



PAULBECK'S  
MARKET

EXPRESS GAS  
& CAR WASH



Home of Wildcraft Meats



Boneless  
Arm Cut  
Roast  
USDA Choice Angus Beef

5.99 lb



Just Bare  
Chicken Thighs  
or Drumsticks  
20 oz pkg, Fresh, All Natural

2/\$6



Blackberries or  
Raspberries  
6 oz pkg

2/4.44



SweetTango  
Locally Grown

1.49 lb



Kraft  
Chunk or  
Shredded Cheese  
5-8 oz pkg,  
Selected Varieties

3/\$8



DiGiorno  
Original Pizza  
14.1-29.3 oz pkg,  
Selected Varieties

2/\$11



Birds Eye  
Steamfresh  
Vegetables  
10-10.8 oz pkg,  
Selected Varieties

4/\$5



S&W  
Beans  
15-15.5 oz can,  
Selected Varieties

99¢



Prego  
Pasta Sauce  
14.5-24 oz jar,  
Selected Varieties

2/\$4



Essential Everyday  
Pasta  
12-16 oz box,  
Selected Varieties

99¢



Old Dutch  
Pretzels or Traditional  
Potato Chips  
8.5-15 oz Pretzels or 9.5-10 oz Chips,  
Selected Varieties

2/\$7

X500 REDEEMABLE COUPON RV0150

Hershey's  
Snack Size Candy  
10.35-11.6 oz pkg,  
Selected Varieties

2/8.88

RETAILER: Return to UNFI COUPON SERVICES  
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED  
OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT  
PAULBECK'S COUNTY MARKET-AITKIN

Customer must purchase two.  
Limit two with this coupon.  
Limit one coupon per family.  
Prices effective Sun., October 19  
thru Sat., October 26, 2025.  
Valid only at Paul Beck's County Market-Aitkin.



Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

Visit Us on the Web  
[www.paulbecks.com](http://www.paulbecks.com)

(218) 927-6919  
• OPEN 6AM - 9PM •  
7 DAYS A WEEK

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FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE OCTOBER						
SUN	MON	TUES	WED	THUR	FRI	SAT
19	20	21	22	23	24	25



# BAKED GOODS

ALL ITEMS NOT AVAILABLE  
AT ALL LOCATIONS.

# DELI FRESH



La Brea  
Multigrain Loaf  
12 oz pkg,  
Take & Bake

3.49



Kretschmar  
Seasoned  
Turkey Breast  
Deli Fresh, Selected Varieties

8.99 lb



Rondele  
Spreadable  
Cheese Cups  
8 oz pkg,  
Selected Varieties

5.49



The Father's Table  
Cheesecake  
16 oz pkg,  
Selected Varieties

6.99



Stacy's  
Pita Chips  
7.33 oz pkg,  
Selected Varieties

3.99



Jongquist  
Family Kitchens Dips  
11.5-12 oz pkg,  
Selected Varieties

3.99



Pretzilla  
Pretzel Bites  
12.3 oz pkg,  
Selected Varieties

5.99



Cafe Valley  
Coffeecake Bites  
10 oz pkg,  
Selected Varieties

5.99



Mini Babybel  
Semi Soft Cheese  
6 ct pkg,  
Selected Varieties

4.49

# FROZEN & DAIRY



Totino's  
Pizza Rolls  
100 ct pkg,  
Selected Varieties

9.99



Jimmy Dean  
Breakfast  
Sandwiches  
12.8-18.8 oz pkg,  
Selected Varieties

6.49



Dannon Danimal  
or Greek Yogurt  
Multipacks  
4 ct pkg,  
Selected Varieties

2/\$8



Essential  
Everyday  
Almond Beverage  
64 oz ctn,  
Selected Varieties

2.99



Ben & Jerry's  
Ice Cream  
15.2-16 oz ctn,  
Selected Varieties

4.99



Stone Ridge  
Creamery  
Fudge or Orange  
Cream Bars  
12 ct pkg, Selected Varieties

