**EXPRESS GAS** & CAR WASH



WILDCRAFT Home of Wildcraft Meats WILDCRAFT













Gala **Apples** 



Crystal Farms Chunk or Shredded Cheese 5.5-8 oz pkg, Selected Varieties



**Smart Ones Entrées** 6.49-10.25 oz pkg, Selected Varieties



Nestlé Coffee mate Coffee Creamer or Cold Foam Creamer

28-32 oz btl or 14 oz can, Selected Varieties



Swanson Broth or Stock 32 oz ctn, Selected Varieties

01-VER # 4 PAULBECK'S



Essential Saltines 16 oz box,

**Everyday** Selected Varieties

or Lay's Dip 9-10.75 oz Doritos, 6.25-7 oz Sun Chips,

Selected Varieties

Frito Lay Doritos, Sun Chips,

**Tostitos Salsa** 

15.5 oz Salsa, or 10-15.75 oz Dip

Doritos

Tostitos

@RIGIN



**Essential** Everyday Dressing



Visit Us on the Web www.paulbecks.com

(218) 927-6919 • OPEN 6AM - 9PM • 7 DAYS A WEEK

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PRICES EFFECTIVE OCTOBER SUN MON **TUES** WED THUR FRI SAT 15 18 16

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH



















# FROZEN & DAIRY



















Healthy Choice MAX



McCain Potatoes or **Onion Rings** 



Crystal Farms Cracker Cuts Cheese 7 oz pkg, Selected Varieties



Wild Harvest Organic Fruit



Dole Fruit



Rana Pasta and Sauce





**Frollies** Pops



Jonny Pops Fruit Bars



Chobani Creamer or Oatmilk 24 oz Creamer or 52 oz Oatmilk, Selected Varieties .88



Nestlé Drumstick Dessert Cones or Oreo **Novelties** 4-5 ct box, Selected Varieties

## HOUSEHOLD GOODS



Arm & Hammer Laundry Detergent 42 ct Power Paks or 100.5-105 oz btl Liquid,



Oxi Clean Stain Remover 3-3.2 lb box, Selected Varieties



Essential Everyday **Fabric Softener** Sheets Selected Varieties

3.49

-VER #COMMON



Dawn Liquid Dish Soap Selected Varieties



Dixie Plates, Cups or Bowls 26-90 ct pkg, Selected Varieties



**Essential Everyday** Disinfecting Wipes 35 ct pkg, Selected Varieties



Essential Everyday Quart Freezer Click 'N Lock Bags

# **HEALTH & BEAUTY**



Complete Nutritional Drink



Equaline

Omeprazole Acid Reducer



M

Listerine Mouthwash Depend







**Essential Everyday** Dog Food Selected Varieties 3/\$5



Q-tips Cotton Swabs



Gillette Mach 3 or Venus Disposable Razors

Chunk or Premium Light Tuna or Sardines























BOWL



Kraft Mac & Cheese or Velveeta Shells & Cheese Microwave Big Bowls 3.5-5 oz bowl, Selected Varieties

Maruchan Ramen Bowl 3.3-3.38 oz pkg, Selected Varieties 4/\$5 3.49



Clamato

Juice



Red Gold **Tomatoes** 

28 oz can, Selected Varieties



**Dukes** Mayonnaise 18 oz squeeze btl, Selected Varieties

4.99



Voortman Wafers or Cookies

Selected Varieties 2.99



Vlasic Pickle Balls

3.49



**Essential Everyday** Marshmallows 16 oz bag, Selected Varieties

2.19



BOWL

Joan of Arc **Beans** 15-15.5 oz can, Selected Varieties



**Quaker Chewy** Granola Bars 18 ct box, Selected Varieties



Jolly Time Popcorn

2/\$5

#### X551 STORE COUPON



Cloverdale Sliced Bacon 16 oz pkg, Selected Varieties



Limit one with this coupon. Limit one coupon per family. Prices effective Sun., October 12 thru Sat., October 18, 2025 Valid only at stores listed on the front page.

#### STORE COUPON X552



Tyson Chicken Nuggets, **Tenders or Patties** 

23-29 oz pkg, Selected Varieties 5.89



Limit one with this coupon. Limit one coupon per family. Prices effective Sun., October 12 thru Sat., October 18, 2025. Valid only at stores listed on the front page.

#### STORE COUPON X553



Essential Everyday

Sour Cream 16 oz pkg, Selected Varieties



Customer must purchase two. Limit two with this coupon. Limit one coupon per family.
Limit one coupon per family.
Prices effective Sun., October 12
thru Sat., October 18, 2025.
Valid only at stores listed on the front page.

#### X554 STORE COUPON



**Brew Pub Pizza** Singles or Bowls 10.3-13.71 oz Pizza or 8.15-9.7 oz Bowls



Customer must purchase two Limit two with this coupon. Limit one coupon per family. Prices effective Sun., October 12 thru Sat., October 18, 2025. Valid only at stores listed on the front page.

## X555 REDEEMABLE COUPON RV0200



**Morning Star** Farms **Burgers or Entrées** 

5.25-10.5 oz pkg,

RETAILER: Return to UNFI COUPON SERVICES via UNFI Re

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT



Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., October 12 thru Sat., October 18, 2025. Valid only at stores listed on the front page.

#### X556 STORE COUPON



Bear Creek Dry Soup Mix 7.9-11.5 oz bag. Selected Varieties



Customer must purchase two Limit one coupon per family Prices effective Sun., October 12 thru Sat., October 18, 2025. Valid only at stores listed on the front page.

