



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



85% Lean
Ground Beef
Fresh, Family Pack

5.49 lb



Pork
Tenderloin
Fresh

2.99 lb



Blackberries or
Raspberries
6 oz pkg

2/4.44



Extra Large
Green or Red Grapes
Seedless

1.99 lb



Brew Pub
Lotzza Motzza,
MVP or Patriot
Pizza
15.95-26.82 oz pkg,
Selected Varieties

5.99



Essential Everyday
Shredded or
Chunk Cheese
32 oz pkg,
Selected Varieties

7.99



Chobani
Greek Yogurt
4 ct pkg,
Selected Varieties

3.99



Tropicana
Orange Juice
46 oz btl,
Selected Varieties

3.99



International
Delight
Coffee Creamer
32 oz btl,
Selected Varieties

2.99



Folgers
Coffee
22.6-25.9 oz can,
Selected Varieties

11.99



Creamette
Pasta
12-16 oz box,
Selected Varieties

99¢



Essential Everyday
Vegetables
14.5-15.25 oz can,
Selected Varieties

5/\$4



PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE SEPTEMBER-OCTOBER						
SUN	MON	TUES	WED	THUR	FRI	SAT
27	28	29	30	1	2	3

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



La Brea
Garlic Loaf

12 oz pkg, Take & Bake

3.99



Kretschmar
Ham Off the Bone

Deli Fresh, Smoked or Honey

5.99 lb



Kretschmar
Mild Cheddar
Cheese

Sliced Fresh in our Deli

6.99 lb



Strawberry
Rhubarb Pie

8 inch, Bakery Fresh

6.99



Deviled Egg
Potato Salad

Deli Fresh

3.99 lb



Coleslaw

Deli Fresh

3.99 lb



Brownies

4-6 ct pkg,
Selected Varieties

5.99



Clyde's
Glazed Ring Donuts

12 ct pkg

4.99



La Terra Fina
Quiche

6 oz pkg,
Selected Varieties

4.49

FROZEN & DAIRY



Kemps
Simply Crafted
Ice Cream

48 oz pkg,
Selected Varieties

4.99



Stone Ridge Creamery
Orange Cream or
Fudge Bars

12 ct pkg,
Selected Varieties

3.99



Stone Ridge
Creamery
Ice Cream Bars

12 ct pkg,
Selected Varieties

4.99



Kemps
Sour Cream or Dip

12-16 oz pkg,
Selected Varieties

2.49



Birds Eye Voila!
Family Size Meal

42 oz pkg,
Selected Varieties

5.99



Green Giant
Simply Steam
Vegetables

9-10 oz pkg,
Selected Varieties

2/4.44



Van de Kamp's
Fish Sticks
or Fillets

18-24.6 oz pkg,
Selected Varieties

4.99



Pillsbury Grands!
Biscuits, Crescents
or Cinnamon Rolls

4-10.2 oz pkg,
Selected Varieties

2/\$3



Cracker Barrel
Chunk, Cubes or
Cracker Cuts Cheese

6-8 oz pkg,
Selected Varieties

2/\$7



MorningStar Farms
Burgers or Meal

5.25-12 oz pkg,
Selected Varieties

4.49



Halo Top
Ice Cream

16 oz pkg,
Selected Varieties

4.99



Dannon Oikos Pro
or Triple Zero
Greek Yogurt

32 oz tub,
Selected Varieties

6.99



Rana
Single Serve Meal Kit,
Pasta or Sauce

7-15 oz pkg,
Selected Varieties

2/\$10

HOUSEHOLD GOODS



Tide
Liquid or Pods
Laundry Detergent

29 oz btl or 14 ct pkg,
Selected Varieties

4.99



Downy
Ultra
Fabric Softener

44 oz jug,
Selected Varieties

5.99



Bounce
Dryer Sheets

60-120 ct box,
Selected Varieties

5.99



Cascade Actionpacs
Dishwasher
Detergent

9-16 ct pkg,
Selected Varieties

4.99



Dawn Powerwash
Dishwashing Liquid,
EZ-Squeeze or
Powerwash Spray

16-30.8 oz btl,
Selected Varieties

4.99



Essential Everyday
Freezer or
Storage Bags

30-35 ct box,
Selected Varieties

3.99



Essential Everyday
Tall Kitchen
Bags

20-30 ct box,
Selected Varieties

3.99



