



# PAULBECK'S MARKET

EXPRESS GAS & CAR WASH



Home of Wildcraft Meats



**80% Lean Ground Beef**  
Fresh, Family Pack  
**4.49 lb**

**Boneless Rump Roast**  
USDA Choice Angus Beef  
**6.99 lb**

**Boneless Pork Sirloin Chops**  
Fresh  
**2.29 lb**

**Blackberries or Raspberries**  
6 oz pkg  
**2/\$6**

**Honeycrisp Apples**  
Fresh  
**1.99 lb**



**Essential Everyday**  
Chunk or Shredded Cheese  
6-8 oz pkg,  
Selected Varieties

**2/\$4**



**Lean Cuisine Entrées**  
6-11.5 oz pkg,  
Selected Varieties

**4/\$10**



**Essential Everyday**  
Vegetables  
12 oz pkg,  
Selected Varieties

**5/\$5**



**Essential Everyday**  
Fries, Tots or Hash Brown Patties  
19-32 oz pkg,  
Selected Varieties

**2.88**



**Stone Ridge Creamery**  
Ice Cream  
48 oz pkg,  
Selected Varieties

**2/\$7**



**Folgers Coffee**  
22.6-25.9 oz can,  
Selected Varieties

**11.99**



**Essential Everyday**  
Granulated Sugar  
4 lb bag

**2.99**



**Wish-Bone or Western Dressing**  
15 oz btl,  
Selected Varieties

**2/\$5**

X501 REDEEMABLE COUPON RV0200

**FREE**  
Head of Lettuce  
When You Buy  
Any Two  
Wish-Bone  
or Western  
Dressing

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form  
VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES

Customer must purchase two Wish-Bone or Western Dressings. Limit one FREE with this coupon. Limit one coupon per family. Prices effective Sun., March 22 thru Sat., March 28, 2026. Valid only at Paulbeck's County Market-Atkin.

005010

# PAULBECK'S MARKET

Visit Us on the Web  
[www.paulbecks.com](http://www.paulbecks.com)

(218) 927-6919  
• OPEN 6AM - 9PM •  
7 DAYS A WEEK

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Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

PRICES EFFECTIVE MARCH						
SUN	MON	TUES	WED	THUR	FRI	SAT
22	23	24	25	26	27	28

# BAKED GOODS

ALL ITEMS NOT AVAILABLE AT ALL LOCATIONS.

