

Just As Well Get The Best & The Freshest

BIG

3 DAY SALE

FRIDAY, SATURDAY & SUNDAY

PRICES GOOD JULY 10TH THRU JULY 12TH, 2026



Prairie Fresh All Natural
Whole Boneless Loins
 Cut and Wrapped Free

\$1.98
 Lb.



Boston Style Grind

\$3.99
 Lb.



16 Oz.
Hickory Country Sliced Bacon

Limit 2 Please While Supplies Last

\$2.99

Just As Well Get The Best & The Freshest

BIG

3 DAY SALE

FRIDAY, SATURDAY & SUNDAY

PRICES GOOD JULY 10TH THRU JULY 12TH, 2026



Green Seedless Grapes

\$2.39 Lb.



Blue Ribbon Classics Frozen Dairy Dessert
Selected Varieties
48 Oz.

Limit 1 Please

\$1.99



7-8 Oz.
Selected Varieties
Kraft Cheese Shreds or Chunks

Limit 4 Please

2/\$4



G&W FOODS

**FREDONIA, KANSAS
OPEN 7 DAYS
7AM TO 9PM**

VISION CARD/WIC • FAX AVAILABLE
CUSTOMER DELIVERY • SENIOR CITIZENS DISCOUNT
POSTAGE STAMPS AVAILABLE

620-378-3612

Prices Effective: July 1 - July 14, 2026 • While Supplies Last





**Black Canyon Angus®
Half Cut
Boneless Ribeye**
Whole In Bag
15⁹⁹
lb.

**Black Canyon Angus®
Family Pack
Boneless
Ribeye Steak**

\$18⁹⁹
lb.

Buy Today,
Freeze
For Later!



**FOURTH
OF JULY**
Savings
Celebrating **250 YEARS**
of Independence!

**Northwest
Cherries**

**Dark Red
Sweet Cherries**

\$4⁹⁹
lb.



**PRAIRIE
FRESH
NATURAL**

**Prairie Fresh All Natural
Family Pack
Pork Steak or
Western Style Ribs**

\$2⁵⁹
lb.

**GROUND
FRESH
DAILY!**



**12 Oz.
Select Varieties
Bar-S
Hot Dogs**
99¢

**Family Pack
80% Lean Ground Beef**

\$5⁹⁹
lb.



**South Carolina
Yellow Peaches**

\$1⁷⁹
lb.



**Family Pack
Mountaire Fresh
Boneless
Chicken Breast**

\$2⁹⁹
lb.



**5 Pk.
Bi Color
Sweet Corn**

\$3⁴⁹



**3 Lb.
Select Varieties
Reser's Salads**

\$5⁹⁹



**12 Pk./12 Oz. Cans
Selected Varieties
Pepsi
Products**

\$5⁹⁹



**7-8 Oz.
Select Varieties
Frito-Lay
Lay's
Potato Chips**

2/\$5



**6-13 Oz.
Select Varieties
Nabisco Ritz
Crackers and
Snack Crackers**

2/\$6



**46-48 Oz.
Select Varieties
Blue Bunny
Premium
Ice Cream**

\$3⁹⁹



**22-25 Oz.
Select Varieties
Folgers Coffee**

\$12⁹⁹



**10-18 Oz.
Selected Varieties
Nabisco
Family Size
Oreos**

\$3⁹⁹

**DOWNLOAD OUR APP TODAY FOR GREAT RECIPES, FLASH SPECIALS
Plus Great Savings On Digital Coupons**

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

FARM TO TABLE FRESHNESS

Triple Inspected
Daily for Quality!

\$1.79
lb.

Arkansas
**Fancy Zucchini
or Yellow
Squash**



Arkansas
GROWN



Arkansas
GROWN

Arkansas
**Slicer
Tomatoes**

\$1.99
lb.



Arkansas
GROWN

Arkansas
**Super Select
Cucumbers**

99¢
ea.

2/\$5

Arkansas, 6 Oz.
Blackberries

Arkansas
GROWN



\$2.49

Arkansas, 10 Oz.
**Grape
Tomatoes**

Arkansas
GROWN



24 Oz.
Select Varieties
**Tasteful Selections
Bite Size Potatoes**

\$2.99



**Vidalia Jumbo
Sweet Onions**

\$1.39
lb.



