



# G & W FOODS

309 W. MARY  
YATES CENTER, KS 66783  
OPEN 7 DAYS A WEEK  
MON-FRI 8AM TO 7PM  
SAT 9AM TO 7PM  
SUN 10AM TO 7PM  
620-625-2201

Prices Effective: Apr. 8 - Apr. 21, 2026 • While Supplies Last



28-32 Oz.  
Selected Varieties  
**Bob Evans**  
Family Size Sides  
**4.99**

**Great On The Grill!**

**BLACK CANYON**  
ANGUS BEEF

Black Canyon Angus®  
Family Pack  
**T-Bone Steaks**

**\$13.99** lb.

**FARMER'S PROMISE**  
RED  
Versatile and eye-catching potato!

**FARMER'S PROMISE**  
YELLOW  
All occasion smooth and creamy potato!

5 Lb.  
**Farmer's Promise**  
Red or Yellow  
Potatoes

**\$2.49**

**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural  
Family Pack  
**Assorted**  
Pork Chops

**\$1.89** lb.

**Amazing On The Smoker**

Prairie Fresh All Natural  
**Pork Spare Ribs**

**\$2.69** lb.

**Head of Lettuce**

**\$1.69** ea.

**Mountaire**  
Fresh Young Chickens

Family Pack  
Mountaire Fresh  
**Chicken Tenders**

**\$2.99** lb.

2 Lb.  
Washington Family Farms  
**Red, Gold or**  
Fuji Apples

**\$2.79**

**MADE FRESH HERE!**

8 Piece  
**Aunt Minnie's**  
Dark Meat

**\$6.99**

12 Pk. 12 Oz. Cans  
Select Varieties  
**Pepsi**  
Products

**\$7.99**

**RED BARON**  
BRICK OVEN  
SUPREME PIZZA

**RED BARON**  
FRENCH BREAD  
PEPPERONI PIZZA

15-22 Oz.  
Selected Varieties  
**Red Baron**  
Frozen Pizza

**\$3.99**

**Tostitos**  
BITE SIZE

**Tostitos**  
ORIGINAL

9-12 Oz.  
Select Varieties  
**Frito-Lay**  
Tostitos

**\$3.99**

**TURKEY HILL**  
Triple Vanilla

**TURKEY HILL**  
Black Cherry

1.44 Qt.  
Select Varieties  
**Turkey Hill**  
Ice Cream

**\$3.49**

**Chobani**  
Greek Yogurt  
Coffee

**Chobani**  
Greek Yogurt  
Vanilla

5.3 Oz.  
Select Varieties  
**Chobani**  
Yogurt

**10/\$10**

**Florida's Natural**  
100% PREMIUM FLORIDA ORANGE JUICE

**Florida's Natural**  
100% PREMIUM FLORIDA ORANGE JUICE

52 Oz.  
Select Varieties  
**Florida's Natural**  
Orange Juice

**\$2.99**

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS**  
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

# FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

**\$3.99**



2 Lb.  
**Strawberries**



6 Oz.  
**Fresh Blackberries**

**\$1.99**



Seedless  
**Black Grapes**

**\$2.39**  
lb.

**\$3.99**

4 Lb.  
Seedless  
**Navel Oranges**



**\$3.49**

2 Lb.  
California  
**Sunkist Lemons**



**Green Asparagus**

**\$2.99**  
lb.



3 Lb.  
**Yellow Cooking Onions**

**\$2.59**



**Fancy Zucchini  
or Yellow Squash**

**\$1.49**  
lb.



**English Cucumbers**  
**99¢** ea.

3 Pk.  
**Rainbow Bell Peppers**  
**\$3.99**



## Fresh Fruit Favorites



**Tomatoes  
On The Vine**

**\$1.99**  
lb.



**Hass Avocados**

**2/\$1.49**



8 Oz.  
**Giorgio Whole  
Baby Bella Mushrooms**

**\$2.49**



**Texas Jumbo 1015  
Sweet Onions**

**\$1.39**  
lb.



8 Oz.  
**Organic  
Mini Sweet Peppers**

**\$2.99**



2 Lb.  
**Organic  
Fuji Apples**

**\$3.99**

**100% GUARANTEED ORGANIC**

Don't forget to check in store  
for more organic produce specials!

# FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



**GROUND FRESH DAILY!**

Family Pack  
**80% Lean Ground Beef**

40 Oz. Selected Varieties  
**Williams Sliced Slab Bacon**  
**\$12.99**

**\$5.99** lb.



**BLACK CANYON ANGUS BEEF**

Black Canyon Angus®  
**Rump Roast**

**\$6.99** lb.

# Seafood



16 Oz.  
**Orca Bay Passport Tuna Steaks**

**\$7.99**



16 Oz.  
**Sea Best Tilapia Fillets**

**\$4.99**



16-20 Ct., 2 Lb.  
**Sea Best Argentine Red Shrimp**

**\$18.99**



21-25 Ct., 2 Lb.  
**Sea Best Cooked Shrimp**

**\$19.99**

## FIRE UP THE GRILL FOR THESE SIZZLING DEALS



**BLACK CANYON ANGUS BEEF**

Sold In A Whole Bag  
**Black Canyon Angus® Tri Tips**

**\$9.99** lb.



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural  
**Thick Cut Iowa Pork Chops**

**\$2.39** lb.



**HOLTEN'S PARTY PACK BEEF PATTIES**

6 Lb. Party Pack  
**Holten's Beef Patties**

**\$29.99** ea.



**PRAIRIE FRESH NATURAL**

Family Pack  
**Prairie Fresh All Natural Thick Cut Boneless or Butterfly Chops**

**\$2.49** lb.



1 Lb. Farm Raised U.S.A.  
**Catfish Nuggets**

**\$2.49**



**BLACK CANYON ANGUS BEEF**

Family Pack  
**Black Canyon Angus® Cube Steaks**

**\$7.79** lb.



**BLACK CANYON ANGUS BEEF**

Family Pack  
**Black Canyon Angus® Tenderized Bottom Round Steaks**

**\$7.99** lb.



**BLACK CANYON ANGUS BEEF**

**Black Canyon Angus® 90% Lean Ground Beef**

**\$6.99** lb.

**Great on the Grill!**



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural  
**Pork Tenderloins**

**\$3.29** lb.



**PRAIRIE FRESH NATURAL**

Family Pack  
**Prairie Fresh All Natural Pork Cutlets**

**\$2.79** lb.



**PRAIRIE FRESH NATURAL**

Family Pack  
**Prairie Fresh All Natural Boneless or Bone-In Country Style Ribs**

**\$1.99** lb.



**BLACK CANYON ANGUS BEEF**

**Black Canyon Angus® Seasoned Steak Fingers**

**\$7.99** lb.

**Signature meat items**



Our Signature Made  
**Bacon Wrapped Asparagus**

**\$5.99** lb.



Our Signature Made  
**Bacon Wrapped Stuffed Chicken Breast**

**\$3.59** lb.



**PRAIRIE FRESH NATURAL**

Prairie Fresh All Natural  
**Pork Florentines Stuffed with Spinach & Cheese**

**\$3.99** lb.



**Mountaire**

Mountaire  
**Boneless Chicken Breast or Thighs**

**\$2.99** lb.



**Mountaire**

Mountaire  
**Whole Chicken Wings**

**\$1.99** lb.



**Mountaire**

Mountaire  
**Thin Sliced, Boneless Chicken Breast For Fajitas or Stir Fry**

**\$3.99** lb.



**Butterball**

Butterball  
**98% Lean Ground Turkey Breast**

**\$6.49** lb.



**10 Lb. Sager Creek Farms Chicken Leg Quarters**

**\$7.99** ea.



**HOLTEN'S SMASHED BURGERS**

32 Oz.  
**Holten's Smashed Burger Patties**

**\$12.99**



**JOHNSONVILLE**

24 Oz. Selected Varieties  
**Johnsonville Meatballs**

**\$7.99**

**frozen meat favorites**



**Delimex**

8-20 Oz. Selected Varieties  
**Delimex Taquitos**

**\$4.99**



**Fast Fixin'**

22.5-24 Oz. Select Varieties  
**Fast Fixin' Breaded Chicken Nuggets, Strips or Patties**

