



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



Boneless
Sirloin Ball Tip Steak
USDA Choice Angus Beef

6.99 lb



Boneless
Center Cut
Pork Loin Chops
Fresh

2.49 lb



Strawberries
1 lb pkg

2/\$6



Extra Large
Green or Red Grapes
Seedless

1.99 lb



Essential Everyday
Orange Juice
52 oz btl,
Selected Varieties

3.49



Chobani
20g Protein or Flip
Greek Yogurt
4.5-6.7 oz pkg,
Selected Varieties

4/\$5



Culinary Circle
Pizza
13.95-28.9 oz pkg,
Selected Varieties

2/\$9



Smart Ones
Entree
6.49-10.25 oz pkg,
Selected Varieties

5/\$10



Kraft Original,
Shapes or Flavored
Mac & Cheese
5.5-7.3 oz box,
Selected Varieties

5/\$5



Old Dutch
Restaurante Style
Tortilla Chips or Traditional
Potato Chips
9-13 oz bag,
Selected Varieties

2/\$6



Nabisco BelVita
Breakfast Biscuits
or Oreo Cookies
5-14.03 oz pkg,
Selected Varieties

3.49



Essential Everyday
Purified Drinking
Water
24 pk/5 ltr btls or 24 pk/10 oz btls

3.49



PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE SEPTEMBER

SUN	MON	TUES	WED	THUR	FRI	SAT
13	14	15	16	17	18	19

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



White or Wheat Bread
Bakery Fresh

2.49_{ea}



Kretschmar Black Forest Ham
Deli Fresh

6.99_{lb}



Kretschmar Provolone Cheese
Sliced Fresh in our Deli

6.99_{lb}



Double Layer 4 Flavor Cake
8 inch

17.99



Summer Fresh Pasta Salad
Deli Fresh

4.49_{lb}



BelGioioso Cheese Wedge
5 oz pkg, Selected Varieties

2.99



Cinnamon Rolls
4-6 ct pkg, Bakery Fresh

3.99



Lofthouse Frosted Sugar Cookies
10 ct pkg, Selected Varieties

3.99



Kramer Farms Hard Boiled Eggs
2 ct pkg

1.29

FROZEN & DAIRY



Stouffer's Entree
8.8-12.75 oz pkg, Selected Varieties

2/\$6



Stouffer's Simple Dish
9.5-12 oz pkg, Selected Varieties

2/\$6



Pillsbury Grands! Biscuits, Crescents or Cinnamon Rolls
8-16.3 oz pkg, Selected Varieties

2/\$5



Essential Everyday Yogurt
32 oz tub, Selected Varieties

3.49



Jimmy Dean Breakfast Bowl or Egg Bites
4-9 oz pkg, Selected Varieties

2/\$7



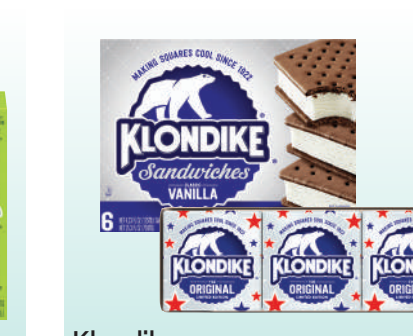
Essential Everyday Vegetables
12 oz pkg, Selected Varieties

2/\$4



Outshine Fruit Bars
6 ct pkg, Selected Varieties

3.99



Klondike Bars or Sandwiches
6 ct pkg, Selected Varieties

4.99



Stouffer's Family Size Entrée or Mac & Cheese
28-40 oz pkg, Selected Varieties

8.99



Kraft American Cheese Singles
16 oz pkg

4.49



Cracker Barrel Chunk, Cubes or Cracker Cuts Cheese
6-8 oz pkg, Selected Varieties

2/\$7



Essential Everyday Cheese Cup
5 oz cup, Selected Varieties

2/\$5



Essential Everyday Margarine
15 oz tub

1.99

HOUSEHOLD GOODS



Bounty Essentials Paper Towels
4 ct Double Rolls

5.99



Charmin Essentials Bath Tissue
6 ct Mega Rolls, Selected Varieties

5.99



Cascade Actionpacs Dishwasher Detergent
26-43 ct pkg, Selected Varieties

12.99



Tide Liquid or Pods Laundry Detergent
117-132 oz jug or 45-76 ct pkg, Selected Varieties

