



PAULBECK'S MARKET

EXPRESS GAS & CAR WASH



Home of Wildcraft Meats



85% Lean Ground Beef
Fresh, Family Pack

4.99 lb

Pork Shoulder Roast
Fresh, Bone-In

2.49 lb

Blackberries or Raspberries
6 oz pkg

2/\$5

Fresh Express Shredded Lettuce or Old Fashioned Coleslaw
8 oz Shredded Lettuce or 14 oz Coleslaw

99¢

Jack's Original Pizza
13.8-15.8 oz pkg, Selected Varieties

3/9.99

Chobani Greek Yogurt
4 ct pkg, Selected Varieties

2/\$8

Essential Everyday Natural Sliced Cheese
6-8 oz pkg, Selected Varieties

2/\$5

Kellogg's Eggo French Toaster Sticks, Pancakes or Waffles
8.4-14.8 oz pkg, Selected Varieties

2/\$5

Frito Lay Lay's Potato or Kettle Cooked Chips or Dip
5-8 oz bag Chips or 9 oz can Dip, Selected Varieties

2/\$5

Creamette Pasta
12-16 oz box, Selected Varieties

99¢

Essential Everyday Pasta Sauce
23-24 oz jar, Selected Varieties

1.99

PAULBECK'S MARKET

Visit Us on the Web www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE MARCH						
SUN	MON	TUES	WED	THUR	FRI	SAT
8	9	10	11	12	13	14

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

01-MER #4 PAULBECK'S

BAKED GOODS

ALL ITEMS NOT AVAILABLE AT ALL LOCATIONS.

DELI FRESH



**Bakery Fresh
Cake Donuts**
6 ct pkg,
Selected Varieties
3.99



**Kretschmar
Honey or
Virginia Ham**
Deli Fresh
6.99 lb



Coleslaw
Deli Fresh,
Selected Varieties
3.99 lb



**Angel Food
Ring Cake**
10 oz pkg
4.99



**Sartori
Parmesan Cheese**
7 oz pkg,
Selected Varieties
3.99



**Delallo
Olives**
7 oz pkg,
Selected Varieties
6.99



**Two-Bite
Iced Mini Cupcakes**
12 ct pkg,
Selected Varieties
3.99



**March
14th is
PI Day**
**Bakery Fresh
Fruit Pie**
8 inch,
Selected Varieties
6.99



**Stacy's
Pita Thins**
6.75 oz pkg,
Selected Varieties
3.99

FROZEN & DAIRY



**Dannon
Activia Yogurt or
Danimals Yogurt Drinks**
8 ct Drinks or 12 ct Yogurt,
Selected Varieties
2/\$10



**Essential
Everyday
String Cheese**
8-12 oz pkg,
Selected Varieties
3.49



**Tillamook
Ice Cream**
48 oz pkg,
Selected Varieties
5.49



**Ben & Jerry's
Ice Cream**
14.4-16 oz pkg,
Selected Varieties
4.99



**Jimmy Dean
Breakfast Bowls
or Egg Bites**
4-9 oz pkg,
Selected Varieties
2/\$6



**McCain
Potatoes or
Onion Rings**
14-26 oz pkg,
Selected Varieties
2/\$7



**Green Giant
Restaurant Style
Vegetables**
10-12 oz pkg,
Selected Varieties
3.99



**Essential
Everyday
Lactose Free Milk**
64 oz ctn,
Selected Varieties
3.99



**Arby's, Red Robin,
Sonic or Checker's
French Fries**
22-28 oz pkg,
Selected Varieties
3.99



**Stone Ridge
Creamery
Ice Cream Bars**
6-12 ct pkg,
Selected Varieties
3.99



**Rana
Pasta or Sauce**
20 oz Pasta or
12.5-15 oz Sauce,
Selected Varieties
6.49



**Old Home
Chip & Dip Topper,
Snack Dip
or Sour Cream**
12 oz Topper or Dip or
16 oz Sour Cream, Selected Varieties
2/\$5



**Cracker Barrel
Cheese**
6 oz Cubes, 7 oz Cuts,
7.5 oz Sticks, 8 oz Chunks or
8 oz Snack Bars, Selected Varieties
2/\$7



**Dole
Frozen Fruit**
12-14 oz pkg,
Selected Varieties
3.99

HOUSEHOLD GOODS



**Gain Liquid
Laundry Detergent
or Fabric Softener**
46 oz Detergent or 44 oz Softener,
Selected Varieties
5.99



**Bounce
Dryer Sheets**
60-120 ct box,
Selected Varieties
5.99



**Energizer
Max AA or AAA
Batteries**
8 ct pkg
8.99

HEALTH & BEAUTY



**Colgate Total or
Max Toothpaste,
360 Toothbrush or
Optic White Mouthwash**
3.3-6.3 oz Toothpaste, 1 ct Toothbrush or
16.9 oz Mouthwash,
Selected Varieties
3.99



