



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



80% Lean
Ground Beef
Fresh, Family Pack

4.49 lb



T-Bone
Steak
USDA Choice Angus Beef

13.99 lb



Washington
Cherries

2.88 lb



Whole
Seedless
Watermelon
Whole

3.99



Red, Yellow,
or Orange
Bell Peppers
Sweet, Crunchy

99¢



Bi-Color
Sweet Corn
Fresh

4/\$2



Strawberries
2 lb pkg

5.99



Peaches or
Nectarines
Juicy

2.49 lb



Essential Everyday
Shredded Cheese
32 oz pkg,
Selected Varieties

7.99



Simply Juices or Drinks
or Gold Peak Tea
52 oz btl,
Selected Varieties

2/\$5



Ore-Ida
Potatoes or Tater Tots
19-32 oz pkg,
Selected Varieties

3.99



Breyers
Ice Cream
48 oz ctn,
Selected Varieties

2/8.88



Kraft
Mac & Cheese
Dinner
5.5-7.25 oz box,
Selected Varieties

5/\$5



Frito Lay Party Size
Chips, Lay's or
Tostitos Dip or Salsa
6-18 oz bag or 23-24 oz jar,
Selected Varieties

2/\$9



Heinz
Ketchup
20 oz btl

2.88



Ice Mountain
100% Natural
Spring Water
24 pk, 16.9 oz btls

4.99



PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

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FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE JULY

SUN	MON	TUES	WED	THUR	FRI	SAT
20	21	22	23	24	25	26

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



French Bread
Bakery Fresh
2.49_{ea}



Whole Roasted Rotisserie Chicken
Original, Hot From the Deli
8.99_{ea}



Margherita Hard Salami or Pepperoni
Deli Fresh
7.99_{lb}



Cyrus O'Leary's Cream or Meringue Pies
8 inch, Selected Varieties
8.99



Resers Seafood or Tuna Salad
12 oz pkg, Selected Varieties
4.99



Hormel Gatherings Party Tray
28 oz pkg, Selected Varieties
15.99



Clyde's Apple Fritters
6 ct pkg
4.99



Parfait or Cheesecake Cups
4.5-5 oz pkg, Selected Varieties
2.49



Sartori Parmesan Cheese Wedge
5 oz pkg
3.49

FROZEN & DAIRY



Smart Ones Entrées
6.49-10.25 oz pkg, Selected Varieties
2/\$5



Essential Everyday Pizza
14.73-16.51 oz pkg, Selected Varieties
3/\$10



Kraft Philadelphia Cream Cheese
8 oz brick, Selected Varieties
3.29



Rana Pasta or Sauce
20 oz Pasta or 12.5-15 oz Sauce, Selected Varieties
6.49



Brew Pub Lotzza Motzza Pizza
10.3-13.71 oz pkg, Selected Varieties
2/\$10



Ore-Ida Bagel Bites Pizza Snacks!
7 oz pkg, Selected Varieties
2/\$5



Dannon Greek or Remix Mix-Ins Yogurt
4.5-5.3 oz cup, Selected Varieties
3/\$4



Chobani Creations or Flip Greek Yogurt
4.5-5.3 oz cup, Selected Varieties
2/\$3



TGI Fridays Frozen Appetizers
8-11 oz box, Selected Varieties
4.99



Stone Ridge Creamery Ice Cream Cups
12 ct pkg, Selected Varieties
4.99



Sargento Balanced Breaks
4-4.5 oz pkg, Selected Varieties
3/\$10



Stone Ridge Creamery Fudge or Orange Cream Bars
12 ct pkg, Selected Varieties
3.99

HOUSEHOLD GOODS



Essential Everyday Bleach
81 oz btl, Selected Varieties
4.99



Essential Everyday Basic Cutlery
18-24 ct box, Selected Varieties
2/\$3



Essential Everyday Foam Plates
50 ct pkg
2.49



Essential Everyday Party Cups
50 ct pkg, Selected Varieties
4.99



Essential Everyday Aluminum Foil
75 sq ft roll
4.29



Essential Everyday Slider Storage or Freezer Bags
30-35 ct box, Selected Varieties
3.99



