



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



Boneless Pork
Country Style Ribs
Fresh

1.99 lb



80% Lean
Ground Beef
Fresh, Family Pack

4.99 lb



Boneless
Chuck Roast
USDA Choice Angus Beef

7.99 lb



Gala
Apples
Crisp

99¢ lb



Cutie's
Clementines
3 lb bag

4.99



Frito Lay Doritos,
Sun Chips,
PopCorners,
Dip or Salsa
6.25-10.75 oz bag or 10-15.75 oz jar,
Selected Varieties

2/\$7



Land O Lakes
Butter
1 lb Quarters or 15 oz Spread,
Selected Varieties

3.99



Crystal Farms
Shredded or
Chunk Cheese
5.5-8 oz pkg,
Selected Varieties

2/\$5



Essential Everyday
Cream Cheese
8 oz brick,
Selected Varieties

3/\$5



Culinary Circle
Pizza
13.95-28.9 oz pkg,
Selected Varieties

2/\$9



Progresso
Soup
18-19 oz can,
Selected Varieties

2/\$4

X550 REDEEMABLE COUPON RV0400



Kellogg's
Special K
Cereal
9.6-12.9 oz box,
Selected Varieties

3/\$8

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT
UNFI SUPPLIED STORES



Customer must purchase three.
Limit three with this coupon.
Limit one coupon per family.
Prices effective Sun., October 11 thru Sat., October 17, 2026.
Valid only at Paul Beck's County Market-Aitkin.



PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

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FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

PRICES EFFECTIVE OCTOBER

SUN	MON	TUES	WED	THUR	FRI	SAT
11	12	13	14	15	16	17

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Kaiser or Hoagie Rolls
6 ct pkg,
Bakery Fresh

3.99



Kretschmar Oven Roasted Turkey Breast
Deli Fresh, Selected Varieties

8.99lb



Kretschmar Roast Beef, Corned Beef, or Pastrami
Deli Fresh

14.99lb



Ciabatta Loaf
12-14 oz pkg,
Take and Bake

3.99



Boneless or Bone-In Chicken Wings
Deli Fresh, Selected Varieties

5.99lb



Cheese Tortellini Salad
Deli Fresh

5.99lb



Bakery Fresh Turnovers
4 ct pkg,
Selected Varieties

2.99



Pretzella Pretzel Bites
12.3 oz pkg,
Selected Varieties

5.99



Kramer Farms Hard Boiled Eggs
2 ct pkg

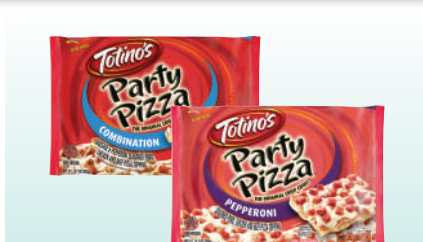
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FROZEN & DAIRY



Bellatoria Pizza or Garlic Cheese Bread
11.81-17.22 oz pkg,
Selected Varieties

2/\$11



Totino's Party Pizza
9.8-10.9 oz pkg,
Selected Varieties

2/\$4



Crystal Farms Cheese Singles
12 oz pkg,
Selected Varieties

2/\$6



Crystal Farms Sliced Cheese
6-8 oz pkg,
Selected Varieties

2/\$6



Hot Pockets
4 ct pkg,
Selected Varieties

4.99



Outshine Fruit Bars
12 ct pkg,
Selected Varieties

5.99



StoK Cold Brew Coffee
48 oz btl,
Selected Varieties

5.99



Dannon Light + Fit or Activia Yogurt or Danimals Smoothies
4 ct pkg,
Selected Varieties

2/\$6



Häagen-Dazs Mini Ice Cream Bars
6 ct pkg,
Selected Varieties

5.99



Yasso Greek Yogurt Bars or Pints
4 ct pkg or 14 oz pkg,
Selected Varieties

5.49



Chobani Greek Yogurt Drink
7 oz btl,
Selected Varieties

2/\$4



Noosa Yoghurt
8 oz tub,
Selected Varieties

2/\$4



Silk Almond Creamer
32 oz btl,
Selected Varieties

4.88



Kozy Shack Pudding
4-6 ct pkg or 22 oz tub,
Selected Varieties

3.49



Essential Everyday Cracker Cuts Cheese
7 oz pkg,
Selected Varieties

2/\$6



Essential Everyday Country Style Spread
45 oz tub

5.49

HOUSEHOLD GOODS



Tide Liquid or Pods Laundry Detergent
92-105 oz jug or 32-57 ct ctn,
Selected Varieties