#### X557 STORE COUPON



Ice Mountain 100% Natural Spring Water 24 pk/.5 Itr btls or 12 pk/23.7 oz btls



Limit one with this coupon. Limit one coupon per family. Prices effective Sun., October 12 thru Sat., October 18, 2025. Valid only at stores listed on the front page.



# FRESH MEAT & SEAFOOD















Hillshire Farm Ultra Thin Lunchmeat

4.99



Farmland Pork Links or Roll Sausage

2/\$5



**Bob Evans** Side Dishes 12-24 oz pkg, Selected Varieties

3.99



Hormel Pork Tenderloin

7.99



**Ambassador Natural Casing Wieners** 

4.99



Hormel Ground Pork Chub

3.49



**Essential Everyday Fully Cooked Chicken** Wings, Strips, or Bites

7.99



**Essential Everyday** Boneless Skinless **Chicken Breasts** 

11.99



Sugardale Diced or Cubed Ham

2/\$5



Louis Kemp Imitation Seafood

8 oz pkg,
Selected Varieties

2/\$4

## **FARM FRESH PRODUCE**





















Fall Mums 6.99



Coffee Drizzle Bouquet

# 2 DAY MEAT SALE! THURSDAY & FRIDAY, OCTOBER 16TH & 17TH LIMITED STOCK ON HAND. SORRY NO RAINCHECKS.

Sugardale **Hot Dogs** 

Top Valu Sliced Bacon

2.79

**Jamestown** Ham Steaks

**2.29**<sub>10</sub>

Elliott's **Smoked Rope** Sausage 1 lb pkg

3.98

Hormel Frozen Pork **Tenderloin Tips** 

**1.69**ы

Pork Shoulder Roast Whole In The Bag

Wholey Cooked Tail-On Shrimp 1 lb pkg, 51-60

Jennie-O Frozen **Turkey Breast** 

LIMIT 2

Rio Star **Boneless Skinless Chicken Breasts** 2.5 lb bag, Individually Quick Frozen

6.49

**Fully Cooked** Garlic Parmesan Meatballs



**Pepsi Products** 24 pk-12 oz cans, Selected Varieties

6 pk-16.9 oz btls **4.98** 



Marinated **Boneless Skinless Chicken Breast** From the Service Case

**Country Hearth** 

12 Grain Bread 24 oz loaf

Dakota Style



Bubbl'r **Sparkling Water** 6 pk-12 oz cans, Selected Varieties





Celsius **Energy Drink** 12 oz can, Selected Varieties



**Kickstart Energy Drink** 16 oz can, Selected Varieties





### General Mills Cereal

12 oz Cheerios, 13.9 oz Trix, 14.2-14.9 oz Fruity Cheerios, 14.9 oz Lucky Charms, 15.1 oz Cookie Crisp, 15.4 oz Honey Nut Cheerios, 16.7 oz Golden Grahams or Reese's Puffs, 16.8 oz Cinnamon Toast Crunch 18.2 oz Oat Crunch Cheerios, Selected Varieties



### Totino's Pizza Rolls

40-50 ct pkg, Selected Varieties



### Pillsbury Toaster Scramblers, Strudel or Breakfast Rolls

7.2 oz Scrambles, 9.5-12 oz Strudel or 9.32 oz Rolls, Selected Varieties



#### Nature Valley or Fiber One **Protein Bars**

4.8-8.85 oz box,

Selected Varieties



#### **Betty Crocker** Cookie Mix

13.1-17.5 oz pkg, Selected Varieties



## Chex Mix, Bugles or Gardetto's

Snacks 8-14.5 oz bag,

Selected Varieties



### Gold Medal Flour

5 lb bag,

Regular or Unbleached



### Pillsbury Grands! Biscuits, Cinnamon or Crescents Rolls

8-16.3 oz pkg,

Selected Varieties

.88



## Pillsbury Refrigerated Cookie Dough, Bread Dough

or Pizza Crust

11-16.5 oz pkg, Selected Varieties



Progresso

Pitmaster Soup 18-19 oz can,

Selected Varieties



## Old El Paso Taco Shells, Dinner Kits, Tortilla Pockets, Bowls, Taco Sauce, Seasoning or Enchillada Sauce

4.6-6.89 oz Shells, 9.4-13.25 oz Dinner Kits, 8.4 oz Pockets, 5.4 oz Bowl, 9 oz Sauce, 6.5 oz Seasoning, 19 oz Enchillada Sauce, Selected Varieties

REDEEMABLE COUPON X558 **RV0200** 



WHEN YOU PURCHASE ANY FOUR (4) PARTICIPATING

INSTANTLY GENERAL MILLS CONSUMER BRANDS ITEMS WITH COUPON RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

GOOD ONLY AT Unfi supplied stores VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. Customer must purchase four. Limit four with this coupon.
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GT\_BACK VER #COMMON





## Zatarain's **Rice Dishes**

7-8 oz box, Selected Varieties



## Lawry's Marinades

12 oz btl,

Selected Varieties



## Frank's Red Hot, **Buffalo Wing or** Dip'n Sauce

12 oz btl,

Selected Varieties



## **McCormick** Taco Seasoning Mix

1-1.12 oz pkg,

Selected Varieties



## Cholula **Hot Sauce**

5 oz btl,

Selected Varieties



## Cholula

Salsa

12 oz jar, Selected Varieties \$



## **McCormick**

Salt Free 4.16-4.37 oz pkg,

Selected Varieties



## **McCormick** Ground Cinnamon

2.37 oz pkg