



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



Sirloin
Ball Tip Steak
USDA Choice Angus Beef
7.99 lb



Boneless
Center Cut
Pork Loin Chops
Fresh
2.69 lb



Green or Red
Seedless
Grapes
1.99 lb



Blackberries or
Raspberries
6 oz pkg
2/\$6



Kraft
Natural
Sliced Cheese
7-8 oz pkg,
Selected Varieties
2/\$5



Yoplait Original,
Light, Whips! or
Thick & Creamy or
Protein Yogurt
4-6 oz cup,
Selected Varieties
10/\$6



Minute Maid
Lemonade or Juice
59 oz ctn,
Selected Varieties
2/\$4



Brew Pub MVP or
Lotzza Motzza Pizza
20-26.82 oz pkg,
Selected Varieties
6.99



Häagen-Dazs
Ice Cream or Bars
14 oz Ice Cream or 3 ct Bars
2/8.88



Frito Lay Tostitos,
Ruffles, Lay's or
Tostitos Dip
7.25-15.75 oz Chips, 9 oz Frito Lay Dip
or 10-15.75 Tostitos Dip
2/\$7



Wish-Bone or
Western Dressing
15 oz btl,
Selected Varieties
2/\$5



Capri Sun
Juice Drink
10 ct pkg,
Selected Varieties
2/4.44



PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE AUGUST						
SUN	MON	TUES	WED	THUR	FRI	SAT
10	11	12	13	14	15	16

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

01-VER #4 PAULBECKS

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



**La Brea
Twin Pack
Baguettes**
12 oz pkg, Take & Bake
3.99



**Kretschmar
Seasoned
Turkey Breast**
Deli Fresh,
Selected Varieties
8.99lb



**Whole
Roasted
Rotisserie Chicken**
Original, Hot From the Deli
8.99ea



**Iced Cake
Slices**
6-6.5 oz pkg,
Selected Varieties
2.99



**JJ's Bakery
Snack Pies**
4 oz pkg,
Selected Varieties
99¢



**Three Bean
Salad**
Deli Fresh
5.99lb



**Bakery Fresh
Long Johns**
4 ct pkg,
Selected Varieties
3.99



**President
Brie**
8 oz pkg
6.99



**BelGioioso
Fresh Mozzarella**
8 oz pkg,
Selected Varieties
2.99

FROZEN & DAIRY



**Kemps
Simply Crafted
Ice Cream**
48 oz pkg,
Selected Varieties
4.88



**Nestlé Drumstick
Frozen Dairy
Dessert Cones**
4 ct box,
Selected Varieties
3.99



**Rana
Pasta or Sauce**
20 oz Pasta or
12-15 oz Sauce
3.99



**Sargento
Shredded
Cheese**
5-8 oz pkg,
Selected Varieties
2/\$6



**Ore-Ida
Fries, Hash
Browns or
Tater Tots**
5 lb bag, Selected Varieties
7.99



**Essential
Everyday
Steamable
Vegetables**
12 oz pkg, Selected Varieties
2/\$4



**Mid America Farms
Top The Tater or
Kemps Sour Cream
or Cottage Cheese**
22-24 oz ctn, Selected Varieties
3.99



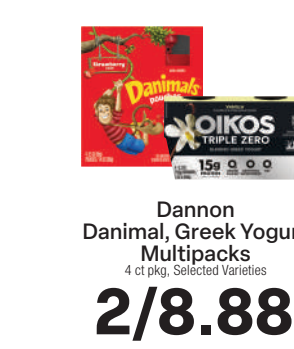
**Essential
Everyday
Cinnamon Rolls or
Crescent Rolls**
8-12.4 oz pkg, Selected Varieties
2.88



