

Just As Well Get The Best & The Freshest

# BIG 2 DAY MEAT SALE

SATURDAY & SUNDAY

PRICES GOOD MAY 16<sup>TH</sup> & MAY 17<sup>TH</sup>, 2026



Prairie Fresh All Natural  
2 Pack  
Pork Butts

**\$179**  
Lb.



80% Lean  
Ground Beef  
Sold in 10 Lb. Tube Only

**\$499**  
Lb.



Catfish  
Nuggets  
Sold Frozen in 15 Lb. Box

**\$2999**

Just As Well Get The Best & The Freshest

# BIG 2 DAY MEAT SALE

SATURDAY & SUNDAY

PRICES GOOD MAY 16<sup>TH</sup> & MAY 17<sup>TH</sup>, 2026



**2 DAYS ONLY!**

**Sea Best Argentine Red Shrimp**  
2 Lb. Pkg., 16-20 Ct.

**\$17.99**



**2 DAYS ONLY!**

**Smithfield Prime Fresh Lunchmeats**  
7-8 Oz.  
Select Varieties

**2/\$7**



**2 DAYS ONLY!**



**Prairie Fresh All Natural Baby Back Ribs**

**\$34.99 Lb.**

# Sun Fest Market

*For A Fresh Approach*

by **G&W Foods**

209 Courtney Lane • Crane, MO 65633 • Phone: 417-723-5700

**STORE HOURS 7 AM - 8 PM  
OPEN 7 DAYS A WEEK**



Prices Effective: May 6 - May 19, 2026 • While Supplies Last



<p>28-32 Oz. Selected Varieties <b>Bob Evans Side Dishes</b> <b>4.99</b></p> <p><b>Black Canyon Angus®</b> 12 Oz. <b>Kansas City Strip Steaks</b></p> <p><b>\$13.99</b> ea.</p>	<p><b>Fresh Florida</b></p> <p>5 Pk. <b>Florida Bi Color Sweet Corn</b></p> <p><b>\$3.99</b></p>	<p><b>PRAIRIE FRESH NATURAL</b></p> <p>Prairie Fresh All Natural Family Pack <b>Pork Steak or Western Style Ribs</b></p> <p><b>\$1.99</b> lb.</p>
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<p><b>GROUND FRESH DAILY!</b></p> <p>Family Pack <b>80% Lean Ground Beef</b></p> <p><b>\$5.99</b> lb.</p>	<p><b>Produce for Kids</b> produceforkids.com/kids</p> <p>3 Lb. Ruby Sensation, Honey Gold or American Blend <b>Tasteful Selections B Size Potatoes</b></p> <p><b>\$3.49</b> ea.</p>
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<p><b>Mountaire</b> Fresh Young Chicken</p> <p>Family Pack <b>Mountaire Fresh Chicken Breast Tenders</b></p> <p><b>\$2.99</b> lb.</p>	<p><b>First of the Season</b></p> <p><b>California Sweet Red Cherries</b></p> <p><b>\$5.99</b> lb.</p>	<p><b>Kretschmar</b></p> <p>From the Deli <b>Kretschmar Fully Cooked Ribs</b></p> <p><b>\$14.99</b></p>
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<p><b>WHILE SUPPLIES LAST!</b></p> <p>Dozen <b>Red or Multi Color Roses</b></p> <p><b>\$14.99</b></p>	<p>8-9 Oz. Selected Varieties <b>Frito Lay Fritos, Cheetos or Tostitos</b></p> <p><b>2/\$8</b></p>	<p>46-48 Oz. Selected Varieties <b>Blue Bunny Premium Ice Cream</b></p> <p><b>\$3.49</b></p>
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<p>15-29 Oz. Selected Varieties <b>DiGiorno Frozen Pizzas</b></p> <p><b>\$4.99</b></p>	<p>24 Pk./12 Oz. Cans Selected Varieties <b>Pepsi Products</b></p> <p><b>\$11.99</b></p>	<p>11-14 Oz. Selected Varieties <b>Cap'n Crunch, Oat Squares or Life Cereal</b></p> <p><b>\$2.99</b></p>
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**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS**  
Plus Great Savings On Digital Coupons

