



PAULBECK'S  
M A R K E T

EXPRESS GAS  
& CAR WASH



Home of Wildcraft Meats



85% Lean  
Ground Beef  
Fresh, Family Pack

**4.99** lb



Boneless  
Country Style  
Pork Ribs  
Fresh

**1.99** lb



Clementines  
3 lb bag

**4.99**



Honeycrisp  
Apples

**1.88** lb



Oscar Mayer  
Lunchables  
2.25-4.4 oz pkg,  
Selected Varieties

**5/\$5**



Essential Everyday  
Chunk or Shredded  
Cheese  
32 oz pkg,  
Selected Varieties

**7.99**



Chobani  
Greek, Less Sugar or  
Zero Sugar Yogurt  
5.3 oz cup,  
Selected Varieties

**8/8.88**



Marie Callender's  
Dinner or Large Pot Pie  
11.5-14 oz Dinner or 14-15 oz Pot Pie,  
Selected Varieties

**2/\$6**



Jack's  
Original Pizza  
13.8-15.8 oz pkg,  
Selected Varieties

**3/\$11**



Essential Everyday  
Pasta  
12-16 oz box,  
Selected Varieties

**99¢**



Essential Everyday  
Pasta Sauce  
23-24 oz jar,  
Selected Varieties

**2/\$4**



PAULBECK'S  
M A R K E T

Visit Us on the Web  
[www.paulbecks.com](http://www.paulbecks.com)

(218) 927-6919  
• OPEN 6AM - 9PM •  
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE  
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE SEPTEMBER

| SUN | MON | TUES | WED | THUR | FRI | SAT |
|-----|-----|------|-----|------|-----|-----|
| 21  | 22  | 23   | 24  | 25   | 26  | 27  |

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

01-VER #4 PAULBECK'S



# BAKED GOODS

ALL ITEMS NOT AVAILABLE  
AT ALL LOCATIONS.

# DELI FRESH



Roasted  
Garlic Loaf  
Bakery Fresh

5.49<sup>ea</sup>



Summer Fresh  
Pasta Salad  
Deli Fresh

4.99<sup>lb</sup>



Kretschmar  
Ham off the Bone  
Deli Fresh,  
Selected Varieties

6.99<sup>lb</sup>



Clyde's  
Donut Holes  
12 oz pkg,  
Selected Varieties

2.99



Double Layer  
4 Flavor Cake  
8 inch

17.99



Reser's  
Loaded  
Potato Salad  
1 lb pkg

3.49



Stonefire  
Naan Bread  
8.8 oz pkg,  
Selected Varieties

2.49



BelGioioso  
Cheese  
5 oz cup,  
Selected Varieties

2.99



Athenos  
Feta Cheese  
Crumbles  
3.5-4 oz pkg, Selected Varieties

2.99

# FROZEN & DAIRY



Sea Pak  
Shrimp and  
Seafood  
8-18 oz pkg,  
Selected Varieties

6.99



Healthy Choice  
Simply  
Steamers  
9-10 oz pkg,  
Selected Varieties

3.99



International  
Delight  
Coffee Creamer  
32 oz btl,  
Selected Varieties

3.79



Florida's Natural  
Juice  
52 oz cin,  
Selected Varieties

4.49



Brew Pub  
Lotzza Motzza  
Pizza Singles  
10.3-13.71 oz pkg,  
Selected Varieties

2/\$10



New York  
Garlic Texas Toast  
or Bread Sticks  
10.5-11.25 oz pkg,  
Selected Varieties

2.99



Dannon Danimal  
or Greek Yogurt  
Multipacks  
4 ct pkg, Selected Varieties

2/8.88



Pillsbury Bread  
Dough, Pizza Crust,  
Breadsticks, Swirls  
or Mini Cinni Stix  
11-16.3 oz pkg, Selected Varieties