19.99

HEALTH & BEAUTY



Advil Pain Reliever
24 ct pkg, Selected Varieties

3.99



Claritin Allergy Relief
30 ct pkg, Selected Varieties

21.99



Tums Antacid
28-96 ct pkg, Selected Varieties

5.99



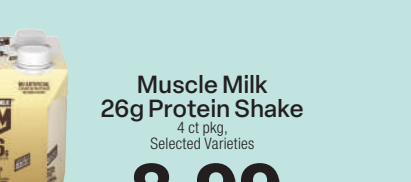
Colgate 360 or 360 ActiFlex Toothbrush or Optic White Toothpaste
2 ct pkg Toothbrush or 3.2-4.2 oz pkg Toothpaste, Selected Varieties

5.99



Muscle Milk 26g Protein Shake
4 ct pkg, Selected Varieties

8.99



RXBar Protein Bars
9.1-9.7 oz pkg, Selected Varieties

8.99

GROCERY SPECIALS



Frito Lay
Cheetos,
Fritos, Funyuns,
Lay's Dip or
Tostitos Salsa
5.25-10 oz bag,
9 oz can or 15.5 oz jar,
Selected Varieties

2/\$7



General Mills
Large Size Cereal
11.2 oz Cheerios Protein,
12-18.2 oz Cheerios,
13.9 oz Trix, 14.9 oz Lucky Charms,
15.1 oz Cookie Crisp,
16.7 oz Golden Grahams or Reese's
Puffs or 16.8 oz Cinnamon Toast
Crunch, Selected Varieties

2/\$7



V8
100% Juice
46 oz btl,
Selected Varieties

2/\$7



Hormel
Chili With
Beans
15 oz can,
Selected Varieties

2/\$5



Pringles
Snack Stacks
12 ct pkg,
Selected Varieties

5.99



Skinny Pop
Popcorn
4.4-5.3 oz bag,
Selected Varieties

3.79



Kellogg's
Graham Cracker Snacks
or Cracker Packs
11 oz pkg,
Selected Varieties

3.49



Progresso
Pitmaster or Old
El Paso Soup
18-19 oz can,
Selected Varieties

2/\$5



Chicken of the Sea
Wild Caught or
Chunk Light Tuna
2.5 oz pouch or 5 oz can,
Selected Varieties

5/\$5



Maruchan
Ramen
Noodle Soup
6 ct pkg,
Selected Varieties

1.99

SAVE BIG EVERYDAY

Essential
EVERYDAY®

Wild
Harvest



Essential Everyday
Mayonnaise
30 oz jar,
Selected Varieties

3.99



Essential Everyday
Barbecue Sauce
18 oz btl,
Selected Varieties

2/\$4



Essential Everyday
Granulated
Sugar
4 lb bag

2.99



Essential Everyday
Country
Gravy Mix
2.5 oz env

5/\$5



Essential Everyday
Egg
Noodles
16 oz pkg,
Selected Varieties

2/4.44



Essential Everyday
Quartered
Artichoke Hearts
6.5 oz jar

2/\$4



Essential Everyday
Concord Grape
Jelly or Jam
32 oz jar,
Selected Varieties

2.99



Essential Everyday
Peanut Butter
28 oz jar,
Selected Varieties

3.99



Essential Everyday
Mandarin
Oranges
11 oz can

4/\$5



Essential Everyday
Granola Bars
6-12 ct pkg,
Selected Varieties

3.99



Essential Everyday
Chewy
Granola Bars
10 ct pkg,
Selected Varieties

2.99



Essential Everyday
Toaster Pastries
8 ct pkg,
Selected Varieties

2/\$5



Essential Everyday
Crunchy Rice or
Corn Squares
Cereal
12 oz box

3.79



Essential Everyday
Pancake & Waffle Mix
or Syrup
32 oz box or 20 oz btl,
Selected Varieties

2.49



Essential Everyday
Oats
18 oz cnstr,
Selected Varieties

2.99



Essential Everyday
Mustard
12 oz btl,
Selected Varieties

1.49



Wild Harvest
Ketchup
20 oz btl

2.79



Wild Harvest
Organic Salad
Dressing
12 oz btl,
Selected Varieties

4.49



Wild Harvest
Granola
8.5-12 oz pkg,
Selected Varieties

3.99

X551

STORE COUPON



Cowboy Jacks
Beef Patties
24-32 oz pkg,
Selected Varieties

9.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., September 13 thru
Sat., September 19, 2026.
Valid only at stores listed on the front page.

