

3105 DICKERSON PIKE
NASHVILLE, TN 37202

629-702-5847
OPEN 7 DAYS A WEEK • 7AM-9PM



18.4-23 Oz.
Selected Varieties
**Smithfield Marinated
Fresh Pork Tenderloins,
Picnics or Loin Fillets**

4⁹⁹

Family Pack Fresh
Previously Frozen
Bone-In Chicken Breasts

1⁶⁹ Lb.

Family Pack Fresh
**Bone-In Sirloin Pork
Chops**

1⁶⁹ Lb.

16 Oz., Selected Varieties
**Jimmy Dean Fresh
Pork Roll Sausage**

3⁹⁹



12 Oz.
Selected Varieties
**Smithfield
Sliced Bacon**

3⁹⁹



4⁸⁹ Lb.

Family Pack
Certified Angus Beef®
**Ground
Beef**



7⁹⁹ Lb.

USDA Select
Black Canyon Angus
Family Pack
**Boneless
Beef Top
Sirloin Steaks**

PICK

5 for

\$19⁹⁹

BUY 5 & SAVE!

FIRST OF THE Season!

1⁸⁹ Lb.

**Green or Red
Seedless
Grapes**

PICKED AT Peak!

2/\$3

**Iceberg
Lettuce**

WEEKLY Savings!

10/\$10

7.5-15 Oz.
Selected Varieties
**Chef Boyardee
Pasta**

2/\$7

12 Pk.
Selected Varieties
**Maruchan
Ramen**

Hot DEAL

2⁹⁹

10 Ct.
Selected Varieties
**CapriSun
Drinks**

2/\$6

5-8 Oz.
Selected Varieties
**Frito-Lay
Lay's Potato Chips**

THIS WEEK'S Deals!

2⁹⁹

6-9 Ct. or 46-48 Oz.
**BLUE BUNNY
ICE CREAM,
SANDWICHES,
CONES OR BARS**

3⁹⁹

4 Pk.
Selected Varieties
**BLUE BUNNY
TWIST CONES**

2/\$9

15.2-16 Oz. or 4 Ct.
**BEN & JERRY'S OR
TALENTI ICE CREAM
CUPS, GELATO, OR
BARS**

2/\$9

3-4 Ct. or 14 Oz.
Selected Varieties
**MAGNUM OR
YASSO ICE CREAM
BARS OR CUPS**

10/\$10

4 Ct.
Selected Varieties
**Snack Pack
Pudding or Gelatin**

3/\$5

15 Ct.
Selected Varieties
**Totino's
Pizza Rolls**

3/\$9

13.8-15.8 Oz.
Selected Varieties
**Jack's
Pizza**

2/\$8

18-19.7 Oz.
Selected Varieties
**General Mills
Family Size
Cereal**

2⁹⁹

6-12 Pk.
**Mayfield Ice Cream or
Krunch Bars or Sandwiches**

2/\$6

48 Oz.
**Turkey Hill
Premium Ice Cream**

4⁹⁹

34 Oz.
Selected Varieties
Sara Lee Fruit Pies

2/\$7

9-10.75 Oz.
Selected Varieties
Frito-Lay Doritos Chips

GREAT DEALS DOWN *Every Aisle!*



2/\$5
6-8.8 Oz.
Selected Varieties
Ben's Original Ready Rice



69¢
2.25 Oz.
Selected Varieties
Maruchan Ramen Cups



8.99
15 Pk.
Selected Varieties
SunnyD Punch



7.99
7 Oz. or 10 Ct.
Selected Varieties
Folgers, Dunkin' or Bustelo K-Cups or Instant Coffee