**Jonny Pops
Frozen Fruit Bars or
Mini Cream Bars**
6-8 ct box,
Selected Varieties
5.99



**Essential Everyday
Whipped Topping**
8 oz tub,
Selected Varieties
2/\$3



**Dannon
Danimal, Greek Yogurt
Multipacks**
4 ct pkg, Selected Varieties
2/8.88



**Nestlé Coffee mate
Natural Bliss Coffee
Creamer**
32 oz btl, Selected Varieties
4.89



**Starbucks
Flavored
Coffee Creamer**
28 oz btl, Selected Varieties
4.89



**Essential Everyday
Frozen Pizza**
14.73-16.51 oz pkg,
Selected Varieties
3/\$10

HOME

PET



**Tide
Laundry Detergent**
117-132 oz btl Liquid or 45-76 ct Pods,
Selected Varieties
17.99



**Essential Everyday
Laundry Detergent**
50 oz btl, Selected Varieties
5.99



**Essential Everyday
Premium Paper
Plates**
40-85 ct pkg,
Selected Varieties
5.49



**Essential Everyday
Napkins**
120 ct pkg
1.99



**Essential Everyday
Awesome Paper
Towels**
8 ct rolls
6.99



**Angel Soft
Bath Tissue**
16 ct Mega Rolls
13.99



**Essential Everyday
Kitchen or
Trash Bags**
25-80 ct box,
Selected Varieties
7.99

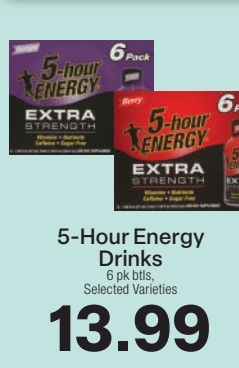


**Wild Harvest
Lump Charcoal**
8 lb bag
9.99



**Wild Harvest
Cat Food**
3 lb bag,
Selected Varieties
7.99

HEALTH & BEAUTY



**5-Hour Energy
Drinks**
6 pk btl,
Selected Varieties
13.99



**Zantac
Acid Reducer**
25 ct pkg,
Selected Varieties
8.79



**Equaline
Mouthwash**
1 ltr btl,
Selected Varieties
2.99



**Tylenol
Arthritis or
Rapid Release Gels**
24 ct pkg,
Selected Varieties
4.99



**Pantene
Shampoo or Conditioner**
10.4-12 oz btl,
Selected Varieties
4.99



**Kotex
Liners or Pads**
14-64 ct pkg,
Selected Varieties
3.99



X509

REDEEMABLE COUPON

RV0350

BUY EIGHT (8)
CONAGRA ITEMS GET A
FREE
NESTLE DRUMSTICK
4 CT BOX UP TO \$3.50

Banquet® Basics and Entrées 4.85-8 oz pkg, Chef Boyardee® 15 oz can or 7.5 oz Micro, Crunch N Munch® 3.5-4 oz, Golden's® Spicy Brown Mustard 12 oz btl, Hunt's® Diced Tomatoes 14.5 oz, Hunt's® Manwich 15-16 oz can, Hunt's® Snack Pack Puddings 13 oz pkg, Hunt's® Spaghetti Sauce 24 oz can, Hunt's® Tomato Sauce 14.8-15 oz, Rotel® Tomatoes 10 oz, Act II® Popcorn 3 Pack, Blue Bonnet® Quarters 1 lb, Hunt's® Ketchup 20 oz, Banquet® Classics Meals, Birds Eye® High Tier Vegetables 10-16 oz, Hunt's® Super Snack Pack 19.5-33 oz pkg, Wish-Bone® Salad Dressing 15 oz, Banquet® Mega Meals 11.5-16.95 oz pkg, Duncan Hines® Dolly Brownies 16.7-18 oz pkg, Duncan Hines® Dolly Southern 16 oz pkg, Angie's® Boom Chicka Pop 4.4-7 oz pkg, Reddi-Wip® Topping 6.5 oz can, Healthy Choice® Simply Cafe Steamers, Log Cabin® Syrup 24 oz btl, Mrs. Butterworth's® Syrup 24 oz btl, Orville Redenbacher's® Microwave Popcorn 6-10 ct, Swanson® Hungry Man Bowls, Swanson® Hungry Man Classic HT, Swanson® Hungry Man Dinners, Marie Callender's® Frozen Sides, La Choy® Bi-Packs, Duncan Hines® Epic Baking Mixes, Duncan Hines® Keto Baking Mixes, La Choy® Frozen Meals, La Choy® Frozen Mixes, Mrs. Butterworth's® Epic Pancake Mix