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

# FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

**\$2.99**

4.5 Oz.  
**NEW! Local Bounti  
Crispy Green Leaf,  
Red & Green or  
Romaine Lettuce**



**XXL Red  
Bell Peppers**

**\$1.49**



13 Oz.  
**Marzetti  
Salad Dressings**

**\$4.99**

**\$3.49**

12 Oz.  
Multi-Color  
**Cherry Picked  
Tomatoes**



**\$1.69**

6 Ct. Tray  
**Red Sun Farms  
Mini Cucumbers**



**Jumbo  
Navel Oranges**

**99¢  
ea.**



Fuji, Granny Smith,  
Red Delicious or Pizazz  
**Washington  
Premium Apples**

**\$1.49  
lb.**



**Sunkist**  
2 Lb.  
**Sunkist  
Lemons**

**\$3.79**



1 Lb.  
**Strawberries**  
**\$2.79**



6 Oz.  
**Blackberries**  
**\$1.99**

## Fresh Fruit Favorites



3 Lb.  
**Vidalia  
Onions** **\$3.49**



1 Lb. Bag  
**Brussels  
Sprouts** **\$2.99**



**Fancy Yellow or  
Zucchini Squash** **\$1.19  
lb.**



**Green  
Cabbage** **89¢  
lb.**

## low prices on everyday organic favorites



2 Lb.  
**Organic  
Gala Apples**

**\$4.99**



8 Oz.  
**Organic Mini  
Sweet Peppers**

**\$2.99**

**100% GUARANTEED ORGANIC**

Don't forget to check in store  
for more organic produce specials!

# FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



**24 Oz. Wright's Sliced Slab Bacon \$8.99**

**GROUND FRESH DAILY!**

**Black Canyon Angus® 90% Lean Ground Beef**  
Any Size Package!

**\$7.99 lb.**



**Black Canyon Angus® Family Pack Sirloin Tip Steaks**

**\$7.99 lb.**

## BUY BIG, SAVE BIG ON THESE SIZZLING DEALS!



**Black Canyon Angus® Family Pack Cube Steaks**

**\$9.99 lb.**



**Prairie Fresh All Natural Family Pack Iowa Chops**

**\$2.49 lb.**



**Previously Frozen Family Pack Chicken Wings**

**\$1.69 lb.**



**Prairie Fresh All Natural St. Louis Style Ribs**

**\$2.99 lb.**



**Fresh Frozen Catfish Nuggets**

**\$2.49 lb.**



**Black Canyon Angus® Boneless Chuck Roast**

**\$8.99 lb.**



**Black Canyon Angus® Thin Sliced Breakfast Steaks**

**\$8.49 lb.**



**Black Canyon Angus® Thin Sliced Sirloin Fajita or Stir Fry**

**\$7.99 lb.**



**Prairie Fresh All Natural Bone In Sirloin Chops**

**\$1.79 lb.**



**Family Pack Prairie Fresh All Natural Country Style Ribs**

**\$1.99 lb.**



**22 Oz., Assorted Varieties Smithfield Marinated Boneless Loins**

**\$5.99**

# Seafood



**18-24.06 Mrs. Paul's Battered Fish Sticks or Fillets**

**\$6.99**



**16 Oz. Sea Best Cod Fillets**

**\$9.99**



**26/30 Ct., 16 Oz. Sea Best Whole Cooked Peeled Shrimp**

**\$9.99**



**5 Lb. Sea Best Whole Cooked Crawfish**

**\$19.99**



**Fresh Ground Daily Market Made Fresh Pork Breakfast Sausage**

**\$2.99 lb.**



**Our Signature Made Sweet Pepper Poppers**

**\$8.99 lb.**



**Prairie Fresh Stuffed Bone In Pork Chops**

**\$3.99 lb.**



**Our Signature Made Bacon Wrapped Chicken Breast Grillers**

**\$3.49 lb.**



**Mountaire Family Pack Boneless Chicken Breast or Thighs**

**\$2.99 lb.**



**Mountaire Family Pack Chicken Drumsticks**

**\$1.19 lb.**



**10 Lb. Sager Creek Farms Chicken Leg Quarters**

**\$8.99**



**16 Oz. John Soules Fully Cooked Chicken Breast Strips**

**\$5.99**



**22.5-24 Oz. Select Varieties Fast Fixin Breaded Chicken Nuggets, Strips or Patties**

**\$4.59**



**27 Oz. Smokey Farms Sausage Patties**

**\$4.99**



**24 Oz. Select Varieties Johnsonville Assorted Meatballs**

**\$7.99**



**30.4-32 Oz. Select Varieties El Monterey Burritos or Chimichangas**

**\$5.99**



**40 Oz. Williams Premium Sliced Slab Bacon**

**\$12.99**



**12-16 Oz. Select Varieties Williams Premium Sausage Rolls, Links or Patties**

**\$3.79**

## frozen meat favorites



**Prairie Fresh Hickory or Applewood Sliced Bacon**

**\$3.99**



**13-14 Oz. Select Varieties Eckrich Smoked Sausage, Ropes or Links**

**2/\$7**



**2.25-4.4 Oz. Select Varieties Oscar Mayer Basic Lunchables**

**2/\$4**



**12-16 Oz. Select Varieties Curly's BBQ Tubs**

**\$5.49**



**15 Oz. Regular, Bun Size or Turkey Ball Park Meat Franks**

**\$1.99**

**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**

HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**

**\$6<sup>99</sup>** lb.

**Kretschmar Virginia Honey or Smoked Ham**

**Kretschmar**

**\$8<sup>99</sup>** lb.

**Kretschmar Cajun or Sundried Tomato Turkey**

**Eckrich**  
Since 1894

**\$6<sup>99</sup>** lb.

**Eckrich Double Smoked Bologna**

**Kretschmar**

**\$6<sup>99</sup>** lb.

**Kretschmar Mild Cheddar Cheese**

**Kretschmar**

**\$7<sup>49</sup>** lb.

**Kretschmar Colby or Colby Jack Cheese**

**VISIT OUR DELI FOR GREAT LUNCH OR DINNER MEALS.**

**THAT INCLUDES AN ENTRÉE & 2 SIDES PLUS A FREE COOKIE!**

**8 Piece Aunt Minnie's Fried Chicken**

**\$8<sup>99</sup>**

**Tyson**

**\$4<sup>99</sup>** lb.

