



PAULBECK'S
M A R K E T

EXPRESS GAS
& CAR WASH



Home of Wildcraft Meats



Boneless
Rump Roast
USDA Choice Angus Beef

5.99 lb



Center Cut
Pork Chops
Fresh, Bone-In

2.49 lb



Haralson
Apples
Fresh

1.49 lb



Blackberries or
Raspberries
6 oz pkg

2/\$5



Healthy Choice
Simply Steamers
9-10 oz pkg,
Selected Varieties

3/\$10



Jimmy Dean
Breakfast Sandwiches
12.8-18.8 oz pkg,
Selected Varieties

5.99



Kraft Shredded or
Chunk Cheese
5-8 oz pkg,
Selected Varieties

2/\$5



Yoplait
Yogurt
4-6 oz cup,
Selected Varieties

10/\$6



International Delight
Coffee Creamer
32 oz btl,
Selected Varieties

3.88



Green Mountain, Donut
Shop, McCafe, Caribou,
Newman's Own, Tully's
or Cinnabon Coffee
12 oz bag or 8-10 ct K-Cups,
Selected Varieties

7.99



Essential Everyday
Pure Granulated Sugar
4 lb bag

2.99

X500 REDEEMABLE COUPON RV0200



Hershey's
Snack Size Candy
10.35-11.6 oz pkg,
Selected Varieties

2/\$10

MUST BUY 2

RETAILER: Return to UNFI COUPON SERVICES
via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLD, ONE COUPON PER PURCHASE. GOOD ONLY AT
UNFI SUPPLIED STORES



Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
Prices effective Sun., October 18
thru Sat., October 24, 2026.
Valid only at Paul Beck's
County Market-Aitkin



PAULBECK'S
M A R K E T

Visit Us on the Web
www.paulbecks.com

(218) 927-6919
• OPEN 6AM - 9PM •
7 DAYS A WEEK

QUANTITY RIGHTS RESERVED. NOT RESPONSIBLE
FOR TYPOGRAPHICAL OR PICTORIAL ERRORS.

PRICES EFFECTIVE OCTOBER

SUN	MON	TUES	WED	THUR	FRI	SAT
18	19	20	21	22	23	24

Highway 169 S., Aitkin

EXPRESS GAS & CAR WASH

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Pumpernickel
or Rye Bread

Bakery Fresh,
Selected Varieties

3.49^{ea}



Kretschmar
Black Forest Ham

Deli Fresh

6.99^{lb}



Kretschmar
Chicken Breast

Deli Fresh,
Selected Varieties

8.99^{lb}



Telera or
Bolillo Rolls

4 ct pkg, Bakery Fresh

2.49



Cheddar
Broccoli
Pasta Salad

Deli Fresh

4.49^{lb}



Hormel Gatherings
Party Tray

28 oz pkg,
Selected Varieties

15.99



Two-Bite
Mini Cupcakes

12 ct pkg,
Selected Varieties

4.99



Café Valley
Coffeecake Bites

10 oz pkg

4.99



Stacy's
Pita Chips

7.33 oz pkg,
Selected Varieties

3.99

FROZEN & DAIRY



Essential Everyday
Garlic Bread or
Breadsticks

10-16 ct pkg,
Selected Varieties

2/\$5



Essential Everyday
Waffles

10 ct pkg,
Selected Varieties

2/4.44



Dannon Activia
or Danimals Kids
Yogurt Drink

8-12 ct pkg,
Selected Varieties

5.99



Essential Everyday
Almond Beverage

64 oz ctn,
Selected Varieties

2/\$6



Blue Ribbon
Classics Frozen
Dairy Dessert

128 oz pail,
Selected Varieties

6.49



Nestlé Drumstick
Sundae Cones, Toll House
Ice Cream Sandwiches
or Oreo Cones,
Bars or Sandwiches

