



PAULBECK'S MARKET

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



Gold'N Plump
Chicken Leg
Quarters
Fresh
1.29 lb



Boneless
Country Style
Pork Ribs
Fresh
1.99 lb



Boneless
Ribeye Steak
USDA Choice Angus Beef
13.99 lb



Peaches or
Nectarines
Large, Juicy
1.99 lb



Oscar Mayer
Lunchables
2.25-4.4 oz pkg,
Selected Varieties

5/\$5



Blueberries
Pint

2/\$5



The Greek Gods
Yogurt
24 oz tub,
Selected Varieties

3.99



Kraft
Crumbles, Chunk or
Shredded Cheese
5 oz Crumbles or
7-8 oz Chunk or Shredded,
Selected Varieties

3/\$8



Stouffer's
Signature Classics
Frozen Entrées or
Simple Dishes
8.375-12.75 oz pkg,
Selected Varieties

3/\$8



Blue Bunny
Frozen Dairy
Dessert
46-48 oz pkg,
Selected Varieties

2/\$7



Frito Lay
Tostitos Dip, Salsa
Sunchips or Doritos
10-15.75 oz jar or 6-10.75 oz bag,
Selected Varieties

2/\$7



Jif
Peanut Butter
15.5-16 oz jar,
Selected Varieties

2/\$5



Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE AUGUST						
SUN	MON	TUES	WED	THUR	FRI	SAT
3	4	5	6	7	8	9

01-VER # 4 PAULBECK'S

BAKED GOODS

ALL ITEMS NOT AVAILABLE AT ALL LOCATIONS.

DELI FRESH



White or Wheat Bread
16 oz pkg
1.99



Reser's Potato, Coleslaw or Macaroni Salad
15-16 oz pkg
2.99



Kretschmar Turkey Off the Bone
Deli Fresh, Selected Varieties
8.99lb



Gregory's Homestyle Cookies
12 ct pkg, Selected Varieties
3.99



Two-Bite Brownies
10.5 oz pkg
4.49



Cheese Tortellini Salad
Deli Fresh
5.99lb



Clyde's Cake Donuts
6 ct pkg, Selected Varieties
3.99



Sabra Hummus
17 oz pkg, Selected Varieties
5.99



Great Midwest Cheddar
7 oz pkg, Selected Varieties
4.99

FROZEN & DAIRY



Healthy Choice Frozen Dinners or Steamer
9.5-10.7 oz pkg, Selected Varieties
2/\$6



Essential Everyday Fries, Tots, or Hashbrowns
19.05-32 oz pkg, Selected Varieties
2/\$6



Crystal Farms String Cheese
10 oz pkg, Selected Varieties
4.29



Pillsbury Grands, Crescent or Cinnamon Rolls
4-10.2 oz pkg, Selected Varieties
2/\$3



Bellatoria Personal Size or Roma Pizza
5.67-11.05 oz pkg, Selected Varieties
3/\$9



Essential Everyday Frozen Vegetables
32 oz pkg, Selected Varieties
3.99



SToK Cold Brew Iced Coffee
48 oz btl, Selected Varieties
4.99



Chobani Oat Drink or Creamer
24-52 oz ctn, Selected Varieties
4.88



Yellowstone Frozen Meals
10.75-14 oz pkg, Selected Varieties
5.99



Essential Everyday Frozen Fruit
12-16 oz pkg, Selected Varieties
3.99



Just Crack an Egg Scramble Kits
2.25-3 oz pkg, Selected Varieties
2/\$5



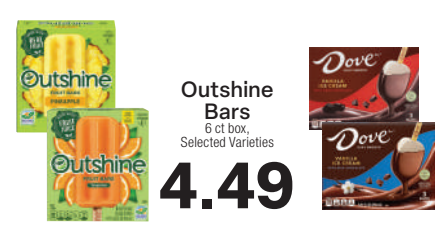
Essential Everyday Cottage Cheese
24 oz pkg, Selected Varieties
3.49



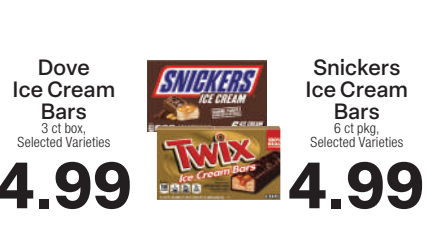
Essential Everyday Grated Parmesan
8 oz cnsr, Selected Varieties
3.49