4.99
5 Pk.
Kraft Blue Box Mac & Cheese



1.99
8.8 Oz.
Selected Varieties
Minute Rice Cups



10/\$10
3.31-4.12 Oz.
Selected Varieties
Maruchan Yakisoba or Ramen Bowls



10/\$10
5 Oz.
Selected Varieties
Bumble Bee Chunk Light Tuna



10/\$10
2.6-4.5 Oz.
StarKist Tuna Pouches or Bowl



2/\$4
64 Oz.
Selected Varieties
V8 Splash Juice



4.99
30 Oz.
Selected Varieties
Duke's Mayonnaise



1.99
14 Oz.
Selected Varieties
Armour Chili With Beans



2/\$3
1 Oz.
Williams Chili Seasoning Mix



7.99
32 Oz.
Selected Varieties
Rao's Pasta Sauce



1.58
5 Oz.
Selected Varieties
Best Choice Croutons



99¢
.85-1 Oz.
Selected Varieties
Old El Paso Taco Seasoning



2/\$3
4-16 Oz.
Selected Varieties
Old El Paso Refried Beans, Green Chiles, or Enchilada Sauce



2/\$4
4.7-12 Oz. or 10-12 Ct.
Selected Varieties
Old El Paso Shells, Tostadas, Beans or Rice



1.99
20 Oz.
Selected Varieties
Libby's Pineapple



2/\$6
6.25-19 Oz., or 8-12 Ct.
Selected Varieties
Old El Paso Premium Shells, Dinner Kit or Sauces



2.19
28-29 Oz.
Selected Varieties
Libby's Vegetables

DON'T MISS *Deals!*



22-27.9 Oz., Selected Varieties
Maxwell House Ground Coffee

12.49



3.5-5 Oz., Selected Varieties
Kraft or Velveeta Mac & Cheese Bowls

2.99

SAVE ON *Home & Health*



6-12 Rolls
Cottonelle or Viva Bath Tissue or Paper Towels

11.99



30-120 Ct.
Selected Varieties
Bounce or Gain Fabric Softener Sheets

5.95



26-44 Oz. or 15 Ct.
Selected Varieties
Gain or Downy Fabric Softener or Laundry Detergent