14 Oz.
**Dole
Coleslaw Mix**

13 Oz.
Select Varieties
**Marzetti
Coleslaw Dressing**

\$4.99

\$1.49



2 Lb. Bag
Mountain View
**Peaches,
Nectarines
or Plums**
\$4.89

Northwest
Cherries



**Rainier
Cherries**
\$7.99

Fresh Favorites



12 Oz.
**Taylor Farms
Cauliflower or
Broccoli Florettes**

\$2.79
ea.



**Extra Large
Green Bell Peppers**

\$1.19
ea.



2 Lb. Bag
Lemons

\$4.59
ea.



5/\$2



6 Oz.
**Organic
Blueberries**

\$3.99



8 Oz.
**Organic
Mini Sweet Peppers**

\$2.99

100% GUARANTEED ORGANIC

Don't forget to check in store
for more organic produce specials!

FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

GROUND FRESH DAILY!

Any Size Package
90% Lean Ground Beef

\$7.49 lb.

Claussen Assorted Pickles
Select Varieties, 20-32 Oz.
\$4.99

16 Oz.
Hickory or Applewood Smoked
Kentucky Legend Sliced Bacon

\$4.99

SIZZLING DEALS FOR YOUR 4TH OF JULY BLOWOUT

Black Canyon Angus Top Sirloin Steak

\$9.99 lb.

Prairie Fresh All Natural Baby Back Ribs

\$3.99 lb.

19 Oz. Selected Varieties
Johnsonville Fresh Bratwurst

\$5.99

Mountaire Fresh Chicken Family Pack Boneless Thighs

\$3.49 lb.

Black Canyon Angus Family Pack Sirloin Tip Steak

\$7.99 lb.

Black Canyon Angus Thin Sliced Fajita Meat

\$8.49 lb.

Black Canyon Angus Bacon Wrapped Top Sirloin

\$10.99 lb.

Seafood

2 Lb.
Sea Best Argentine Red Shrimp

\$18.99

1 Lb.
Sea Best Cod Fillets

\$10.99

2 Lb.
Sea Best Tilapia Fillets

\$9.99

2 Lb.
Sea Best Frog Legs

\$16.99

1 Lb., 26-30 Ct.
Sea Best Cooked Shrimp

\$9.99

Perfect for Smoked Pulled Ham!

Cook's Shank Portion Hams

\$1.99 lb.

Prairie Fresh All Natural Family Pack Butterfly or Boneless Chops

\$2.79 lb.

Prairie Fresh All Natural Quarter Cut Pork Belly

\$4.99 lb.

Great On The Grill!

Bacon Wrapped Pork Ribeye

\$3.99 lb.

Signature meat items

Market Made Beef Kabobs

\$9.99 lb.

Our Signature Bacon Wrapped Chicken Grillers

\$3.99 lb.

Market Made Pork or Chicken Kabobs

\$6.99 lb.

Springer Mountain Farms Split Chicken Breast

\$2.79 lb.

Mountaire Fresh Chicken Whole Legs or Drumsticks

\$1.59 lb.

10 Lb. Selected Varieties
Sager Creek Farms Chicken Leg Quarters

\$8.99

20-29 Oz. Selected Varieties
Tyson Breaded Chicken Nuggets Strips or Patties

\$7.99

16 Oz. Selected Varieties
Jimmy Dean Turkey Breakfast Sausage

\$3.99

16 Oz. Selected Varieties
Jimmy Dean Sausage Roll

\$3.99

18.68 Oz.
Smithfield Maple or Apple Cinnamon Breakfast in a Blanket

\$7.99

frozen meat favorites

30.4-32 Oz. Selected Varieties
El Monterey Burritos or Chimichangas

\$5.99

6 Lb., Party Pack
Holten's Quarter Pound Beef Patties

\$29.99

40 Oz.
Hickory or Applewood Williams or J.C. Potter Sliced Slab Bacon

\$11.99

12-16 Oz. Selected Varieties
Williams Country Sausage Rolls, Links or Patties

\$3.79

8.8-10.7 Oz. Selected Varieties
Oscar Mayer Fun Pack Lunchables

\$3.49

8.3-14 Oz. Selected Varieties
Eckrich Smoked Sausage Links or Ropes

\$3.49

16 Oz. Selected Varieties
Field Hot Dogs or Bologna

4/\$5

12 Oz. Regular, Bun Length or Cheddar
Nathan's Beef Franks

\$5.99

ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S

HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!




