



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



Boneless New York
Strip
Steak
USDA Choice
Angus Beef

14.99 lb



Boneless Pork
Sirloin
Chops
Fresh

2.49 lb



Essential
Everyday
Pasta
12-16 oz box,
Selected Varieties

88¢



Stone Ridge
Creamery
Ice Cream
48 oz pkg,
Selected Varieties

2/\$7



Washington
Cherries
Sweet

2.99 lb



Strawberries
1 lb pkg

2.99



Whole Seedless
Watermelon
Fresh

3.99



California
Peaches or
Nectarines
Juicy

2.49 lb



Asparagus
Fresh

2.99 lb



Red, Yellow or Orange
Bell Peppers
Sweet, Crunchy

3/\$3



Essential Everyday
Shredded or
Chunk Cheese
32 oz pkg,
Selected Varieties

7.99



Kraft
Natural Sliced
Cheese
7-8 oz pkg,
Selected Varieties

2/\$5



Yoplait Original, Light,
Whips!, Thick & Creamy
or Protein Yogurt
4-6 oz cup,
Selected Varieties

10/\$6



Digiorno Classic Crust
or Tombstone
Original Pizza
18.4-27 oz pkg,
Selected Varieties

2/\$9



PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

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FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE JULY

SUN	MON	TUES	WED	THUR	FRI	SAT
19	20	21	22	23	24	25

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Sourdough Bread
Bakery Fresh

3.49ea



Kretschmar Roast Beef,
Corned Beef
or Pastrami
Deli Fresh

13.99lb



Hormel Gatherings
Snack Tray
14 oz pkg,
Selected Varieties

7.99



Original Bagels
5 ct pkg,
Selected Varieties

2.99



Three Bean
Salad
Deli Fresh

5.49lb



Boursin
Cheese
5.3 oz pkg,
Selected Varieties

5.49



Bakery Fresh
Cookies
10-12 ct pkg,
Selected Varieties

4.99



J. Skinner
Danish Strip
14 oz pkg,
Selected Varieties

4.49



Kretschmar
Pepperoni or
Salami
5 oz pkg

2.99

FROZEN & DAIRY



Brew Pub
Lotzza Motzza
Micro Brew Pizza
10.3-13.71 oz pkg,
Selected Varieties

2/\$10



Outshine
Bars
12 ct box,
Selected Varieties

4.99



Blue Bunny
Mini Swirls Cones
18-18.4 oz pkg,
Selected Varieties

3.99



Kellogg's Eggo Thick & Fluffy,
Belgian Style Waffles or
Protein Waffles
or Pancakes
7.76-14.8 oz pkg,
Selected Varieties

3.49



Essential Everyday
Frozen Berry
Medley
40 oz pkg

10.99



Essential Everyday
Vegetables
32 oz pkg,
Selected Varieties

3.99



Essential Everyday
Cream Cheese
8 oz brick,
Selected Varieties

2/\$4



Essential Everyday
Sour Cream
16 oz tub,
Selected Varieties

2/\$4



International Delight
Coffee Creamer
32 oz btl, Selected Varieties

3.88



Kraft American
Cheese Singles
10.7-12 oz pkg, Selected Varieties

2/\$6



Noosa
Yoghurt
4 ct pkg, Selected Varieties

2/\$8



Pillsbury Grands!
Biscuits, Crescents
or Cinnamon Rolls
8-16.3 oz pkg, Selected Varieties

2/\$7



Pillsbury
Ready to Bake Cookie Dough
14-16.5 oz pkg, Selected Varieties

2/\$7

HOUSEHOLD GOODS



Cottonelle
Ultra Clean or
Ultra Comfort
Bath Tissue
12 ct Mega Rolls

11.99



Essential Everyday
Awesome Strength
Paper Towels
8 ct rolls

5.99



Essential Everyday
Storage or
Freezer Bags
10-20 ct pkg,
Selected Varieties

2/\$5



Clorox
Disinfecting
Wipes
75 ct pkg,
Selected Varieties

4.99



Tide Liquid or Pods
Laundry Detergent
73-84 oz btl or 25-42 ct pkg,
Selected Varieties