**\$4.49**



**WILLIAMS COUNTRY SAUSAGE**

28 Oz. Family Size  
**Williams Premium Sausage Patties**

**\$7.99**



**JIMMY DEAN**

16 Oz. Select Varieties  
**Jimmy Dean Sausage Rolls**

**\$3.99**



**SMITHFIELD BACON**

12 Oz. Select Varieties  
**Smithfield Bacon**

**\$3.99**



**Ball Park**

15 Oz. Select Varieties  
**Ball Park Meat Franks**

**2/\$5**



**Land-O-Frost**

10-16 Oz. Select Varieties  
**Land-O-Frost Premium Lunch Meats**

**\$5.99**



**WILLIAMS COUNTRY SAUSAGE**

12-16 Oz. Select Varieties  
**Williams Premium Sausage Rolls, Links or Patties**

**\$3.99**

**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**

HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!




**Kretschmar**

1 Lb.  
**Kretschmar Virginia Honey  
or Smoked Ham**

**\$6<sup>99</sup>**



**Kretschmar**

1 Lb.  
**Kretschmar Cajun or  
Sundried Tomato Turkey**

**\$8<sup>99</sup>**



**Kretschmar**

1 Lb.  
**Kretschmar  
Mild Cheddar**

**\$6<sup>99</sup>**



**RESER'S**  
FINE FOODS

2/**\$6**

1 Lb.  
Select Varieties  
**Reser's  
Variety Salads**



**ZARDA**  
RICKORY PIT BAR-B-Q

**\$4<sup>29</sup>**

1 Lb.  
**Zarda Classic  
or Grandma's  
Baked Beans**

**VISIT OUR DELI  
FOR GREAT LUNCH  
OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE &  
2 SIDES PLUS A FREE COOKIE!**