**OGX Hair Care Premium
Shampoo or Conditioner**
13 oz btl,
Selected Varieties
7.99



**Equaline Migraine
Pain Reliever**
50 ct pkg
4.99



**Pepcid MS
Tablets**
25 ct pkg
11.99



**Always Discreet
Pads**
26-66 ct pkg,
Selected Varieties
15.99

GROCERY SPECIALS



Old Dutch Traditional Potato Chips, Cheese Puffs or Puffcorn
7-10 oz bag or Twin Pack box, Selected Varieties

2/\$7



Progresso or Old El Paso Soup
18-19 oz can, Selected Varieties

2/\$5

X500 STORE COUPON



Johnsonville Bratwurst or Italian Sausage
19 oz pkg, Selected Varieties

5.49

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.



Rice-a-Roni or Pasta-Roni
1.97-7.2 oz pkg, Selected Varieties

2/\$3



Starkist Solid White Tuna
5 oz can

2/\$3

X501 STORE COUPON



Cloverdale Bacon
12 oz pkg, Selected Varieties

3.99

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.



Kraft Dressing
16 oz btl, Selected Varieties

2/\$5



Maruchan Ramen Noodle Soup
3 oz pkg, Selected Varieties

3/\$1

X502 REDEEMABLE COUPON RV0150



Hershey's Giant Candy Bars
7.13-7.56 oz pkg, Selected Varieties

2/\$7

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form
VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.



Essential Everyday Broth or Stock
32 oz pkg, Selected Varieties

2.29



Green Mountain, Donut Shop, McCafe, Cinnabon, Tully's, Caribou or Newman's Own Coffee
10 ct K-Cups, Selected Varieties

7.99

X503 REDEEMABLE COUPON RV0100



Kellogg's Kids Cereal
8.8 oz Corn Pops, 8.9 oz Apple Jacks or Froot Loops or 12 oz Frosted Flakes

2/\$7

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form
VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.



Essential Everyday Apple Juice or Cider
64 oz btl, Selected Varieties

2/\$5



Essential Everyday Oven Ready Lasagna
12 oz box

1.99

X504 REDEEMABLE COUPON RV0300



Cheez-It Puff'd, Snap'd or Crunch, Town House Crackers, Rice Krispies Treats or Nutri Grain Bars
5.75-7.5 oz Cheez-It, 9.2-13.8 oz Town House, 6 ct Rice Krispies Treats or 10.4 oz Nutri Grain, Selected Varieties

3/\$6

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form
VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES

Customer must purchase three. Limit three with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.



Hershey's Candy Bars
1.2-2.5 oz pkg, Selected Varieties

3/\$4



Pop-Secret Popcorn
12 ct pkg, Selected Varieties

7.99



Wiley Wallaby Candy
8-10 oz pkg, Selected Varieties

3.49



Nabisco Multi-Pack Cookies or Crackers
10-18 ct pkg, Selected Varieties

4.99



Sensible Portions Garden Veggie Straws or Chips
6-7 oz pkg, Selected Varieties

2/\$7



Betty Crocker Mashed Potatoes
28 oz box

3.49



Famous Dave's Corn Bread Mix
15 oz box

2.49

X505 STORE COUPON



Brew Pub Pizza Lotzza Motzza Pizza Singles
10.3-13.71 oz pkg, Selected Varieties

2/\$10

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.



Red Lobster Biscuit Mix
11.36 oz box

2.99



Pillsbury Muffin Mix
7-7.6 oz pkg, Selected Varieties

3/\$4



Nestle Coffee-mate Non-Dairy Coffee Creamer
10.2-15 oz cnstr, Selected Varieties

4.99



Pompeian Extra Virgin Olive Oil
25.4-32 oz btl, Selected Varieties

14.99

X506 STORE COUPON



Essential Everyday Saltine Crackers
16 oz pkg, Selected Varieties

1.77

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.

SAVE BIG EVERYDAY



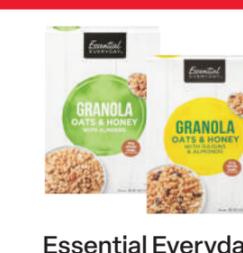
Essential Everyday Mayonnaise or Whipped Dressing
20 oz btl, Selected Varieties

3.99



Essential Everyday White Vinegar
32 oz btl

1.69



Essential Everyday Granola
18 oz box, Selected Varieties

4.99



Essential Everyday Mandarin Oranges
15 oz can, Selected Varieties

1.69

X507 STORE COUPON



Essential Everyday Brown or Powdered Sugar
2 lb pkg, Selected Varieties

1.99

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., March 8 thru Sat., March 14, 2026. Valid only at stores listed on the front page.