# DELI FRESH



**Twin Pack Baguettes**  
12-14 oz pkg,  
Take and Bake  
**3.99**



**Kretschmar Seasoned Turkey Breast**  
Deli Fresh, Selected Varieties  
**8.99** lb



**Summer Fresh Pasta Salad**  
Deli Fresh  
**4.49** lb



**CT Bakery Mini Donuts**  
6 ct pkg,  
Selected Varieties  
**3.99**



**BelGioioso Shredded Cheese**  
5 oz pkg,  
Selected Varieties  
**2.99**



**Président Pub Cheese**  
8 oz pkg,  
Selected Varieties  
**5.99**



**Cyrus O'Leary's Mini Cream Pie**  
4 inch,  
Selected Varieties  
**3.49**



**Bakery Fresh Turnovers**  
4 ct pkg,  
Selected Varieties  
**3.99**



**Kerrygold Cheese**  
7 oz pkg,  
Selected Varieties  
**5.99**

# FROZEN & DAIRY



**Brew Pub Pizza Lotzza MTPza, Patriot or MVP Pizza**  
15.95-26.82 oz pkg,  
Selected Varieties  
**6.99**



**Gorton's Seafood**  
6-24.5 oz pkg,  
Selected Varieties  
**7.99**



**Simply Potatoes Hash Browns or Cut Potatoes**  
20 oz bag,  
Selected Varieties  
**2/\$5**



**Essential Everyday Steamable Vegetables**  
12 oz pkg,  
Selected Varieties  
**3/\$4**



**SunnyD Citrus Punch**  
64 oz blt,  
Selected Varieties  
**1.99**



**Ben & Jerry's Ice Cream**  
14.4-16 oz pkg,  
Selected Varieties  
**4.99**



**Essential Everyday Whipped Topping**  
8 oz tub,  
Selected Varieties  
**1.69**



**Essential Everyday Cinnamon Rolls or Crescent Rolls**  
8-12.4 oz pkg, Selected Varieties  
**2/4.44**



**Dannon Oikos or Light + Fit Yogurt or Animals Pouches**  
4 ct pkg,  
Selected Varieties  
**2/\$8**



**Pillsbury Toaster Strudel or Scrambles**  
7.2-12 oz pkg,  
Selected Varieties  
**2/\$6**



**Chobani Flip Greek Yogurt**  
4.5 oz pkg,  
Selected Varieties  
**3/\$4**



**Oui by Yoplait French Style Yogurt**  
5 oz cup,  
Selected Varieties  
**2/\$3**



**Sargento Deli Style Sliced or Natural American Cheese**  
5-8 oz pkg,  
Selected Varieties  
**2/\$7**



**Country Crock Buttery Spread**  
14 oz squeeze blt or 15 oz tub,  
Selected Varieties  
**2.99**



**Essential Everyday Ricotta Cheese**  
15 oz ctn,  
Selected Varieties  
**2.99**



**Essential Everyday Whipped Topping**  
6.5 oz cnstr,  
Selected Varieties  
**2.88**



**I Can't Believe It's Not Butter**  
8 oz spray blt or 15 oz tub,  
Selected Varieties  
**3.49**



**Kozy Shack Pudding**  
22 oz tub or 4-6 ct pkg,  
Selected Varieties  
**3.49**



**Essential Everyday Frozen Orange Juice**  
12 oz can,  
Selected Varieties  
**2.89**



**Jonny Pops Fruit Bars**  
4 ct pkg,  
Selected Varieties  
**5.49**



**Mrs. Smith's Fruit Pie**  
35-37 oz pkg,  
Selected Varieties  
**5.99**



**Essential Everyday Appetizers**  
5-12.2 oz pkg,  
Selected Varieties  
**3.99**



**Talent Gelato**  
16 oz pkg,  
Selected Varieties  
**4.99**



**Eggo Thick & Fluffy Waffles**  
11.6 oz pkg,  
Selected Varieties  
**2/\$7**



**Starbucks Iced Coffee**  
40-48 oz blt,  
Selected Varieties  
**6.49**

# HOUSEHOLD GOODS



**Tide Laundry Detergent**  
30-34 oz blt Liquid or 16 ct Pods,  
Selected Varieties  
**5.99**



**Downy Ultra Fabric Softener or Bounce Dryer Sheets**  
44 oz Downy or 60-120 ct Bounce,  
Selected Varieties  
**5.99**



**Cascade Dishwashing Detergent Actionpacs**  
9-16 ct pkg,  
Selected Varieties  
**4.99**



**Dawn Dish Liquid**  
24-30.8 oz blt,  
Selected Varieties  
**4.99**



**Angel Soft Bath Tissue or Sparkle Paper Towels**  
6-8 ct Mega Rolls Angel Soft or 4 ct Double Rolls Sparkle,  
Selected Varieties  
**6.99**



**Glad Tall Kitchen or Trash Bags**  
25-68 ct box,  
Selected Varieties  
**9.99**



**Essential Everyday Facial Tissue**  
60-70 ct box,  
Selected Varieties  
**2/\$3**



**Essential Everyday Napkins, Plates, Bowls or Cups**  
24-250 ct pkg,  
Selected Varieties  
**2.99**

# HEALTH & BEAUTY



**Sensodyne Toothpaste**  
3.4-4 oz pkg,  
Selected Varieties  
**6.99**



**Equaline Ibuprofen Pain Reliever**  
Compare to Advil or Motrin  
50 count  
Selected Varieties  
**1.99**



**Pure Protein Bars**  
1.76 oz pkg,  
Selected Varieties  
**2/\$3**



**Always Infinity, Pure Cotton or Radiant Pads**  
18-36 ct pkg,  
Selected Varieties  
**8.99**



**Ollly Gummy Vitamins**  
30-90 ct pkg,  
Selected Varieties  
**9.99**



**Muscle Milk Genuine Protein Shake**  
44 oz pkg,  
Selected Varieties  
**8.99**



**Wild Harvest Dog Food**  
3.5-4 lb bag,  
Selected Varieties  
**9.99**



**Wild Harvest Cat Food**  
5.5 oz can,  
Selected Varieties  
**4/\$5**





# GROCERY SPECIALS

Old Dutch Restaurant Style Tortilla Chips, Dutch Crunch Kettle Chips or Pretzels  
8.5-15 oz pkg, Selected Varieties