**Tyson**

1 Lb.  
**Tyson Boneless  
Chicken Wings**

**\$4<sup>99</sup>**



**MADE FRESH  
HERE!**

1 Lb.  
**Aunt Minnie's  
Hand Battered  
Chicken Tenders**

**\$6<sup>99</sup>**



**Tyson**

Regular or  
Buffalo & Cheese  
**Tyson  
Chicken Crispos**

2/**\$3**



**MADE FRESH  
HERE!**

**Aunt Minnie's  
Chicken Sandwich**

**\$3<sup>99</sup>**

**\$5<sup>99</sup>**

26 Oz.  
Select Varieties  
**Café Valley  
Bundt Cake**



**\$4<sup>49</sup>**

24 Oz.  
**Mapeleaf  
Bread Loaf**



**\$5<sup>49</sup>**

13 Oz.  
Select Varieties  
**M Jay's  
Assorted Brownies**



**\$3<sup>79</sup>**

7 Oz., Select Varieties  
**Cyrus O'Leary's  
Single Serve  
Cream Pies**



**\$3<sup>99</sup>**

9 Ct.  
Select Varieties  
**Shirley's  
No Bake Cookies**



**\$3<sup>49</sup>**

11 Oz.  
**Olson's  
Angel Food Loaf**




**\$4<sup>99</sup>**

8 Oz.  
Select Varieties  
**Two Bite  
Mini Donuts**



**\$5<sup>99</sup>**

12.3 Oz.  
**Pretzilla  
Pretzel Tub  
With Cheese**



**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**



**BIRDS EYE**  
Steamfresh  
Cut Green Beans  
Super Sweet Corn

10-14 Oz.  
Select Varieties  
**Birds Eye  
Frozen Vegetables**

**3/**\$5****



**LOUISA**  
TOASTED RAVIOLI  
ORIGINAL BEEF  
TOASTED RAVIOLI  
BEEF & CHEESE

16-18 Oz.  
Select Varieties  
**Louisa Frozen  
Tortellini or Ravioli**

**\$4<sup>49</sup>**



**Healthy Choice**  
CARE STEAMERS  
Sweet & Sour Chicken  
CALF STEAKS  
Beef Marini

9-10 Oz.  
Select Varieties  
**Healthy Choice  
Frozen Entrees**

**2/**\$6****



**Stouffer's**  
MACARONI & CHEESE  
CHEDDAR POTATO BAKE

22-40 Oz.  
Select Varieties  
**Stouffer's  
Frozen Entrees**

**\$8<sup>99</sup>**



**Pillsbury**  
Toaster Strudel  
Toaster Scrambles

7-12 Oz.  
Select Varieties  
**Pillsbury Toaster  
Strudel or Scrambles**

**2/**\$6****



**FarmRich**  
FROSTED POTATO SKINS  
TOASTED MOZZARELLA STICKS

14-22 Oz.  
Select Varieties  
**Farm Rich  
Appetizers**

**\$6<sup>99</sup>**



**BIRDS EYE**  
Voila!  
SKILLET - MEALS  
Beef & Broccoli  
Cajun-Style Sausage & Rice

21 Oz.  
Select Varieties  
**Birds Eye  
Voila! Meals**

**\$5<sup>99</sup>**



**BLUE RIBBON**  
CLASSICS  
FUDGE BAR  
VANILLA SANDWICH

12-20 Ct.  
Select Varieties  
**Blue Ribbon  
Classics Novelties**

**\$5<sup>99</sup>**



**Hiland**  
LIGHT ICE CREAM  
Cherry  
Vanilla

48 Oz.  
Select Varieties  
**Hiland  
Light Ice Cream**

**\$3<sup>49</sup>**

# GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products Along With Extra Savings All "Pink Tag" Items

**\$7.49**

8 Lb.  
**Royal Oak Lump Charcoal**



**\$1.49**

20 Oz.  
**Hunt's Ketchup**



18 Oz.  
Select Varieties  
**KC Masterpiece BBQ Sauce**

**2/\$3**



15 Oz.  
Select Varieties  
**Wishbone Salad Dressing**

**2/\$5**



4-7 Oz.  
Select Varieties  
**Rice-A-Roni or Pasta Roni Sides**

**2/\$3**



10-15 Oz.  
Select Varieties  
**Red Gold Canned Tomatoes**

**\$1.19**



12 Oz.  
Select Varieties  
**Buffalo Wild Wings Sauces or Marinades**

**\$3.29**



15-24 Oz.  
Select Varieties  
**Bertolli Pasta Sauce**

**\$2.99**



14.5-15 Oz.  
Select Varieties  
**Chef Boyardee Canned Pasta**

**4/\$5**



14.5-15.25 Oz.  
Select Varieties  
**Libby's Canned Fruit**

**2/\$5**



Select Varieties  
**Old El Paso Enchilada Sauce or Refried Beans**

**2/\$4**



8.8-12.6 Oz.  
Selected Varieties  
**Old El Paso Dinner Kits**

**\$3.99**



24 Oz.  
Selected Varieties  
**Pace Salsa or Picante Sauce**

**\$2.99**



100.5-105 Oz.  
Select Varieties  
**Arm & Hammer Liquid Detergent**

**\$6.99**



Select Varieties  
**Fiora Bath Tissues**  
12 Double Roll or Paper Towels 6 Double Roll

**\$4.99**



13.5-14.2 Lb.  
Select Varieties  
**Meow Mix Dry Cat Food**

**\$18.49**



50 Ct.  
Select Varieties  
**Best Choice Summer Party Plates**

**\$4.49**



12 Oz.  
**Clearly Organic Honey**

**\$5.99**



12 Oz.  
**Trappey's Sweet 'n Hot Jalapeño Slices**

**\$2.69**

## SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES Including products from our hometown Hiland Dairy!



**2/\$4**

5-12 Oz.  
Select Varieties  
**Borden Cheese Shreds, Slices or Singles**



**\$3.49**

32 Oz.  
Select Varieties  
**International Delight Coffee Creamer**



**3/\$5**

Select Varieties  
**Pillsbury 10.2 Oz. Grands! Biscuits, 4 Oz. Crescent Rolls or 7.3 Oz. Cinnamon Rolls**



