

Just As Well Get The Best & The Freshest

# BIG 3 DAY SALE

FRIDAY, SATURDAY & SUNDAY

PRICES GOOD OCTOBER 16<sup>TH</sup> THRU OCTOBER 18<sup>TH</sup>, 2026



Prairie Fresh All Natural  
**Whole  
Boneless Loins**  
Cut & Wrapped Free

**\$1.89**  
Lb.



Sold In Tubes Only  
**80% Lean  
Ground Beef**

**\$4.59**  
Lb.



Prairie Fresh All Natural  
**Pork Butts**  
2 Pack

**\$1.79**  
Lb.

Just As Well Get The Best & The Freshest

# BIG 3 DAY SALE

FRIDAY, SATURDAY & SUNDAY

PRICES GOOD OCTOBER 16<sup>TH</sup> THRU OCTOBER 18<sup>TH</sup>, 2026



**3 DAYS ONLY!**

3 Lb. Bag  
**Sunrays  
Mandarins**

**\$4.99**



**3 DAYS ONLY!**

18 Ct.  
Select Varieties  
**Frito-Lay  
Variety Packs**

Limit 2 Please

**\$8.99**



**3 DAYS ONLY!**

6-12 Oz.  
Select Varieties  
**Borden Cheese  
Shreds & Slices**

Limit 2 Please

**2/\$4**



# G & W FOODS

**VIBURNUM, MISSOURI**  
**OPEN 7 DAYS A WEEK**  
**MON-SUN 7AM TO 7PM**  
**573-244-5594**

Prices Effective: October 7 - October 20, 2026 • While Supplies Last



12-20 Oz.  
Select Varieties  
**Bob Evans Family  
Size Side Dishes**  
**399**

**BLACK CANYON**  
ANGUS BEEF

**Black Canyon Angus  
T-Bone Steaks**

**\$13<sup>99</sup>** lb.



Premium California  
**Welch's Seedless  
Red or Green Grapes**

**\$2<sup>99</sup>** lb.



**PRAIRIE  
FRESH  
NATURAL**

Prairie Fresh All Natural  
Family Pack  
**Pork Steaks or  
Western Ribs**

**\$1<sup>99</sup>** lb.



**Black Canyon Angus  
Tri Tips**  
Whole In Bag

**\$7<sup>99</sup>** lb.



9-13 Oz.  
Select Varieties  
**Dole Chopped  
Salad Kits**

**\$3<sup>49</sup>** ea.



**GROUND  
FRESH  
DAILY!**

Any Size Package  
**90% Lean  
Ground Beef**

**\$6<sup>99</sup>** lb.



8 Lb. Bag  
Farmer's Promise  
**Russet Potatoes**

**\$2<sup>49</sup>**



MADE FRESH HERE!

5 Pc.  
**Aunt Minnie's  
Shrimp Basket  
With 3 Hush Puppies**

**\$3<sup>99</sup>**



**Coke**  
**Coca-Cola**  
ORIGINAL TASTE

12 Pk./12 Oz. Cans  
Select Varieties  
**Coca Cola  
Products**

**\$7<sup>49</sup>**



**RED BARON**  
Classic Crust  
PEPPERONI PIZZA

**RED BARON**  
Classic Crust  
TOWN MEAT PIZZA

16-21 Oz.  
Select Varieties  
**Red Baron  
Frozen Pizzas**

**\$3<sup>99</sup>**



**Hiland**  
LIGHT ICE CREAM  
Black Walnut

**Hiland**  
LIGHT ICE CREAM  
Chocolate Chip

48 Oz.  
Select Varieties  
**Hiland Light  
Ice Cream**

**\$2<sup>99</sup>**



**Green Giant**  
WHOLE SWEET  
**Green Giant**  
CUT GREEN BEANS

14.5-15 Oz.  
Select Varieties  
**Green Giant  
Canned  
Vegetables**

**99¢**



**Best Choice**  
chili  
BEANS  
Red Beans in Chili S

**Best Choice**  
DICED  
TOMATOES  
CHILI READY

14.5-15.5 Oz.  
Select Varieties  
**Best Choice  
Canned Beans  
or Tomatoes**

**99¢**



**Zesta**  
Original  
**KRISPY**  
ORIGINAL  
SALTINE CRACKERS

7.5-16 Oz.  
Select Varieties  
**Zesta or Krispy  
Saltines or  
Oyster Crackers**

**\$2<sup>99</sup>**

AS YOU ARE AWARE, THE CURRENT SUPPLY LEVEL ON SOME ITEMS HAS CREATED A LOWER THAN NORMAL INVENTORY IN OUR STORES. WE ARE WORKING DAILY WITH OUR SUPPLIERS AND WILL CONTINUE DO OUR BEST TO PROVIDE THE LARGEST SELECTIONS AVAILABLE.