6-20 ct pkg,
Selected Varieties

7.99



Kemps
Cottage Cheese,
Sour Cream or
French Onion Dip

5.3-5.64 Cottage Cheese or
8 oz Sour Cream or Dip,
Selected Varieties

2/\$3



Essential Everyday
Cheese Singles

12 oz pkg,
Selected Varieties

2/\$5



Farm Rich
Appetizers

13-22 oz pkg,
Selected Varieties

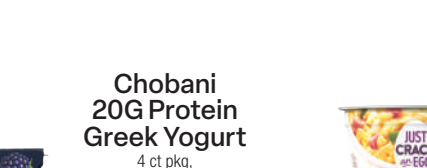
5.99



Chobani
20G Protein
Greek Yogurt

4 ct pkg,
Selected Varieties

4.99



Just Crack an Egg
Scramble Kit

2.25-3 oz pkg,
Selected Varieties

2/4.44



Eggo
Belgian-Style or
Protein Waffles or
Pancakes

7.76-14.8 oz pkg,
Selected Varieties

4.99



Essential Everyday
Melting Cheez

32 oz pkg

6.49



Essential Everyday
Pizza Crust

13.8 oz can

2/\$6

HOUSEHOLD GOODS



Brawny
Paper Towels

4 ct Double Rolls,
Selected Varieties

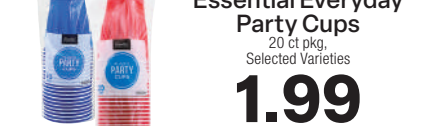
8.99



Essential Everyday
Paper Plates

100 ct pkg,
Selected Varieties

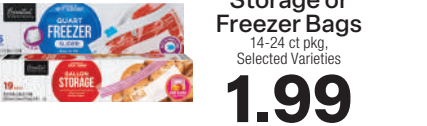
4.49



Essential Everyday
Party Cups

20 ct pkg,
Selected Varieties

1.99



Essential Everyday
Storage or
Freezer Bags

14-24 ct pkg,
Selected Varieties

1.99



Crest Pro Health or 3D White
Toothpaste or
Pro Health Rinse

3.8-5.3 oz pkg or 32-33.8 oz btl,
Selected Varieties

7.99



EQUALINE
Cough Drops

25-30 ct,
Selected Varieties

2/\$3



EQUALINE
Antacid
Tablets

60-150 ct pkg,
Selected Varieties

3.99



Gain Flings!
Laundry Detergent,
Fabric Softener or
Dryer Sheets

18-31 ct Flings!, 100 oz Softener or
240 ct Dryer Sheets,
Selected Varieties

9.99



Nivea
Hand & Body
Lotion

13.5-16.9 oz pkg,
Selected Varieties

7.99



Pure Protein
Ready To Drink
Shakes

4-11 flz,
Selected Varieties

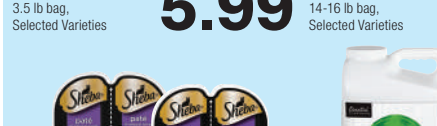
11.99



Quest Protein
Bars, Chips or
Cookies

1.1-2.22 oz pkg,
Selected Varieties

2/\$5



Kibbles 'n Bits
Dog Food

3.5 lb bag,
Selected Varieties

5.99



Kibbles 'n Bits
Dog Food

14-16 lb bag,
Selected Varieties

14.99



Cesar
Dog Food

3.5 oz can,
Selected Varieties

4/\$5



Sheba
Cat Food

2.6-2.65 oz pkg,
Selected Varieties

2/\$5



Essential Everyday
Scoop Cat Litter

21 lb jug,
Selected Varieties

9.99



Wild Harvest
Baby Food

3.5 oz pouch,
Selected Varieties

5/\$4

GROCERY SPECIALS



Frito Lay
Lay's Potato Chips
or Kettle Cooked
Chips, Munchies
or Dip
5-9.62 oz bag or 15-15.75 oz jar,
Selected Varieties