**2/\$7**

Frito Lay Cheetos, Fritos, Baked Snacks, Dip or Salsa  
6.5-9 oz Cheetos, 9.25-10 oz Fritos, 6.25-9.25 Baked, 9 oz Dip or 15.5 oz Salsa Selected Varieties

**2/\$7**

StarKist Chunk Light Tuna, Salad Kit or Smart Bowls  
2.6-3 oz pouch, 3.28 oz Salad Kit or 4.5 oz Smart Bowls, Selected Varieties

**3/\$3**

Pillsbury Brownie or Cake Mix or Frosting  
18.4 oz Brownie, 15.25-15.3 oz Cake or 16 oz Frosting, Selected Varieties

**3/\$5**

Hershey's Baking Chips  
8-12 oz pkg, Selected Varieties

**3.99**

Ben's Original Ready Rice  
6-8.8 oz pkg, Selected Varieties

**2/\$5**

Ortega Taco Dinner Kit, Shells or Sauce  
12 ct Kit, 18 ct Shells or 16 oz Sauce, Selected Varieties

**2/\$6**

General Mills Cereal  
15-19 oz Cheerios, 18.1 oz Cocoa Puffs, 18.6 oz Lucky Charms, 18.8 oz Cinnamon Toast Crunch, 18.9 oz Golden Grahams, 19.7 oz Reese's Puffs or 19.8 Reese's Puffs Minis, Selected Varieties

**2/\$8**

Post Large Size Cereal  
11 oz Honey Bunches of Oats Granola, 13.5-16 oz Great Grains, 15 oz Fruity or Cocoa Pebbles, 15-18 oz Shredded Wheat, 16 oz Bran Flakes, 18 oz Grape-Nuts Flakes or 20.5 oz Grape-Nuts, Selected Varieties

**3.99**

Kellogg's Pop-Tarts or Pastry Bites  
8 ct box Pop-Tarts or 7 oz Bites, Selected Varieties

**2/\$6**

Creamette Lasagna  
8-16 oz pkg, Selected Varieties

**2.29**

Green Mountain, Donut Shop, McCafe, Cinnabon, Tully's, Caribou or Newman's Own Coffee  
10 ct box K-Cups, Selected Varieties

**9.99**

Pearl Milling Company Pancake & Waffle Mix or Syrup  
32 oz box Mix or 24 oz btl Syrup, Selected Varieties

**3.49**

Country Time, Kool-Aid or Tang Drink Mix  
6-8 qt cnstr, Selected Varieties

**3.99**

Super Chill Mixers or Ice Sparkling Water  
1 ltr Mixer or 17 oz Ice, Selected Varieties

**5/\$5**

Nabisco Toasted Chips or Teddy Grahams  
7.1-8.1 oz Chips or 10 oz Grahams, Selected Varieties

**2/\$6**

Hershey's Giant Candy Bars  
7.13-7.56 oz pkg, Selected Varieties

**4.99**

Orville Redenbacher's Microwave Popcorn  
6-10 ct box, Selected Varieties

**3.99**

Blue Diamond Almonds  
14-16 oz bag, Selected Varieties

**9.99**

Betty Crocker Mashed Potatoes  
28 oz box

**3.49**

Duke's Mayonnaise  
30 oz jar, Selected Varieties

**5.49**

Crystal Light, MiO, Kool-Aid or Tang Liquid Water Enhancer  
1.62 oz btl, Selected Varieties

**3.29**

## SAVE BIG EVERYDAY

Essential Everyday Crackers or Fruit Snacks  
7.5-13.7 oz Crackers or 10 ct Fruit Snacks, Selected Varieties

**2.99**

Essential Everyday Cooking Spray  
5-6 oz can, Selected Varieties

**2.69**

Essential Everyday Grape Jam or Jelly  
18 oz jar

**2.49**

Essential Everyday Beans  
15-16 oz can, Selected Varieties

**5/\$5**

Essential Everyday Marshmallows  
10-10.5 oz bag, Selected Varieties

**1.19**

Essential Everyday Cooking Oil  
40 oz btl, Selected Varieties

**3.99**

Essential Everyday Honey  
16 oz btl

**4.99**

Essential Everyday Mustard  
12 oz btl, Selected Varieties

**1.49**

Essential Everyday Instant Pudding & Pie Filling or Gelatin Dessert Mix  
1.34-3.9 oz Pudding or .44-3 oz Gelatin, Selected Varieties