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RETAILER: Return to UNFI COUPON SERVICES
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT
UNFI SUPPLIED STORES

Customer must purchase eight.
Limit eight with this coupon. Limit one coupon per family.
Prices effective Sun., August 10 thru Sat., August 16, 2025.
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Banquet
Pot Pie
7 oz pkg,
Selected Varieties

5/\$5



Banquet
Basics or Entrées
4.85-8 oz pkg,
Selected Varieties

4/\$5



Banquet
Classics Meals
7.4-11.88 oz pkg,
Selected Varieties

3/\$5



Banquet
Mega Meals
11.5-16.95 oz pkg,
Selected Varieties

2/\$6



Birds Eye
Steamfresh
Vegetables
6-16 oz pkg,
Selected Varieties

2/4.44



Healthy Choice
Power Bowls or
Simply Steamers
9-11 oz pkg,
Selected Varieties

2/\$8



Swanson
Hungry Man
Classic or
Dinners
14-16 oz pkg,
Selected Varieties

3.99



Hunt's or Rotel
Tomatoes
10-15 oz can,
Selected Varieties

3/\$4



Chef Boyardee
Pasta
7.5-15 oz pkg,
Selected Varieties

3/\$4



La Choy
Bi-Packs
42-43.5 oz can,
Selected Varieties

4.99



Hunt's Tomato
or Pasta Sauce
15-24 oz can,
Selected Varieties

3/\$4



Manwich
Sloppy Joe
Sauce
15-16 oz can,
Selected Varieties

3/\$4



Hunt's
Snack Pack
Pudding or
Juicy Gels
4 ct pkg,
Selected Varieties

3/\$4



Hunt's Ketchup
or Gulden's
Mustard
20 oz Ketchup or
12 oz Mustard,
Selected Varieties

2/\$3



Blue Bonnet
Spread
Quarters
1 lb pkg

3/\$4



Pam
Cooking Spray
5-6 oz can,
Selected Varieties

3.88



Log Cabin
Syrup or Mrs.
Butterworth's
Syrup
24 oz btl,
Selected Varieties

3.99



Orville
Redenbacher's
Microwave
Popcorn
6-12 ct box,
Selected Varieties

2/\$7



Crunch 'n Munch
Popcorn
3.5 oz box,
Selected Varieties

4/\$5



ACT II
Microwave
Popcorn
3 ct box,
Selected Varieties

2/\$3



Angie's
Boom Chicka
Pop Popcorn
4.4-7 oz bag,
Selected Varieties

2/\$6



Reddi Wip
Topping
6.5 oz can,
Selected Varieties

2.99

SAVE ON FAMILY FAVORITES FROM CONAGRA

SCHOOL SAVINGS MADE EASY

Countdown to School Year's Eve

04-VER #4.8

SCHOOL SAVINGS

MADE EASY

AMAZING QUALITY. FANTASTIC PRICES.
THAT'S OUR QUALITY PROMISE.

