



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



Red or Green
Grapes
1 lb pkg
2.49lb



Farmer's Promise
Russet Potatoes
5 lb bag
2.49

Crystal Farms
Shredded or Chunk Cheese
5.5-8 oz Shredded or 7-8 oz Chunk,
Selected Varieties
2/\$5

Dannon Activia,
Light'n Fit or YoCrunch
Yogurt or Danimals Smoothie
4 ct Yogurt or 6 ct Smoothie,
Selected Varieties
2/\$6

Bellatoria
Ultra Thin Crust Pizza
11.81-19.41 oz pkg,
Selected Varieties
2/\$11

Stone Ridge Creamery
Ice Cream or Sherbet
48 oz ctn,
Selected Varieties
2/\$7

Old Dutch Puffs,
Puffcorn, Tortilla or
Traditional Potato Chips
7-9 oz Puffcorn, 9-13 oz Tortilla,
8.5 oz Puffs or 9.5-10 oz Traditional
2/\$7

Post Honey
Bunches of Oats
Cereal
11-12 oz box,
Selected Varieties
2/\$5

Gold Peak Tea or
Minute Maid
Zero Sugar
52 oz btl,
Selected Varieties
2/\$5

RIB FEST!
Pork Loin
Back Ribs
Previously Frozen
3.88lb

Pork
Spare Ribs
USDA Inspected
2.88lb

Country
Style
Pork Ribs
Fresh, Bone-In
1.88lb

Curly's BBQ
Pork Ribs
24 oz pkg
9.88

PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE JUL-AUG						
SUN	MON	TUES	WED	THUR	FRI	SAT
27	28	29	30	31	1	2

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Artisan
French Loaf
Bakery Fresh

3.99 ea



Chicken
Tenders
Deli Fresh

5.99 lb



Kretschmar
Honey or
Virginia Ham
Deli Fresh

5.99 lb



Bakery Fresh
Muffins
4 ct pkg,
Selected Varieties

6.99



Stonemill
Kitchens Dips
10-11 oz pkg,
Selected Varieties

4.99



Stacy's
Pita Chips
7.33 oz bag,
Selected Varieties

3.99



Bakery Fresh
Cookies
10-12 ct pkg,
Selected Varieties

4.99



Clyde's
Donut Holes
12 oz pkg,
Selected Varieties

3.49



Athenos
Feta Cheese
Crumbles
3.5-4 oz pkg,
Selected Varieties

2.99

FROZEN & DAIRY



Totino's
Pizza Rolls
24.46-24.8 oz pkg,
Selected Varieties

4.88



Hot Pockets
Sandwiches
4 ct pkg,
Selected Varieties

4.99



Kraft
Shredded
Cheese
24 oz pkg,
Selected Varieties

6.99



Essential
Everyday
String Cheese
24 ct pkg

6.99



McCain
Potatoes or
Onion Rings
14-26 oz pkg,
Selected Varieties

2/\$7



Kellogg's
Eggo Thick &
Fluffy Waffles
6 ct box,
Selected Varieties

2/\$7



Essential Everyday
Cheese Cups
5-6 oz cup,
Selected Varieties

2/\$5



Crystal Farms
Sliced Cheese or
American Singles
7-12 oz pkg,
Selected Varieties

3.29



Delimex
Taquitos
19.2-20 oz pkg,
Selected Varieties

4.99



Totino's
Breakfast Rolls
19.5 oz box,
Selected Varieties

4.88



Too Good
Greek Yogurt
5.3 oz cup,
Selected Varieties

3/\$4



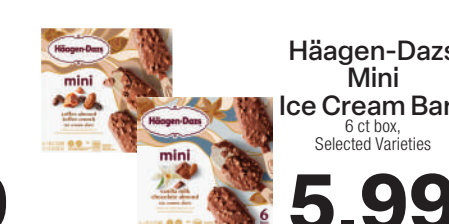
Silk
Greek Style
Yogurt
5.3 oz cup,
Selected Varieties

3/\$4



Outshine
Fruit Bars
12 ct box,
Selected Varieties

5.49



Häagen-Dazs
Mini
Ice Cream Bars
6 ct box,
Selected Varieties

5.99



Silk
Cashew, Soy,
Coconut, Oat or
Protein Milk
59-64 oz ctn,
Selected Varieties

3.99



Starbucks
Iced Coffee
40-48 oz btl,
Selected Varieties

5.99

HOUSEHOLD GOODS



Gain
Laundry Detergent
46 oz btl,
Selected Varieties

5.99



Tide Laundry Detergent,
Downy or Tide Rinse & Refresh or
Cascade Action Pacs Dishwashing Detergent
25-42 ct Pods or 7.3-8.4 oz btl Liquid Detergent,
48 oz Rinse & Refresh or 26-43 ct Cascade,
Selected Varieties