Stone Ridge Creamery Ice Cream Sandwiches
12-16 ct pkg, Selected Varieties
4.49



Tillamook Ice Cream
48 fz, pkg, Selected Varieties
5.99



Essential Everyday American Cheese Singles
12-16 oz pkg, Selected Varieties
2.89



Kemps Sour Cream
12-16 oz ctn
2/\$5



Outshine Bars
6 ct box, Selected Varieties
4.49



Dove Ice Cream Bars
3 ct box, Selected Varieties
4.99



Snickers Ice Cream Bars
6 ct pkg, Selected Varieties
4.99

HOUSEHOLD GOODS

PET



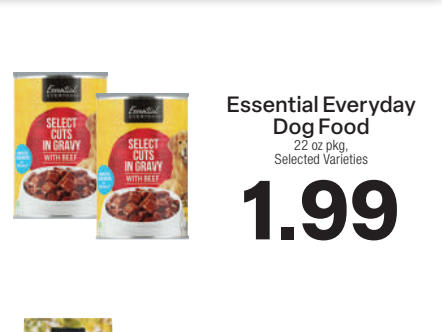
Arm & Hammer Laundry Detergent or Power Paks
100.5-105 or 42 ct pkg, Selected Varieties
8.99



Oxi Clean Stain Remover
3 lb box, Selected Varieties
8.99



Finish Dishwasher Tablets
11 ct pkg
4.99



Lysol All Purpose Cleaner
32 oz btl
3.99



Essential Everyday Dog Food
3.8 oz, Selected Varieties
1.99



Dawn Dish Spray or Ez Squeeze
16-22 oz btl, Selected Varieties
3.99



Quilted Northern Bath Tissue
9 Mega Roll pkg, Selected Varieties
13.99



Brawny Paper Towels
8 Double Roll pkg
17.99



Essential Everyday Lawn and Leaf Bags
20-36 ct pkg, Selected Varieties
8.99



Essential Everyday Dry Dog Food
4 lb bag, Selected Varieties
4.99

HEALTH & BEAUTY



Boost High Protein Nutritional Drink
6 pk/8oz btl or 4 pk/8oz btl, Selected Varieties
11.99



ZzzQuil Nighttime Sleep-Aid or Ultra DOX Tablets
12 oz btl or 24 ct pkg, Selected Varieties
8.99



Crest 3D White Toothpaste
3.8 oz, Selected Varieties
4.99



Suave Essentials Shampoo or Conditioner
22.5 fl, Selected Varieties
2.29



BIC Mens and Womens Razors
1-6 ct pkg, Selected Varieties
6.99



Depends or Poise Underwear, Briefs, Bed Protect, Liners or Pads
12-19 ct pkg, Selected Varieties
16.99



X550 STORE COUPON



Bar S Franks
or Sliced Bologna
12 oz Bologna or 16 oz Franks,
Selected Varieties

2/\$4



Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3
thru Sat., August 9, 2025.
Valid only at stores listed on the front page.

X551 STORE COUPON



Oscar Mayer
Family Pack
Deli Fresh Lunchmeat
15-16 oz pkg,
Selected Varieties

6.49



Limit one with this coupon.
Limit one coupon per family.
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X552 STORE COUPON



Carl Buddig
Mega Pack Lunchmeat
22 oz pkg,
Selected Varieties

5.99



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X553 STORE COUPON



Jimmy Dean
Simple Scrambles,
Loaded Bites, or Hillshire
Bistro Snacks
2.76-5.35 oz pkg,
Selected Varieties

2/\$6



Customer must purchase two.
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X554 STORE COUPON



Essential Everyday
Natural Sliced Cheese
6-8 oz pkg,
Selected Varieties

2/4.44



Customer must purchase two.
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X555 STORE COUPON



Chobani Greek,
Less or Zero Sugar Yogurt
4 ct pkg,
Selected Varieties

2/\$8



Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
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X556 STORE COUPON



Banquet
Boneless Chicken
24-32 oz pkg,
Selected Varieties

4.88



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Limit one coupon per family.
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X557 STORE COUPON



Birds Eye Voila!
Frozen Meals
21 oz pkg,
Selected Varieties

4.99



Limit one with this coupon.
Limit one coupon per family.
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X558 STORE COUPON



Mr. Dell's
Frozen Potatoes
24-32 oz pkg,
Selected Varieties

3.49



Limit one with this coupon.
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X559 STORE COUPON



Kodiak Cakes
Thick and Fluffy Waffles
10 -14.82 oz pkg,
Selected Varieties

5.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3
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X560 STORE COUPON



Essential Everyday
Frozen Blueberries
40 oz pkg

7.99



Limit one with this coupon.
Limit one coupon per family.
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X561 STORE COUPON



General Mills
Cereals

15 oz Protein Cookies & Creme, 18 oz Multi Grain
Cheerios or Cheerios, 18.1 oz Cocoa Puffs,
18.6 oz Lucky Charms, 18.8 oz Honey Nut Cheerios
or Cinnamon Toast Crunch, 18.9 oz Golden Grahams,
19.7 oz Reese's Puffs or 19.8 oz Puff's Mini

