



# G & W FOODS

**309 W. MARY  
YATES CENTER, KS 66783  
OPEN 7 DAYS A WEEK  
MON-FRI 8AM TO 7PM  
SAT 9AM TO 7PM  
SUN 10AM TO 7PM  
620-625-2201**

Prices Effective: September 2 - September 8, 2026 • While Supplies Last



28-32 Oz.  
Selected Varieties  
**Bob Evans Family  
Size Side Dishes**  
**4.99**

**Black Canyon Angus**  
Any Size  
**T-Bone Steaks**

**\$13.99** lb.



**California**  
**Green Seedless  
Grapes**

**\$2.39** lb.



**PRAIRIE FRESH  
NATURAL**

Prairie Fresh All Natural  
Family Pack  
**Pork Steaks or  
Western Style Ribs**

**\$1.99** lb.



**GROUND  
FRESH  
DAILY!**

16 Oz.  
Selected Varieties  
**Hickory Country  
Sliced Bacon**  
**3.59**

Family Pack  
**80% Lean Ground Beef**

**\$5.49** lb.



3 Pk.  
Colorado, Olathe  
**Bi-Color  
Sweet Corn**

**\$2.49** ea.



**PRAIRIE FRESH  
NATURAL**

Prairie Fresh All Natural  
**Baby Back Ribs**

**\$3.49** lb.



**Arizona**  
**Kandy  
Cantaloupe**

**\$3.99** ea.



1 Lb.  
Selected Varieties  
**Reser's  
Variety Salads**

**\$5.99**



12 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi  
Products**

**\$5.99**



7-8 Oz.  
Select Varieties  
**Frito-Lay Lay's  
Potato Chips**

**2/\$5**



22-28 Oz.  
Selected Varieties  
**Bush's  
Baked Beans**

**2/\$5**



24 Pk./5 Liter Bottles  
**Niagara  
Drinking Water**

**2/\$6**



**LIMIT 2  
PLEASE  
TOTAL**

48 Oz.  
Selected Varieties  
**Blue Ribbon  
Classics  
Ice Cream**

**2/\$5**



7-13 Oz.  
Select Varieties  
**Nabisco Ritz,  
Wheat Thins or  
Triscuit Crackers**

**\$3.99**

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

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FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

\$1.29

ea.

Red or Yellow  
Bell Peppers

10 Oz.  
Grape  
Tomatoes

\$2.49

ea.

Michigan  
Super Select  
Cucumbers

79¢

ea.

\$4.99

13 Oz., Selected Varieties  
Marzetti  
Salad Dressings

79¢

ea.

Hass  
Avocados

Missouri, 3 Lb. Bag  
Gala Apples

\$3.99

3 Lb. Bag  
Halo  
Mandarins

\$6.99

2 Lb. Bag  
Fresh Lemons

\$3.79

4 Ct.  
Selected Varieties  
Giorgio Stuffed  
Mushrooms

2/\$6

Fancy Zucchini  
or Yellow Squash

\$1.39

lb.

16 Oz.  
Mini Sweet  
Peppers

\$3.49

Green  
Cabbage

89¢

lb.

3 Lb. Bag  
Yellow  
Cooking Onions

\$2.49

5 Lb. Bag  
Farmers Promise  
Red or Gold Potatoes

\$3.49

3 Ct.  
Organic  
Romaine Hearts

\$3.79

1 Lb.  
Organic  
Peeled Baby Carrots

\$1.79

low prices on everyday organic favorites

100% GUARANTEED ORGANIC

Don't forget to check in store  
for more organic produce specials!

GW Base

GW Base\_PG2\_090226\_4C



# FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry



Family Pack  
Black Canyon Angus  
**Charcoal or  
Patio Steaks**

**\$7.99**  
lb.



20-24 Oz.  
Select Varieties  
**Reese's  
Signature  
Side Dishes**  
**\$2.99**