Glad Tall Kitchen or Trash Bags
25-68 ct box, Selected Varieties
9.99



Ziploc Sandwich Bags
105 ct pkg
4.79

HEALTH & BEAUTY

PET



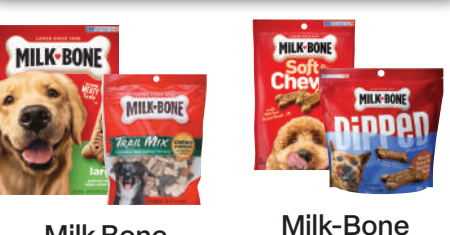
Think! Protein Bars
1.2-2.1 oz pkg, Selected Varieties
2/\$4



Centrum Vitamins
100-160 ct pkg, Selected Varieties
11.99



Equaline Calcium Antacid
60-150 ct pkg, Selected Varieties
3.99



Milk Bone Trail Mix or Dog Biscuits
9 oz Trail Mix or 24 oz Biscuits, Selected Varieties
4.99



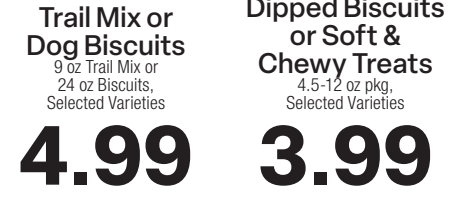
Colgate Toothpaste
4 oz pkg, Selected Varieties
2/\$3



OGX Shampoo or Conditioner
13 oz btl, Selected Varieties
6.99



Speed Stick Deodorant
2.7-3 oz pkg, Selected Varieties
2.49



Milk-Bone Dipped Biscuits or Soft & Chewy Treats
4.5-12 oz pkg, Selected Varieties
3.99

GROCERY SPECIALS



Maruchan
Ramen or Yakisoba
Noodle Bowl
3.3-4.11 oz pkg,
Selected Varieties

99¢



Betty Crocker
Suddenly Salad
6.2-8.3 oz box,
Selected Varieties

2/\$5



Chex Mix, Bugles
or Gardetto's
Family Size Snacks
9-14.5 oz bag, Selected Varieties

2/\$7



Old Dutch
Dutch Crunch or
Ripples Potato Chips
9 oz Dutch Crunch or 8-8.5 oz Ripples,
Selected Varieties

2/\$8



Famous Amos or
Keebler Cookies
9 oz Famous Amos or 8.5-13.4 oz
Keebler, Selected Varieties

2/\$6



Cheez-It Puff'd,
Snap'd, or
Town House Crackers
5.75-7.5 oz Cheez-It or
9.2-13.8 oz Town House, Selected Varieties

3.99



General Mills Cereal
13.9 oz Trix, 14.9 oz Lucky Charms,
15.1 oz Cookie Crisp, 16.7 oz Reeses Puffs or
Golden Grahams or 16.8 oz Cinnamon
Toast Crunch, Selected Varieties

2/8.88



Kellogg's Cereal
8.8 oz Corn Pops,
8.9 oz Apple Jacks or Froot Loops,
12 oz Frosted Flakes or
11.6-12.2 oz Flavored Frosted Flakes,
Selected Varieties

3.88



Juicy Juice
100% Juice
64 oz btl or 8 pk, 6.75 oz boxes,
Selected Varieties

2/\$6



Capri Sun
Juice Drink
10 ct pkg,
Selected Varieties

2.99



Essential Everyday
Almonds or Cashews
9-11 oz pkg,
Selected Varieties

5.99



Essential Everyday
Cashew Halves & Pieces
8 oz can,
Selected Varieties

4.99



Pompeian
Olive Oil
16 oz btl,
Selected Varieties

8.99



Essential Everyday
Toaster Pastries
12 ct box,
Selected Varieties

2.88



Cascadian Farm
Organic
Cereal or Granola
9.2-12 oz Cereal or 11 oz Granola,
Selected Varieties

4.99



Post
Family Size Cereal
18 oz Honey Bunches of Oats Honey Roasted or
With Almonds, 19.5 oz Fruity or Cocoa Pebbles,
25 oz Raisin Bran or 29 oz Grape Nuts

4.49



Essential Everyday
Vanilla Wafers
11 oz box

2.99



Pop-Secret
Popcorn
12 ct pkg,
Selected Varieties

7.99



Just Born
Mike & Ike Candy
4.25 oz box,
Selected Varieties

99¢



Essential Everyday
Honey Bear
24 oz btl,
Selected Varieties

5.99



Country Time
Lemonade
10 pk, 6 oz pouches,
Selected Varieties

3.49



Wild Harvest
100% Coconut Water
33.8 oz ctn

3.99

X550

STORE COUPON



Hormel
Always Tender
Pork Tenderloin
18.4 oz pkg,
Selected Varieties

6.99



005500

Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
thru Sat., July 26, 2025.
Valid only at stores listed on the front page.