5.99



30 Ft.
Selected Varieties
Best Choice Aluminum Foil

2/\$4



2.5-3.15Lb.
Selected Varieties
9Lives Dry Cat Food

2/\$10



5.5 Oz.
Selected Varieties
9Lives Individual Wet Cat Food

79¢



12-90 Ct.
Selected Varieties
Best Choice Zipper Bags

2/\$5

DON'T MISS OUT ON THESE *Great Savings!*

3.99

24-32 Oz.
Selected Varieties
**Pearl Milling
Company Pancake
Mix or Syrup**



4/\$5

7-7.6 Oz.
Selected Varieties
**Martha White
Muffin Mix**



2/\$10

12 Ct.
Selected Varieties
**Best Choice
K Cups**



2.99

17.1-21 Oz.
Selected Varieties
**Krusteaz Cake,
Muffin, or
Dessert Mix**



2.99

18 Oz.
**Reese's
Peanut Butter**



4.99

16 Ct.
Selected Varieties
**Nutri-Grain,
Rice Krispies
Bars or Treats**



3.99

16 Oz.
Selected Varieties
**Lawry's
Seasoned Salt**



1.79

9-12 Oz., Selected Varieties
**Zatarain's
Fish Fry**



2.29

7 Oz.
Selected Varieties
**Lifesavers
Gummies**



2.99

8 Ct.
Selected Varieties
**Keebler
Cracker Packs**



8.99

12.91-20 Oz.
**Cheeze-It Cracker
Packs or Pringles
Grab N' Go**



3.99

4.25-15 Oz.
**Town House, Club,
Toasted, Carr's or
Keebler Graham
Crackers**



3.99

7.8-14.03 Oz.
Selected Varieties
**Oreo
Cookies**



2.99

5-10 Ct.
Selected Varieties
**Hostess Multi
Pack Snacks**



3.99

8 Pk./12 Oz.
Selected Varieties
**Bubly
Water**

DAIRY & Frozen

5.99

Dozen
**Vital Farm
Pasture Raised
Large Eggs**



3.59

7.5-12 Oz.
**Kraft or Cracker
Barrel Stick
Cheese**



2/\$6

4-6 Ct.
**Dannon Danimals,
Activia or YoCrunch
Yogurt**



5.99

20 Oz.
Selected Varieties
**Rana Pasta
Entrées or
Side Dishes**



1.99

15 Oz.
**Galbani
Ricotta**



2/\$4

12 Oz.
Selected Varieties
**Heluva Good!
Dips**



3.99

16 Oz.
Selected Varieties
**Best Choice
Butter**



2/\$5

32 Oz.
Selected Varieties
**Blue Bonnet
Margarine
Quarters**



4.99

24-32 Oz.
Selected Varieties
**Starbucks or
Natural Bliss
Creamer**



3.49

6.67-8 Oz.
Selected Varieties
**Sargento
Slices**



99¢

8 Oz.
Selected Varieties
**Best Choice
Sour Cream**



1.99

8 Oz.
Selected Varieties
**Best Choice
Cream Cheese**

Chill **DEAL**

2.79

59 Oz.
Selected Varieties
**Florida's Natural
Lemonade Splashes**



2.99

5-8 Oz.
Selected Varieties
**Sargento
Shreds**



4.49

32-64 Oz., Selected Varieties
**International Delight
Iced Coffee or
Silk Creamer**



2/\$7

8.8-11.72 Oz., Selected Varieties
**Red Baron
Single Serve Pizza**



5.49

4-6 Ct., Selected Varieties
**White Castle
Sliders**



2/\$7

5.2-6.5 Oz./2 Piece
Selected Varieties
Edwards Pie Slices



4.99

24-32 Oz., Selected Varieties
**Banquet Boneless
Chicken**



3.99

14-16 Oz., Selected Varieties
**Hungry-Man
Dinners**



5.99

16-18 Oz., Selected Varieties
**Innovasian
Cuisine Entrées**

3.99

8.7-18 Oz.
**Innovasian
Cuisine Side
Dishes**



2/\$5

8.65-8.8 Oz.
Selected Varieties
**Kid Cuisine
Dinners**



3.49

10-24 Ct.
Selected Varieties
**Mary B's
Frozen Biscuits**



4.99

15.66 Oz.
**Red Lobster
Frozen
Biscuits**



3/\$5

8-16 Oz.
**PictSweet Farms
Simple Harvest
or Recipe Helpers
Vegetables**



4.99

32 Oz.
Selected Varieties
**Birds Eye
Vegetables**



4.49

9.7 Oz.
**Auntie Anne's
Pretzel
Nuggets**



2/\$6

10 Ct.
Selected Varieties
**Eggo Frozen
Breakfast**



5.99

17-19 Oz.
Selected Varieties
**Sara Lee
Cheesecake**



3.99

8-9.8 Oz.
Selected Varieties
**Hola! Frozen
Churros**



PREMIUM QUALITY *Meat Selections*



Family Pack, Fresh
**PRAIRIE FRESH WHOLE
PORK TENDERLOIN**

2⁹⁹
Lb.



Sold in 10 Lb. Bag
**FRESH FRYER
LEG QUARTERS**

7⁹⁰
Ea.



40 Oz., Individually Fresh Frozen
**TYSON BONELESS
SKINLESS CHICKEN
BREAST OR TENDERLOINS**

7⁹⁹



40 Oz., Individually Fresh Frozen
**Tyson Original or
Flavored Chicken Wings**

5⁴⁹



USDA Select
Black Canyon Angus
**Boneless Beef
Shoulder Roast**

5⁸⁹
Lb.



USDA Select
Black Canyon Angus
**Boneless Beef
Shoulder Steaks**

6³⁹
Lb.



12 Oz.
Selected Varieties
Eckrich Hot Dogs

1⁷⁹



3⁹⁹

15 Oz., Selected Varieties
**Ball Park Beef
Franks**

7⁷⁷

20-26.05 Oz.
Selected Varieties
**Tyson Fully Cooked
Chicken Strips,
Fillets, Nuggets,
Wings or Restaurant
Style Entrées**