X552

STORE COUPON



Simek's
Entree
32 oz pkg,
Selected Varieties

8.99



Limit one with this coupon.
Limit one coupon per family.
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Sat., September 19, 2026.
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X553

REDEEMABLE COUPON RV0200



Hershey's
Share Size
Candy
7.1-9.6 oz pkg,
Selected Varieties

2/\$10

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
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X554

STORE COUPON



Mars
Fun Size
Candy
10.23-11.5 oz pkg,
Selected Varieties

2/10.98



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
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X555

STORE COUPON



Lay's
Stax
5.5-5.75 oz pkg,
Selected Varieties

2/\$4



Customer must purchase two. Limit two with this coupon.
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X556

STORE COUPON



Brew Pub
Lotzza Motzza
Pizza Singles
10.3-12.51 oz pkg,
Selected Varieties

2/\$9



Customer must purchase two. Limit two with this coupon.
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X557

STORE COUPON



Häagen-Dazs
Ice Cream or
Ice Cream Bars
14 oz pkg or 3 ct pkg,
Selected Varieties

2/\$9



Customer must purchase two. Limit two with this coupon.
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X558

STORE COUPON



Nestle
Coffee mate
Coffee Creamer
64 oz btl,
Selected Varieties

6.99



Limit one with this coupon.
Limit one coupon per family.
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Valid only at stores listed on the front page.

FRESH MEAT & SEAFOOD



Boneless Eye of Round Roast
USDA Choice Angus Beef

7.49 lb



Boneless Eye of Round Steak
USDA Choice Angus Beef

7.99 lb



Just Bare Chicken Breast or Tenderloins
14-18 oz pkg, Fresh, All Natural

6.99



Boneless Center Cut Pork Loin Roast
Fresh

2.49 lb



Pork Spareribs
Previously Frozen

3.49 lb



Hormel Always Tender Pork Loin Fillet
1.5 lb pkg, Selected Varieties

7.99



Hebrew National Beef Franks
9.43-12 oz pkg, Selected Varieties

5.99



Hillshire Farms Smoked Rope Sausage
12-14 oz pkg, Selected Varieties

4.99



Johnsonville Bratwurst or Italian Sausage
19 oz pkg, Selected Varieties

5.99



Smithfield Precook Breakfast Sausage
19.5-20 oz pkg, Selected Varieties

6.99



Sugardale Sliced Bacon
12 oz pkg, Selected Varieties

3.99



Cooked Perfect Meatballs
18-28 oz pkg, Selected Varieties

7.99



Tyson Any'tizers or Grilled & Ready Chicken
20-25 oz pkg, Selected Varieties

8.99



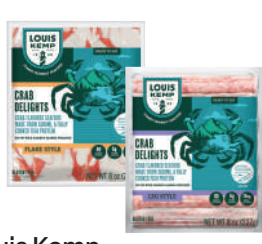
Buddig Original Tub Lunch Meat
10 oz pkg, Selected Varieties

3.99



Hormel Pepperoni
5-9 oz pkg, Selected Varieties

4.99



Louis Kemp Imitation Seafood
8 oz pkg, Selected Varieties

2/\$4

FARM FRESH PRODUCE



Fresh Express Salad Kits
9.8-13.3 oz bag, Selected Varieties

3.49



Beefsteak Tomatoes
Fresh

1.69 lb



Red, Yellow, or Orange Bell Peppers
Sweet, Crunchy

3/\$4



Broccoli or Dole White Cauliflower
Fresh

3.49 ea



Green Onions
Fresh, Bunch

3/\$2



Mighties Kiwi
1 lb pkg

3.99

FLORAL

All items not available at all locations.



Plum Harvest Bouquet

13.99



Fall Plaid Blooming Plant
4 Inch

6.99



Coke Products
12 pk-12 oz cans, Selected Varieties

6.99

6 pk-16.9 oz btls **3/\$10**



Heggies Large Pizza
12 Inch

8.88



Country Hearth English Muffin Bread
16 oz loaf

3.59



A&W, Sunkist, 7-Up, Squirt, Canada Dry, or RC Products
12 pk-12 oz cans, Selected Varieties

6.99

6 pk-16.9 oz btls

3/\$12

2 ltr btl

2/\$5



Monster Energy Drinks
12 pk-16 oz cans, Selected Varieties

19.99



Country Hearth Cinnamon Raisin Bread
16 oz loaf

3.69