2/\$6



Old Dutch
Restaurante Style
Tortilla Chips,
Mini Cheese Puffs
or Pretzels
8.5-15 oz bag,
Selected Varieties

2/\$7



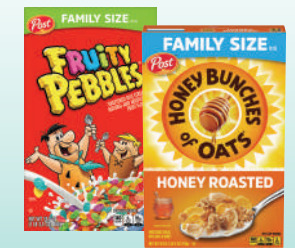
Kellogg's
Cheez-It
Baked Snacks
7 oz box,
Selected Varieties

2/\$6



Duncan Hines
Cake or
Brownie Mix or
Ready to Spread
Frosting
15.2-18.3 oz box or 14-16 oz can,
Selected Varieties

2/\$4



Post
Family Size
Cereal
18 oz Honey Bunches of Oats,
19 oz Honeycomb, 19.5 oz Fruity or
Cocoa Pebbles, 25 oz Raisin Bran or
29 oz Grape Nuts, Selected Varieties

4.49



Festal
Golden Pie
Pumpkin
15 oz can

2/\$3



Progresso
Broth
32 oz pkg,
Selected Varieties

2/\$4



Bertolli
Pasta
Sauce
15-24 oz jar,
Selected Varieties

2/\$5



Hellmann's
Real
Mayonnaise
30 oz jar or 20 oz btl,
Selected Varieties

6.49



Pace
Salsa or
Picante
Sauce
16-22 oz jar,
Selected Varieties

2/\$5



Capri Sun
Juice Drink or
Country Time
Lemonade
10 ct pkg,
Selected Varieties

3.99



V8
100%
Juice
46 oz btl,
Selected Varieties

3.69



Swiss Miss
Hot Cocoa
Mix
8 ct pkg,
Selected Varieties

3.49



Ice Mountain
Spring Water
24 pk/16.9 oz btls or
12 pk/23.7 oz btls

2/\$11



Nabisco
Family Size
Oreo Cookies
8-19.1 oz pkg,
Selected Varieties

4.49



Kellogg's
Rice Krispies
Treats
40 ct box

10.99



Voortman Bakery
Wafers
10.6 oz pkg,
Selected Varieties

2.99



Hershey's
Family Size
Candy
13.4-16.1 oz pkg,
Selected Varieties

9.99



Progresso
Pitmaster or
Old El Paso Soup
18-19 oz can,
Selected Varieties

2/\$5



Pam
Cooking Spray
5-6 oz can,
Selected Varieties

3.49



Mission
BBQ Sauce
14.5-16 oz btl,
Selected Varieties

2.49



Frito Lay
Tostitos Salsa
15.5 oz jar,
Selected Varieties

2/\$7



Minute
Rice
4 ct pkg,
Selected Varieties

2/\$4



Annie's
Mac & Cheese
5.25-6 oz box,
Selected Varieties

3/\$5



Nissin
Cup Noodles
2.25 oz pkg,
Selected Varieties

3/\$2



Eight O'Clock
Coffee
10-11 oz bag or 10 ct K-Cups,
Selected Varieties

6.99

SAVE BIG EVERYDAY

Essential
EVERYDAY®

Wild
Harvest



Essential Everyday
Onion Soup
& Dip Mix
2-2.2 oz pkg,
Selected Varieties

2/\$3



Essential Everyday
Soup & Oyster
Crackers
9 oz bag

1.99



Essential Everyday
Deluxe Macaroni or
Shells & Cheese
12 oz pkg,
Selected Varieties

2/\$5



Essential Everyday
Peanuts
12 oz can,
Selected Varieties

2.99



Essential Everyday
Trail Mix
28 oz pkg,
Selected Varieties

9.99



Essential Everyday
Honey
16 oz btl

4.99



Wild Harvest
Beans
15 oz can,
Selected Varieties

2/\$3

X501 STORE COUPON



Just Bare
Breaded
Chicken
24 oz pkg,
Selected Varieties

9.99



005010

Limit one with this coupon.
Limit one coupon per family.
Prices effective Sun., October 18 thru Sat., October 24, 2026.
Valid only at stores listed on the front page.