Kretschmar
Virginia
Honey or Smoked Ham

\$6⁹⁹ lb.



Kretschmar
Mesquite or Hickory
Smoked Turkey Breast

\$9⁹⁹ lb.



Kretschmar
Colby or Colby Jack Cheese

\$7⁴⁹ lb.



Kretschmar
Pepperoni or
Hard Salami

\$8⁹⁹ lb.



ZARDA
HICKORY PIT BAR-B-Q
Beans

\$9⁹⁹ ea.
3 Lb.
Zarda Classic or
Grandma's Baked
Beans

**VISIT OUR DELI
FOR GREAT LUNCH
OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE &
2 SIDES PLUS A FREE COOKIE!**



Tyson
Chicken or
Buffalo Chicken &
Cheese Crisпитos

2/\$3



Aunt Minnie's
Fried Chicken

\$9⁹⁹



Aunt Minnie's
Hand Breaded
Chicken Tenders

\$7⁹⁹



Kretschmar
Fully Cooked Ribs

\$14⁹⁹

\$4⁹⁹

24 Oz.
**Heartland
Apple Pie**



\$4⁹⁹

8 Ct.
**King's Hawaiian
Hamburger &
Hot Dog Buns**



\$4⁴⁹

13.5 Oz.
Select Varieties
**Sweet P's
Frosted Cookies**



\$3⁹⁹

16 Oz.
**Café Valley Lemon
or Triple Chocolate
Bundt Cakes**



\$3⁶⁹

11 Oz.
Select Varieties
**Olson's
Angel Food Bar**



\$3⁴⁹

6 Ct.
**Clyde's
Glazed Donuts**



\$5⁹⁹

8 Ct.
**Sweet Eddie's
Cinnamon Rolls**



\$3⁹⁹

12 Ct., Original or Savory
**King's Hawaiian
Butter Rolls**



shop great selections of frozen entrées, fruits & veggies, pizzas & desserts



22-32 Oz.
Select Varieties
**Ore-Ida Frozen
Potatoes**

\$3⁹⁹



15-23 Oz.
Select Varieties
**Red Baron
Frozen Pizza**

\$4⁹⁹



10 Oz.
Select Varieties
**Birds Eye
Vegetables**

2/\$3



26-28 Oz.
Select Varieties
**Banquet
Family Size Dinners**

\$4⁴⁹



8-11 Oz.
Select Varieties
**TGI Fridays
Appetizers**

\$4⁴⁹



35-37 Oz.
Select Varieties
**Mrs. Smith's
Fruit Pies**

\$6⁹⁹



Blue Bunny
Ice Cream Sandwiches
9 Ct.,
Mini Cones
8 Ct. or
Bars
6-8 Ct., Select Varieties

\$3⁴⁹



48 Oz.
Select Varieties
**Hiland
Light Ice Cream**

\$3⁶⁹



20 Ct.
Selected Varieties
**North Star
Lotta Pops**

\$5²⁹

GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products Along With Extra Savings All "Pink Tag" Items

\$3.99

16 Oz.
Select Varieties
**Hidden Valley Ranch
Salad Dressings**



18 Oz.
Select Varieties
**Sweet Baby Ray's
BBQ Sauce**

\$1.99

2/\$5

22-28 Oz.
Select Varieties
**Bush's
Baked Beans**



20 Oz.
Select Varieties
**Hunt's
Ketchup**

2/\$3



18 Oz.
Select Varieties
**KC Masterpiece
BBQ Sauce**

2/\$3



15 Oz.
Select Varieties
**Wish-Bone
Salad Dressings**

2/\$5



16-24 Oz.
Select Varieties
**Mt Olive Pickles
or Relish**

\$3.29



30 Oz.
Select Varieties
Kraft Mayonnaise

\$3.99



12 Oz. or 12 Ct.
Select Varieties
**Starbucks Whole
Bean, Ground or
K-Cup Coffee**

\$8.99



4-7.5 Oz.
Select Varieties
**Betty Crocker
Hamburger Helper**

2/\$4



10-14 Oz.
Select Varieties
**Kraft Shells &
Cheese or Deluxe
Mac & Cheese**

2/\$6



16 Oz.
Select Varieties
**Pace Salsa
or Picante**

2/\$5



16 Oz.
Select Varieties
**Chick-Fil-A
Sauces**

\$3.99



Select Varieties
**Kingsford
Charcoal
Briquets**
16 Lb. or
Match Light
12 Lb.