12.99



Downy
Ultra Fabric
Conditioner
140 oz btl

12.99



Gain
Fabric
Softener
140 oz btl

12.99



Dawn Ultra
Dishwashing
Liquid
30-38 oz btl,
Selected Varieties

5.99



Tide Fabric Rinse
or Downy
Rinse & Refresh
48 oz btl,
Selected Varieties

12.99



Downy Unstopables
In-Wash
Scent Boosters
18.2 oz btl,
Selected Varieties

12.99



Essential Everyday
Paper Plates
100 ct pkg,
Selected Varieties

3.99



Essential Everyday
Clear Plastic
Party Cups
18-20 ct pkg,
Selected Varieties

1.99

HEALTH & BEAUTY



Centrum
Vitamins
100-120 ct pkg, Selected Varieties

11.99



Excedrin
Pain Reliever
24 ct pkg, Selected Varieties

4.99



Tums
Antacid
28-96 ct pkg, Selected Varieties

5.99



Sensodyne
Toothpaste
3.4-4 oz pkg, Selected Varieties

6.99



One
Protein Bars
2.12 oz pkg, Selected Varieties

2/\$4



Playtex
Sport Tampons
16-18 ct pkg, Selected Varieties

5.49

GROCERY SPECIALS



Capri Sun
Juice Drink
10 ct pkg,
Selected Varieties

3.99



Country Time
Lemonade
10 ct pkg,
Selected Varieties

3.99



Old Dutch Dutch
Crunch Kettle Chips,
Twin Pack Potato
Chips, Puff Corn or
Mini Cheese Puffs
7-10 oz pkg, Selected Varieties

2/\$7



Frito Lay
Cheetos, Fritos,
Baked Snacks or Dip
6.25-10 oz bag or 9 oz can,
Selected Varieties

2/\$6



General Mills Cereal
14-19 oz Cheerios, 18.1 oz Cocoa Puffs,
18.6 oz Lucky Charms, 18.8 oz Cinnamon
Toast Crunch, 18.9 oz Golden Grahams,
19.7 oz Reese's Puffs, Selected Varieties

2/\$8



Kraft
Mac & Cheese
5.5-7.25 oz box,
Selected Varieties

4/\$5



Better Oats
Oatmeal
9.8-15.1 oz box,
Selected Varieties

3.49



Kellogg's
Rice Krispies
Treats
16 ct box,
Selected Varieties

4.99



Pringles
Snack Stacks
12 ct pkg,
Selected Varieties

6.49



Voortman Bakery
Sugar Free
Wafers
or Cookies
5-11.3 oz pkg,
Selected Varieties

2.99

X551 STORE COUPON



No Name
Salmon Fillets
10 oz pkg,
Selected Varieties

9.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., July 19 thru Sat., July 25, 2026.
Valid only at stores listed on the front page.

X552 STORE COUPON



Bob Evans
Family Size
Side
28-32 oz pkg,
Selected Varieties

4.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., July 19 thru Sat., July 25, 2026.
Valid only at stores listed on the front page.

X553 REDEEMABLE COUPON RV0300



Kellogg's
Giant Size Cereal
19.2 oz Special K, 22.6 oz Corn Pops,
23 oz Apple Jacks or Froot Loops,
24 oz Corn Flakes or Rice Krispies,
24.5 or 27.1 oz Raisin Bran,
28.5 oz Frosted Flakes,
29.5 oz Mini Wheats, Selected Varieties

2/\$9

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form



VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE
COUPON PER PURCHASE. GOOD ONLY AT UNFI SUPPLIED STORES
Customer must purchase two. Limit two with this
coupon. Limit one coupon per family.
Prices effective Sun., July 19 thru Sat., July 25, 2026.
Valid only at stores listed on the front page.

X554 STORE COUPON



Häagen-Dazs
Ice Cream,
Waffle Cones,
Bars or Mini Bars
14 oz pkg or 3-6 ct box,
Selected Varieties

2/\$9



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., July 19 thru Sat., July 25, 2026.
Valid only at stores listed on the front page.

X555 STORE COUPON



Kraft
String
Cheese
12 oz pkg,
Selected Varieties

2/\$7



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
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Valid only at stores listed on the front page.

X556 STORE COUPON



Betty Crocker
Fruit Snacks
4.5-8 oz box,
Selected Varieties

2/\$5



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
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X557 STORE COUPON



Old Orchard
Frozen
Lemonade
or Limeade
12 oz can,
Selected Varieties

3/\$3



Customer must purchase three. Limit three with this coupon.
Limit one coupon per family.
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Valid only at stores listed on the front page.

X558 STORE COUPON



Super Chill
Soda
2 ltr btl,
Selected Varieties

2/\$3



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
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Valid only at stores listed on the front page.