X502 STORE COUPON



Simek's
Entrée
32 oz pkg,
Selected Varieties

8.99



005020

Limit one with this coupon.
Limit one coupon per family.
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X503 REDEEMABLE COUPON RV0500



Kellogg's
Family Size Cereal
16.4 oz Corn Pops, 16.6 oz Apple
Jacks or Froot Loops or
21.7 oz Frosted Flakes,
Selected Varieties

3/\$12

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GOOD ONLY AT
UNFI SUPPLIED STORES



005030

Customer must purchase three.
Limit three with this coupon.
Limit one coupon per family.
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X504 REDEEMABLE COUPON RV0200



Hershey's
Family Size
Candy
13.4-16.1 oz pkg,
Selected Varieties

**BUY 2
SAVE \$2**

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GOOD ONLY AT
UNFI SUPPLIED STORES



005040

Customer must purchase two.
Limit two with this coupon.
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X505 STORE COUPON



Kellogg's Graham
Cracker Snacks,
Sandwich Packs,
Zesta or Sunshine
Saltine Crackers
11-16 oz pkg,
Selected Varieties

2/\$6



005050

Customer must purchase two.
Limit two with this coupon.
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X506 STORE COUPON



Brew Pub
Lotzza Motzza
Pizza Single
10.3-13.71 oz pkg,
Selected Varieties

2/8.88



005060

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
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X507 STORE COUPON



Essential Everyday
Natural Sliced
Cheese
6-8 oz pkg,
Selected Varieties

2/\$4



005070

Customer must purchase two.
Limit two with this coupon.
Limit one coupon per family.
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X508 STORE COUPON



Quilted Northern
Bath Tissue
6 ct Mega Roll,
Selected Varieties

7.99



005080

Limit one with this coupon.
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FRESH MEAT & SEAFOOD



Boneless
Bottom Round Steak
USDA Choice Angus Beef

6.99lb



Boneless
Top Sirloin Steak
USDA Choice Angus Beef

8.99lb



Just Bare Chicken
Wingettes & Drummettes
Fresh, All Natural, 2 lb pkg

7.99



Assorted
Pork Chops
Fresh, Bone-In, Family Pack

2.29lb



Pork
Spareribs
USDA Inspected

3.49lb



Sugardale
Sliced Bacon
12 oz pkg,
Selected Varieties

3.99



Wholestone Marinated
Pork Loin or
Tenderloin
19.2-24 oz pkg,
Selected Varieties

6.99



No Name
Meatballs
20 oz pkg,
Selected Varieties

11.99



Kevin's
Chicken Entrée
16-17 oz pkg,
Selected Varieties

8.99



Johnsonville
Smoked Sausage
or Brat Patties
12-16 oz pkg,
Selected Varieties

4.49



Johnsonville Breakfast
Links or Patties or
Ground Sausage
12-16 oz pkg,
Selected Varieties

4.49



El Monterey
Burritos or
Chimichangas
19.2-24 oz pkg,
Selected Varieties

5.99



Bar S
Corn Dogs
16 ct pkg

8.99



Land O'Frost
Premium Deli
Lunchmeat
9-16 oz pkg,
Selected Varieties

5.99



Arctic Shores
Pink Salmon Fillets
16 oz pkg, Wild Caught

7.99



Arctic Shores
Extra Large
Raw Shrimp
16 oz pkg, 31-40, Tail-Off

8.99

FARM FRESH PRODUCE



Fresh Express
Old Fashioned Coleslaw
Kit or Shredded Iceberg
8 oz Shredded Lettuce or 14 oz Coleslaw

2/\$3



NatureSweet
Cherubs Tomatoes
9 oz pkg

2.99



Yams
Fresh

99¢lb



Cucumbers or
Green Bell Peppers
Fresh

3/\$2



Taylor Farms Snap
or Snow Peas or
Brussels Sprouts
8 oz Peas or 12 oz Brussels,
Selected Varieties

2.99



Cantaloupe
Vine Ripe

3.99ea



Fresh
Cranberries
12 oz bag

1.99



Jack-O-Lantern
Pumpkins
Large

5.99ea

FLORAL

All items not available
at all locations.



