



Red or Green Grapes

1 lb pkg

2.49lb



Farmer's Promise Russet Potatoes

5 lb bag

2.49



Crystal Farms Shredded or Chunk Cheese

5.5-8 oz Shredded or 7-8 oz Chunk, Selected Varieties

2/\$5



Dannon Activia, Light'n Fit or YoCrunch Yogurt or Danimals Smoothie

4 ct Yogurt or 6 ct Smoothie, Selected Varieties

2/\$6



Bellatoria Ultra Thin Crust Pizza

11.81-19.41 oz pkg, Selected Varieties

2/\$11



Stone Ridge Creamery Ice Cream or Sherbet

48 oz ctn, Selected Varieties

2/\$7



Old Dutch Puffs, Puffcorn, Tortilla or Traditional Potato Chips

7-9 oz Puffcorn, 9-13 oz Tortilla, 8.5 oz Puffs or 9.5-10 oz Traditional

2/\$7



Post Honey Bunches of Oats Cereal

11-12 oz box, Selected Varieties

2/\$5



Gold Peak Tea or Minute Maid Zero Sugar

52 oz btl, Selected Varieties

2/\$5



RIB FEST!

Pork Loin Back Ribs

Previously Frozen

3.88lb

Pork Spare Ribs

USDA Inspected

2.88lb

Country Style Pork Ribs

Fresh, Bone-In

1.88lb

Curly's BBQ Pork Ribs

24 oz pkg

9.88



Quality • Service • Freshness • Count on us!

Pegot Lakes SUPERVALU

30581 Patriot Avenue

Pegot Lakes, MN 56472

Crow Wing

(218)568-5001

www.pegotlakessupervalu.com

All items may not be available at all stores. We reserve the right to limit quantities.

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PRICES EFFECTIVE JUL-AUG						
SUN	MON	TUES	WED	THUR	FRI	SAT
27	28	29	30	31	1	2

01-VER # 8 PEQUOT LAKES

BAKED GOODS

ALL ITEMS NOT AVAILABLE
AT ALL LOCATIONS.

DELI FRESH



Artisan
French Loaf
Bakery Fresh

3.99 ea



Chicken
Tenders
Deli Fresh

5.99 lb



Kretschmar
Honey or
Virginia Ham
Deli Fresh

5.99 lb



Bakery Fresh
Muffins
4 ct pkg,
Selected Varieties

6.99



Stonemill
Kitchens Dips
10-11 oz pkg,
Selected Varieties

4.99



Stacy's
Pita Chips
7.33 oz bag,
Selected Varieties

3.99



Bakery Fresh
Cookies
10-12 ct pkg,
Selected Varieties

4.99



Clyde's
Donut Holes
12 oz pkg,
Selected Varieties

3.49



Athenos
Feta Cheese
Crumbles
3.5-4 oz pkg,
Selected Varieties

2.99

FROZEN & DAIRY



Totino's
Pizza Rolls
24.46-24.8 oz pkg,
Selected Varieties

4.88



Hot Pockets
Sandwiches
4 ct pkg,
Selected Varieties

4.99



Kraft
Shredded
Cheese
24 oz pkg,
Selected Varieties

6.99



Essential
Everyday
String Cheese
24 ct pkg

6.99



McCain
Potatoes or
Onion Rings
14-26 oz pkg,
Selected Varieties

2/\$7



Kellogg's
Eggo Thick &
Fluffy Waffles
6 ct box,
Selected Varieties

2/\$7



Essential Everyday
Cheese Cups
5-6 oz cup,
Selected Varieties

2/\$5



Crystal Farms
Sliced Cheese or
American Singles
7-12 oz pkg,
Selected Varieties

3.29



Delimex
Taquitos
19.2-20 oz pkg,
Selected Varieties

4.99



Totino's
Breakfast Rolls
19.5 oz box,
Selected Varieties

4.88



Too Good
Greek Yogurt
5.3 oz cup,
Selected Varieties

3/\$4



Silk
Greek Style
Yogurt
5.3 oz cup,
Selected Varieties

3/\$4



Outshine
Fruit Bars
12 ct box,
Selected Varieties

5.49



Häagen-Dazs
Mini
Ice Cream Bars
6 ct box,
Selected Varieties

5.99



Silk
Cashew, Soy,
Coconut, Oat or
Protein Milk
59-64 oz ctn,
Selected Varieties

3.99



Starbucks
Iced Coffee
40-48 oz btl,
Selected Varieties

5.99

HOUSEHOLD GOODS



Gain
Laundry Detergent
46 oz btl,
Selected Varieties

5.99



Tide Laundry Detergent,
Downy or Tide Rinse & Refresh or
Cascade Action Pacs Dishwashing Detergent
25-42 ct Pods or 7.3-84 oz btl Liquid Detergent,
48 oz Rinse & Refresh or 26-43 ct Cascade,
Selected Varieties