Black Canyon Angus  
**Tri Tip Roast**  
Whole In Bag

**\$8.99**  
lb.

## OUR BUCHERS BEST BUYS FOR THE WEEK



Family Pack  
Prairie Fresh All Natural  
**Boneless or  
Butterfly Chops**

**\$2.79**  
lb.



Prairie Fresh All Natural  
**Whole or Half  
Trimmed Pork  
Butt Roast**

**\$1.99**  
lb.



22-23 Oz.  
Select Varieties  
Prairie Fresh  
**Marinated Loins**

**\$6.99**  
ea.



Prairie Fresh All Natural  
**Pork Tenderloin**

**\$2.99**  
lb.



Black Canyon Angus  
**Whole Brisket In Bag**

**\$6.49**  
lb.



Black Canyon Angus  
**Arm Roast**

**\$6.99**  
lb.



Family Pack  
Black Canyon Angus  
**Cube Steak**

**\$7.99**  
lb.



Mountaire  
Family Pack  
**Chicken Drumsticks**

**\$1.29**  
lb.



Mountaire  
Family Pack  
**Chicken Breast  
Tenders**

**\$2.49**  
lb.



Butterball 85% Lean  
**Ground Turkey**

**\$4.49**  
lb.



Our Signature, Market Made  
**Regular or Italian  
Pork Sausage**

**\$2.99**  
lb.



Market Made  
**Bacon Wrapped  
Asparagus**

**\$6.99**  
lb.



Great for the Grill!  
**Jalapeno Cheddar  
Burgers**

**\$6.49**  
lb.



Market Made  
**Chicken or  
Pork Kabobs**

**\$5.99**  
lb.



19 Oz.  
Select Varieties  
Johnsonville  
**Fresh Bratwurst**

**\$5.99**



16 Oz.  
Select Varieties  
Jimmy Dean  
**Roll Sausage**

**\$4.99**



40 Oz.  
**Best Choice  
Sliced Slab Bacon**

**\$8.99**



12-16 Oz.  
Select Varieties  
Williams Premium  
**Sausage Rolls, Links  
or Patties**

**\$3.49**



12-14 Oz.  
Select Varieties  
Johnsonville  
**Smoked Sausage  
Links**

**\$4.49**



6 Lb.  
Holton's  
Quarter Pound Beef  
**Patty Party Box**

**\$19.99**



22.5-24 Oz.  
Select Varieties  
Fast Fixin' Breaded  
**Chicken Nuggets,  
Strips or Patties**

**\$4.99**



42.7 Oz.  
Select Varieties  
State Fair  
**Classic Corn Dogs**

**\$9.99**



28.6-32 Oz.  
Select Varieties  
Jimmy Dean  
**Breakfast  
Sandwiches**

**\$10.99**



30.4-32 Oz.  
Select Varieties  
El Monterey Burritos  
or Chimichangas

**\$5.99**



12 Oz.  
Select Varieties  
Bar-S Meat Franks  
or Bologna

**99¢**



16 Oz.  
Select Varieties  
Oscar Mayer  
**Sliced Bologna  
or Cotto Salami**

**\$2.99**



10-12 Oz.  
Select Varieties  
Nathan's  
**Beef Franks**

**\$5.99**



8-9 Oz.  
Select Varieties  
Oscar Mayer Deli  
**Shaved Lunch Meats**

**\$4.49**



8.9-10.7 Oz.  
Select Varieties  
Oscar Mayer  
**Lunchable Fun Packs**

**\$3.49**

# Seafood



16-20 Ct., 2 Lb.  
Sea Best  
**Argentine Red Shrimp**

**\$19.99**



60 Oz.  
Fisher Boy  
**Fish Sticks**

**\$8.99**



16 Oz.  
Orca Bay  
**Tuna Steaks**

**\$7.99**



26-30 Ct., 16 Oz.  
Select Varieties  
Sea Best  
**Cooked Shrimp**

**\$9.99**



16 Oz.  
Sea Best  
**Cod Fillets**

**\$10.99**



**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**  
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**



**Kretschmar  
Virginia Honey  
or Smoked Ham**

**\$7<sup>49</sup>**  
lb.

**Kretschmar**



**Kretschmar  
Mesquite or Hickory  
Smoked Turkey Breast**

**\$9<sup>99</sup>**  
lb.

**Kretschmar**



**Kretschmar  
Yellow or White  
American Cheese**

**\$7<sup>49</sup>**  
lb.



**2/\$6**

16 Oz.  
Select Varieties  
**Reser's  
Variety Salads**

**ZARDA**  
HICKORY PIT BAR-B-Q



**\$4<sup>49</sup>**  
ea.

16 Oz.  
**Zarda Classic or  
Grandma's Baked  
Beans**

**VISIT OUR DELI  
FOR GREAT LUNCH  
OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE &  
2 SIDES PLUS A FREE COOKIE!**