SAVE BIG EVERYDAY

Essential
EVERYDAY®

Wild
Harvest



Essential Everyday
Honey Bear
24 oz btl

6.99



Essential Everyday
Grape Jelly
20 oz btl

2.49



Essential Everyday
Pork & Beans
16 oz can

88¢



Essential Everyday
Rice Crisps
6.06-7.04 oz bag,
Selected Varieties

3.49

FRESH MEAT & SEAFOOD



Boneless
Eye of Round Roast
USDA Choice Angus Beef

6.99 lb



Boneless
Eye of Round Steak
USDA Choice Angus Beef

7.49 lb



Just Bare Chicken
Wingettes or Drumettes
Fresh, All Natural, 2 lb pkg

8.99



Boneless
Pork Sirloin Roast
Fresh

2.29 lb



St. Louis Style
Pork Ribs
Previously Frozen

3.49 lb



Smithfield
Marinated Pork
19.2-24 oz pkg, Selected Varieties

6.99



Jennie-O
Ground Turkey
1 lb chub, Fresh

5.49



Eckrich
Smoked Sausage
12-14 oz pkg,
Selected Varieties

3.99



Schweigert
Natural Casing
Wieners
12 oz pkg,
Selected Varieties

6.49



Cloverdale
Applewood
Smoked Bacon
3 lb pkg

18.99



Essential Everyday
Meatballs
24 oz pkg,
Selected Varieties

7.49



Land O Frost
Bistro Carved
Lunchmeat
6-8 oz pkg,
Selected Varieties

3.99



Nathan's
Pretzel or
Bagel Dogs
16 oz pkg

7.99



El Monterey
Burritos or
Chimichangas
30.4-32 oz pkg,
Selected Varieties

5.99



Arctic Shores
Extra Large
Raw Shrimp
16 oz pkg, 31-40, Tail Off

8.99

FARM FRESH PRODUCE



Fresh Express
Premium or
Chopped Salad Kit
9.6-13.3 oz bag, Selected Varieties

3.49



English
Cucumbers
Seedless

2/\$3



NatureSweet
Cherubs
Tomatoes
10 oz pkg

2.99



Giorgio
Baby Bella
Mushrooms
8 oz pkg, Whole or Sliced

2/\$4



Bolthouse Baby
Cut Carrots
1 lb bag

1.49



Broccoli
Fresh

3.49 ea



Dole
Cauliflower
White

3.49 ea



Yellow
Onions
3 lb bag

2.49

FLORAL

All items not available
at all locations.



Color
Explosion
Bouquet

11.99



Blooming
Fruit Tin
4.5"

8.99

3 DAY MEAT SALE

July 22, 23, & 24
3 Days ONLY
While supplies last



Whole Pork
Shoulder
Butt
Fresh

1.79 lb

Select Whole
Boneless
Ribeyes

12.49 lb

Cut and Wrapped
To Your
Specifications
12.99 lb
Boneless
Ribeyes Steaks
Family Pack
14.99 lb



Pork Shoulder
Country Style
Ribs
Family Pack

1.99 lb

Select Whole
Boneless New York
Strip Loin

11.99 lb

Cut and Wrapped
To Your
Specifications
12.49 lb



Half
Boneless
Pork Loins
Fresh

2.29 lb

Fresh
73% Lean
Ground Beef
Approximately 10 lb Tubes

3.99 lb



Boneless Skinless
Chicken
Breast
Fresh, Tray Pack

2.89 lb



Pepsi
Products
24 pk-12 oz cans,
Selected Varieties

12.99
2 liter btl **2/\$4**



Country Hearth
Dakota Style
12 Grain
Bread
24 oz loaf

3.69



Brownberry
Wide Pan
Bread
24 oz loaf

4.29



Gatorade
Thirst
Quencher
28 oz btl,
Selected Varieties

3/\$5



Brisk
Tea
1 ltr btl,
Selected Varieties

4/\$5



Poppi
Products
4 pk-12 oz cans,
Selected Varieties

5.49



Village Hearth
Cottage
Bread
24 oz loaf

3.69



Gatorade
Thirst
Quencher
18 pk-12 oz btls,
Selected Varieties

11.99

Wild Harvest

Gather the Good!

Ingredients you can trust,
prices you can afford.



MADE WITHOUT
140+
UNDESIRABLE
INGREDIENTS



Wild Harvest Organic Tortilla Chips

9 oz bag,
Selected Varieties

2/\$5



Wild Harvest Organic Salsa

16 oz jar,
Selected Varieties

3.49



Wild Harvest Organic Ketchup

20 oz btl

2.79



Wild Harvest Organic Mustard

12 oz btl,
Selected Varieties

2.49



Wild Harvest Organic Mayonnaise

15 oz jar

4.99



Wild Harvest Organic Pourable Salad Dressing

12 oz btl,
Selected Varieties

4.49



Wild Harvest Organic Beans

15 oz can,
Selected Varieties

2/\$3



Wild Harvest Organic Coconut Oil

14 oz jar

4.99



Wild Harvest 100% Natural Wood Lump Charcoal

8 lb pkg

9.99



Wild Harvest Organic Dog Food

12-14 lb bag,
Selected Varieties

24.99



**Snickers,
Milky Way
or Twix Ice
Cream Bars**
6 ct box,
Selected Varieties

3.99



**M&M's
Ice Cream
Sandwiches**
4 ct box

3.99



**Stone Ridge Creamery
Sundae
Cones**
8 ct pkg,
Selected Varieties

6.99



**Stone Ridge Creamery
Krunch or Ice Cream
Bars**
12 ct pkg,
Selected Varieties

4.99



**Stone Ridge Creamery
Fudge or
Orange
Cream Bars**
12 ct pkg

3.99



**Smucker's
Flavored
Topping**
11.75-12.25 oz jar,
Selected Varieties

2.99