Essential Everyday
Lawn & Leaf or
Trash Bags

20-36 ct box

9.99



Essential Everyday
Soft & Strong
Facial Tissue

4 ct pkg

6.99



Essential Everyday
Soft & Strong
Bath Tissue

18 ct Mega Roll

12.99

HEALTH & BEAUTY



Colgate Essentials,
Sensitive or
Total Toothpaste or
Premium Toothbrush

4.6-6 oz Toothpaste or
1 ct Toothbrush, Selected Varieties

4.99



Colgate
Mouthwash

33.8 oz btl,
Selected Varieties

4.99



VitaFusion
Gummy
Vitamins

24-44 ct pkg,
Selected Varieties

9.99



Prilosec OTC
Heartburn
Relief

14 ct pkg,
Selected Varieties

11.49



Pantene
Shampoo or
Conditioner

10.4-12 oz btl,
Selected Varieties

5.49



Q-tips
Cotton
Swabs

300-375 ct pkg,
Selected Varieties

3.49



Always
Ultra Thin
Pads

24-44 ct pkg,
Selected Varieties

7.99



Energizer
Max
Batteries

2-4 ct pkg,
Selected Varieties

9.99

SCORE BIG & SAVE

WITH THESE GREAT TAILGATE PARTY FAVORITES



Frito Lay
Party Size Chips,
Rold Gold Selects
Pretzels or
XXL Queso or Dip
6-17 oz bag or 23 oz jar,
Selected Varieties

2/\$9



Frito Lay
Tostitos Salsa
15.5 oz jar,
Selected Varieties

2/\$7



Old Dutch Ripples
or Dutch Crunch
Potato Chips or
Mini Cheese Puffs
8-9 oz bag,
Selected Varieties

2/\$7



Ortega
Crunchy
Taco Shells
4.1-5.6 oz pkg,
Selected Varieties

2/\$4



Ortega
Taco Sauce or
Seasoning Mix
7.5-8 oz jar or 3 ct pkg,
Selected Varieties

2/\$4



Ortega
Refried Beans
16 oz can,
Selected Varieties

2/\$4

GROCERY SPECIALS



Red Gold
Tomatoes or
Tomato Sauce
14.5-15 oz can,
Selected Varieties

4/\$5



Campbell's
Chicken Noodle
or Tomato Soup
10.75 oz can

2/\$3



Starkist
Wild Caught Light,
Creations,
Smart Bowls
or Solid White
Albacore Tuna
2.6-4.5 oz pouch or
5 oz can, Selected Varieties

4/\$5



Old Orchard
Juice Cocktail
64 oz btl,
Selected Varieties

2/\$5



Betty Crocker
Cake or
Brownie Mix
13.25-16.3 oz box,
Selected Varieties

3/\$5



Betty Crocker
Ready to Spread
Frosting
12-16 oz can,
Selected Varieties

3/\$5



Kraft
Mac & Cheese
or Velveeta
Shells & Cheese
8 ct pkg, Selected Varieties

7.99



Zatarain's
Rice Mix
6.3-7 oz pkg,
Selected Varieties

2/\$3



McCormick
Taco Seasoning
1-1.12 oz pkg,
Selected Varieties

5/\$5



Pompeian
Olive Oil
16 oz btl,
Selected Varieties

8.99



Quaker
Rice Crisps
5.2-7.04 oz pkg,
Selected Varieties

4.49



Libby's
Pumpkin
29-30 oz can,
Selected Varieties

3.99

SAVE BIG EVERYDAY

Essential
EVERYDAY®

Wild
Harvest



Essential Everyday
Gelatin or Pudding Mix
.44-3.9 oz pkg,
Selected Varieties

5/\$5



Essential Everyday Chewy
Granola Bars
10 ct pkg,
Selected Varieties

3.29



Essential Everyday
Mayonnaise
30 oz jar,
Selected Varieties

3.99



Essential Everyday
Apple Sauce
24 oz jar,
Selected Varieties

2/\$5



Essential Everyday
Sloppy Joe Sauce
15 oz can

1.29



Essential Everyday
Diced Tomatoes
With Green Chilies
10 oz can,
Selected Varieties

4/\$5



Essential Everyday
Maraschino Cherries
6 oz jar

1.99

X550

STORE COUPON



Land O Frost
Bistro Favorites
Lunchmeat
6-8 oz pkg,
Selected Varieties

2/\$7



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., September 27 thru Sat., October 3, 2026.
Valid only at stores listed on the front page.