**Tyson Boneless Chicken Wings**

**Aunt Minnie's Fish Fillet**

**2/\$5**

**Nathan's**

**\$2<sup>49</sup>**

**Nathan's Beef Hot Dogs**

**\$5<sup>99</sup>**

**26 Oz. Café Valley Bakery Chocolate Fudge or Mississippi Cake**

**\$3<sup>99</sup>**

**12 Ct. King's Hawaiian Original or Savory Butter Rolls**

**\$6<sup>99</sup>**

**16 Oz. Father's Table New York Style Cheesecake**

**\$5<sup>49</sup>**

**13 Oz. Select Varieties MJay's Variety Brownies**

**\$3<sup>69</sup>**

**11 Oz. Olson's Angel Food Bar**

**2/\$9**

**4 Ct. Select Varieties Café Valley Variety Muffins**

**\$4<sup>99</sup>**

**6 Ct. Apple, Cherry or French Toast Clyde's Fritters**

**\$5<sup>99</sup>**

**8 Ct. Sweet Eddie's Cinnamon Rolls**

**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**

**LOUISA**

**\$4<sup>99</sup>**

**16-19 Oz. Select Varieties Louisa Tortellini or Ravioli**

**HUNGRY-MAN**

**\$3<sup>99</sup>**

**13-16 Oz. Select Varieties Hungry Man Frozen Dinners**

**BIRDSEYE**

**\$2<sup>19</sup>**

**9-10 Oz. Select Varieties Birdseye Vegetable Blends**

**MR. DELL'S**

**\$3<sup>99</sup>**

**24-32 Oz. Select Varieties Mr. Dell's Hash Browns**

**STOUFFER'S**

**\$3<sup>99</sup>**

**9-20 Oz. Select Varieties Stouffer's Entrées**

**TONY'S**

**\$3<sup>99</sup>**

**18-20 Oz. Select Varieties Tony's Frozen Pizzas**

**Blue Bunny**

**\$3<sup>49</sup>**

**8-9 Ct. Select Varieties Blue Bunny Mini Cones or Ice Cream Sandwiches**

**Hiland**

**\$7<sup>69</sup>**

**4 Quart Select Varieties Hiland Ice Cream Pails**

**Hiland**

**\$4<sup>39</sup>**

**Half-Gallon Select Varieties Hiland Sherbet**

# GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products Along With Extra Savings All "Pink Tag" Items

**\$5.99**

20-30 Oz.  
Selected Varieties  
**Hellmann's  
Mayonnaise**



**\$2.99**

28 Oz.  
Selected Varieties  
**Bush's Best  
Baked Beans**



8 Lb. Lump or  
15.4 Lb. Briquets  
**Royal Oak  
Charcoal**

**\$6.99**



15 Oz.  
Select Varieties  
**Wishbone  
Salad Dressing**

**\$2.99**



5 Oz.  
Select Varieties  
**Texas Toast  
Croutons**

**\$1.69**



20 Oz.  
**Hunt's  
Ketchup**

**\$1.59**



18 Oz.  
Select Varieties  
**KC Masterpiece  
BBQ Sauce**

**\$1.59**



15 Oz.  
**Van Camp's  
Pork & Beans**

**5/\$5.50**



4-7 Oz.  
Select Varieties  
**Betty Crocker  
Hamburger, Chicken  
or Tuna Helper**

**2/\$4**



15 Oz.  
Select Varieties  
**Chef Boyardee  
Canned Pasta**

**2/\$3**



5 Oz.  
Selected Varieties  
**Starkist  
Chunk Light Tuna**

**99¢**



12-16 Oz.  
Selected Varieties  
**American Beauty  
Pasta**

**2/\$3**



15-24 Oz.  
Selected Varieties  
**Classico  
Pasta Sauce**

**\$3.49**



12 Double Rolls  
or 6 Mega Rolls  
Select Varieties  
**Scott  
Bath Tissue**

**\$4.99**



100.5-105 Oz.  
Select Varieties  
**Arm & Hammer  
Liquid Detergent**

**\$6.99**



3 Lb.  
Select Varieties  
**Meow Mix  
Dry Cat Food**

**\$5.99**



18.5 Lb.  
Select Varieties  
**Purina  
Dog Chow  
Dog Food**

**\$18.99**



12 Oz.  
**Slap Ya Mama  
Cajun  
Fish Fry**

**\$2.99**



8 Oz.  
**Kikkoman  
Panko Bread  
Crumbs**

**\$2.29**

## SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES Including products from our hometown Hiland Dairy!



**\$4.99**

24 Oz.  
Select Varieties  
**Chobani  
Coffee  
Creamers**



**4/\$5**

5.3 Oz.  
Select Varieties  
**Chobani  
Yogurts**



**\$1.29**

8 Oz.  
Select Varieties  
**Hiland  
Cream Cheese**



1 Gallon  
Select Varieties  
**Red Diamond  
Tea**

**\$3.99**



Half-Gallon  
Select Varieties  
**Hiland Oat, Soy  
or Almond Milk**

**\$3.29**



24 Oz.  
Select Varieties  
**Hiland  
Cottage Cheese**

**\$4.29**



Quart  
**Hiland  
Buttermilk**

**2/\$4**



16 Oz.  
Select Varieties  
**Hiland  
Sour Cream  
& Dips**

**2/\$4**

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



7.25-10.25 Oz.  
Select Varieties  
**Frito Lay  
Ruffles  
Potato Chips**  
**2/\$7**