12 Oz.  
**Hiland Squeeze Sour Cream**

**\$2.69**



48 Oz.  
Select Varieties  
**Hiland Cottage Cheese**

**\$6.99**



Half Gallon  
Select Varieties  
**Hiland Lactose Free Milk**

**\$4.99**



8 Oz.  
Select Varieties  
**Hiland Cheese Shreds**

**2/\$4**



16 Oz.  
Select Varieties  
**Hiland Butter Quarters**

**\$2.99**

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



7-8 Oz.  
Select Varieties  
**General Mills  
Chex Mix,  
Bugles or  
Gardetto's**  
**2/\$6**



7-14 Oz.  
Select Varieties  
**Nabisco  
Oreo  
Cookies**  
**\$3.99**



10 Ct.  
Select Varieties  
**Capri-Sun  
Fruit Drinks**  
**\$3.49**



20 Oz.  
**Bimbo  
Soft White  
Bread**



**\$2.29**

16 Oz.  
**Ozark Hearth  
Round Top  
White or Wheat  
Bread**



**\$1.59**

12 Oz.  
Select Varieties  
**Lewis  
Half Loaf  
Bread**



**\$2.29**

specialty foods



8 Pk.  
Select Varieties  
**Honest Kids  
Juice Drinks**  
**\$5.19**



12 Oz.  
Select Varieties  
**Bob's Red Mill  
Granola**  
**\$4.59**



8.5 Oz.  
Select Varieties  
**Royal Rice**

**\$2.39**



2.2 Oz.  
Select Varieties  
**Snapdragon  
Ramen Noodle Soup**

**\$2.49**



10 Oz.  
**Kentucky Kernel  
Seasoned Flour**

**\$2.69**

Shop Best Choice For Your Best Value



10 Ct.  
Select Varieties  
**Best Choice  
Waffles or Pancakes**

**2/\$5**



48 Oz.  
Select Varieties  
**Best Choice  
Cooking Oil**

**\$4.29**



16 Oz.  
Select Varieties  
**Best Choice  
French Toast Sticks**

**\$2.99**



20 Oz.  
**Best Choice  
Mustard**

**\$1.49**



12-14 Oz.  
**Best Choice  
Deluxe Mac & Cheese  
or Shells & Cheese**

**3/\$5**

Great Party Favorites From Our Deli



12 Ct.  
Select Varieties  
**Babybel  
Variety Cheese**

**\$8.99**



4 Oz.  
Select Varieties  
**Boursin  
Cheese Crumbles**

**\$3.99**



6 Oz.  
Select Varieties  
**Kaukauna  
Cheese Balls**

**\$3.99**



12 Oz.  
**Kretschmar  
Specialty or  
Premium Cheese  
Platters**

**\$7.99**



14 Oz.  
**Kretschmar Beef  
or Beef & Garlic  
Summer Sausage**

**\$8.99**



5 Oz.  
Pillow Packs  
**Kretschmar  
Pepperoni or  
Hard Salami**

**\$4.49**

Best Prices for Drinks



8 Pk./12 Oz. Bottles  
Select Varieties  
**Coca-Cola  
Products**

**\$4.99**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Pepsi  
Products**

**\$5.99**



8 Pk./12 Oz. Bottles  
Select Varieties  
**Body Armor  
Sports Drinks**

**\$5.99**

8 Pk./12 Oz. Cans  
Select Varieties  
**Bubly  
Sparkling Water**  
**\$3.99**



59 Oz.  
Select Varieties  
**Gold Peak  
Tea**

**\$3.99**

Select Varieties  
**RC Cola or  
7•Up  
Products**  
2 Liters  
**\$1.99**



.5 Liter Bottles  
Select Varieties  
**RC Cola or  
7•Up Products**  
6 Pack  
**\$4.99**