X551

STORE COUPON



Simply Potatoes
Mashed Potatoes
24 oz pkg,
Selected Varieties

2/\$7



Customer must purchase two. Limit two with this coupon.
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X552

STORE COUPON



Silk
Almond Milk
64 oz ctn,
Selected Varieties

3.69



Limit one with this coupon.
Limit one coupon per family.
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X553

REDEEMABLE COUPON RV0400



Kellogg's
Kids Cereal
8.8 oz Corn Pops,
8.9 oz Apple Jacks,
9.2 oz Cocoa Loops,
8.9-9.3 oz Froot Loops,
11.2-12.1 oz Frosted Flakes,
Selected Varieties

3/\$8

RETAILER: Return to
UNFI COUPON SERVICES
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT
UNFI SUPPLIED STORES



Customer must purchase three. Limit three with this coupon.
Limit one coupon per family.
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X554

STORE COUPON



Kraft
Natural
Sliced
Cheese
7-8 oz pkg,
Selected Varieties

2/\$5



Customer must purchase two. Limit two with this coupon.
Limit one coupon per family.
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X555

STORE COUPON



Essential Everyday
Fruit
12-16 oz pkg,
Selected Varieties

3.49



Limit one with this coupon.
Limit one coupon per family.
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X556

STORE COUPON



Essential Everyday
White Vinegar
128 oz btl

2.99



Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., September 27 thru Sat., October 3, 2026.
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FRESH MEAT & SEAFOOD



Boneless
Sirloin Tip Roast
USDA Choice Angus Beef

7.49 lb



Boneless
Sirloin Tip Steak
USDA Choice Angus Beef

7.99 lb



Boneless
Top Sirloin Steak
USDA Choice Angus Beef

8.99 lb



Boneless Pork
Country Style Ribs
Fresh

2.49 lb



Gold'n Plump
Chicken Leg Quarters
Fresh, Family Pack

1.49 lb



Farmland
Sliced Bacon
16 oz pkg, Selected Varieties

5.99



Hormel
Smoked
Pork Chops
15 oz pkg, Bone In

6.49



Ambassador
Natural Casing
Wieners
9.75-15 oz pkg,
Selected Varieties

6.99



Johnsonville Party Pack
Smoked
Sausage
28 oz pkg,
Selected Varieties

8.99



Farmland
Pork Links or
Roll Sausage
8-12 oz pkg,
Selected Varieties

2/\$6



Kingsford
BBQ Entrees
16 oz pkg,
Selected Varieties

7.99



Simek's
Meatballs
12-22 oz pkg,
Selected Varieties

7.99



Essential Everyday
Breaded Chicken
or Wings
22-25 oz pkg,
Selected Varieties

7.99



Carl Buddig
Mega Pack
Lunchmeat
22 oz pkg,
Selected Varieties

7.99



Mowi
Salmon
Portions
6 oz pkg,
Selected Varieties

5.99



Arctic Shores
Extra Large
Cooked
Shrimp
16 oz pkg, 26-30, Tail-On

10.99

FARM FRESH PRODUCE



Fresh Express
Green & Crisp or
Premium Romaine
9-11 oz bag

2/4.44



Hass
Avocados
Fresh

99¢ ea



Bolthouse Fresh
Baby-Cut Carrots
1 lb bag

1.29



Farmer's Promise
Yellow Potatoes
5 lb bag

2.99



Cortland or
McIntosh Apples
Crisp

1.29 lb



Affy Tapple
Caramel Apples
1 ct pkg, Plain or With Nuts

2/\$4



Wescott Orchard
Apple Cider
Half Gallon

5.99

FLORAL

All items not available
at all locations.