15.99



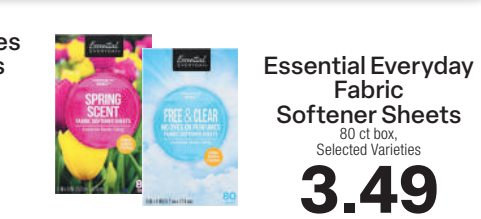
Gain Liquid or Flings! Laundry Detergent
132-144 oz jug or 60 ct ctn,
Selected Varieties

15.99



Downy Unstopables or Gain Fireworks In-Wash Scent Booster
24 oz pkg,
Selected Varieties

15.99



Essential Everyday Fabric Softener Sheets
80 ct box,
Selected Varieties

3.49



Essential Everyday Disinfecting Wipes
35 ct pkg,
Selected Varieties

2/\$5



Essential Everyday Trash or Tall Kitchen Bags
15-26 ct box,
Selected Varieties

2.49



Dixie Plates or Bowls
34-90 ct pkg,
Selected Varieties

5.99



Kingsford Charcoal Briquets
12-16 lb pkg,
Selected Varieties

11.99

HEALTH & BEAUTY

PET



DayQuil or NyQuil Cold & Flu Relief
24 ct pkg or 12 oz btl,
Selected Varieties

12.99



Coricidin Max Cold & Flu Relief
24 ct pkg or 12 oz btl,
Selected Varieties

9.99



SUDAFED Sinus Pressure Relief
18-24 ct pkg,
Selected Varieties

7.99



Afrin No Drip Nasal Congestion Pump Mist
0.5 oz btl,
Selected Varieties

9.49



Chloraseptic Sore Throat Spray
4-6 oz btl,
Selected Varieties

5.99



Equaline Cough Reliever
4 oz btl

3.99



Emergen-C
18-45 ct pkg,
Selected Varieties

11.99



Luden's Throat Drops
25-30 ct pkg,
Selected Varieties

1.99



Softsoap Liquid Hand Soap
7.5 oz btl,
Selected Varieties

2/\$3



Essential Everyday Dog Food
13.2 oz can,
Selected Varieties

2/\$5

02-V-VER #COMMON

GROCERY SPECIALS



Barilla
Pasta
7-16 oz pkg,
Selected Varieties
2/\$3



Essential
Everyday
Tomato or
Chicken Noodle
Condensed Soup
10.5-10.75 oz can
4/\$5



Betty Crocker
Specialty
Potatoes
4 oz pkg,
Selected Varieties
2/\$4



Chicken of the Sea
Wild Caught or
Chunk Light Tuna
2.5 oz pouch or 5 oz can,
Selected Varieties
3/\$3



Betty Crocker
Fruit Snacks
4.5-8 oz pkg,
Selected Varieties
2/\$6



Musselman's
Apple Sauce
6 ct pkg or 23-24 oz jar,
Selected Varieties
2/\$5



Mars
Fun Size
Candy
10.23-11.5 oz pkg,
Selected Varieties
2/\$11



Maxwell House
or Yuban
Coffee
23.1-27.9 oz can,
Selected Varieties
12.99



Betty Crocker
Super Moist
Cake Mix
13.25-14.25 oz box,
Selected Varieties
3/\$5



Betty Crocker
Premium
Ready to Spread
Frosting
12-16 oz can,
Selected Varieties
2/\$4



Betty Crocker
Muffin Mix
13.9-16.9 oz pkg,
Selected Varieties
2.88



Old Dutch
Triple Pack or
Ripples Potato Chips,
Restaurant Style
Tortilla Chips,
Popcorn or
Specialty Pretzels
12-20 oz pkg, Selected Varieties
2/\$10



Chi-Chi's
Salsa
16 oz jar,
Selected Varieties
2.49



Newman's Own
Salsa
16 oz jar,
Selected Varieties
3.49



Old El Paso
Taco Shells or
Sauce
10-12 ct Shells or
12 oz Sauce,
Selected Varieties
2/4.44