12.99



Bounce
Fabric
Softener Sheets
160 ct box

7.99



Downy
Unstopables In-Wash
Scent Boosters
7.8 oz pkg,
Selected Varieties

6.49



Essential Everyday
All Purpose or
Bathroom Cleaner
32 oz btl,
Selected Varieties

3.99



Essential Everyday
Premium Dinnerware
24 ct box,
Selected Varieties

2/\$4



Essential Everyday
Dishwashing Liquid
24 oz btl,
Selected Varieties

2.49



Charmin
Bath Tissue or
Bounty Paper Towels
6 ct Super Mega Rolls or 9 ct Mega Rolls
Charmin or 6 ct Double Rolls Bounty,
Selected Varieties

13.99



Puffs
Facial Tissue
48 ct box,
Selected Varieties

2/\$3



Essential Everyday
Click 'n Lock
Storage or Freezer Bags
14-24 ct box,
Selected Varieties

2/\$4



Essential Everyday
Aluminum Foil
25 sq ft roll

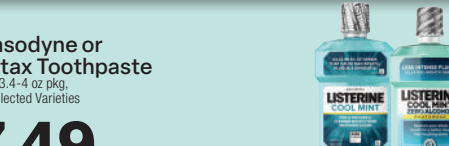
1.79

HEALTH & BEAUTY



Sensodyne or
Parodontax Toothpaste
3.4-4 oz pkg,
Selected Varieties

7.49



Listerine
Mouthwash
16.9 oz btl,
Selected Varieties

6.49



Edge or Skintimate
Shave Gel
7 oz pkg,
Selected Varieties

3.99



Gillette
Venus Breeze Razor
1 ct pkg,
Selected Varieties

13.99



Carefree
Daily Liners
36-54 ct pkg,
Selected Varieties

3.79



Poise
Pads or Liners
14-50 ct pkg,
Selected Varieties

6.99

GROCERY SPECIALS



Cheez-It or Kellogg's Club Crackers

9-13.7 oz pkg, Selected Varieties

3.99



Frito-Lay Cheetos, Funyuns or Fritos

2.63-10 oz bag, Selected Varieties

2/\$8



Essential Everyday Oatmeal

18 oz cnstr, Selected Varieties

2.99



Bush's Best Baked Beans

15.8-16 oz can, Selected Varieties

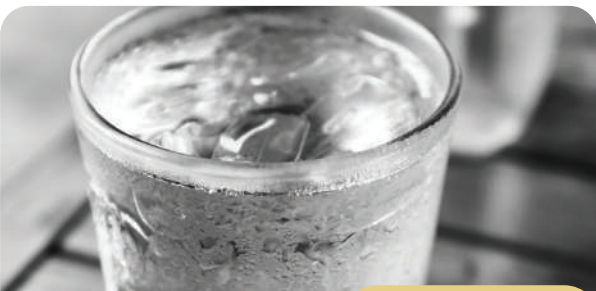
2/\$4



Kraft BBQ Sauce

17.5-18 oz btl, Selected Varieties

1.69



Pure Life Water

24 pk/8 oz btls

2/\$9



Essential Everyday Pickle Chips

16 oz pkg, Selected Varieties

2/\$5



Bertolli or Ragù Pasta Sauce

16.9-24 oz jar or 45 oz btl, Selected Varieties

3.99



Essential Everyday Ketchup

24 oz btl

1.29



Essential Everyday Chunk Light Tuna

5 oz can, Selected Varieties

99¢



Essential Everyday Mayonnaise

30 oz jar, Selected Varieties

4.79



Essential Everyday Taco Seasoning

1.25 oz pkg, Selected Varieties

5/\$4



Frito-Lay Tostitos Salsa

15.5 oz jar, Selected Varieties

2/\$7



Lay's Stax

5.5-5.75 oz pkg, Selected Varieties

2/4.44



Dot's Pretzels Multipack

10 oz pkg, Selected Varieties

6.99



Essential Everyday Rice Cakes

12 ct pkg, Selected Varieties

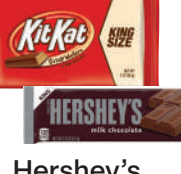
2/\$5



ACT II Microwave Popcorn

6 ct box, Selected Varieties

2.99



Hershey's King Size Candy Bars

2.5-5 oz pkg, Selected Varieties

2/\$4



Country Time, Kool-Aid or Tang Drink Mix

19-20 oz pkg, Selected Varieties

3.99



Crystal Light Drink Mix

3.2 oz or 12 ct pkg, Selected Varieties

2.99



Kraft Jet-Puffed Marshmallows

16 oz pkg

2.49



Jet-Puffed Mini, Stackers Marshmallows or Marshmallow Creme

7-10 oz bag or 7 oz jar, Selected Varieties

1.69

X500 STORE COUPON



Johnsonville Bratwurst or Italian Sausage

19 oz pkg, Selected Varieties

4.99



005000

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

X501 STORE COUPON



Smithfield Sliced Bacon

12 oz pkg, Selected Varieties

4.49



005010

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

X502 STORE COUPON



Essential Everyday Cream Cheese

8 oz tub

2/\$5



005020

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