18 Ct.  
Select Varieties  
**Frito Lay  
Variety  
Pack**  
**\$9.99**



7-14 Oz.  
Select Varieties  
**Nabisco  
Oreo  
Cookies**  
**\$3.99**



20 Oz.  
**Sara Lee  
Honey Wheat  
Bread**



**\$2.99**

8 Ct.  
**Ball Park  
Hamburger or  
Hot Dog Buns**



**\$2.79**

6-12 Ct.  
**Lewis Brat or  
Sausage Rolls  
or Slider Buns**



**\$2.99**

specialty foods



5 Oz.  
**Kikkoman  
Soy Sauce**  
**\$2.49**



16 Oz.  
**Terry Ho's  
Yum Yum  
Sauce**  
**\$4.99**



8 Oz.  
**Slap Ya Mama  
Cajun Seasoning**  
**\$2.79**



8 Oz.  
**Ragin Cajun  
All Purpose  
Seasoning**  
**\$4.99**



20.5 Oz.  
**Kikkoman  
Teriyaki Sauce**  
**\$4.99**

Shop Best Choice For Your Best Value



4 Pk.  
Select Varieties  
**Best Choice  
Fruit Cups**  
**\$2.99**



.87-1.3 Oz.  
Select Varieties  
**Best Choice  
Seasoning Packets**  
**79¢**



6 Pk.  
Select Varieties  
**Best Choice  
Apple Sauce**  
**2/\$5**



5-7 Oz.  
Select Varieties  
**Best Choice  
Mac & Cheese**  
**79¢**



20 Oz.  
**Best Choice  
Yellow Mustard**  
**\$1.49**

Great Party Favorites From Our Deli



18 Oz.  
**Fresh Cravings  
Hummus Trio**  
**\$6.49**



14 Oz.  
**La Mexicana  
Roasted  
Chipotle Salsa**  
**\$4.49**



14 Oz.  
**La Mexicana  
Roasted  
Habanero Salsa**  
**\$4.49**



10 Oz.  
**Fresh Cravings  
Poblano  
Street Corn  
Dip & Spread**  
**\$4.99**



10 Oz.  
**Fresh Cravings  
Spinach Artichoke  
Dip & Spread**  
**\$4.99**



**Aunt Minnie  
Tortilla Chips**  
**\$2.49**  
lb.

Best Prices for Drinks



12 Pk./12 Oz. Cans  
Select Varieties  
**Coca-Cola  
Products**  
**\$7.99**



2 Liter Bottles  
Select Varieties  
**Pepsi  
Products**  
**\$2.79**



8 Pk./12 Oz. Bottles  
Select Varieties  
**Coca-Cola  
Products**  
**\$5.99**



28 Oz. Bottles  
Select Varieties  
**Gatorade  
Thirst  
Quencher**  
**\$2.19**



8 Pk./20 Oz. Bottles  
Select Varieties  
**Powerade  
Sports Drinks**  
**\$7.49**

12 Oz. Cans  
Select Varieties  
**Busch  
Family  
12 Pack**  
**\$10.99**



12 Oz. Cans or Bottles  
Select Varieties  
**Bud  
Family  
12 Pack**  
**\$11.99**



12 Oz. Cans  
Select Varieties  
**Michelob  
Ultra  
24 Pack**  
**\$24.99**



12 Oz. Cans  
Select Varieties  
**Natural  
Family  
15 Pack**  
**\$10.99**



12 Oz. Cans or Bottles  
Select Varieties  
**Coors  
Family  
12 Pack**  
**\$11.99**



12 Oz. Cans  
**Yuengling  
Flight  
24 Pack**  
**\$24.99**



12 Oz. Bottles  
Select Varieties  
**Smirnoff  
6 Pack**  
**\$7.99**



12 Oz. Cans or Bottles  
Select Varieties  
**Corona  
or Modelo  
Family  
12 Pack**  
**\$14.99**