3.88



Essential  
Everyday  
Pizza Crust  
13.8 oz pkg

2/\$6



Crystal Farms  
String Cheese  
9-10 oz pkg,  
Selected Varieties

4.49



TGI Fridays  
Appetizers  
10-17.4 oz pkg,  
Selected Varieties

6.99



Sea Pak  
Shrimp and  
Seafood  
8-18 oz pkg,  
Selected Varieties

6.99



Kerrygold  
Butter  
8 oz pkg,  
Selected Varieties

5.49



Bays  
English  
Muffins  
12 oz pkg,  
Selected Varieties

3.49



Kemps  
Ice Cream  
128 oz pall,  
Selected Varieties

7.49



Jonny Pops  
Frozen  
Fruit Bars  
4 ct box,  
selected varieties

5.49



Noosa  
Finest Yoghurt  
8 oz ctn,  
Selected Varieties

3/\$5



Califia Farms  
Iced Coffee or  
Organic Milk  
48oz btl,  
Selected Varieties

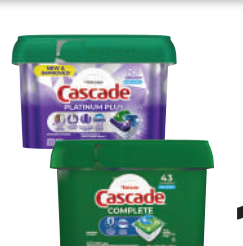
4.99

# HOUSEHOLD GOODS



Tide Liquid  
Laundry  
Detergent  
37-42 oz btl,  
Selected Varieties

7.99



Cascade  
Dishwashing  
Detergent  
Actionpacs  
26-43 ct pkg,  
Selected Varieties

12.99



Essential  
Everyday  
Concentrated  
Bleach  
121 oz btl,  
Selected Varieties

6.79



Downy  
Ultra Fabric  
Softener or  
Unstopables  
7.8oz Unstopables or  
26-44oz Fabric Softener,  
Selected Varieties

5.99



Bounce  
Fabric  
Softener  
Sheets  
160 ct box

6.99



Cottonelle  
Bath Tissue  
12 ct Mega Rolls,  
Selected Varieties

13.99



Essential  
Everyday  
Paper Plates  
100 ct pkg,  
Selected Varieties

4.88



Essential  
Everyday  
Trash Bags  
15-26 ct box,  
Selected Varieties

2.99

# HEALTH & BEAUTY



One-A-Day  
Vitamins  
60-150 ct pkg,  
Selected Varieties

9.99



Zantac  
Acid Reducer  
25 ct pkg,  
Selected Varieties

8.99



Equaline  
Cold & Flu  
Relief  
12 oz btl,  
Selected Varieties

5.99



Colgate  
Toothpaste  
4 oz pkg,  
Selected Varieties

2/\$3



Head & Shoulders  
Shampoo,  
Conditioner or  
2 in 1  
10.6-12.5 oz btl,  
Selected Varieties

5.99



U by Kotex  
Pads, Liners  
or Tampons  
22-112 ct pkg,  
Selected Varieties

9.99

# BABY & PET



Gerber  
Puffs or  
Lil' Crunchies  
1.48 oz pkg,  
Selected Varieties

2/\$5



Gerber  
Snacks for Baby  
Lil' Crunchies  
1.48 oz pkg,  
Selected Varieties

2/\$4



Gerber  
Organic  
Baby Food  
4 oz jar,  
Selected Varieties

2/\$3



Essential  
Everyday  
Scoopable  
Cat Litter  
21 lb jug,  
Selected Varieties

9.99



# GROCERY SPECIALS



**Pringles  
Potato Crisps**  
4.9-5.57 oz can,  
Selected Varieties  
**2/\$5**



**Nestlé  
Toll House  
Morsels**  
9-12 oz pkg,  
Selected Varieties  
**4.88**



**Kellogg's  
Cereal**  
8.8 oz Corn Pops,  
8.9 oz Apple Jacks or  
Fruit Loops 12 oz Frosted Flakes  
**3.88**



**Nature Valley, Fiber One  
or General Mills Snack  
Bars or Granola Bars**  
3.28-8.85 oz box, Selected Varieties  
**2/\$6**