2/\$7



Birds Eye  
Steamfresh  
Sweet Peas



Birds Eye  
Steamfresh  
Vegetables  
10-10.8 oz pkg,  
Selected Varieties

3/\$4



Tai Pei  
Entrées  
9-11 oz pkg,  
Selected Varieties

2/\$6



Pillsbury Grands!  
Biscuits, Crescent or  
Cinnamon Rolls  
4-10.2 oz pkg,  
Selected Varieties

2/\$3



Pillsbury  
Mini Pie Crusts  
14.1 oz pkg

3.99



Pillsbury  
Mini Pie Crusts  
14.1 oz pkg

3.99



Dole  
Fruit  
12-14 oz pkg,  
Selected Varieties

3.99



Dole  
Fruit  
12-14 oz pkg,  
Selected Varieties

3.99



Stone Ridge  
Creamery  
Sunday Cones  
8-10 ct pkg,  
Selected Varieties

6.99



Stone Ridge  
Creamery  
Sunday Cones  
8-10 ct pkg,  
Selected Varieties

6.99



SToK  
Cold Brew  
Iced Coffee  
48 oz btl,  
Selected Varieties

5.49



SToK  
Cold Brew  
Iced Coffee  
48 oz btl,  
Selected Varieties

5.49

# HOUSEHOLD GOODS



Essential Everyday  
Laundry Detergent  
50 oz btl,  
Selected Varieties

5.99

Essential Everyday  
Laundry Detergent  
50 oz btl,  
Selected Varieties

5.99



Dawn Ultra Dish Soap  
or Powerwash  
Dish Spray  
17.4-30.8 oz btl Dish Soap  
or 16 oz Spray,  
Selected Varieties

4.99

Dawn Ultra Dish Soap  
or Powerwash  
Dish Spray  
17.4-30.8 oz btl Dish Soap  
or 16 oz Spray,  
Selected Varieties

4.99



Cascade  
Dishwashing  
Detergent  
Actionpacs  
9-16 ct pkg,  
Selected Varieties

4.99

Cascade  
Dishwashing  
Detergent  
Actionpacs  
9-16 ct pkg,  
Selected Varieties

4.99



Mr. Clean  
Clean Freak  
Cleaners  
16 oz btl,  
Selected Varieties

4.99



Mr. Clean  
Clean Freak  
Cleaners  
16 oz btl,  
Selected Varieties

4.99



Essential Everyday  
Glass Cleaner  
32 oz btl

3.49

Essential Everyday  
Glass Cleaner  
32 oz btl

3.49



Essential Everyday  
Dailyware Basic  
Cutlery  
18-24 ct box,  
Selected Varieties

2/\$3

Essential Everyday  
Dailyware Basic  
Cutlery  
18-24 ct box,  
Selected Varieties

2/\$3



Wild Harvest  
Charcoal  
8 lb bag

9.99

Wild Harvest  
Charcoal  
8 lb bag

9.99

# HEALTH & BEAUTY



One  
Bars  
2.12 oz pkg,  
Selected Varieties

2/\$4

One  
Bars  
2.12 oz pkg,  
Selected Varieties

2/\$4



Crest  
Complete  
Toothpaste  
5.4 oz pkg,  
Selected Varieties

3.99

Crest  
Complete  
Toothpaste  
5.4 oz pkg,  
Selected Varieties

3.99



Equaline  
Cough Drops  
25-30 ct bag,  
Selected Varieties

2/\$3

Compare  
to  
Halls

Equaline  
Cough Drops  
25-30 ct bag,  
Selected Varieties

2/\$3



Listerine  
Mouthwash or  
Premium  
Mouthwash  
33.8-50.7 oz btl,  
Selected Varieties

7.99

Listerine  
Mouthwash or  
Premium  
Mouthwash  
33.8-50.7 oz btl,  
Selected Varieties