2/\$8



Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
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X562 STORE COUPON



Kraft
Mayonnaise
30 oz jar,
Selected Varieties

3.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3
thru Sat., August 9, 2025.
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X563 STORE COUPON



Essential Everyday
White Vinegar
128 oz btl, Selected Varieties

2.99



Limit one with this coupon.
Limit one coupon per family.
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thru Sat., August 9, 2025.
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X564 STORE COUPON



Eight O' Clock
Coffee or k-cup
10-12 ct K-Cups or 11-12 oz bag,
Selected Varieties (Excludes brew over ice K-Cups)

5.99



Limit one with this coupon.
Limit one coupon per family.
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X565 STORE COUPON



Old Orchard
Apple Juice Blends
12 oz pkg,
Selected Varieties

3/\$5



Customer must purchase three.
Limit three with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3
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X566 STORE COUPON



Ice Mountain
Spring Water
6 ct/23.7 oz or 12 ct/8 oz pkg

2/\$5



Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3
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X567 STORE COUPON



Softsoap
Liquid Hand Soap
7.5 oz btl

3/\$4



Customer must purchase three.
Limit three with this coupon.
Limit one coupon per family.
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X568 STORE COUPON



Charmin Essentials
Bath Tissue or Bounty
Essentials Paper Towels
6 Mega Rolls Charmin or 4 Double Rolls Bounty,
Selected Varieties

5.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3
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X569 STORE COUPON



Essential Everyday
Saltines
16 oz pkg, Selected Varieties

1.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3
thru Sat., August 9, 2025.
Valid only at stores listed on the front page.

SAVE BIG WITH THESE COUPONS!

QUAKER BREAKFAST DEALS!



X570 REDEEMABLE COUPON RV0300

Save \$3.00

When You Purchase Any 5
*Participating Quaker® Products.

*Participating Products include: Life 13 oz, Quaker Oats Squares 14.5 oz, Instant Quaker Oats Core, Instant Quaker Oats Premium, Standard Quaker Oats 42 oz or Chewy Bars 5-8 ct, Pearl Milling Company Syrup 24 oz or Pancake Mix 32 oz

RETAILER: Return to UNFI COUPON SERVICES
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES

Customer must purchase five.
Limit five with this coupon.
Limit one coupon per family.
Prices effective Sun., August 3 thru Sat., August 9, 2025.
Valid only at stores listed on the front page.



**Quaker Oats
Oatmeal**
18-42 oz cnstr,
Selected Varieties

4.49



**Quaker
Instant Oatmeal**
8.4-13.1 oz box,
Selected Varieties

2/\$6



**Pearl Milling Company
Pancake Mix or Syrup**
32 oz box Mix or 24 oz btl Syrup,
Selected Varieties

3.49



**Quaker Premium
Instant Oatmeal**
8.4-13.1 oz pkg,
Selected Varieties

4.99



**Quaker
Cereal**
13 oz Life or 14.5 oz Oatmeal Squares,
Selected Varieties

2/\$5



**Quaker
Chewy Granola Bars**
6-8 ct box,
Selected Varieties

2/\$6

BACK to SCHOOL Savings
ON EVERYTHING FROM A TO Z



**Essential Everyday
Macaroni and Cheese**
5.5-7.3 oz box,
Selected Varieties

5/\$4



**Hostess
Single Serve**
2.55-4.5 oz pkg,
Selected Varieties

4/\$5



**Kellogg's
Rice Krispies Treats**
8 ct box,
Selected Varieties

2/\$6



**Essential Everyday
Microwave Popcorn**
3 ct pkg,
Selected Varieties

3/\$4



**Mott's
Apple Sauce**
6 ct pkg,
Selected Varieties

3.29



**Welch's
Fruit and Yogurt
Fruit Snacks**
6-10 ct pkg,
Selected Varieties

2/\$5



**Yoplait
GoGurt or
Yogurt Fridge Pack**
20 ct GoGurt or 8 ct Fridge Pack,
Selected Varieties

5.99



**Kool-Aid
Jammers**
10 ct pkg,
Selected Varieties

2.99



**Essential Everyday
Facial Tissue**
60-70 ct box,
Selected Varieties

2/\$3



**Lysol
Disinfecting Wipes**
35 ct pkg,
Selected Varieties

3.99

BACK to SCHOOL Savings

GROCERY SPECIALS



StarKist
Chunk Light Tuna
5 oz can,
Selected Varieties

99¢



Essential Everyday
Canned Vegetables
14.5-15.25 oz can,
Selected Varieties

5/\$4



Essential Everyday
Beans
15 oz can,
Selected Varieties

99¢



Essential Everyday
Tomatoes
14.5-15 oz can,
Selected Varieties

99¢



Ortega Taco Shells,
Sauce, Seasoning or
Refried Beans
10-12 ct Shells, 7.5-8 oz Sauce, 3 ct
Seasoning or 16 oz Beans, Selected Varieties