**Betty Crocker  
Fruit Snacks**  
4.5-8 oz box,  
Selected Varieties  
**2/\$6**



**Juicy Juice  
100% Juice**  
64 oz btl or 8 pk, 6.75 oz boxes,  
Selected Varieties  
**2/\$6**



**Chicken of the Sea  
Albacore Solid White  
Tuna or Pink Salmon**  
2.5-5 oz can Tuna or  
2.5-5 oz can Pink Salmon,  
Selected Varieties  
**2/\$3**



**Creamette  
Pasta**  
32 oz pkg,  
Selected Varieties  
**2.99**

**X501 STORE COUPON**



**Hillshire Farm  
Smoked Sausage  
or Lit'l Smokies**  
12-14 oz pkg,  
Selected Varieties  
**4.49**

Limit one with this coupon.  
Limit one coupon per family.  
Prices effective Sun., October 19  
thru Sat., October 25, 2025.  
Valid only at stores listed on the front page.

**X502 STORE COUPON**



**Hormel  
Pepperoni**  
4-8 oz pkg,  
Selected Varieties  
**3.49**

Limit one with this coupon.  
Limit one coupon per family.  
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**X503 STORE COUPON**



**Kraft  
Natural Sliced  
Cheese**  
7-8 oz pkg,  
Selected Varieties  
**2/\$5**

Customer must purchase two.  
Limit two with this coupon.  
Limit one coupon per family.  
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thru Sat., October 25, 2025.  
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**X504 STORE COUPON**



**Kraft  
Philadelphia  
Cream Cheese**  
8 oz brick,  
Selected Varieties  
**2/\$6**

Customer must purchase two.  
Limit two with this coupon.  
Limit one coupon per family.  
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**X505 STORE COUPON**



**Totino's  
Party Pizza**  
9.8-10.9 oz pkg,  
Selected Varieties  
**3/\$5**

Customer must purchase three.  
Limit three with this coupon.  
Limit one coupon per family.  
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**X506 STORE COUPON**



**Essential Everyday  
Pizza**  
14.73-16.51 oz pkg,  
Selected Varieties  
**3/\$10**

Customer must purchase three.  
Limit three with this coupon.  
Limit one coupon per family.  
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**X507 STORE COUPON**



**Essential Everyday  
Fruit Bowls**  
4 ct pkg,  
Selected Varieties  
**2/4.44**

Customer must purchase two.  
Limit two with this coupon.  
Limit one coupon per family.  
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**X508 STORE COUPON**



**Essential Everyday  
Mushrooms**  
4 oz can,  
Selected Varieties  
**3/\$3**

Customer must purchase three.  
Limit three with this coupon.  
Limit one coupon per family.  
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**Betty Crocker  
Mashed  
Potatoes**  
28 oz box  
**3.69**