7.99



Equaline  
Clearlax  
8.3 oz btl

7.99

Compare  
to  
MiraLAX

Equaline  
Clearlax  
8.3 oz btl

7.99



U by Kotex  
Pads or  
Tampons  
13-18 ct pkg,  
Selected Varieties

5.99

U by Kotex  
Pads or  
Tampons  
13-18 ct pkg,  
Selected Varieties

5.99

# PET



Wild Harvest  
Cat Food  
3 lb bag,  
Selected Varieties

7.99

Wild Harvest  
Cat Food  
3 lb bag,  
Selected Varieties

7.99








X500 REDEEMABLE COUPON RV1000



**MIX OR MATCH**

**SAVE \$10.00**

WHEN YOU SPEND \$25 ON PARTICIPATING SMUCKER'S PRODUCTS

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES

Limit one with this coupon. Limit one coupon per family. Must Spend \$25 to Save \$10. Prices effective Sun., September 21 thru Sat., September 27, 2025. Valid only at stores listed on the front page.



**Smucker's Uncrustables**  
10 ct box,  
Selected Varieties

**8.79**



**Hostess Premium Snack Cakes**  
8-16.5 oz pkg,  
Selected Varieties

**3/9.99**



**Dunkin' Donuts Coffee**  
11-12 oz bag,  
Selected Varieties

**9.99**



**Folgers Coffee**  
22.6-25.9 oz can,  
Selected Varieties

**11.99**



**Jif Peanut Butter**  
28 oz jar,  
Selected Varieties

**4.79**



**Smucker's Strawberry Jam**  
32 oz jar

**4.79**



**Milk Bone Trail Mix or Dog Biscuits**  
9 oz Trail Mix or 24 oz Biscuits,  
Selected Varieties

**4.99**



**Milk-Bone Soft Chewy Treats**  
4.5-5.6 oz pkg,  
Selected Varieties

**3.99**



**Pup-Peroni Dog Treats**  
5.6 oz pkg,  
Selected Varieties

**3.99**





**Taco Bell Dinner Kit or Flavored Shells**  
8.85-12.77 oz kits or 12 ct shells,  
Selected Varieties

**2.99**



**Taco Bell Creamy Sauce or Crunchy Taco Shells**  
12 oz Sauce or 12 ct Shells,  
Selected Varieties

**2/\$5**



**Taco Bell Dip**  
15-15.7 oz jar,  
Selected Varieties

**3.99**



**Taco Bell Seasoning Mix**  
1 oz pkg,  
Selected Varieties

**89¢**



**Taco Bell Restaurant Sauce**  
7.5 oz btl,  
Selected Varieties

**1.99**



**Frito Lay Lay's or Tostitos Dip or Salsa**  
10-15.75 oz Dip or 24 oz Salsa,  
Selected Varieties

**3.99**



**Essential Everyday Sour Cream**  
8 oz tub

**1.29**

FALL FAMILY DEALS!

TACO NIGHT!



# STOCK UP AND SAVE

AMAZING QUALITY. FANTASTIC PRICES.  
THAT'S OUR QUALITY PROMISE.

SAVE BIG  
EVERYDAY

Essential  
EVERYDAY®



Essential Everyday  
Chunk Light Tuna  
5 oz can,  
Selected Varieties

99¢



Essential Everyday  
Canned Vegetables  
14.5-15.25 oz can,  
Selected Varieties

89¢



Essential Everyday  
Dinner Mix  
5.6-6.4 oz box,  
Selected Varieties

1.79



Essential Everyday  
Condensed Soup  
10.5-11.25 oz can,  
Selected Varieties

4/\$5



Essential Everyday  
Tomatoes  
14.5-15 oz can,  
Selected Varieties

99¢



Essential Everyday  
Snack Crackers  
7.5-13.7 oz box,  
Selected Varieties

2/\$5



Essential Everyday  
Seasoning Mix  
1-1.5 oz pkg,  
Selected Varieties

5/\$5



Essential Everyday  
Deluxe Mixed Nuts  
34 oz jar

16.99



Essential Everyday  
Instant Oatmeal  
10 ct box,  
Selected Varieties

3.29



Essential Everyday  
Applesauce  
6 ct pkg,  
Selected Varieties

2/4.44



Essential Everyday  
Awesome Strength  
Paper Towels or Soft  
and Strong Bath Tissue  
8 ct Rolls,  
Selected Varieties