12.99



Bounce
Fabric
Softener Sheets
160 ct box

7.99



Downy
Unstopables In-Wash
Scent Boosters
7.8 oz pkg,
Selected Varieties

6.49



Essential Everyday
All Purpose or
Bathroom Cleaner
32 oz btl,
Selected Varieties

3.99



Essential Everyday
Premium Dinnerware
24 ct box,
Selected Varieties

2/\$4



Essential Everyday
Dishwashing Liquid
24 oz btl,
Selected Varieties

2.49



Charmin
Bath Tissue or
Bounty Paper Towels
6 ct Super Mega Rolls or 9 ct Mega Rolls
Charmin or 6 ct Double Rolls Bounty,
Selected Varieties

13.99



Puffs
Facial Tissue
48 ct box,
Selected Varieties

2/\$3



Essential Everyday
Click 'n Lock
Storage or Freezer Bags
14-24 ct box,
Selected Varieties

2/\$4



Essential Everyday
Aluminum Foil
25 sq ft roll

1.79

HEALTH & BEAUTY



Sensodyne or
Parodontax Toothpaste
3.4-4 oz pkg,
Selected Varieties

7.49



Listerine
Mouthwash
16.9 oz btl,
Selected Varieties

6.49



Edge or Skintimate
Shave Gel
7 oz pkg,
Selected Varieties

3.99



Gillette
Venus Breeze Razor
1 ct pkg,
Selected Varieties

13.99



Carefree
Daily Liners
36-54 ct pkg,
Selected Varieties

3.79



Poise
Pads or Liners
14-50 ct pkg,
Selected Varieties

6.99

GROCERY SPECIALS



Cheez-It or Kellogg's Club Crackers
9-13.7 oz pkg,
Selected Varieties

3.99



Frito-Lay Cheetos, Funyuns or Fritos
2.63-10 oz bag,
Selected Varieties

2/\$8



Essential Everyday Oatmeal
18 oz cnstr,
Selected Varieties

2.99



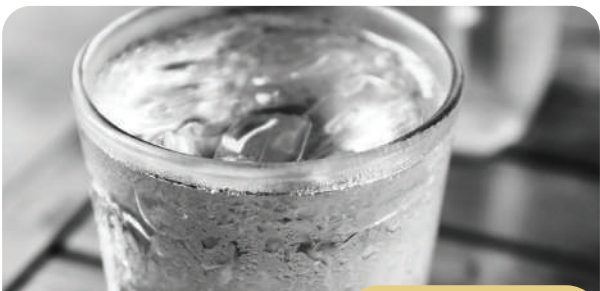
Bush's Best Baked Beans
15.8-16 oz can,
Selected Varieties

2/\$4



Kraft BBQ Sauce
17.5-18 oz btl,
Selected Varieties

1.69



Pure Life Water
24 pk/8 oz btls

2/\$9



Essential Everyday Pickle Chips
16 oz pkg,
Selected Varieties

2/\$5



Bertolli or Ragù Pasta Sauce
16.9-24 oz jar or 45 oz btl,
Selected Varieties

3.99



Essential Everyday Ketchup
24 oz btl

1.29



Essential Everyday Chunk Light Tuna
5 oz can,
Selected Varieties

99¢



Essential Everyday Mayonnaise
30 oz jar,
Selected Varieties

4.79



Essential Everyday Taco Seasoning
1.25 oz pkg,
Selected Varieties

5/\$4



Frito-Lay Tostitos Salsa
15.5 oz jar,
Selected Varieties

2/\$7



Lay's Stax
5.5-5.75 oz pkg,
Selected Varieties

2/4.44



Dot's Pretzels Multipack
10 oz pkg,
Selected Varieties

6.99



Essential Everyday Rice Cakes
12 ct pkg,
Selected Varieties

2/\$5



ACT II Microwave Popcorn
6 ct box,
Selected Varieties

2.99



Hershey's King Size Candy Bars
2.5-5 oz pkg,
Selected Varieties

2/\$4



Country Time, Kool-Aid or Tang Drink Mix
19-20 oz pkg,
Selected Varieties

3.99



Crystal Light Drink Mix
3.2 oz or 12 ct pkg,
Selected Varieties

2.99



Kraft Jet-Puffed Marshmallows
16 oz pkg

2.49



Jet-Puffed Mini, Stackers Marshmallows or Marshmallow Creme
7-10 oz bag or 7 oz jar,
Selected Varieties

1.69

X500 STORE COUPON



Johnsonville Bratwurst or Italian Sausage
19 oz pkg,
Selected Varieties

4.99

Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., July 27
thru Sat., August 2, 2025.
Valid only at stores listed on the front page.