**Wild Harvest  
Canned Beans**  
15 oz can,  
Selected Varieties  
**2/\$3**



**Essential Everyday  
Diced  
Green Chilies or  
Jalapeno Peppers**  
4 oz can  
**1.29**



**Essential Everyday  
Original  
Sloppy Joe Sauce**  
15 oz can  
**1.19**



**Essential Everyday  
Seasoning Mix**  
1-1.5 ct pkg,  
Selected Varieties  
**5/\$5**



**Essential Everyday  
Mayonnaise or  
Salad Dressing**  
22 oz squeeze btl,  
Selected Varieties  
**3.99**



**Wild Harvest  
Organic Apple  
Cider Vinegar**  
32 oz btl  
**3.99**



**Essential Everyday  
Olive Oil**  
17 oz btl,  
Selected Varieties  
**7.99**



**Kellogg's  
Cheez-It or  
Club Crackers**  
9-12.4 oz Cheez-It or 11-13.7 oz Club,  
Selected Varieties  
**3.99**



**Quaker  
Quick or  
Old Fashioned  
Oats**  
18 oz pkg,  
Selected Varieties  
**3.99**



**Essential Everyday  
Microwave  
Popcorn**  
6 ct box,  
Selected Varieties  
**3.49**



**Essential Everyday  
Graham Cracker  
Pie Crust**  
6 oz pkg  
**2.29**



**Wild Harvest  
Organic  
Pumpkin**  
15 oz can  
**2/\$5**



**Essential Everyday  
Vanilla Extract**  
1 oz pkg,  
Selected Varieties  
**2.99**



**Essential Everyday  
Hot Cocoa  
Mix**  
20 oz can  
**4.99**



**Essential Everyday  
Original Non-Dairy  
Coffee Cream**  
35.3 oz cnstr  
**6.49**



**Ice Mountain  
Sparkling Water**  
8 pk, 16.9 oz btl,  
Selected Varieties  
**2/\$7**



# FRESH MEAT & SEAFOOD



Sirloin  
Ball Tip  
Steak  
USDA Choice Angus Beef  
**7.99**lb



Boneless  
Arm Cut  
Steak  
USDA Choice Angus Beef  
**6.99**lb



Arctic Shores  
Extra Large  
Cooked Shrimp  
16 oz pkg, 26-30, Tail-On  
**9.99**



Boneless  
Sirloin  
Pork Chops  
Fresh  
**2.79**lb



Boneless  
Sirloin Pork  
Roast  
Fresh  
**2.49**lb



Boneless  
Country Style  
Pork Ribs  
Fresh  
**2.49**lb



Johnsonville  
Breakfast Links, Patties  
or Ground Sausage  
9 6-16 oz pkg,  
Selected Varieties  
**3.99**



Land O'Frost  
Premium Lunch Meat  
10-16 oz pkg,  
Selected Varieties  
**5.99**



Cooked Perfect  
Meatballs  
18-28 oz pkg,  
Selected Varieties  
**7.99**



El Monterey  
Burritos or  
Chimichangas  
30 4-32 oz pkg,  
Selected Varieties  
**5.99**



Hormel  
Always Tender  
Pork Loin Fillets  
1.5 lb pkg,  
Selected Varieties  
**7.99**



Hormel  
Smoked Pork Chops  
15 oz pkg, Bone-In  
**6.49**



Hormel  
Fully Cooked Bacon  
2.52 oz pkg,  
Selected Varieties  
**4.49**



Sugardale  
Sliced Bacon  
12 oz pkg,  
Selected Varieties  
**3.99**



Essential Everyday  
Boneless Skinless  
Chicken Thighs  
2.5 lb pkg, Individually Quick Frozen  
**8.99**



Essential Everyday  
Breaded Chicken  
24-28 oz pkg,  
Selected Varieties  
**6.49**

# FARM FRESH PRODUCE



Taylor Farms  
Snap Peas or  
Brussels Sprouts  
8-12 oz pkg,  
Selected Varieties  
**2.99**



Bolthouse Farm  
Baby  
Cut Carrots  
2 lb pkg  
**2.69**



Cantaloupe  
Vine Ripe  
**3.49**ea



Sweet  
Potatoes  
US #1  
**99¢**lb



Iceberg  
Lettuce  
Crisp  
**1.79**ea



Fresh Express  
Garden Salad  
12 oz pkg,  
Selected Varieties  
**1.69**ea



Fresh  
Cranberries  
12 oz bag  
**1.99**



Jack-O-Lantern  
Pumpkins  
**4.99**ea

# FLORAL

All items not available  
at all locations.



Peele  
Mums  
6 Inch

**11.99**



Fall Mega  
Bunch Bouquet

**12.99**




**Coke**  
Products  
12 pk-12 oz cans,  
Selected Varieties  
**5.99**  
6 pk-16.9 oz btls **3.99**



Country Hearth  
English Muffins  
12 ct pkg  
**2.99**



Canada Dry  
Mixers  
1 ltr btl,  
Selected Varieties  
**2/\$3**



A&W, RC, Sunkist,  
7-Up, Canada Dry  
or Squirt  
12 pk-12 oz cans,  
Selected Varieties  
**5.99**  
6 pk-16.9 oz btls **3.99**  
2 ltr btl **2/4.44**