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FARM TO TABLE FRESHNESS

Triple Inspected  
Daily for Quality!

\$3<sup>49</sup>

Missouri, 3 Lb. Bag  
**Red Delicious Apples**

64 Oz.  
**Louisburg Shelf Stable Apple Cider**

\$6<sup>99</sup>

**happy apples**  
Happy Apples Caramel Apples

2/\$4

3 Lb. Bag  
**Dracula Seedless Navel Oranges**

\$6<sup>99</sup>

2 Lb. Bag  
**Dracula Blood Oranges**

\$5<sup>99</sup>

5 Lb. Bag  
**Farmer's Promise Red or Gold Potatoes**

\$3<sup>49</sup>

3 Lb. Bag  
**Yellow Cooking Onions**

\$2<sup>49</sup>

Arkansas  
**Sweet Potatoes**

\$1<sup>19</sup> lb.

Washington  
**Granny Smith Apples**  
**\$1<sup>29</sup>** lb.

Washington  
**Honeycrisp Apples**  
**\$1<sup>89</sup>** lb.

Super Select  
**Cucumbers**

89¢ ea.

16 Oz.  
**Mini Sweet Peppers**

\$2<sup>99</sup>

Hothouse  
**Beefsteak Tomatoes**

\$1<sup>59</sup> lb.

8 Oz.  
**Dole Teen Spinach**

\$2<sup>39</sup>

1 Lb.  
**Organic Baby Peeled Carrots**

\$1<sup>79</sup>

3 Pk.  
**Organic Romaine Hearts**

\$4<sup>59</sup>

low prices on everyday organic favorites

# FRESH QUALITY MEATS

Fully Staffed Meat Shops, Where Our Butchers Are Always Happy To Provide Special Cuts At Your Request  
Providing Quality And Freshness With USDA Choice Black Canyon Angus Beef, Prairie Fresh All Natural Pork And Springer Mt. All Natural Poultry

GROUND  
FRESH  
DAILY!

16 Oz.  
Hickory or  
Applewood Smoked  
**Kentucky Legend  
Bacon**  
**\$4<sup>99</sup>**

80% Lean  
Ground Beef

**\$5<sup>49</sup>**  
lb.



Black Canyon Angus  
Top Round Roast

**\$6<sup>99</sup>**  
lb.

## PRAIRIE FRESH \$2.99 LB. PORKTOBER DEALS



Prairie Fresh All Natural  
Pork Tenderloins

**\$2<sup>99</sup>**  
lb.



Prairie Fresh All Natural  
Lite Pork Spare Ribs

**\$2<sup>99</sup>**  
lb.



Prairie Fresh All Natural  
Family Pack  
Boneless Chops  
or Butterflies

**\$2<sup>99</sup>**  
lb.



Prairie Fresh All Natural  
Family Pack  
Pork Cutlets

**\$2<sup>99</sup>**  
lb.



Black Canyon Angus  
Family Pack  
Top Round Steak  
or London Broils

**\$7<sup>99</sup>**  
lb.



Black Canyon Angus  
Family Pack  
Sirloin Tip Steaks  
or Roast

**\$7<sup>99</sup>**  
lb.



Black Canyon Angus  
Family Pack  
Stew Meat

**\$6<sup>99</sup>**  
lb.



Mountaire  
Pork Boneless Sirloin  
Chops or Cutlets

**\$2<sup>99</sup>**  
lb.



Mountaire  
Family Pack  
Party Wings

**\$2<sup>49</sup>**  
lb.



Butterball  
98% Lean  
Ground Turkey

**\$6<sup>99</sup>**  
lb.

### Signature meat items



Our Signature  
Seasoned Boneless  
Baby Backs or  
Country Ribs

**\$3<sup>99</sup>**  
lb.



Grill Ready  
Pork or  
Chicken Kabobs

**\$6<sup>99</sup>**  
lb.



Our Signature  
Sirloin For Fajita  
or Stir Fry

**\$7<sup>99</sup>**  
lb.



Grill, Bake or Broil  
Stuffed Boneless  
Pork Chops

**\$3<sup>99</sup>**  
lb.



12.8-18.8 Oz.  
Select Varieties  
Jimmy Dean  
Breakfast Sandwiches

**\$6<sup>99</sup>**



12-16 Oz.  
Select Varieties  
Williams Premium  
Sausage Rolls,  
Links or Patties