SAVE BIG
EVERYDAY

Essential
EVERYDAY®



Essential Everyday
Instant Oatmeal

8-12 ct box,
Selected Varieties

2/\$6



Essential Everyday
Waffles

10 ct box,
Selected Varieties

2/\$5



Essential Everyday
Honey Bear

12 oz btl

3.79



Essential Everyday
Peanut Butter

40 oz jar,
Selected Varieties

5.69



Essential Everyday
Applesauce

6 ct pkg,
Selected Varieties

2/4.44



Essential Everyday
100% Apple Juice or Cider

64 oz btl,
Selected Varieties

2/\$5



Essential Everyday
Soft & Strong Facial Tissue

160 ct box

2/\$4



Essential Everyday
Disinfecting Wipes

75 ct pkg,
Selected Varieties

3.99



Essential Everyday
Sandwich Bags

30-50 ct Click 'n Lock
or 150 ct Fold & Close

2/\$3



X510

REDEEMABLE COUPON

RV0200



Crystal Light,
MiO, Kool-Aid or
Tang Liquid
Water Enhancer

1.62 oz btl,
Selected Varieties

4/\$10

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Kraft
Mac & Cheese

7.25 oz box

5/\$5



Heinz
Home Style Gravy

12 oz jar, Selected Varieties

2/\$5



Kraft Easy Mac or
Velveeta Shells & Cheese
Microwave Bowls

4 ct pkg, Selected Varieties

4.99



Country Time
Lemonade

10 ct box, Selected Varieties

3.49

X511

STORE COUPON



Kraft
Mayonnaise

30 oz jar,
Selected Varieties

3.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., August 10 thru Sat., August 16, 2025.
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GROCERY SPECIALS



**Van Camp
Pork & Beans**
15 oz can

99¢



**Essential Everyday
Canned Vegetables**
14.5-15.25 oz can,
Selected Varieties

5/\$4

X501 STORE COUPON



**Tyson
Chicken Nuggets,
Tenders or Patties**
25-32 oz pkg,
Selected Varieties

5.99

Limit one with this coupon.
Limit one coupon per family.
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**Old Dutch Pretzels
or Restaurant
Tortilla Chips**
8.5-15 oz Pretzels or
9-13 oz Tortilla Chips

2/\$7



**Essential Everyday
Fruit**
14.5-15.25 oz can,
Selected Varieties

2/\$4

X502 STORE COUPON



**No Name
Steakhouse
Burgers**
21.32 - 24 oz pkg,
Selected Varieties

8.99

Limit one with this coupon.
Limit one coupon per family.
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X503 STORE COUPON



**Essential Everyday
Cream Cheese**
8 oz brick,
Selected Varieties

2/\$4

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., August 10
thru Sat., August 16, 2025.
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**Green Mountain,
McCafe or
Donut Shop
Coffee**
12 oz bag or 10 ct pkg,
Selected Varieties

5.99



**Starbucks
Coffee**
11-12 oz bag, 32 oz btl
or 10 ct K-Cups,
Selected Varieties

10.99

X504 STORE COUPON



**Frigo
Combo Pack or
CheeseHeads
String Cheese**
6.3-12 oz pkg,
Selected Varieties

4.49

Limit one with this coupon.
Limit one coupon per family.
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**Knorr
Rice or Pasta Sides**
4-5.8 oz pkg,
Selected Varieties

2/\$3



**Rao's
Pasta**
16 oz pkg,
Selected Varieties

2/\$5

X505 STORE COUPON



**Essential Everyday
Bagels**
5 ct pkg,
Selected Varieties

2/\$3

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., August 10
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**Ben's
Original Ready,
Wild, and Flavored Rice**
6-8.8 oz pkg,
Selected Varieties

2.49



**Sensible Portions
Veggie Straws or Chips**
6-7 oz bag,
Selected Varieties

3.49

X506 STORE COUPON



**Malt O Meal
Family Size
Cereal**
22-30 oz bag,
Selected Varieties

3.99

Limit one with this coupon.
Limit one coupon per family.
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**Pringles
Snack Stacks
Potato Crisps**
8-8.8 oz pkg,
Selected Varieties