X501 STORE COUPON



Smithfield Sliced Bacon
12 oz pkg,
Selected Varieties

4.49

Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., July 27
thru Sat., August 2, 2025.
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X502 STORE COUPON



Essential Everyday Cream Cheese
8 oz tub

2/\$5

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 27
thru Sat., August 2, 2025.
Valid only at stores listed on the front page.

X503 STORE COUPON



Nestlé Drumstick
6-20 ct pkg,
Selected Varieties

6.99

Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., July 27
thru Sat., August 2, 2025.
Valid only at stores listed on the front page.

X504 STORE COUPON



Essential Everyday Dry Roasted Peanuts
16 oz jar,
Selected Varieties

2/4.44

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 27
thru Sat., August 2, 2025.
Valid only at stores listed on the front page.

X505 STORE COUPON



Essential Everyday Black Olives
6 oz can,
Selected Varieties

3/\$5

Customer must purchase three.
Limit three with this coupon.
Limit one coupon per family.
Prices effective Sun., July 27
thru Sat., August 2, 2025.
Valid only at stores listed on the front page.

X506 REDEEMABLE COUPON RV0150



Hershey's Twizzlers
11-16 oz bag,
Selected Varieties

2/\$6

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 27
thru Sat., August 2, 2025.
Valid only at stores listed on the front page.

X507 REDEEMABLE COUPON RV100



Hershey's Milk Chocolate Candy Bars
6 ct pkg

4.99

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GOOD ONLY AT UNFI SUPPLIED STORES

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FRESH MEAT & SEAFOOD

A large, thick cut of meat, likely a brisket or round steak, is shown cooking on a grill. It has a dark, seared exterior and a lighter, pinkish interior.

Boneless Bottom Round Steak
USDA Choice Angus Beef

7.99lb

A large, thick cut of meat, likely a rump roast, is shown on a plate. It has a dark, seared exterior and a lighter, pinkish interior.

Boneless Rump Roast
USDA Choice Angus Beef

7.49lb

A basket of golden-brown, roasted chicken drumsticks or thighs. They are served with a side of vegetables.

Just Bare Drumsticks or Thighs
20 oz pkg, Fresh, All Natural

2/\$7

A large, thick cut of meat, likely a pork shoulder roast, is shown on a plate. It has a dark, seared exterior and a lighter, pinkish interior.

Pork Shoulder Roast
Fresh

2.99lb

A large, thick cut of meat, likely a pork shoulder steak, is shown on a plate. It has a dark, seared exterior and a lighter, pinkish interior.

Pork Shoulder Steak
Fresh

3.29lb

A plate of cooked shrimp, likely from Arctic Shores, served with a side of vegetables.

Arctic Shores Extra Jumbo Raw Shrimp
16 oz pkg, 16-20, EZ-Peel

7.99

A package of Buddig Original Tub Lunchmeat, showing the product and the brand name.

Buddig Original Tub Lunchmeat
7-9 oz pkg, Selected Varieties

2/\$7

A package of Foster Farms Corn Dogs, showing the product and the brand name.

Foster Farms Corn Dogs
29.3-42.72 oz pkg, Selected Varieties

8.99

A package of Simek's Entrées, showing the product and the brand name.

Simek's Entrées
32 oz pkg, Selected Varieties

9.99

A package of Kevin's Chicken Entrées, showing the product and the brand name.

Kevin's Chicken Entrées
16-17 oz pkg, Selected Varieties

8.99

A package of Hormel Fully Cooked Bacon, showing the product and the brand name.

Hormel Fully Cooked Bacon
2.52 oz pkg, Selected Varieties

4.49

A package of Cloverdale Applewood Smoked Bacon, showing the product and the brand name.

Cloverdale Applewood Smoked Bacon
3 lb pkg

18.99

A package of Farmland Pork Links or Roll Sausage, showing the product and the brand name.

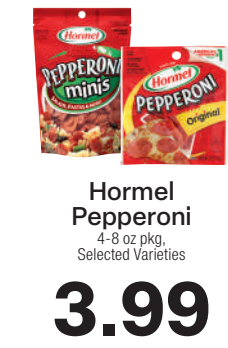
Farmland Pork Links or Roll Sausage
8-12 oz pkg, Selected Varieties

2/\$5

A package of Nathan's Famous Pretzel or Bagel Dogs, showing the product and the brand name.