X503 STORE COUPON



Nestlé Drumstick

6-20 ct pkg, Selected Varieties

6.99



005030

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

X504 STORE COUPON



Essential Everyday Dry Roasted Peanuts

16 oz jar, Selected Varieties

2/4.44



005040

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

X505 STORE COUPON



Essential Everyday Black Olives

6 oz can, Selected Varieties

3/\$5



005050

Customer must purchase three. Limit three with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

X506 REDEEMABLE COUPON RV0150



Hershey's Twizzlers

11-16 oz bag, Selected Varieties

2/\$6

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form

VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD, ONE COUPON PER PURCHASE.

GOOD ONLY AT UNFI SUPPLIED STORES



005060

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

X507 REDEEMABLE COUPON RV100



Hershey's Milk Chocolate Candy Bars

6 ct pkg

4.99

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GOOD ONLY AT UNFI SUPPLIED STORES



005070

Limit one with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at stores listed on the front page.

FRESH MEAT & SEAFOOD



Boneless Bottom Round Steak
USDA Choice Angus Beef
7.99lb



Boneless Rump Roast
USDA Choice Angus Beef
7.49lb



Just Bare Drumsticks or Thighs
20 oz pkg, Fresh, All Natural
2/\$7



Pork Shoulder Roast
Fresh
2.99lb



Pork Shoulder Steak
Fresh
3.29lb



Arctic Shores Extra Jumbo Raw Shrimp
16 oz pkg, 16-20, EZ-Peel
7.99



Buddig Original Tub Lunchmeat
7-9 oz pkg, Selected Varieties
2/\$7



Foster Farms Corn Dogs
29.3-42.72 oz pkg, Selected Varieties
8.99



Simek's Entrées
32 oz pkg, Selected Varieties
9.99



Kevin's Chicken Entrées
16-17 oz pkg, Selected Varieties
8.99



Hormel Fully Cooked Bacon
2.52 oz pkg, Selected Varieties
4.49



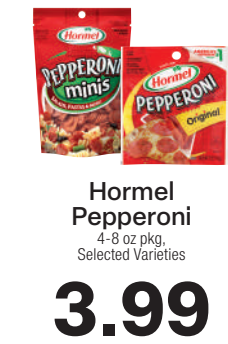
Cloverdale Applewood Smoked Bacon
3 lb pkg
18.99



Farmland Pork Links or Roll Sausage
8-12 oz pkg, Selected Varieties
2/\$5



Nathan's Famous Pretzel or Bagel Dogs
16 oz pkg, Selected Varieties
7.99



Hormel Pepperoni
4-8 oz pkg, Selected Varieties
3.99



Essential Everyday Boneless Skinless Chicken
3 lb pkg, Individually Quick Frozen
9.99

FARM FRESH PRODUCE



Dole Salad Blends
5-12 oz pkg, Selected Varieties
2.99



Avocados
Fresh
99¢



Mini Sweet Peppers
1 lb pkg
2.99



Giorgio Baby Bella Mushrooms
8 oz pkg, Whole or Sliced
2/\$4



Green Onions
Fresh Bunch
3/\$2



Bolthouse Baby Carrots
2 lb bag
2.69



On The Vine Tomatoes
1.49lb



Cucumbers
Fresh
59¢

FLORAL

All items not available at all locations.



White Linen Bouquet
7.99



Gerbera In Ceramic
4.5 inch
9.99

18120 SUPER COUPON



Coke Products
12 pk-12 oz cans, Selected Varieties

2/\$12

Customer must purchase two. Limit two with this coupon. Limit one coupon per family. Prices effective Sun., July 27 thru Sat., August 2, 2025. Valid only at Pequot Lakes SuperValu.



Coke Products
6 pk-16.9 oz btl's, Selected Varieties

3/\$12



Body Armor Super Drink or Powerade Sports Drink
16 oz btl's Body Armor or 28 oz btl's Powerade, Selected Varieties

10/\$10



Gold Peak Tea
6 pk/16.9 oz btl's, Selected Varieties

6.99



Dasani Water
24 pk-16.9 oz btl's, Selected Varieties

5.99



Klarbrunn Sparkling Water
12 pk-12 oz cans, Selected Varieties

2/\$8