FRESH MEAT & SEAFOOD



Boneless
Chuck Roast
USDA Choice Angus Beef
8.99 lb



Boneless
Chuck Steak
USDA Choice Angus Beef
8.99 lb



Boneless
New York
Strip Steak
USDA Choice Angus Beef
14.99 lb



Pork
Shoulder
Steak
Fresh, Bone-In
2.79 lb



Just Bare
Chicken Thighs
or Drumsticks
2.25 lb pkg.
Fresh, Family Pack
4.99



Schweigert
Sauerkraut
32 oz pkg
2.99

Cook's
Corned Beef
Brisket
Fresh
6.49 lb



Tyson
Breaded Chicken
23-29 oz pkg,
Selected Varieties
6.49



Schweigert
Summer Sausage
9 oz pkg
4.49



Cowboy Jacks
Beef Burgers
32 oz box,
Selected Varieties
11.99



Essential Everyday
Boneless Skinless
Chicken Thighs
3 lb pkg, Individually Quick Frozen
8.99



El Monterey
Enchiladas
10-10.25 oz pkg,
Selected Varieties
4.99



Sugardale
Sliced Pepperoni
8 oz pkg
2.99



Oscar Mayer Lunchables,
P3 Packs or Dunkables
1.95-4.4 oz pkg,
Selected Varieties
2/\$4



Prime Fresh
Delicatessen Lunchmeat
7-8 oz pkg,
Selected Varieties
4.99



Banquet
Brown 'N Serve Sausage
6.4 oz pkg,
Selected Varieties
2/\$4



Arctic Shores
Small Cooked Shrimp
12 oz pkg,
61-70, Tail-On
5.99

FARM FRESH PRODUCE



Cantaloupe
Vine Ripe
3.49 ea



Sumo
Mandarines
3.89 lb



Cabbage
Fresh, Crunchy
59¢ lb

Farmer's
Promise
Red Potatoes
5 lb bag
2.49



Pink Lady
Apples
1.29 lb



NatureSweet
Constellation
Tomatoes
10 oz pkg
2.99



Bolthouse
Fresh Carrots
2 lb bag
1.99



Sweet
Onions
89¢ lb

FLORAL

All items not available
at all locations.



St. Patrick's
Day Mums
4.5 Inch
8.99



Leprechaun
Love
Bouquet
9.99



Coke
Products
12 pk-12 oz cans,
Selected Varieties
6.99

6 pk-16.9 oz btls **2/\$9**



Thomas Original
English Muffins
6 ct pkg
3.49



Country Hearth
English Muffin
Bread
16 oz loaf
or Village Hearth
Cottage Bread
24 oz loaf
3.49



Canada Dry
Mixers
1 ltr btl,
Selected Varieties
2/\$3



A&W, RC, Sunkist,
7-Up, Canada Dry
or Squirt
12 pk-12 oz cans,
Selected Varieties
6.75

6 pk-16.9 oz btls **2/\$8**

2 ltr btl **2/\$5**

Campbell's®



Campbell's Home Style Soup

16.1-16.3 oz can,
Selected Varieties

2/\$4



Swanson Broth or Stock

48 oz pkg,
Selected Varieties

3.49



Campbell's SpaghettiO's

15.8 oz can,
Selected Varieties

2/\$3



Prego Pasta Sauce

44-45 oz jar,
Selected Varieties

3.99



Pace Salsa or Picante Sauce

24 oz jar,
Selected Varieties

3.49

SAVOR

March
FROZEN FOOD
Month

THE TASTE OF
REAL FOOD...
JUST FROZEN!



**Culinary Circle
Pizza**

13.95-28.9 oz pkg,
Selected Varieties

2/\$10



**Farm Rich
Appetizers**

13-22 oz pkg,
Selected Varieties

5.89



**Hot
Pockets**

4 ct pkg,
Selected Varieties

2/8.88



**Innovasian
Dinners**

16-18 oz pkg,
Selected Varieties

6.99



**José Olé
Taquitos or
Mini Tacos**

16.2-22.5 oz pkg,
Selected Varieties

5.99



**Green Giant
Simply Steam
Vegetables**

9-10 oz pkg,
Selected Varieties

2/\$5

Register to Win

one of **20 Prizes!**

\$250 Store Gift Certificate 10 Winners

\$100 Store Gift Certificates 10 Winners



TAKE A
**FRESH
LOOK**
AT FROZENS!

Enter for a chance to win
one of 20 Store Gift Cards!

1st Place Prize: \$250 Store Gift Card
(10 prizes awarded)

2nd Place Prize: \$100 Store Gift Cards
(10 prizes awarded)

FROZEN FOOD MONTH ENTRY FORM

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

EMAIL _____

STORE NAME _____

NO PURCHASE NECESSARY TO ENTER OR WIN.

Promotion starts on 3/1/26 and ends 3/21/26. To enter, fill out required information on entry form and deposit entry form in the entry box at participating retailer. Limit one (1) entry per participant.

See participating stores for official rules.

GT_BACK VER #4, 14

a great time to visit the

FROZEN FOOD AISLE