**\$3<sup>99</sup>**



9 Oz.  
Select Varieties  
Cacique Pork  
or Beef Chorizo

**4/\$5**



20 Oz.  
Williams Premium  
Hickory Smoked  
Slab Bacon

**\$6<sup>99</sup>**



12 Oz.  
Oscar Mayer  
Turkey Bacon

**\$4<sup>49</sup>**



13.35-16 Oz.  
Original or Beef  
State Fair  
Corn Dogs

**\$4<sup>99</sup>**



21-29 Oz.  
Select Varieties  
Tyson Chicken  
Nuggets, Patties  
or Burgers

**\$7<sup>99</sup>**



30.4-32 Oz.  
Select Varieties  
El Monterey  
Family Size Burritos  
or Chimichangas

**\$5<sup>49</sup>**



18-20.7 Oz.  
Select Varieties  
El Monterey  
Taquitos

**\$6<sup>99</sup>**



22.5-24 Oz.  
Select Varieties  
Fast Fixin' Nuggets,  
Strips or Patties

**\$4<sup>79</sup>**

### smoked meats



16 Oz.  
Select Varieties  
Hillshire Farm  
Smoked Sausages  
Rope or Links

**\$3<sup>99</sup>**



10-12 Oz.  
Select Varieties  
Nathan's  
Beef Franks

**\$5<sup>99</sup>**



10-16 Oz.  
Select Varieties  
Land O'Frost  
Premium  
Lunch Meats

**\$5<sup>99</sup>**



7-8 Oz.  
Select Varieties  
Smithfield Prime  
Fresh Lunch Meats

**\$4<sup>49</sup>**



8.8-10.7 Oz.  
Select Varieties  
Oscar Mayer  
Fun Pack Lunchables

**\$2<sup>99</sup>**

# Seafood



16-20 Ct., 2 Lb.  
Sea Best  
Argentine Red Shrimp

**\$18<sup>99</sup>**



19-24.6 Oz.  
Select Varieties  
Mrs. Paul's Breaded  
Fish Sticks or Fillets

**\$5<sup>99</sup>**



2 Lb.  
Sea Best  
Tilapia Fillets

**\$3<sup>99</sup>**



26-30 Ct. or 16 Oz.  
Sea Best Cooked &  
Peeled Shrimp

**\$9<sup>99</sup>**



60 Oz.  
Fisher Boy  
Family Sized  
Fish Sticks

**\$8<sup>99</sup>**

**ALWAYS SOMETHING GOOD COOKIN' AT AUNT MINNIE'S**  
HOME OF THE BEST HAND-BREADED FRIED CHICKEN YOU WILL FIND ANYWHERE!



**Kretschmar**



**Kretschmar  
Honey or Original  
Ham Off The Bone**

**\$7<sup>99</sup>**  
lb.

**Kretschmar**



**Kretschmar  
Cajun or Sundried  
Tomato Turkey**

**\$10<sup>49</sup>**  
lb.

**Kretschmar**



**Kretschmar  
Yellow or White  
American Cheese**

**\$7<sup>49</sup>**  
lb.

**2/\$6**

16 Oz.  
Select Varieties  
**Reser's  
Variety Salads**



**ZARDA**  
HICKORY PIT BAR-B-Q



**\$4<sup>29</sup>**  
ea.

16 Oz.  
**Zarda Classic  
or Grandma's  
Baked Beans**

**VISIT OUR DELI  
FOR GREAT LUNCH  
OR DINNER MEALS.**



**THAT INCLUDES AN ENTRÉE &  
2 SIDES PLUS A FREE COOKIE!**



**8 Piece  
Aunt Minnie's  
Fried Chicken**

**\$7<sup>99</sup>**  
ea.



**Tyson Chicken  
or Buffalo Chicken  
& Cheese Crisпитos**

**2/\$3**



**Aunt Minnie's  
Chicken Sandwich**

**\$3<sup>99</sup>**  
ea.



**Tyson Whole  
Smoked Chicken**

**\$8<sup>99</sup>**  
ea.

**\$7<sup>99</sup>**

22 Oz., Select Varieties  
**Jessie Lord  
Pumpkin Pie**



**\$8<sup>99</sup>**

20 Oz.  
**Heartland  
Pecan Pie**



**HEARTLAND  
PIES**  
BY TIDIN'

**\$4<sup>99</sup>**

12 Ct.  