5.99



**Essential Everyday
Pie Filling or
Topping**
20-21 oz can,
Selected Varieties

3.49

X507 STORE COUPON



**Smuckers
Uncrustables**
4 ct pkg,
Selected Varieties

2/\$7

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
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**Jolly Rancher
Candy**
3.1-14 oz bag,
Selected Varieties

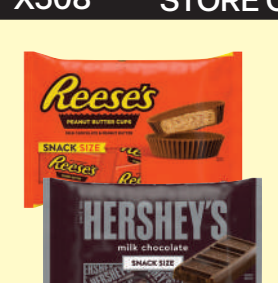
4.49



**Essential Everyday
Ice Cream
Cups**
1.75 oz pkg

2/\$3

X508 STORE COUPON



**Hershey's
Snack Size
Candy**
10.35-11.6 oz pkg,
Selected Varieties

2/\$10

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., August 10
thru Sat., August 16, 2025.
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FRESH MEAT & SEAFOOD



Boneless Chuck Steak
USDA Choice Angus Beef

7.99lb



Boneless Chuck Roast
USDA Choice Angus Beef

7.49lb



Gold'n Plump Whole Chicken
Fresh

1.49lb



Boneless Center Cut Pork Loin Roast
Fresh

2.69lb



St. Louis Style Pork Ribs
Previously Frozen

3.99lb



Hormel Seasoned Pork Shoulder Roast
1.5 lb pkg, Selected Varieties

3.99



Hebrew National Beef Franks
9.43-12 oz pkg, Selected Varieties

4.99



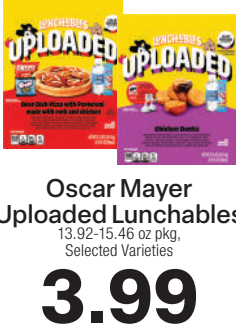
Wild Harvest Grass Fed Ground Beef
16 oz pkg, Previously Frozen

7.99



Oscar Mayer Carving Board or Deli Fresh Lunchmeat
6-9 oz pkg, Selected Varieties

3.99



Oscar Mayer Uploaded Lunchables
13.92-15.46 oz pkg, Selected Varieties

3.99



Cooked Perfect Meatballs
18-28 oz pkg, Selected Varieties

6.99



Bar S Classic Corn Dogs
16 ct box

8.99



Hillshire Farm Smoked Sausage Links or Ropes
12-14 oz pkg, Selected Varieties

5.49



Cloverdale Sliced Bacon
16 oz pkg, Selected Varieties

5.99



Simply Potatoes Mashed Potatoes
24 oz pkg, Selected Varieties

3.99



Arctic Shores Extra Large Cooked Shrimp
16 oz pkg, 26-30, Tail-On

8.99

FARM FRESH PRODUCE



Wild Harvest Salad Mix
5 oz pkg, Selected Varieties

3.49



Bolthouse Farms Carrots
12-16 oz pkg, Selected Varieties

2/\$4



Sweet Corn
Fresh

4/\$2



English Cucumbers
Seedless

99¢ea



Red, Yellow or Orange Bell Peppers
Sweet, Crunchy

2/\$3



Grape Tomatoes
1 pint

2.49



Yellow Onions
3 lb bag

1.69



Dole Cauliflower
White

3.99ea

FLORAL

All items not available at all locations.



Mums Vyrom Sunflower
4.5 inch

5.99



Dozen Roses

9.99



Coke Products
12 pk-12 oz cans, Selected Varieties

5.99

6 pk-16.9 oz btls **3.99**



Village Hearth Old Fashioned Hamburger & Hot Dog Buns
8 ct pkg

2/\$5



Gold Peak Tea
59 oz btl, Selected Varieties

2/\$5



Country Hearth Cinnamon Raisin Bread
22 oz loaf

3.29



A&W, RC, Sunkist, Squirt or Canada Dry, Products
12 pk-12 oz cans, Selected Varieties

5.99

6 pk-16.9 oz btls **3.99**
2 ltr btl **2/\$5**