6.99



Essential Everyday  
Napkins  
40-250 ct pkg,  
Selected Varieties

2.69



# GROCERY SPECIALS



**Campbell's Home Style Soup**  
16.1-16.3 oz can,  
Selected Varieties

**2/\$4**



**Frito Lay Doritos Tortilla Chips or Sun Chips**  
7-10.75 oz bag,  
Selected Varieties

**2/\$8**



**Post Cereal**  
11 oz Honey Bunches of Oats Granola, 13-16 oz Great Grains, 15 oz Cocoa or Fruity Pebbles, 15-18 oz Shredded Wheat, 16 oz Bran Flakes, 18 oz Grape Nuts Flakes or 20.5 oz Grape Nuts

**3.99**



**Kellogg's Cereal**  
10.5-11.4 oz Krave or 11.6-16.1 oz Raisin Bran, Selected Varieties

**3.99**



**Old Dutch Restaurant Style Potato Chips**  
9-13 oz Tortilla Chips or 8-8.5 oz Ripples, Selected Varieties

**2/\$8**



**Old Orchard Juice**  
64 oz btl,  
Selected Varieties

**2/4.44**



**Annie's Macaroni & Cheese**  
5.5-6 oz box,  
Selected Varieties

**2/\$3**



**Kellogg's Family Size Club, Cheez-It or Town House Crackers or Party Pack Toasteds Crackers**  
9.6-21 oz Cheez-It, 18.8 oz Club, 20.7 oz Town House or 12 oz Toasteds, Selected Varieties

**5.99**



**Orville Redenbacher's Microwave Popcorn**  
6-12 ct box,  
Selected Varieties

**3.99**



**Jell-O No Bake Cheesecake or Dessert Mix**  
12.6-19.6 oz box,  
Selected Varieties

**3.99**



**Jet-Puffed Marshmallows**  
16 oz bag,  
Selected Varieties

**2/\$5**



**Hershey's XL Candy Bars**  
4-4.4 oz pkg,  
Selected Varieties

**2/\$5**

X501 STORE COUPON



**Simek's Entrées**  
32 oz pkg,  
Selected Varieties

**8.99**



Limit one with this coupon.  
Limit one coupon per family.  
Prices effective Sun., September 21  
thru Sat., September 27, 2025.  
Valid only at stores listed on the front page.

X502 STORE COUPON



**Essential Everyday Sliced Bacon**  
16 oz pkg,  
Selected Varieties

**4.99**



Limit one with this coupon.  
Limit one coupon per family.  
Prices effective Sun., September 21  
thru Sat., September 27, 2025.  
Valid only at stores listed on the front page.

X503 STORE COUPON



**Essential Everyday String Cheese**  
9-12 oz pkg,  
Selected Varieties

**3.49**



Limit one with this coupon.  
Limit one coupon per family.  
Prices effective Sun., September 21  
thru Sat., September 27, 2025.  
Valid only at stores listed on the front page.

X504 STORE COUPON



**Bellatoria Ultra Thin Crust, Sunday Brunch Pizza or Sweetee-Pie**  
13.55-19.41 oz pkg,  
Selected Varieties

**2/\$10**



Customer must purchase two.  
Limit two with this coupon.  
Limit one coupon per family.  
Prices effective Sun., September 21  
thru Sat., September 27, 2025.  
Valid only at stores listed on the front page.

X505 STORE COUPON



**Essential Everyday Fries, Tots or Hashbrowns**  
19.05-32 oz pkg,  
Selected Varieties

**2/\$6**



Customer must purchase two.  
Limit two with this coupon.  
Limit one coupon per family.  
Prices effective Sun., September 21  
thru Sat., September 27, 2025.  
Valid only at stores listed on the front page.