\$11.99



**Hefty Quart,
Gallon, Sandwich
Slider or
Zip Bags**
Select Varieties
28-110 Ct.

\$4.29



**Arm & Hammer
Liquid
Detergent**
Select Varieties
100.5-105 Oz.

\$6.99



4 Pk.
Select Varieties
**Kleenex
Facial Tissue**

\$6.99



72 Ct.
Select Varieties
**Twinings
Ice Tea Bag**

\$6.99



15.75-16 Oz.
Select Varieties
**Serious Bean
Co. Baked
Beans**

\$2.29

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES Including products from our hometown Hiland Dairy!



\$3.99

46 Oz.
Select Varieties
**Tropicana Premium
Orange Juice**



\$3.99

32 Oz.
Select Varieties
**Coffee Mate
Coffee Creamers**



2/\$5

12-16 Oz.
Select Varieties
Dean's Dips



Gallon
Select Varieties
**Red Diamond
Tea**

\$3.99



16 Oz.
Select Varieties
**Hiland
Butter Quarters**

\$3.49



8 Oz.
Select Varieties
**Hiland
Cream Cheese**

\$1.29



8 Oz.
Select Varieties
**Hiland
Cheese Shreds**

\$1.99



16 Oz.
Select Varieties
**Hiland
Sour Cream
or Dips**

\$2.29

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



7-8 Oz.
Select Varieties
**Frito-Lay
Cheetos
or Fritos**
2/\$8



9.1-11.5 Oz.
Select Varieties
**On The Border
Tortilla Chips**
\$3.69



32 Oz.
Select Varieties
**Kraft
Velveeta**
\$7.49



20 Oz.
**Sara Lee
Butter Bread**



\$2.79

8 Ct.
**Ball Park
Hamburger or
Hot Dog Buns**



\$2.79

8 Ct.
**Best Choice
Hamburger or
Hot Dog Buns**



2/\$3

specialty foods



15.3-15.8 Oz.
Select Varieties
**Kinder's
BBQ Sauce**
\$4.49



18 Oz.
Select Varieties
**Country Bob's
BBQ Sauce**
\$3.49



16 Oz.
Select Varieties
Woeber's Mustard
\$2.49



12.7 Oz.
Select Varieties
**Allegro
Marinade**
\$4.29



16 Oz.
Select Varieties
**Hendrickson's
Salad Dressing**
\$4.29

Shop Best Choice For Your Best Value



8 Oz.
Select Varieties
**Best Choice
Frozen Whipped
Topping**
2/\$3



50 Ct.
**Best Choice
Summer Party
Plates**
\$4.49



6 Ct.
**Best Choice
Ultra Paper Towels**
\$7.99



20-25 Ct.
Select Varieties
**Best Choice
Party Cups**
\$2.99



20 Oz.
Select Varieties
**Best Choice
Mustard**
\$1.49

Great Party Favorites From Our Deli



6 Oz.
**Kaukauna
Variety
Cheeseballs**
\$3.99



14 Oz.
**Kretschmar
Beef or Beef &
Garlic Summer
Sausage**
\$8.99



5 Oz.
**Kretschmar
Pepperoni or
Hard Salami
Pillow Packs**
\$4.49



16 Oz.
**Aunt Minnie's
7 Layer Bean Dip**
\$4.99



8 Oz.
Select Varieties
**Sabra
Hummus**
2/\$6



**Aunt Minnie's
Tortilla Chips**
**\$2.49
lb.**

Best Prices for Drinks



12 Pk./12 Oz. Cans
Select Varieties
**Coca Cola
Products**
\$6.99



2 Liter Bottles
Select Varieties
**Pepsi
Products**
\$2.19



8 Pk./12 Oz. Bottles
Select Varieties
**Coca Cola
Products**
\$3.99



8 Pk./20 Oz. Bottles
Select Varieties
**Gatorade
Sport Drinks**
\$6.49



28 Oz.
Select Varieties
**Powerade
Sports Drink**
3/\$5



12 Oz. Cans
Select Varieties
**RC Cola or
7-Up Products**
12 Pack

\$4.99

.5 Liter Bottles
Select Varieties
**RC Cola or
7-Up Products**
6 Pack

\$4.99