**5/\$5**

Essential Everyday Tomato Sauce  
8 oz can, Selected Varieties

**3/\$2**

Essential Everyday Evaporated Milk  
12 oz can

**1.49**

Essential Everyday Gravy Mix  
.75-1 oz pkg, Selected Varieties

**5/\$5**

Essential Everyday, Apple, Cherry or Strawberry Pie Filling or Topping  
20-21 oz can, Selected Varieties

**2.99**

Essential Everyday Diced Tomatoes  
10 oz can, Selected Varieties

**5/\$5**

Essential Everyday Sweetened Condensed Milk  
14 oz can

**2.29**

Essential Everyday Cream Soup  
10.5 oz can, Selected Varieties

**4/\$5**

Essential Everyday Vanilla Extract  
1 oz pkg

**1.99**

Essential Everyday Bread Crumbs  
15 oz pkg, Selected Varieties

**1.49**

Essential Everyday Fruit or Pineapple  
14.5-15.25 oz Fruit or 20 oz Pineapple, Selected Varieties

**2/\$4**

Wild Harvest Granola  
8.5-12 oz pkg, Selected Varieties

**3.99**

05-VER #COMMON

# FRESH MEAT & SEAFOOD



**Boneless Top Sirloin Steak**  
USDA Choice Angus Beef  
**9.99**lb



**Boneless Bottom Round Steak**  
USDA Choice Angus Beef  
**7.99**lb



**Boneless Pork Country Style Ribs**  
Fresh  
**2.49**lb



**Just Bare Whole Chicken**  
Fresh, All Natural, 4 lb pkg  
**7.99**



**Atlantic Salmon Fillets**  
Fresh  
**9.99**lb



**Arctic Shores Small Raw Shrimp**  
16 oz pkg, 51-60, Tail On  
**6.99**



**Swaggerty's Sausage Links, Patties or Rolls**  
12 oz pkg, Selected Varieties  
**3.99**



**Smithfield Anytime Favorites Sliced Boneless Hams**  
1.5 lb pkg, Selected Varieties  
**8.99**



**Bar S Franks or Sliced Bologna**  
16 oz Franks or 12 oz Bologna, Selected Varieties  
**2.49**



**Cloverdale Applewood Smoked Bacon**  
3 lb pkg, Selected Varieties  
**18.99**



**Sugardale Ham Steak**  
Fresh, Bone-In  
**3.49**lb



**Oscar Mayer Lunchables, P3 Packs or Dunkables**  
1.95-4.4 oz pkg, Selected Varieties  
**2/\$4**



**Olsen Herring Cutlets**  
30 oz Party Pail  
**9.99**



**Arctic Shores Cod Fillets**  
16 oz pkg, Wild Caught  
**8.99**

# FARM FRESH PRODUCE



**Fresh Express Salad Kits**  
9.8-10.5 oz bag, Selected Varieties  
**3.49**



**Mini Cucumbers**  
Crisp  
**2.29**



**Pazazz Apples**  
Crisp  
**1.59**lb



**Iceberg Lettuce**  
Crisp  
**1.89**ea



**Bolthouse Variety Carrots**  
12-16 oz pkg, Selected Varieties  
**1.99**



**Grape Tomatoes**  
pint  
**1.99**



**Taylor Farms Snap Peas or Brussels Sprouts**  
8-12 oz pkg, Selected Varieties  
**2.99**



**Giorgio Portabella Mushrooms**  
6 oz pkg, Sliced or Caps  
**2.79**

# FLORAL

All items not available at all locations.



**Blooming in Spring Ceramic**  
4.5 inch  
**8.99**



**Praise Bouquet**  
**8.99**



**Easter Lily**  
6 inch  
**9.99**



**Coke Products**  
12 pk-12 oz cans, Selected Varieties  
**6.98**  
6 pk-16.9 oz btls **4.88**



**Frozen Snow Crab Clusters**  
**12.49**lb  
While supply lasts



**Sara Lee Classic White Bread**  
20 oz loaf  
**2.99**



**7-Up, Sunkist, A&W, Canada Dry, RC, or Squirt**  
12 pk-12 oz cans, Selected Varieties  
**6.88**  
6 pk-16.9 oz btls **2/\$8**  
2 ltr btl **2/\$5**



**Powerade Products**  
8 pk-20 oz btls, Selected Varieties  
**5.88**



**Country Hearth Split Top White Bread**  
24 oz loaf  
**3.99**



**Village Hearth Old Fashioned Buns**  
8 ct pkg  
**3.79**