Original or Savory Butter  
**King's  
Hawaiian Rolls**



**\$5<sup>49</sup>**

10 Ct.  
Select Varieties  
**Sweet P's  
Variety Cookies**



**\$5<sup>49</sup>**

14 Oz., Select Varieties  
**37th Street  
Variety Danishes**



**\$3<sup>99</sup>**

6 Ct.  
Select Varieties  
**Clyde's  
Glazed Donuts**



**\$4<sup>99</sup>**

16 Oz., Select Varieties  
**Olson's Sliced  
Crème Cakes**



**\$3<sup>99</sup>**

12 Ct.  
Select Varieties  
**Café Valley  
Mini Muffins**



**shop great selections of frozen entrées, fruits & veggies, pizzas & desserts**



7-11 Oz.  
Select Varieties  
**Pillsbury  
Toaster Strudels  
or Scrambles**

**\$3<sup>29</sup>**



24.8 Oz.  
Select Varieties  
**Totino's  
Pizza Rolls**

**\$3<sup>99</sup>**



24-32 Oz.  
Select Varieties  
**Mr. Dell's Frozen  
Hash Browns**

**\$3<sup>99</sup>**



9-11 Oz.  
Select Varieties  
**Healthy Choice  
Frozen Entrées**

**\$3<sup>99</sup>**



36-40 Oz.  
Select Varieties  
**Marie Callender's  
Family Size Entrées**

**\$9<sup>49</sup>**



20-26 Oz.  
Select Varieties  
**Farm Rich  
Frozen Meatballs**

**\$6<sup>99</sup>**



19 Oz.  
Select Varieties  
**Pepperidge Farm  
Frozen Dessert Cakes**

**\$5<sup>99</sup>**



6 Ct.  
Select Varieties  
**Prairie Farms  
Nuttly Royale or Fudge  
& Cookie Cones**

**\$4<sup>99</sup>**



4 Qt. Pail  
Select Varieties  
**Best Choice  
Ice Cream**

**\$5<sup>99</sup>**

# GROCERY FAVORITES

Find Great Savings on National Brands and Private Label Products

Along With Extra Savings All “Pink Tag” Items

\$249

Nature Valley, General Mills, Mott’s Cereal Bars or Granola Bars

Select Varieties  
5-10 Ct.

2/\$8

7-13 Oz.  
Select Varieties

Nabisco Snack Crackers

8-12 Oz.  
Select Varieties

General Mills Cereal

\$249

16 Oz.  
Select Varieties

Old El Paso Refried Beans

2/\$5

10 Oz.  
Select Varieties

Old El Paso Enchilada Sauce

2/\$5

Select Varieties

Old El Paso Dinner Kits

\$3.99

Select Varieties

Old El Paso Taco Shells

\$2.49

1 Oz.  
Select Varieties

Old El Paso Taco Seasoning Packets

99¢

5 Oz.  
Select Varieties

Starkist Tuna

4/\$5

16 Oz.  
Select Varieties

Chick Fil A Sauce

\$3.99

20 Oz.  
Select Varieties

Hunt’s Ketchup

\$1.59

4 Oz.  
Select Varieties

Betty Crocker Box Potatoes

2/\$5

6 Ct.  
Select Varieties

Orville Redenbacher’s Microwave Popcorn

\$4.49

100.5-105 Oz.  
Select Varieties

Arm & Hammer Liquid Detergent

\$6.99

18.5 Lb.  
Select Varieties

Purina Dog Chow

\$16.99

3 Lb.  
Select Varieties

Pure Wonder Best Choice Dry Cat Food

\$3.99

5.6 Oz.  
Select Varieties

Pup-Peroni Dog Treats

2/\$7

5 Oz.  
Select Varieties

Cholula Hot Sauce

\$3.39

16 Oz.  
Select Varieties

Herdez Salsa

\$3.19

## SHOP OUR ALWAYS FARM FRESH DAIRY FAVORITES

Including products from our hometown Hiland Dairy!