**1 Lb.  
Tyson Boneless  
Chicken Wings**

**\$4<sup>99</sup>**



**Nathan's  
Beef Hot Dogs**

**\$2<sup>49</sup>**



**Kretschmar  
Fully Cooked Ribs**

**\$14<sup>99</sup>**



**Aunt Minnie's  
Fish Sandwich**

**2/\$5**

**\$6<sup>49</sup>**

26 Oz., Select Varieties  
**Café Valley  
Bundt Cake**



**\$3<sup>99</sup>**

12 Ct.  
**King's Hawaiian  
Original or Savory  
Butter Rolls**



**\$6<sup>99</sup>**

16 Oz.  
**The Father's Table  
New York Style or  
Strawberry Cheesecake**



**\$4<sup>49</sup>**

13.5 Oz.  
Select Varieties  
**Sweet P's  
Frosted Sugar Cookies**



**5/\$4**

4 Oz., Select Varieties  
**JJ's  
Fruit Pies**



**\$5<sup>99</sup>**

6 Ct.  
Cherry, Apple  
or French Toast  
**Clyde's Fritters**



**\$4<sup>99</sup>**

16 Oz., Select Varieties  
**Olson's Sliced  
Crème Cakes**



**\$3<sup>99</sup>**

12 Ct.  
Select Varieties  
**Café Valley  
Mini Muffins**



shop great selections of frozen entrées, fruits & veggies, pizzas & desserts



22-32 Oz.  
Select Varieties  
**Best Choice  
Frozen Potatoes  
or Fries**

**\$3<sup>99</sup>**



10-14 Oz.  
Select Varieties  
**Roma Pizza**

**2/\$5**



7-11 Oz.  
Select Varieties  
**Pillsbury  
Toaster Strudels  
or Scrambles**

**\$3<sup>29</sup>**



7.4-11.88 Oz.  
Select Varieties  
**Banquet  
Classics Dinners**

**\$1<sup>99</sup>**



8-12 Oz.  
Select Varieties  
**PictSweet  
Frozen Vegetables**

**2/\$4**



8 Oz.  
Select Varieties  
**Best Choice Frozen  
Whipped Topping**

**2/\$4**



35-37 Oz.  
Select Varieties  
**Mrs. Smith's  
Frozen Pies**

**\$5<sup>99</sup>**



48 Oz.  
Select Varieties  
**Hiland  
Light Ice Cream**

**\$3<sup>69</sup>**



20 Pk.  
Select Varieties  
**North Star  
Lotta Pops**

**\$5<sup>49</sup>**



GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products  
Along With Extra Savings All “Pink Tag” Items

2/\$5

Wish-bone  
Salad Dressing  
Select Varieties  
15 Oz.

2/\$3

20 Oz.  
Select Varieties  
Hunt's  
Ketchup

9.4-14 Oz.  
Select Varieties  
Kraft Deluxe  
or Velveeta  
Macaroni & Cheese

\$2.49

15 Oz.  
Van Camp's  
Pork and Beans

5/\$5.50

18 Oz.  
Select Varieties  
KC Masterpiece  
BBQ Sauce

\$1.59

12 Oz.  
Select Varieties  
Frank's  
Hot Sauce

\$3.99

2.12-3.5 Oz.  
Select Varieties  
McCormick  
Grill Mates  
Seasonings

\$1.99

16-24 Oz.  
Select Varieties  
Mt Olive  
Pickles or Relish

\$3.29

18-24 Ct.  
Select Varieties  
Luzianne  
Family Size Tea Bags

\$2.99

4-5 Oz.  
Select Varieties  
Knorr Pasta  
or Rice Sides

3/\$5

6 Ct.  
Select Varieties  
Maruchan Ramen  
Noodles

2/\$5

24 Oz.  
Select Varieties  
Hunt's  
Pasta Sauce

\$1.69

10 Ct.  
Select Varieties  
Dunkin Donuts  
K-Cups Coffee

\$7.99

12-16 Lb.  
Select Varieties  
Kingsford  
Regular or  
Match Light  
Charcoal

\$11.99

6-12 Roll  
Select Varieties  
Fiora Bath  
Tissue or  
Paper Towels

\$7.99

35-100 Ct.  
Select Varieties  
Glad  
Storage Bags

2/\$4

16-22 Oz.  
Select Varieties  
Dawn Platinum,  
Spray or  
EZ Squeeze  
Dish Soap

\$3.99

12.7 Oz.  
Select Varieties  
Allegro  
Marinade

\$3.99

12 Oz.  
Select Varieties  
Briannas  
Marinade

\$3.99

SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!