Autumn
Whisper
Bouquet

10.99



Peelee Mum
6 Inch

11.99

HEALTHY SIPS



Naked Juice
Smoothies
15.2 oz btl,
Selected Varieties

2/\$7



Coke Products

12 pk-12 oz cans,
Selected Varieties

6.99

6 pk-16.9 oz btls **2/\$7**

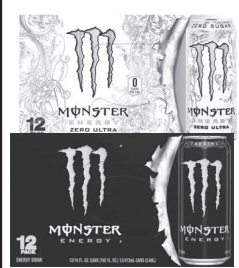
10 pk-7.5 oz mini cans **5.99**



Powerade
Sports
Drink

8 pk-20 oz btls,
Selected Varieties

2/\$11



Monster
Energy
Drink

12 pk-16 oz cans,
Selected Varieties

19.99



Bodyarmor
Super
Drink

6 pk-16 oz btls,
Selected Varieties

2/\$11



Country Hearth
Split Top
Wheat Bread

24 oz loaf

3.99



Village Hearth
Half Loaf
Bread

12 oz loaf,
Selected Varieties

2.89



Sara Lee
Artesano
Bread

24 oz loaf

3.99



7-Up, Sunkist,
A&W, RC,
Squirt or
Canada Dry

12 pk-12 oz cans,
Selected Varieties

6.99

6 pk-16.9 oz btls **3/\$12**

2 ltr btl **2/4.44**

FALLING PRICES

ON FAMILY FAVORITES

SMUCKER'S



MIX OR MATCH

SAVE \$10 when you spend **\$25** on participating items!



Jif
Peanut Butter
28 oz jar,
Selected Varieties

4.49



Smucker's
Strawberry Jam or
Natural Spread
25-30 oz jar

3.99



Hostess Multipacks
or Donettes
Mini Donuts
8.17-17.49 oz pkg,
Selected Varieties

3.29



Smucker's
Uncrustables
10 ct pkg,
Selected Varieties

8.99



Dunkin'
Coffee
11-12 oz bag,
Selected Varieties

9.99



Folgers
Coffee
22.6-25.9 oz can,
Selected Varieties

11.99

STOCK UP FOR PETS



Milk-Bone
Soft & Chewy Treats
or Dog Biscuits
4.5-24 oz pkg,
Selected Varieties

3.99



Pup-Peroni
Dog Treats
5.6 oz pkg,
Selected Varieties

3.99

X527 REDEEMABLE COUPON RV1000

BUY \$25 WORTH OF
SMUCKER'S ITEMS
SAVE \$10



Smucker's® Strawberry Jam 30 oz, **Smucker's®** Natural Spread 25 oz, **Jif®** Peanut Butter 28 oz, **Folgers®** Coffee Grind 22.6-25.9 oz, **Dunkin®** Coffee 12 oz, **Hostess®** Multipacks 8.17-16.5 oz, **Hostess®** Donettes Mini Donuts 9.5-17.49 oz, **Smucker's®** Uncrustables 10 ct, **Milk-Bone®** Dog Biscuits 24 oz, **Milk-Bone®** Soft & Chewy Treats 4.5-5.6 oz, **Pup-Peroni®** Dog Treats 5.6 oz

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005270

Customer must purchase \$25. Limit one with this coupon.
Limit one coupon per family.

Prices effective

Sun., September 27 thru Sat., October 3, 2026.

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SCORE BIG & SAVE

ON TAILGATE FAVORITES



Cheez-It, Club,
Town House or
Toasted
Party Pack or
On The Go Crackers
9-21 oz box,
Selected Varieties

5.99



Essential Everyday
Kettle Chips
8 oz bag,
Selected Varieties

2/\$5



Heinz Simply or
No Sugar Added
Ketchup
29.5-31 oz btl,
Selected Varieties

4.99



Heinz
Regular or
Simply Ketchup
13.5-20 oz btl,
Selected Varieties

2.99



Essential Everyday
Yellow Mustard
20 oz btl

1.79



Essential Everyday
Marinade
12.25 oz btl,
Selected Varieties

2/\$5



Bush's Best
Baked or Grillin'
Beans
21.7-28 oz can,
Selected Varieties

2.99



Essential Everyday
Mixed Nuts
10 oz can,
Selected Varieties

5.49



Solo
Plates or Cups
15-150 ct pkg,
Selected Varieties

3.99



Essential Everyday
Napkins
40-250 ct pkg,
Selected Varieties

2.99