Old El Paso
Taco Seasoning
.85-1 oz pkg,
Selected Varieties
3/\$3



Red Gold
Tomatoes
28 oz can,
Selected Varieties
2/\$4



Rao's
Pasta Sauce
15-24 oz jar,
Selected Varieties
6.99



French's
Yellow
Mustard
14 oz btl
1.99



Bear Creek
Dry Soup
Mix
7.9-11.5 oz pkg,
Selected Varieties
3.99



Nissin
Cup Noodles,
Chow Mein,
Top Ramen or
Ramen Noodle Soup
3-4 oz pkg,
Selected Varieties
99¢



Ice Mountain
100% Natural
Spring Water
3 ltr jug
1.89

SAVE BIG EVERYDAY

Essential
EVERYDAY®

Wild
Harvest



Essential Everyday
Apple or Cherry
Pie Filling or Topping
20-21 oz can,
Selected Varieties
3.29



Essential Everyday
100% Pure
Pumpkin
15 oz can
1.79



Essential Everyday
White or Butterscotch
Baking Chips
11-12 oz bag,
Selected Varieties
2.88



Essential Everyday
Chocolate Baking Chips
11.5-12 oz bag,
Selected Varieties
3.49



Essential Everyday
Marshmallows
10-10.5 oz bag,
Selected Varieties
1.49



Essential Everyday
Hazelnut Spread
13 oz jar
2.99



Essential Everyday
Peanut Butter
16 oz jar,
Selected Varieties
2.29



Essential Everyday
Graham Cracker
Pie Crust
6 oz pkg
2.29



Essential Everyday
Cooking Oil
40 oz btl,
Selected Varieties
3.99



Essential Everyday
Olive Oil
17 oz btl,
Selected Varieties
7.99



Essential Everyday
Toaster Pastries
8 ct pkg,
Selected Varieties
2.29



Essential Everyday
Microwaveable
Mac & Cheese
4 ct pkg
4.49



Essential Everyday
Mandarin Oranges
15 oz can,
Selected Varieties
3/\$5



Essential Everyday
Pasta Sauce
23-24 oz jar,
Selected Varieties
2.29



Essential Everyday
Real Mayonnaise
15 oz jar
2.99



Essential Everyday
Stuffing Mix
6 oz pkg,
Selected Varieties
1.79



Wild Harvest
Organic Bone Broth
32 oz can,
Selected Varieties
4.99

X551

STORE COUPON



Buddig
Original Tub
Lunchmeat
7-9 oz pkg,
Selected Varieties
2/\$7



Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
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X552

STORE COUPON



Smithfield
Breakfast
Sausage
12-16 oz pkg,
Selected Varieties
3.49

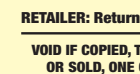


Limit one with this coupon.
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X553 REDEEMABLE COUPON RV0125



Hershey's
Snack Size
Candy Bars
8 ct pkg,
Selected Varieties
2/\$4



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X554

STORE COUPON



Jimmy Dean
Breakfast
Bowl or
Egg Bites
4-9 oz pkg,
Selected Varieties
2/\$6



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X555

STORE COUPON



Snickers,
Twix or Milky Way
Ice Cream Bars or
M&M's Ice Cream
Sandwiches
4-10 ct pkg,
Selected Varieties
3.99



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X556

STORE COUPON



Yoplait
Yogurt
Fridge Pack
8 ct pkg,
Selected Varieties
5.49



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X557

STORE COUPON



Essential Everyday
Whipped Topping
6.5 oz can,
Selected Varieties
2/\$5



Customer must purchase two.
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X558

STORE COUPON



Fiora Essentials
Towels or
Bath Tissue
6 ct Giant Rolls Paper Towels or
12 ct Double Rolls Bath Tissue
2/8.88



Customer must purchase two.
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FRESH MEAT & SEAFOOD