2/\$5

12-13 Oz.
Selected Varieties
**Earl Campbell's
Smoked Sausage**



4⁹⁹

14 Oz.
Selected Varieties
**Lil Butcher Shoppe
Smoked Sausage**

5⁹⁹ 16 Oz., Fresh Frozen
Sea Best Flounder Fillets

26⁹⁹ 6 Lb.
**Holten's Frozen
Beef Patties**

4⁹⁹ 16 Oz., Selected Varieties
**Lloyd's Pork or
Chicken BBQ**

4⁹⁹

2/\$4

4⁴⁹

24 Oz., Chicken Salad or Pimento Cheese
Mrs. Grissom's

2 Oz., Selected Varieties
**Oscar Mayer P3
Portable Protein**

14 Oz., Selected Varieties
**Oscar Mayer Wallet Pack
Lunch Meats**

3⁴⁹

7⁹⁹

5⁷⁹

13.92-16.1 Oz., Selected Varieties
**Oscar Mayer Uploaded
Lunchables**

20 Oz., Selected Varieties
**Land O' Frost
Lunch Meat Sub Kits**

30.4-32 Oz., Selected Varieties
**El Monterey Family Size
Burritos or Chimichangas**

3 DAY *Only* SALE

Friday, August 28 - Sunday, August 30



15 Oz., Selected Varieties
**Ball Park Meat or
Turkey Franks**

2/\$3



13-14 Oz., Selected Varieties
**Hillshire Farm
Smoked Sausage**

2/\$5

2.4-2.84 Oz., Selected Varieties
ARMOUR LUNCHMAKERS

5/\$5

30 Oz., Selected Varieties
**JIMMY DEAN PANCAKE &
SAUSAGE ON A STICK**

8⁹⁹

9.6-12 Oz., Patties or Links
**JOHNSONVILLE FRESH OR
FULLY COOKED PORK SAUSAGE**

3⁹⁹

27 Oz.
**SMOKY FARMS FROZEN
SAUSAGE PATTIES**

4⁹⁹

12.8-18.8 Oz., Selected Varieties
**JIMMY DEAN BREAKFAST BISCUITS,
BURRITOS, MUFFINS, GRIDDLECAKES,
ROLL UPS OR HASHBROWNS**

5⁹⁹

26-29 Oz., Selected Varieties
**TENNESSEE PRIDE FROZEN
BREAKFAST SANDWICHES**

8⁹⁹

12 Oz.
**OSCAR MAYER SLICED
TURKEY BACON**

3⁹⁹

16 Oz.
**SEA BEST FROZEN FRESH
TILAPIA FILLETS**

4⁷⁹

PRODUCE FRESH *from the Farm!*



3/\$3

Red, Yellow or
Orange Bell
Peppers



3⁹⁹

3 Lb., Michigan
Ginger Gold Apples



**BEEFSTEAK
TOMATOES**

1⁴⁹
Lb.



**Green
Cabbage**

69¢
Lb.



Avocados

3/\$2



2/\$7

5 Lb. Bag
**Best Choice Red or
Gold Potatoes**



14 Oz.
**Dole
Coleslaw**

1²⁹



**Red or Black
Plums**

1⁹⁹
Lb.

Senior Discount
Now Twice Per Month!
1ST & 3RD
OF EACH MONTH

**INDIVIDUALS 60 OR OVER.
10 PERCENT OFF ORDER BEFORE TAX.
ALCOHOL AND TOBACCO EXCLUDED.**



26 Oz., Selected Varieties
Café Valley Ring Cakes

5⁹⁹



20 Oz., Chess or Chocolate
Mama Turney's Pie

9⁹⁹



2.25 Oz.
Super Donuts

79¢



4 Oz., Selected Varieties
JJ Snack Pies

3/\$2



6.5-11 Oz. Cakes or Bars
Olson Baking Company Angel Food

2⁹⁹



6 Ct.
Clyde's Glazed Yeast Donuts

2⁹⁹



44 Oz., Double Layer
Rich's Caramel Cake

14⁹⁹



**Thibodeaux's
Wild Caught
Crawfish Tail Meat**

8.09



**SeaBest
Raw Shrimp**
EZ Peel, Tail On
30-40 Ct., 1 Lb.

9.15



**SeaBest
Bay Scallops**
Ready to Cook
1 Lb.

9.59

3 DAY *Only* SALE

Friday, August 28 - Sunday, August 30

12-14 Oz.
Selected Varieties
Reser's Side Dishes

2/\$4

12-13.5 Oz.
Sliced Sweet Bread or
Mini Sub Buns
King's Hawaiian

2/\$5