Fall
Mums
4.5 Inch

6.99



Fireside
Blooms
Bouquet

9.99

PARTY PLEASER



Marzetti
Caramel
Dip
13.5 oz tub,
Selected Varieties

3.99

X214 COUNTY MARKET COUPON



Pepsi
Products
24 pk-12 oz cans,
Selected Varieties

10.99

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thru Sat., October 24, 2026.
Valid only at Paulbeck's County Market - Aitkin.



Pepsi
Products
6 pk-16.9 oz btls,
Selected Varieties

4.99



Bubbl'r
Sparkling
Water
6 pk-12 oz cans,
Selected Varieties

5.77

STOCK YOUR FREEZER AND SAVE!

PAULBECK'S NOW OFFERS

MEAT BUNDLES

CUT, WRAPPED AND READY

FOR YOUR FREEZER

BUY IN BULK AND SAVE!

STOP BY OR CALL OUR MEAT
DEPARTMENT FOR DETAILS



Thick Cut
Cinnamon
Bread

2.99



Village Hearth
Old Fashioned
Hot Dog or
Hamburger Buns
8 ct pkg

3.89



Gatorade
Thirst Quencher
12 pk-12 oz btls
Propel
Fitness Water
12 pk-16.9 oz btls,
Selected Varieties

7.99



Stock Up & Save On Favorites



**Hunt's
Tomato or
Pasta Sauce**
15-24 oz can,
Selected Varieties

2/\$3



**Hunt's or Ro-tel
Tomatoes**
10-15 oz can,
Selected Varieties

2/\$3



**Hunt's
Ketchup**
20 oz btl

2/\$3



**Hunt's
Manwich
Sloppy Joe Sauce**
15-16 oz can,
Selected Varieties

2/\$3



**Van Camp's
Pork and Beans**
15 oz can

4/\$5



**La Choy
Soy Sauce**
10 oz btl

2/\$4



**Hunt's Snack Pack
Pudding or
Juicy Gels**
4 ct pkg,
Selected Varieties

2/\$3



**ACT II
Microwave
Popcorn**
3 ct box,
Selected Varieties

2/\$4



**Angie's
Boom Chicka Pop
Popcorn**
4.4-7 oz pkg,
Selected Varieties

2/\$6



**Vlasic
Pickle Balls**
6.5 oz pkg,
Selected Varieties

3.49

Stock Up & Save On Favorites



Banquet MEGA Meals, Bowls or Pies

11.5-16.95 oz pkg,
Selected Varieties

2/\$6



Marie Callender's Dinner or Large Pot Pie

11.75-15 oz pkg,
Selected Varieties

2/\$7



Bertolli Skillet Meal

22-25 oz pkg,
Selected Varieties

6.99



Birds Eye Voila! Skillet Meal

21 oz pkg,
Selected Varieties

3.99



P.F. Chang's Meal for 2

18-22 oz pkg,
Selected Varieties

6.99



P.F. Chang's Dinner Bowl

11 oz pkg,
Selected Varieties

2/\$8



Healthy Choice Cafe Steamers

9-10.3 oz pkg,
Selected Varieties

2/\$6



Birds Eye Steamfresh Vegetables

8-16 oz pkg,
Selected Varieties

2/4.44



Blue Bonnet Margarine Quarters

1 lb pkg,
Selected Varieties

1.69



Reddi-Wip

6.5 oz can,
Selected Varieties

2.99