Boneless
New York Strip Steak
USDA Choice Angus Beef

14.99 lb



Boneless
Chuck Steak
USDA Choice Angus Beef

8.99 lb



Gold'n Plump
Whole Chicken
Fresh

1.49 lb



Boneless
Pork Sirloin Roast
Fresh

1.99 lb



Boneless
Pork Sirloin Chops
Fresh

2.29 lb



Hormel Seasoned
Pork Shoulder Roast
1.5 lb pkg, Selected Varieties

4.49



No Name
Chicken Breast or
Bistro Steak
11-12 oz pkg,
Selected Varieties

8.99



Hillshire Farm
Smoked Sausage
or Lit'l Smokies
12-14 oz pkg,
Selected Varieties

4.99



Schweigert
Natural
Casing Wieners
24 oz pkg,
Selected Varieties

11.99



Hormel
Pepperoni
5-6 oz pkg,
Selected Varieties

4.99



Cloverdale
Sliced Bacon
16 oz pkg,
Selected Varieties

5.99



Essential Everyday
Boneless Skinless
Chicken Thighs
2.5 lb pkg,
Individually Quick Frozen

8.99



Arctic Shores
Small Cooked
Shrimp
12 oz bag, 61-70, Tail-On

6.99



Louis Kemp
Imitation Seafood
8 oz pkg,
Selected Varieties

2/\$6

FARM FRESH PRODUCE



Fresh Express
Salad Kits
6.7-13.3 oz pkg,
Selected Varieties

3.49



Dandy
Celery Sticks
1 lb bag

2.99



On The Vine
Tomatoes
Fresh

1.99 lb



Farmer's Promise
Russet Potatoes
5 lb bag

2.49



Jumbo Sweet
Onions
Fresh

1.29 lb



Mini Sweet
Peppers
16 oz bag

3.49 ea



Sweet Tango
Apples
Sweet

1.99 lb



Del Monte
Pineapple
Sweet

3.99 ea

FLORAL

All items not available
at all locations.



Blooming in
Pumpkin Tin
4 inch

9.99



Best Boss
Bouquet

13.99

HEALTHY SIPS



Woodstock
Organic
Banana
Water
11.2-16.9 oz can,
Selected Varieties

2/\$5



Coke
Products
12 pk-12 oz cans,
Selected Varieties

6.88

6 pk-16.9 oz btl

3/\$10



Country Hearth
Dakota Style
12 Grain Bread
24 oz loaf

3.69



Bongard's
Butter
1 lb pkg

2.89



Village Hearth
Cottage Bread
24 oz loaf

3.69



Sunkist, 7-Up,
Squirt, Canada Dry,
RC or A&W
12 pk-12 oz cans,
Selected Varieties

6.79

6 pk-16.9 oz btl

2 ltr btl

3.99

2/\$5



Monster
Energy Drink
12 pk-16 oz cans,
Selected Varieties

19.99

GAME DAY

SPEND \$25 GET \$10

BUY * UPLOAD * EARN
 \$25* WORTH OF PARTICIPATING GENERAL MILLS PRODUCTS IN ONE TRANSACTION BETWEEN 8/15/24 AND 11/26/24
 A PHOTO OF YOUR ORIGINAL RECEIPT TO THE SITE BY 10/15/24
 A \$10 REWARD

WWW.SCOREWITHGENERALMILLS.COM

FANDEMONIUM FAVES

General Mills

*Participating Products do not include Gushers, Fruit by the Foot, Fruit Roll-Ups, Betty Crocker Fruit Shapes, M&M's, or Annie's Fruit Snacks. Offer open only to legal residents of the 48 U.S. (excluding D.C.), 18 years old and older. To receive \$10 reward, register or purchase of participating General Mills products of \$25 or more (includes other any coupons or discounts on receipt/credit card), excluding shipping charges for online purchases) in a single transaction between 8/15/24 and 11/26/24. Blue Bell's Nudge's treats are a participating product; however, other products from Blue Bell's and other per brands are not eligible. Upload a photo of your original receipt at www.ScoreWithGeneralMills.com with purchase date, purchase price of qualifying items, and participating product by 11:59 p.m. CT on 11/26/24. Allow 4-6 weeks for the delivery of your reward, subject to verification. Reward will be provided via choice of PayPal, Venmo, Digital or Physical Prepaid Card. Reward not provided in regions. Limit 1 redemption/\$10 reward per household. Offer subject to full terms and conditions (including list of participating products) at www.ScoreWithGeneralMills.com. Pillsbury/Tostitos are not sponsors or otherwise affiliated with this offer. Shop® and Shopville® are trademarks of ABC-Shop, LLC. Rights of Publicity and Person Rights: ABC-Shop, LLC. © 2024 ABC-Shop, LLC.