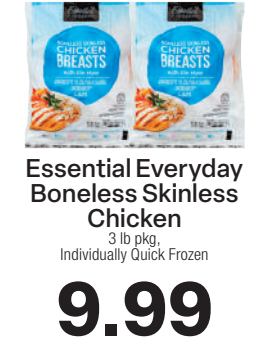
Nathan's Famous Pretzel or Bagel Dogs
16 oz pkg, Selected Varieties

7.99

A package of Hormel Pepperoni, showing the product and the brand name.

Hormel Pepperoni
4-8 oz pkg, Selected Varieties

3.99

A package of Essential Everyday Boneless Skinless Chicken, showing the product and the brand name.

Essential Everyday Boneless Skinless Chicken
3 lb pkg, Individually Quick Frozen

9.99

FARM FRESH PRODUCE

A bowl of fresh salad, likely from Dole, showing the product and the brand name.

Dole Salad Blends
5-12 oz pkg, Selected Varieties

2.99

A bowl of fresh avocados, showing the product and the brand name.

Avocados
Fresh

99¢

A bowl of fresh mini sweet peppers, showing the product and the brand name.

Mini Sweet Peppers
1 lb pkg

2.99

A bowl of fresh Giorgio Baby Bella mushrooms, showing the product and the brand name.

Giorgio Baby Bella Mushrooms
8 oz pkg, Whole or Sliced

2/\$4

A bunch of fresh green onions, showing the product and the brand name.

Green Onions
Fresh Bunch

3/\$2

A bowl of fresh Bolthouse baby carrots, showing the product and the brand name.

Bolthouse Baby Carrots
2 lb bag

2.69

A bowl of fresh On The Vine tomatoes, showing the product and the brand name.

On The Vine Tomatoes
1 lb

1.49lb

A bowl of fresh cucumbers, showing the product and the brand name.

Cucumbers
Fresh

59¢

FLORAL
All items not available at all locations.

A bouquet of white linen flowers, showing the product and the brand name.

White Linen Bouquet

7.99

A potted gerbera plant in a ceramic pot, showing the product and the brand name.

Gerbera In Ceramic
4.5 inch

9.99

A box of Diet Coke and a 12-pack of Coca-Cola cans, showing the product and the brand name.

Coke Products
24 pk-12 oz cans, Selected Varieties

9.99

12 pk-12 oz cans 5.99

A package of Lakeland Jumbo Hamburger or Hot Dog Buns, showing the product and the brand name.

Lakeland Jumbo Hamburger or Hot Dog Buns
12 ct pkg

2.99

A bottle of Canada Dry mixer, showing the product and the brand name.

Canada Dry Mixers
1 ltr btl

2/\$3

A variety of soft drink bottles and cans, including A&W, RC, Sunkist, 7-Up, Canada Dry, and Squirt, showing the product and the brand name.

A&W, RC, Sunkist, 7-Up, Canada Dry or Squirt
12 pk-12 oz cans, Selected Varieties

5.99

A bottle of Powerade, showing the product and the brand name.

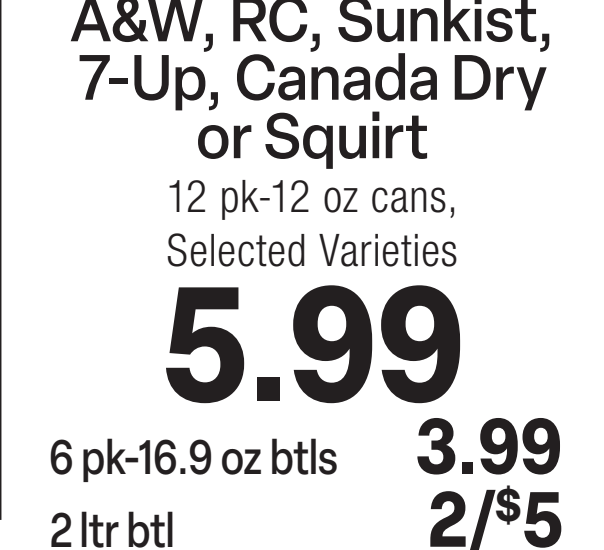
Powerade
28 oz btl, Selected Varieites

10/\$10

A package of Country Hearth English Muffin Bread, showing the product and the brand name.

Country Hearth English Muffin Bread
16 oz loaf

3.59

A variety of soft drink bottles and cans, including A&W, RC, Sunkist, 7-Up, Canada Dry, and Squirt, showing the product and the brand name.

A&W, RC, Sunkist, 7-Up, Canada Dry or Squirt
12 pk-12 oz cans, Selected Varieties

5.99

6 pk-16.9 oz btls 3.99
2 ltr btl 2/\$5