X551

STORE COUPON



Land O Frost
Bistro Favorites
Lunchmeat
6-8 oz pkg,
Selected Varieties

2/\$7



005510

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
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X552

STORE COUPON



Kraft
Natural
Sliced Cheese
7-8 oz pkg,
Selected Varieties

2/\$5



005520

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
thru Sat., July 26, 2025.
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X553

STORE COUPON



Sargento
String Cheese
8.4-12 oz pkg,
Selected Varieties

2/8.88



005530

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
thru Sat., July 26, 2025.
Valid only at stores listed on the front page.

X554

STORE COUPON



Häagen-Dazs
Ice Cream
14 oz pkg,
Selected Varieties

2/8.88



005540

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
thru Sat., July 26, 2025.
Valid only at stores listed on the front page.

X555

STORE COUPON



Essential
Everyday
Graham Crackers
14.4 oz pkg,
Selected Varieties

2.99



005550

Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
thru Sat., July 26, 2025.
Valid only at stores listed on the front page.

X556

STORE COUPON



Essential
Everyday
Snack Pudding
4 ct pkg,
Selected Varieties

3/\$3



005560

Customer must purchase three.
Limit three with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
thru Sat., July 26, 2025.
Valid only at stores listed on the front page.

X557 REDEEMABLE COUPON RV0200



Kool-Aid,
Crystal Light or
MiO Water
Enhancer
1.62 oz pkg, Selected Varieties

4/\$10

RETAILER: Return to UNFI COUPON SERVICES
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.

Customer must purchase four.
Limit four with this coupon.
Limit one coupon per family.
Prices effective Sun., July 20
thru Sat., July 26, 2025.
Valid only at stores listed on the front page.



005570

FRESH MEAT & SEAFOOD



Boneless
Top Round
Steak
USDA Choice Angus Beef
7.49lb



Boneless
Top Round
Roast
USDA Choice Angus Beef
6.99lb



Gold'n Plump
Chicken Wings
Fresh
3.99lb



Assorted
Pork Chops
Fresh, Bone In, Family Pack
2.29lb



Center Cut
Pork Chops
Fresh, Bone-In
2.49lb



Oscar Mayer
Sliced Bacon
12-16 oz pkg,
Selected Varieties
5.99



Holten Meats
Restaurant Quality
Beef Patties
2 lb pkg
8.99



Schweigert
Natural Casing Wieners
12 oz pkg,
Selected Varieties
5.99



Smithfield
Breakfast Links, Patties
or Roll Sausage
12-16 oz pkg,
Selected Varieties
3.99



Bob Evans
Family Size Side Dishes
28-32 oz pkg,
Selected Varieties
5.49



Sugardale
Sliced Pepperoni
8 oz pkg
2.99



Essential Everyday
Breaded Chicken
24-28 oz pkg,
Selected Varieties
6.49



Jennie-O
93% Lean Ground
Turkey or Patties
16 oz pkg,
Selected Varieties
5.99



Impossible
Burger Bricks
or Hot Dogs
10-12 oz pkg,
Selected Varieties
6.99



No Name
Salmon Fillets
10 oz pkg,
Selected Varieties
11.99



Arctic Shores
Pollock Fillets
16 oz pkg, Wild Caught
3.99

FARM FRESH PRODUCE



Dole
Salad Kits
10-13.25 oz bag,
Selected Varieties
3.49



Dole
Cauliflower
2.99



Bolthouse
Baby Carrots
1 lb pkg
1.29



Yellow
Onions
3 lb bag
1.99



Honeydew
Melons
Sweet
2.99ea



English
Cucumbers
Seedless
99¢

FLORAL

All items not available
at all locations.