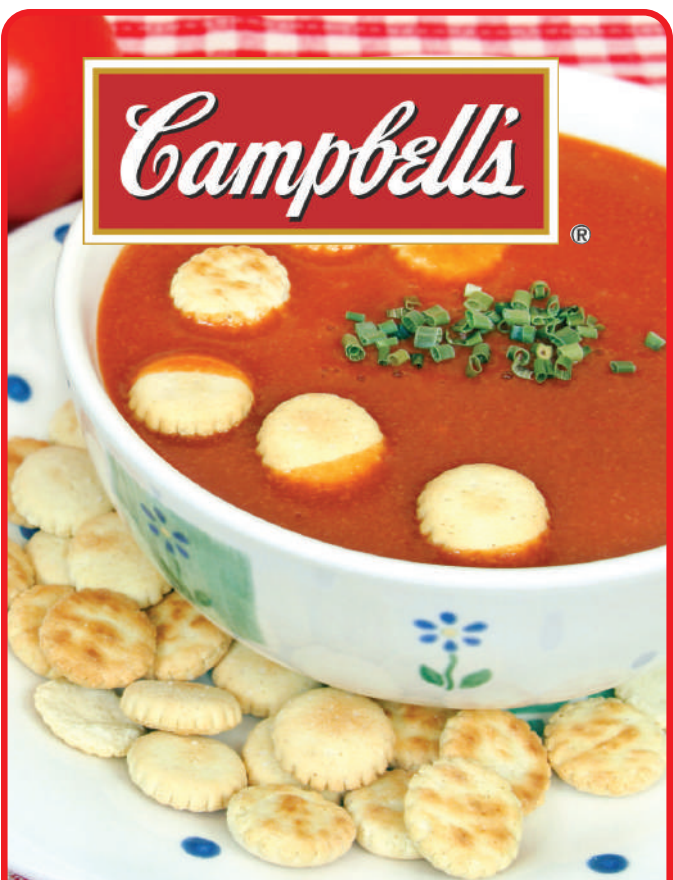


Powerade  
28 oz btl  
**3/\$5**



Lakeland  
Jumbo  
Hamburger or  
Hot Dog Buns  
12 ct pkg  
**3.89**





**Campbell's**

®



## Swanson White Premium Chunk Chicken Breast

12.5 oz can, Selected Varieties

**4.49**



## Campbell's Chunky Soup

15.25-19 oz can,  
Selected Varieties

**2/\$5**



## Pacific Foods Organic Broth

32 oz ctn,  
Selected Varieties

**2.99**



## Swanson Broth

48 oz ctn,  
Selected Varieties

**3.49**



## Pace Salsa or Picante Sauce

16 oz jar,  
Selected Varieties

**2/\$5**



## V8 Original 100% Vegetable Juice, +Energy or Sparkling + Energy

4-8 ct pkg, Selected Varieties

**5.49**



## V8 100% Fruit or Vegetable Juice

46 oz btl,  
Selected Varieties

**2/\$7**



**Banquet Mega Meals**  
11.5-16.95 oz pkg,  
Selected Varieties

**2/\$6**



**P.F. Chang's Dinner Bowls**  
11 oz pkg,  
Selected Varieties

**2/\$8**



**Healthy Choice Power Bowls or Entrées**  
9-11 oz pkg,  
Selected Varieties

**2/\$8**



**Marie Callender's Family Size Meals**  
36-38 oz pkg,  
Selected Varieties

**7.99**



**Vlasic Pickle Balls**  
6.5 oz bag

**3.49**



**Hunts Snack Pack Pudding or Juicy Gels**  
4 ct pkg,  
Selected Varieties

**2/\$3**



**Hunts Snack Pack Pudding or Juicy Gels**  
6 ct pkg,  
Selected Varieties

**2.99**

X509

REDEEMABLE COUPON

RV0350

**BUY ANY THREE (3) CONAGRA ITEMS AND GET A**

**FREE**

**KELLOGG'S CEREAL UP TO \$3.50**



**Banquet® Mega Meals 11.5-16.95 oz pkg, Healthy Choice® Power Bowls or Entrées 9-11 oz pkg, P.F. Chang's® Dinner Bowls 11 oz pkg, Marie Callender's® Family Size Meals 36-38 oz pkg, Vlasic® Pickle Balls 6.5 oz bag, Hunts® Snack Pack Pudding or Juicy Gels 4 ct pkg or 6 ct pkg**

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**RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form**

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES



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