14-16 Oz.  
Selected Varieties  
Daisy  
Sour Cream

2/\$5

4 Ct.  
Select Varieties  
Chobani  
Yogurt

\$3.99

10-12 Oz.  
Selected Varieties  
Kraft  
Cheese Singles

\$3.99

Gallon  
Select Varieties  
Red Diamond  
Tea

\$3.99

16 Oz.  
Select Varieties  
Hiland  
Sour Cream  
or Dips

\$2.39

8 Oz.  
Select Varieties  
Hiland  
Cream Cheese or  
Cheese Shreds

\$1.99

16 Oz.  
Select Varieties  
Hiland  
Butter Quarters

\$3.29

Half Gallon  
Select Varieties  
Hiland  
Lemonade or  
Raspberry  
Lemonade

\$2.19



SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



7-9 Oz.  
Select Varieties  
**Frito-Lay  
Frito's  
or Cheetos**  
**2/\$8**



18 Ct.  
Select Varieties  
**Frito-Lay  
Variety Packs**  
**\$9.99**



12-19 Oz.  
Selected Varieties  
**Oreo  
Family Size  
Cookies**  
**\$4.99**



20 Oz.  
**Sara Lee  
Honey Wheat  
Bread**



**\$2.99**

8 Ct.  
**Ball Park  
Hamburger or  
Hot Dog Buns**



**\$2.99**

8 Ct.  
**Best Choice  
Hamburger or  
Hot Dog Buns**



**2/\$3**

**specialty foods**



15.3-15.8 Oz.  
Select Varieties  
**Kinder's  
BBQ Sauce**  
**\$4.49**



12 Oz.  
Select Varieties  
**Briannas  
Salad Dressing**  
**\$3.99**



15.75-16 Oz.  
Select Varieties  
**Serious Bean Co.  
Baked Beans**  
**\$2.29**



5-6.25 Oz.  
Select Varieties  
**Kinder's Seasoning**  
**\$5.49**



5.4-8 Oz.  
Select Varieties  
**Country Bob's  
Seasoning**  
**\$3.99**

**Shop Best Choice For Your Best Value**



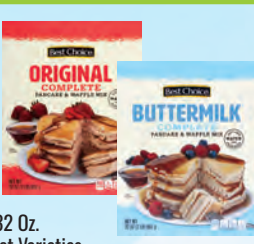
20 Oz.  
Select Varieties  
**Best Choice  
Mustard**

**\$1.49**



50 Ct.  
**Best Choice  
Summer Party  
Plates**

**\$4.49**



28-32 Oz.  
Select Varieties  
**Best Choice  
Pancake &  
Waffle Mix**

**\$2.99**



24 Oz.  
Select Varieties  
**Best Choice  
Pancake &  
Waffle Syrup**

**\$2.99**



2 Liter  
Select Varieties  
**Best Choice  
Soda**

**2/\$3**

**Great Party Favorites From Our Deli**



6 Oz.  
Select Varieties  
**Kaukauna  
Cheese Balls**

**\$3.99**



14 Oz.  
**Kretschmar Beef  
or Beef & Garlic  
Summer Sausage**

**\$8.99**



5 Oz.  
Pillow Packs  
**Kretschmar  
Pepperoni or  
Hard Salami**

**\$4.49**



8 Oz.  
Select Varieties  
**Red Apple  
Smoked  
Cheddar or Gouda**

**\$6.49**



1 Lb.  
**Walker's Spinach  
Artichoke Dip**

**\$7.49**



1 Lb.  
**Aunt Minnie's  
Tortilla Chips**

**\$2.49**

**Best Prices for Drinks**



12 Pk./12 Oz. Cans  
Select Varieties  
**Coca Cola  
Products**

**\$7.99**



12 Pk./16.9 Oz. Bottles  
Select Varieties  
**Lipton Tea**

**\$6.99**



2 Liter  
Select Varieties  
**Coca Cola  
Products**

**\$1.99**



2 Liter  
Select Varieties  
**Pepsi  
Products**

**\$2.19**



8 Pk./20 Oz. Bottles  
Select Varieties  
**Powerade  
Sports Drinks**

**\$7.49**



2 Liters  
Select Varieties  
**RC Cola or  
7-Up Products**

**\$1.79**



.5 Liter Bottles  
Select Varieties  
**RC Cola or  
7-Up Products**  
**6 Pack**

**\$5.49**



Just As Well Get The Best & The Freshest

# BIG 1 DAY SALE

SATURDAY ONLY!

PRICES GOOD SEPTEMBER 5<sup>TH</sup>, 2026



Limit 2 Please

Prairie Fresh All Natural  
**Whole Pork Butts**  
2 Pack, Sold In Bag

**\$179**  
Lb.



Limit 2 Please

**80% Lean Ground Beef**  
Sold in Tubes Only

**\$499**  
Lb.



Limit 2 Please  
While Supplies Last

16 Oz.  
**Hickory Country  
Hickory Smoked  
Sliced Bacon**

**\$299**



Just As Well Get The Best & The Freshest

# BIG 1 DAY SALE

SATURDAY ONLY!

PRICES GOOD SEPTEMBER 5<sup>TH</sup>, 2026



14 Oz.  
**Dole**  
**Coleslaw Mix**

**\$1.29**



15-29 Oz.  
Select Varieties  
**DiGiorno**  
**Frozen Pizza**

**2/\$9**



6 Ct.  
Select Varieties  
**Blue Bunny**  
**Bomb Pops**

**2/\$5**