General Mills Large Size Cereal
 11.2-18.2 oz Cheerios, 13.9 oz Trix,
 14.9 oz Lucky Charms, 15.1 oz Cookie Crisp,
 16.7 oz Golden Grahams or Reese's Puffs or
 16.8 oz Cinnamon Toast Crunch,
 Selected Varieties

2/\$7

General Mills Fiber One, Nature Valley, Cereal or Treat Bars
 4.1-8.94 oz pkg, Selected Varieties

3/\$10

Old El Paso Taco Kit or Shells, Tortilla Bowls or Pockets, Enchilada Sauce or Seasoning Mix
 8.28-13.25 oz Kit, 8-18 ct Shells, Bowls or Pockets, 19 oz Enchilada or 6.25 oz cnstr Seasoning, Selected Varieties

2/\$7

Betty Crocker Premium Brownie, Cookie, Reese's or Oreo Mix
 9.3-19.1 oz box, Selected Varieties

2/\$6

Betty Crocker Bisquick Pancake & Baking Mix
 40 oz box, Selected Varieties

4.99

Chex Mix, Bugles or Gardetto's Snacks
 7-8.6 oz bag, Selected Varieties

2/\$6

Gold Medal Flour
 5 lb bag, Selected Varieties

3.49

Totino's Pizza Rolls
 50 ct pkg, Selected Varieties

4.88

Pillsbury Toaster Strudel or Scrambles or Mini Bagels
 4-6 ct box, Selected Varieties

2/\$5

Pillsbury Grands! Biscuits, Cinnamon or Crescents Rolls
 8 ct pkg, Selected Varieties

2/\$6

Pillsbury Ready to Bake Cookie Dough
 14-16.5 oz pkg, Selected Varieties

2/\$7

Pillsbury Meal Bread
 11-16.3 oz can, Selected Varieties

2/\$7

X559 REDEEMABLE COUPON RV0500

Buy Any Five General Mills Items

SAVE \$5.00

Participating items include: **General Mills** 11.2-18.2 oz Cheerios, 13.9 oz Trix, 14.9 oz Lucky Charms, 15.1 oz Cookie Crisp, 16.7 oz Golden Grahams or Reese's Puffs, 16.8 oz Cinnamon Toast Crunch, **Old El Paso** Taco Kits 8.28-13.25 oz, Shells, Bowls or Pockets 8-18 ct, Enchilada Sauce 19 oz, Seasoning 6.25 oz, **Pillsbury** Cinnamon or Crescents Rolls or Grands Biscuits 8 ct, Cookie Dough 14-16.5 oz, Bread or Pizza Crust 11-16.3 oz, **Progresso** Soup Traditional 18-19 oz, Rich & Hearty 18-19 oz, Light, Low Sodium or Spicy 18.5-19 oz, Protein 18-19 oz, Vegetable Classics 18.5-19 oz, **Betty Crocker** Premium Reese's or Oreo Cake 9.3 oz, Cookie Pouch 13.1-17.9 oz, Premium Brownies 14.7-19.1 oz, **Bisquick** Pancake Mix 40 oz, **Gold Medal** Flour 5 lb, **General Mills** Fiber One, Nature Valley, Cereal or Treat Bars 4.1-8.94 oz, **Gardetto's** Premium 7-8.6 oz, **Bugles** Snacks 7.5 oz or **Chex Mix** Snacks 8 oz, **Totino's** Pizza Rolls 50 ct

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Customer must purchase five.
 Limit five with this coupon.
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005590

GAME-DAY ESSENTIALS

FOR LESS!



**Kellogg's
Cheez-It, Club
or Toasteds
Crackers**

8-13.7 oz box,
Selected Varieties

3.99



**SkinnyPop
Popcorn**

4.4-5.3 oz bag,
Selected Varieties

3.69



**ACT II
Microwave
Popcorn**

6 ct box,
Selected Varieties

2.99



**Hostess
Single Serve
Snacks**

2.6-4.5 oz pkg,
Selected Varieties

2/\$3



**Essential
Everyday
Chocolate Chips
Cookies**

11.75-13 oz pkg,
Selected Varieties

3.79



**Essential
Everyday
Almonds**

10 oz pkg,
Selected Varieties

6.49