen Vegetables**

**2/\$3**

8-10 Ct. or 10-17 Oz.  
**Select Varieties Sister Schubert's Frozen Rolls**

**\$3<sup>99</sup>**

24-32 Oz.  
**Select Varieties Mr. Dell's Hash Browns**

**\$2<sup>99</sup>**

8 Oz.  
**Select Varieties Cool Whip Whipped Topping**

**2/\$4**

35-37 Oz.  
**Select Varieties Mrs. Smith's Fruit Pies**

**\$4<sup>99</sup>**

25-38 Oz.  
**Select Varieties Marie Callender's Frozen Pies**

**\$6<sup>49</sup>**

48 Oz.  
**Select Varieties Hiland Premium Ice Cream**

**\$4<sup>99</sup>**

# GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products Along With Extra Savings All "Pink Tag" Items

**4/\$5**

14.5-15 Oz. Select Varieties

**Libby's Canned Vegetables**



**2/\$4**

14.5-15.25 Oz. Select Varieties

**Del Monte Canned Fruit**



9.4-14 Oz. Select Varieties  
**Kraft Mac & Cheese or Velveeta Shells & Cheese**

**2/\$5**



30 Oz. Select Varieties **Kraft Mayonnaise** **\$3.99** 30 Oz. Select Varieties **Kraft Miracle Whip** **\$4.99** 16 Oz. Select Varieties **Hidden Valley Ranch Dressing** **\$4.49** 15 Oz. Select Varieties **Van Camp's Pork & Beans** **5/\$5.50** 20 Oz. Select Varieties **Hunt's Ketchup** **2/\$3**



40 Oz. Select Varieties **Wesson Cooking Oil** **\$3.99** 20 Oz. Select Varieties **Libby's Canned Pineapple** **2/\$4** 6 Oz. Select Varieties **Stove Top Stuffing Mix** **2/\$5** 32 Oz. Selected Varieties **Best Choice Broth** **\$1.69** 18-45 Ct. Selected Varieties **Hefty Foam Plates or Bowls** **2/\$5**



14-132 Oz., 45-76 Ct. Select Varieties **Tide Pods or Liquid Detergent** **\$19.99** 47-78 Ct. Select Varieties **Cascade Action Pacs** **\$19.99** Select Varieties **Charmin Bath Tissues** 12 Mega Roll or **Bounty Paper Towels** 6 Triple Roll **\$19.99** 12-16 Lb. Select Varieties **Kingsford Charcoal** **\$13.99** 20 Oz. **Bob's Red Mill Cornbread Mix** **\$4.59** 16 Oz. **Bob's Red Mill Wonderful Bread Mix** **\$6.99**

## SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES Including products from our hometown Hiland Dairy!



**\$2.99**

**\$2.99**

**\$3.99**

Select Varieties **Pillsbury 16.3 Oz. Grands! Biscuits**, 12-13 Oz. **Cinnamon Rolls** or 8 Oz. **Crescent Rolls**

16 Oz. Select Varieties **Best Choice Butter** Quarters

10.7-12 Oz. Select Varieties **Kraft Cheese Singles**



14-16 Oz. Select Varieties **Daisy Sour Cream** **2/\$5** 24 Oz. Select Varieties **Hiland Cottage Cheese** **\$3.29** 8 Oz. Select Varieties **Hiland Cream Cheese** **\$1.29** 16 Oz. Select Varieties **Hiland Dips or Sour Cream** **2/\$4** Half Gallon **Hiland Orange Juice** **\$3.69**

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



15 Oz. Select Varieties  
**Frito-Lay Jar Dips**  
**2/\$8**

8 Oz. Select Varieties  
**Frito-Lay Ruffles**  
**2/\$7**

2 Lb. Select Varieties  
**Kraft Velveeta**  
**\$7.99**

9.1-11.5 Oz. Select Varieties  
**On The Border Tortilla Chips**  
**\$3.49**

Gallon Select Varieties  
**Red Diamond Tea**  
**\$3.49**

15-20 Oz. Select Varieties  
**Sara Lee Artesano Bread or Buns**  
**\$2.99**

12 Ct.  
**Ozark Hearth Sweet Hawaiian Rolls**  
**\$2.49**

20 Oz.  
**Ozark Hearth Texas Toast**  
**\$2.29**

**specialty foods**

16 Oz.  
**Bob's Red Mill Pie Crust Mix**  
**\$4.99**

16 Oz.  
**Bob's Red Mill Tapioca Flour**  
**\$4.29**

16 Oz.  
**Bob's Red Mill Chocolate Cake Mix**  
**\$5.49**

14 Oz.  
**Bob's Red Mill Baking Powder**  
**\$4.29**

22 Oz.  
**Bob's Red Mill Chocolate Chip Cookie Mix**  
**\$6.99**

**Shop Best Choice For Your Best Value**

15 Oz. Select Varieties  
**Best Choice Refrigerated Pie Crust**  
**\$2.99**

8 Oz. Select Varieties  
**Best Choice Cream Cheese**  
**\$1.79**

32 Oz.  
**Best Choice Half & Half**  
**\$2.79**

32 Oz.  
**Best Choice Heavy Whipping Cream**  
**\$4.79**

5 Lb. All Purpose or Unbleached  
**Best Choice Flour**  
**\$2.49**

**Great Party Favorites From Our Deli**

14 Oz. Select Varieties  
**Hormel Snack Trays**  
**\$7.99**

6 Oz. Select Varieties  
**Kaukauna Cheese Balls**  
**\$2.99**

8 Oz. Select Varieties  
**Red Apple Smoked Cheddar or Gouda Cheese**  
**\$6.49**

12 Oz. Select Varieties  
**Kretschmar Specialty or Premium Cheese Platters**  
**\$7.99**

14 Oz.  
**Kretschmar Beef or Beef & Garlic Summer Sausage**  
**\$8.99**

5 Oz.  
**Kretschmar Pepperoni or Hard Salami Pillow Packs**  
**\$4.49**

**Best Prices for Drinks**

24 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi Products**  
**\$12.49**

16 Oz. Select Varieties  
**BodyArmor Sports Drinks**  
**3/\$5**

2 Liter Select Varieties  
**Pepsi Products**  
**\$2.19**

8 Pk./12 Oz. Bottles  
Select Varieties  
**BodyArmor Sports Drinks**  
**\$6.29**

6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Pure Leaf Tea**  
**\$6.99**

12 Oz. Cans  
Select Varieties  
**RC Cola or 7-Up Products**  
**12 Pack**  
**\$6.99**

.5 Liter Bottles  
Select Varieties  
**RC Cola or 7-Up Products**  
**6 Pack**  
**\$4.99**