X506 STORE COUPON



**Kraft Mayonnaise**  
22 oz squeeze btl  
or 30 oz jar,  
Selected Varieties

**3.99**



Limit one with this coupon.  
Limit one coupon per family.  
Prices effective Sun., September 21  
thru Sat., September 27, 2025.  
Valid only at stores listed on the front page.

X507 STORE COUPON



**Essential Everyday Cooking Spray**  
5-6 oz can,  
Selected Varieties

**2/\$5**



Customer must purchase two.  
Limit two with this coupon.  
Limit one coupon per family.  
Prices effective Sun., September 21  
thru Sat., September 27, 2025.  
Valid only at stores listed on the front page.



# FRESH MEAT & SEAFOOD



Boneless  
Chuck  
Roast  
USDA Choice Angus Beef  
**8.99**lb



Boneless  
Chuck  
Steak  
USDA Choice Angus Beef  
**8.99**lb



Just Bare  
Chicken Breast  
or Tenderloins  
14-18 oz pkg, Fresh, All Natural  
**6.99**



Boneless  
Sirloin  
Pork Roast  
Fresh  
**2.29**lb



Boneless  
Sirloin  
Pork Chops  
Fresh  
**2.49**lb



Arctic Shores  
Pink Salmon  
Fillets  
16 oz pkg  
**6.99**



Swaggerty's Sausage  
Links, Patties or Rolls  
12-16 oz pkg,  
Selected Varieties

**3.99**



Smithfield  
Premium Deli Lunchmeat  
16 oz pkg,  
Selected Varieties

**5.49**



Nathan's  
Beef Franks  
10-14 oz pkg,  
Skinless

**5.99**



Curly's  
BBQ Entrées  
12-16 oz pkg,  
Selected Varieties

**5.49**



Cooked Perfect  
Meatballs  
18-28 oz pkg,  
Selected Varieties

**6.99**



Bar S  
Corn Dogs  
2.67 lb pkg

**8.99**



Sugardale  
Hot Dogs  
12 oz pkg

**1.69**



Sugardale  
Sliced Pepperoni  
8 oz pkg

**2.99**



Smithfield Anytime  
Diced, Cubed Ham or  
Ham Steaks  
8 oz pkg,  
Selected Varieties

**3.49**



Essential Everyday  
Boneless Skinless  
Chicken Tenderloin  
2.5 lb pkg,  
Individually Quick Frozen

**9.99**

# FARM FRESH PRODUCE



California  
Peaches  
**2.49**lb



Sweet  
Onions  
**1.29**lb



Farmer's  
Promise  
Red Potatoes  
5 lb bag  
**2.99**



Giorgio  
Portabella  
Mushrooms  
6 oz pkg, Whole or Sliced  
**3.49**



Cantaloupe  
Vine Ripe  
**3.49**ea



Broccoli  
Fresh  
**2.99**ea

## FLORAL

All items not available  
at all locations.



6"  
Fall Mum  
**10.99**



Garden of Love  
Bouquet  
**10.99**



Coke  
Products  
12 pk-12 oz cans,  
Selected Varieties

**5.99**

6 pk-16.9 oz btls

**3.99**



Country Hearth  
Split Top  
Wheat Bread  
24 oz loaf

**3.29**



Powerade  
8 pk-20 oz btls or  
BodyArmor  
6 pk-20 oz btls,  
Selected Varieties

**5.99**



Country Hearth  
English Muffin  
Bread  
16 oz loaf

**3.29**



A&W, RC, Sunkist,  
7-Up, Canada Dry  
or Squirt

12 pk-12 oz cans,  
Selected Varieties

**5.99**

6 pk-16.9 oz btls

**3.99**

2 ltr btl

**2/4.44**