2/\$4



Rao's
Pasta Sauce
15-24 oz jar,
Selected Varieties

6.99



Essential Everyday
Ketchup
38 oz btl

2.49



Essential Everyday
Crackers
7.5-13.7 oz pkg,
Selected Varieties

2/\$5



Old Dutch Dutch
Crunch, Kettlecorn,
Popcorn or Twin Pack
Potato Chips
5-10 oz pkg, Selected Varieties

2/\$7



Pringles
Potato Crisps
4.9-5.57 oz can,
Selected Varieties

2/\$5



Smucker's
Natural Grape
Spread or Jelly
25-32 oz jar

2.69



Essential Everyday
Skillet Dinners
5.6-6.4 oz pkg,
Selected Varieties

2/\$3



Wild Harvest
Almond Butter
12 oz jar,
Selected Varieties

5.99



McCormick
Taco Seasoning
1 oz envelope,
Selected Varieties

5/\$5



Essential Everyday
Barbecue Sauce
18 oz btl,
Selected Varieties

1.79



Essential Everyday
Cider Vinegar
16 oz btl

1.69



Kellogg's
Special K Bars
8 ct pkg,
Selected Varieties

2/\$6

FRESH MEAT & SEAFOOD



80% Lean Ground Beef
Fresh, Family Pack

4.99lb



Boneless Sirloin Tip Steak
USDA Choice Angus Beef

7.99lb



Boneless Sirloin Tip Roast
USDA Choice Angus Beef

7.49lb



Boneless Pork Sirloin Chops
Fresh

2.49lb



Boneless Pork Sirloin Roast
Fresh

2.29lb



Oscar Mayer Sliced Bacon
12-16 oz pkg, Selected Varieties

5.99



Smithfield Marinated Pork Loin Fillets, Roasts or Tenderloins
19.2-23 oz pkg, Selected Varieties

6.99



Hormel Ground Pork Chub
1 lb pkg, Fresh

3.49



State Fair Classic or Mini Corn Dogs
30.36-42.72 oz Pkg, Selected Varieties

9.99



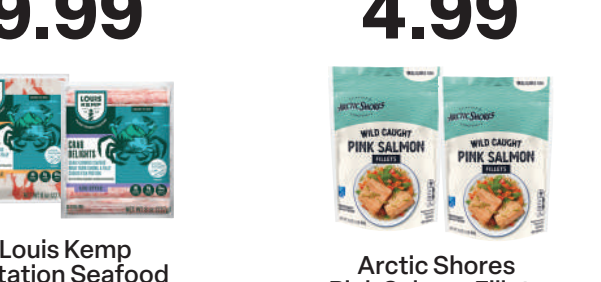
Jennie-O Turkey Bacon
12 oz pkg

3.49



Schweigert Breaded Chicken
48 oz pkg, Selected Varieties

10.99



Louis Kemp Imitation Seafood
7.5-8 oz pkg, Selected Varieties

2/\$4



Oscar Mayer Bologna or Cotto Salami
16 oz pkg, Selected Varieties

3.99



Arctic Shores Pink Salmon Fillets
16 oz pkg, Wild Caught

7.99



Hillshire Farm Deli Thin Lunchmeat
7-9 oz pkg, Selected Varieties

4.99

FARM FRESH PRODUCE



Watermelon
Whole

4.44ea



Dole Chopped Kits
9.1-12.3 oz pkg

3.49



Vidalia Onion
Sweet

99¢lb



Bolthouse Baby Cut Carrots
1 lb bag

1.29



Steak Cut Mushroom
8 oz pkg

2.99



Beefsteak Tomatoes

1.69lb



Bartlett Pears
Juicy

1.99lb



Dole Celery
Crisp

1.79ea

FLORAL

All items not available at all locations.



Sorbet Bouquet
4.5 inch

5.99



Future is Bright

7.99



Pepsi Products
12 pk-12 oz cans, Selected Varieties

6.88

6 pk-16.9 oz btls **4.98**



Country Hearth Dakota Style 12 Grain Bread
24 oz loaf

3.29



Kickstart Energy Drink
16 oz can, Selected Varieties

4/\$5



Propel Fitness Water
12 pk-16.9 oz btls, Selected Varieties

9.49



Gatorade Thirst Quencher
12 pk-12 oz btls, Selected Varieties

8.49



Village Hearth Cottage Bread
24 oz loaf

3.29



Bubbl'r Sparkling Water
6 pk-12 oz cans, Selected Varieties

5.99