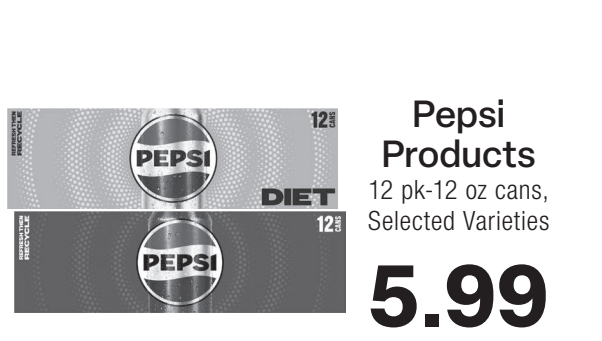
Mum
Plant
4.5 Inch Pot,
In Assorted Colors

5.99



Summer Salad
Bouquet

12.99



Pepsi
Products
12 pk-12 oz cans,
Selected Varieties
5.99



Village Hearth
Old Fashioned
Hamburger or
Hot Dog Buns
8 ct pkg
2/\$5



Kickstart
Energy Drink
16 oz can,
Selected Varieties
4/\$5



Bubly
Sparkling Water
8 pk-12 oz cans,
Selected Varieties
2/\$7



Canoe
Wild Rice
15 oz can
2/4.44



Gatorade
8 pk-20 oz btls,
Selected Varieties
7.49



Lipton
Pure Leaf
Tea
6 pk-16.9 oz btls,
Selected Varieties
5.99



Country Hearth
Dakota Style
12 Grain Bread
24 oz loaf
3.69



Propel
Fitness Water
12 pk-16.9 oz btls,
Selected Varieties
9.89



YOUR SUPPORT EMPOWERS FAMILIES

During Aisles of Smiles,
join MDA's mission to empower
the people we serve to live longer,
more independent lives.

OFFERS VALID 7/20 THROUGH 7/26



Noosa Finest Yoghurt

24 oz tub or 4 ct pkg,
Selected Varieties

3.99



SunnyD Citrus Punch

128 oz btl,
Selected Varieties

3.49



Pepperidge Farm Texas Toast or Garlic Bread

9.5-11.25 oz pkg,
Selected Varieties

3.49



Chicken of the Sea Tuna, Infusions or Pink Salmon

2.5-5 oz pkg Tuna, 2.8 oz cntr Infusions
or 2.5-5 oz pkg Pink Salmon,

Selected Varieties

2/\$3



Barilla Gluten Free, Legume or Protein+ Pasta

8.8-14.5 oz pkg,
Selected Varieties

2/\$5



Prego Pasta Sauce

14.5-24 oz jar,
Selected Varieties

2/\$6



Hostess Donettes Mini Donuts

9.5-10.75 oz bag,
Selected Varieties

1.99



V8 Splash Juice Drink

64 oz btl,
Selected Varieties

2/\$5



Starbucks Coffee

11-12 oz bag, 32 oz btl or
10 ct K-Cups, Selected Varieties

9.99



Sparkle Paper Towel

4 Double Rolls

6.99



Angel Soft Bath Tissue

8 Mega Rolls

6.99

Sweet Savings!



Ben & Jerry's Ice Cream
16 oz pkg,
Selected Varieties

2/\$9



Magnum Ice Cream Bars
3-6 ct box,
Selected Varieties

4.99



Talenti Gelato, Gelato Layers or Mini Sorbetto Bars
10.6-16 oz Gelato or 6 ct Mini Bars,
Selected Varieties

4.99



Klondike Ice Cream Cones
8 ct pkg,
Selected Varieties

7.99



Klondike Ice Cream Bars or Sandwiches
6 ct pkg,
Selected Varieties

2/\$9



Popsicle Brand Ice Pops or Fudge Pops
18 ct pkg,
Selected Varieties

4.99



Smucker's Spoonables
11.75-12.25 oz jar,
Selected Varieties

2.99



Essential Everyday Jumbo Cups
12 ct box

1.99



Hershey's Giant Candy Bars
7.13-7.56 oz pkg,
Selected Varieties

3.49



Jet Puffed Marshmallows
12 oz pkg

1.99



Voortman Wafers or Cookies
5-11.3 oz pkg,
Selected Varieties

2.99



Essential Everyday Maraschino Cherries
10 oz jar,
Selected Varieties

2.69