\$2.99

Select Varieties  
Pillsbury Grands! Biscuits  
16.3 Oz.,  
Cinnamon Rolls  
12.4 Oz. or  
Crescent Rolls  
8 Oz.

4/\$5

5.3 Oz.  
Selected Varieties  
Chobani Yogurt

\$3.49

7.5-8 Oz.  
Selected Varieties  
Kraft Philadelphia Soft Cream Cheese

Half Gallon  
Select Varieties

Hiland Orange Juice

\$3.69

Select Varieties  
Hiland Cottage Cheese  
16 Oz.  
or Yogurt  
32 Oz.

\$3.59

24 Oz.  
Select Varieties

Hiland Sour Cream

\$3.79

16 Oz.  
Select Varieties

Hiland Cheese Block

\$3.99

Quart  
Select Varieties

Hiland Halloween Nog

\$3.99

SCAN THE CODE TO VISIT OUR WEBSITE FOR *More Great Recipes!*



7-8 Oz.  
Select Varieties  
**Frito-Lay  
Doritos**  
**2/\$8**



10-12 Oz.  
Select Varieties  
**Frito-Lay  
Tostitos  
Tortilla Chips**  
**\$3.99**



7-8 Oz.  
Select Varieties  
**General Mills  
Chex Mix,  
Gardettos  
or Bugles**  
**\$2.99**



20 Oz.  
**Sara Lee  
Butter Bread**



**\$2.99**

18 Oz.  
Select Varieties  
**Thomas'  
Bagels**



**\$3.99**

20 Oz.  
**Bunny Honey  
Wheat Bread**



**\$2.99**

specialty foods



15 Oz.  
Select Varieties  
**El Rio  
Cheese Sauce**  
**\$3.29**



11.5 Oz.  
**La Preferida  
Jalapenos**  
**\$2.79**



15 Oz.  
**La Preferida  
Black Beans**  
**\$1.79**



16 Oz.  
**La Preferida  
Refried Beans**  
**\$1.59**



10 Oz.  
**La Victoria Red  
Enchilada Sauce**  
**\$1.79**

Shop Best Choice For Your Best Value



9-16 Oz.  
Select Varieties  
**Best Choice  
Saltines**  
**\$1.69**



24 Oz.  
Select Varieties  
**Best Choice  
Sour Cream**  
**2/\$5**



32 Oz.  
Select Varieties  
**Best Choice  
Broth**  
**\$1.69**



12 Oz.  
Select Varieties  
**Best Choice  
Frozen  
Vegetables**  
**\$1.29**



8 Oz.  
Select Varieties  
**Best Choice  
Cream  
Cheese**  
**2/\$4**

Great Party Favorites From Our Deli



6.75-7.3 Oz.  
Select Varieties  
**Stacy's  
Pita Chips**  
**\$3.99**



Select Varieties  
**Pancho's  
Queso**  
**\$5.99**



7 Oz.  
**Sabra  
Classic  
Guacamole**  
**\$3.99**



8 Oz.  
Select Varieties  
**Sabra  
Hummus**  
**\$3.49**



14 Oz.  
**Kretschmar  
Beef or Beef  
& Garlic  
Summer  
Sausage**  
**\$8.99**



5 Oz.  
**Kretschmar  
Pepperoni or  
Hard Salami  
Pillow Packs**  
**\$4.49**

Best Prices for Drinks



12 Pk./12 Oz. Cans  
Select Varieties  
**Pepsi  
Products**  
**\$7.99**



8 Pk./12 Oz. Bottles  
Select Varieties  
**Coca Cola  
Products**  
**\$4.99**



6 Pk./16.9 Oz. Bottles  
Select Varieties  
**Pepsi  
Products**  
**\$3.49**



59 Oz.  
Select Varieties  
**Gold Peak  
Tea**  
**\$3.99**



12 Pk./12 Oz. Bottles  
Select Varieties  
**Gatorade  
Sports Drinks**  
**\$8.49**